

OCTOBER 1973

NEWS, WANT-ADS, ARTICLES. Please submit typed by the 15th to: John Likins, 122 Falcon Street, East Boston, MA 02128 (567-2641).

CALENDAR

SUNDAY, OCT. 7, 9 A.M. Meet at Trailside Museum, Rt 138, Canton, near intersection of Rt 128. Distance: short-intermediate (approx. 25 miles). Pace: moderate. Leader: Norm Satterthwaite, 773-3068.

FRIDAY NIGHT, SATURDAY, SUNDAY, OCT. 12-14. Bicycle-camping .. joint trip with Appalachian Mountain Club. Drive to a campground in So. Waterford, Maine, on Friday night, and bicycle 35 miles on Saturday and Sunday, with camping on Saturday night. Reserve by Oct. 6 with Dale Knapschaefer, 86 Sargent St., Melrose 02176 - 662-9655.

SUNDAY, OCT. 14, 11 A.M. Meet at Fernandes Supermarket parking lot at East Side Plaza, Crescent St. (Rt 27), Brockton, for an intermediate ride (45 miles) through Brockton, Whitman, East Bridgewater, Halifax, Hanson, Hanover, and Pembroke. Ride is almost without hills; however, turnoffs are available for rides of 19 and 32 miles for those not wishing to ride the full distance. Leader: Jack Cassidy, 586-9378.

THURSDAY, OCT. 18, 7 P.M. First monthly meeting, Knights of Columbus Hall, 723 Main St., Waltham. Bike parking provided at Waltham Cycle, next door. Auto parking behind the Library and on Main Street. Refreshments at 7, business meeting at 7:30, followed at 8 by our speaker, Mr. William Kearns, international buyer for Raleigh Industries. Question period - 9 to 9:30. We hope to have a very large turnout to meet and greet Mr. Kearns. Our thanks to Phil Robinson and Waltham Cycle for again hosting our first meeting!

SUNDAY, OCT. 21, 10 A.M. Meet at the home of Dalton Harrow in Norwell for a short-intermediate ride (approx. 30 miles) through the towns surrounding Norwell. Refreshments will be served following the ride. Directions: South on Rt 3 to Exit 31. Left on Rt 53, 3/4 mile to stop lights. Right on Rt 123 for 2 1/2 miles. Hard left on Lincoln Street to end. At Mt. Blue Street turn left to second house on left. Park cars on dirt road between Lincoln Street and Dalton's house. Leader: Dalton Harrow, 659-4464.

SUNDAY, OCT. 28, 10 A.M. Meet at A&P parking lot just beyond the rotary on Rt 1 upon entering Newburyport. Short-intermediate ride (approx. 30 miles) through Amesbury, Merrimack, and West Newbury. This should be a very pleasant foliage ride. Leader: Charlie Hudson, 465-7916.

NOV. 3, 10 A.M. Bike orienteering, Holliston Town Hall. Dave Bailey, 868-352X.9

NOV. 4, 11 A.M. 15-mile ride, Trailside Museum, Canton. Andy Rudowski, 361-5273.

NOV. 11, 10:30 A.M. 25-mile ride, Newton Center parking lot. Alan Barkin, 527-2714.

THANKS, ANN -

Recently Ann Murphy resigned her post as CRW's Membership Secretary. I'd like to take this opportunity to express my deepest thanks for all the fine and hard work she has done for the club these past two years.

The job of Membership Secretary is not an easy one. It requires a great deal of patience, dedication, and attention to detail - all qualities Ann has demonstrated admirably. Yet it is a job that unfortunately sometimes gets taken for granted. We tend to forget that our memberships don't get renewed automatically, that address changes don't correct themselves, etc., etc. Without Ann's behind-the-scenes dedication, none of these very necessary clerical tasks would have been accomplished.

On behalf of all the officers and members of the club, thanks, Ann, for your untiring efforts these past two years in keeping our club a viable organization.

Joe Stanewick
V.P. - Membership

SAFETY - by Al Basso

In the past my articles on Safety have been devoted to many things. I have talked about bike maintenance, night riding, riding in wet weather, riding in cold weather, bike lighting, bicycle safety clothing, helmets, safety flags. The rules of the road, etc.

One area I feel is the most important is one I have never discussed, riding defensively.

My reason for this is I have noticed over the past few years the attitude of drivers of motor vehicles has taken a turn for the worse. The cyclist had better be aware that a great majority of motorists don't stop for red lights, or stop signs anymore.

Be careful at all intersections, or wherever there are traffic lights or stop signs. These same motorists will drive down a street as though they are the only ones there. They couldn't care less if a bicycle is there. You will spot these particular drivers right away. Be careful, there are a lot of them around.

Riding defensively also means watching the ever changing road conditions. The pot hole that wasn't there yesterday, the broken glass, the gravel spilled from a truck ... I could go on and on. Road conditions are deteriorating fast with no relief in sight. Keep a sharp eye.

Remember, Drive Defensively. With more cars and trucks on the road every year and worsening road conditions, you should be kept pretty busy trying to stay alive - that's what it's all about - trying to stay alive.

TO STAY ALIVE ... I am reprinting the safety awards criteria in the hopes of hearing from you so that a safety award may be presented to some person or persons at the Awards Banquet in January. So far there has been no response. My personal feeling is I don't think safety is taken seriously enough by many people. I wish there was more involvement.

Anyone want to rap about safety, call me at 666-8571. I'll be glad to hear from you.

My congratulations to Gene Ritvo, our new Club President. He's a fine person and I am looking forward to working with him.

A sincere "Well Done" to out-going President Rod Huck. He did a great job. The Club took big strides forward under his leadership.

In closing may I say that the most effective piece of safety equipment for a bicycle, I have found, is a safety flag. They really work.

SAFETY AWARDS CRITERIA

1. The Bicycle Exchange of Cambridge (an associate member) has agreed to sponsor the safety award program.
2. Any person, member, or non-member of the CRW is eligible for an award.
3. Awards will be given on the basis of what the winner or winners have done in promoting safety in bicycling.
4. The award or awards will be given concerning safety and safety only and is in no way connected with any other committee.
5. Any member or non-member may submit a person's name for consideration for an award.
6. Any person submitting a name for consideration will give a brief summary of the safety deed and the phone number of the person or persons involved.
7. Please submit all entries to me, Al Basso at 20 Delaware St., Somerville 02145 or phone me at 666-8571. I will then contact the person whose name has been entered for further details, compile the information and send the information to the award's committee.
8. The awards committee will be the judge as to who receives an award.
9. The cutoff date for receiving entries is Nov. 1, 1973.

A few words about the program: I think this is a great idea and everyone should take the program seriously. You know how I feel about bike safety. Let us all get together and show the public the safety conscious riders instead of the irresponsible all the time. Don't forget - people make good programs work well. If anyone has suggestions to make this program better, I would love to hear from you.

My personal thanks to Ben Olken and the Bicycle Exchange for getting involved

in bicycle safety and for the donation of future safety awards. This has been a big lift for me and I am sure the CRW will profit greatly by his involvement.

Let's set a safety example for other clubs to follow and don't forget safety starts before we mount our bikes. Any questions - please call. Straight ahead and keep to the right !!! P.S. Wear your helmet - support our associate members.

500 MILES THROUGH NEW ENGLAND - by Howard Moore

(Note - Howard writes he probably used his Iver Johnson for this tour, but had replaced the coaster brake with a single freewheel and hand brakes. His articles originally appeared in the Boston Evening Transcript on July 2, 1937. .. Ed.)

The only way to make this current revival of bicycling more permanent, is for clubs and organizations to sponsor sound and sensible touring and racing programs.

How many people have taken an honest-to-goodness bicycle tour? I don't mean how many have spent a month cycling in England or on the continent. I means how many have slung a light knapsack over the shoulder and taken a bicycle tour, even if for over only one night, right here in New England?

Monday morning, June 21st, Arthur MacDonald of Medford and I left for a four-day tour. MacDonald is well known as a racer, but this was his first tour of more than one day. It was about my fortieth overnight trip, all but two of which have been in New England.

I had planned the trip carefully and, although we were delayed somewhat by rain, we attained all our major objectives. We left Malden Square at 6:30 Monday morning and arrived at Portland, Me., without special incident at 1:45 p.m. After an ample meal and rest, we continued more slowly, following Rt 26 through Gray. At times the weather threatened but we met no rain until we reached Sabbathday Lake. It was then 4:30. We sat on the steps of the Shaker store while the shower passed. We were delayed again in Poland, this time for nearly an hour, but finally decided to ride slowly in light rain in order to reach Norway that night. We arrived at 8:15 and had ridden 147 miles.

Second Day Mileage 66

Rain prevented our leaving Norway until 11:00 Tuesday morning. Then the roads started to dry and the clouds looked less threatening. The principal places visited Tuesday were Bethel, Screw Falls (still on Rt 26), Grafton Notch, and Upton - way up in the air - from which we obtained an unforgettable bird's eye view of Umbagog Lake.

There was a fair amount of water flowing at Screw Auger Falls which made it attractive and well worth the visit, more so than when I had visited it by bicycle one previous summer. Grafton Notch is not so stupendous as Crawford or Franconia but the country is wild and the western ledge impressive. We ceased riding at Errol, N.H., with a second day mileage of only 66.

Wednesday we passed through Dixville, N.H., which has charm and beauty above any other I know. From Colebrook we went to the Quebec line above Beecher Falls, Vt., then returned to Colebrook N.H., then south to Croveton and

Lancaster. From Lancaster we re-entered Vermont to follow the hilly route through Lunenburg and Concord to St. Johnsbury. We stayed that night in Barnet and had ridden 123 miles since morning.

The feature of our trip home Thursday was the moonlight ride down from Manchester, N.H. A moonlight ride of 50 miles is not a thing to be attempted by beginners, especially if they have already done 110 during the day, but the traffic on Rt 28 was not heavy, and we made the trip easily. Considerably after midnight Art and I ended our cycling companionship on the Fellsway in Medford, covering in the four days 496 miles. I had two more to go.

Few persons who are planning to take bicycle tours this summer will care to take as strenuous a tour as we took. However, the trip I have described is just one more illustration of the fact that the experienced cyclist finds his machine suitable for almost any distance, over almost any type of topography.

It is true we had numerous hills in our 496 miles. I found it necessary to walk only one - the last part of Dixville Notch. It might not have been necessary to walk that, except for fresh oil on the road. Art walked several hills and rode others very slowly for he was not in as good condition for the trip as I was. Walking a hill now and then does not need to detract from the pleasure of cycling. Furthermore, speed and distance were not our primary purposes. We took plenty of time to enjoy the scenery, take snapshots of old covered bridges and to talk with people who were interested in our tour.

For the ordinary person who wishes to do bicycling this summer, I strongly recommend short trips along the lesser traveled routes. Also, remember that the bicycle is equally as valuable in the mountains as on shore roads. Take your bicycle with you to your favorite vacation spot and be sure to take at least one overnight trip.

USES OF HOT-MELT GLUE - by Bob Cook

When running the wires from a generator to the head and tail lights, I've found hot-melt glue to be ideal. This glue^{is} in stick form which can be applied with a glue gun or alcohol torch. No winding of wires around tubes and stays, or use of electrical tape. Wires can be run straight and "stitched" on with a 1/2" spot of glue every 6 to 12 inches. Doesn't melt the wire insulation or hurt the frame finish. If a change is needed, simply peel the glue from the frame and wire, and start over. Can also be used to make a ball on the ends of derailleurs and brake cables to keep them from fraying.

ATTENTION: WEIGHT FREAKS .. John Vaughan, in the latest CYCLETOURING, describes Eddy Merckx's 12 1/2-lb. world hour record bike. Along with the drilling of chainwheel and chain, extensive use of titanium, and three-ounce tires, a big third of an ounce was saved by filling the tires with helium! Other points to ponder: radial spoking on the front wheel and alloy spoke nipples.

NEW MEMBERS

Janet Adams 35 Trowbridge St. Cambridge 02138	491-8481	Linda Fuller 109 Peterborough St #11 Boston 02215	262-5373
George H. Barham, Jr. 51 Hano Street Brighton 02135	783-1242	Paul Corenstein 100 Memorial Dr #11A Cambridge 02142	547-7879
Rosalie K. Berry 252 B Crescent St Waltham 02154	891-6071	Stephen F. Grande 132 Oakland Street Malden 02148	321-0306
D. L. Boyke Box 193 Auburndale 02166	332-0993	Stephen Hendrick 10 Cole Road Wayland 01778	358-2997
Charles O. Christenson, Jr. 58 Cedar Street Wellesley 02181	237-3570	T. J. Hill 6 Bradford Road Hingham 02043	749-2427
Robert G. Cook 154 King Philip St So. Weymouth 02190		John B. Hopkins 6 Arlington St Cambridge 02140	491-8369
Marjorie Cotton 814 Belmont St Watertown 02172	924-0868	Annie L. Horn 29 Bradford Rd Framingham 01701	877-0131
Allan Doherty, Jr. 42 Leonard St. No. Attleboro 02703		Laura Jennings 31 Concord Ave #42 Cambridge 02138	876-3212
William J. Doherty 13 Cormier Rd Burlington 01803	272-4681	Eliot Kaplan 79 Jericho Road Weston 02193	891-7973
Mary Donahue 12 Benton Road Somerville 02143	625-5657	H. & M. Kenney 15 Old Road Weston 02193	893-2503
Joan Eldridge 39 Lee St. #6 Cambridge 02139	492-3630	Lesli Leifer 10 Alton Ct #2 Brookline 02146	738-1596
Matthew & Judith Fichtenbaum 46 Sleigh Road Chelmsford 01824	1-256-8546	Richard L. Levasseur 104 Parker Street Gardner 01440	632-7790

Randy & Barbara Macksamie 10 Mott Street Arlington 02174	646-9693	Madeline Snow 255 Grove Street Randolph 02368	963-9516
Doug McManus 99 Tudor Road Needham 02192	444-7755	Joseph St. Amand 334 Concord Ave. Cambridge 02138	258-1580
James D. Mills 15 Washington Ave. Arlington 02174	646-3437	Bob Strauss 691 Humphrey Street Swampscott 01907	598-9524
Robert F. Pileski 175 Ames Street Brockton 02402	587-3095	David M. Stryker 79 Revere Street Boston 02114	723-8861
Patricia Quinney 2005 Stearns Hill Rd. Waltham 02154	899-5718	Wendy J. Zimman 90 Cardner St #11 Allston 02134	254-4229
William L. Saltonstall, Jr. 388 Summer Street Manchester 01944	526-7111	Theodore Anderson, M.D. 11 Mason Street Lexington 02173	862-6484
Daniel & Joan Sap 505 Chestnut Hill Ave. Brookline 02146	566-3145	Sharon Buckley 363 Mt. Hope Street North Attleboro 02763	
Tom Schier 34 Ledgebrook Road Weymouth 02190	337-1751	Jim Burke 14 Gloucester Street Boston 02115	261-8366
Eileen E. Schwartz 50 Follen St. #114 Cambridge 02138	661-9584	Helene P. Conlon 55 Navarre Street Roslindale 02131	323-4805
Ruth Schwartz 46-2A Garden Circle Waltham 02154	891-8449	David Fine 568 Green Street Cambridge 02139	492-1857
Andrew Shact 16 Burlington Street Lexington 02173	861-9587	W. D. Flierl 412 Putnam Ave. Cambridge 02139	864-6889
Claire M. Smith 184 Warren Street Randolph 02368	963-5247		

Mr. & Mrs. John J. Kelly 10 Arnold Rd. #23 No. Quincy 02171	328-8359	Chuck & Claire Tenney 41 Appleton Street Boston 02116	423-4705
Patricia McPartlin 62 Jacqueline Rd #12 Waltham 02154	891-4006	Douglas A. Thorson 442 Old Conn. Path #5 Framingham 01701	
Sally Philips 43 South Street Brighton 02135	254-6355	Dianna Whitley 8 Cherry Street Somerville 02143	628-3978
William H. Ramsey 940 Dedham Street Newton 02159	969-9647	Daniel C. Wojcik 83A Norwood Ave. Newton	332-7813
John Springfield 16 Ransom Rd #16 Brighton 02135	783-0807	Michael M. Zibit 26 Carol Road Needham 02192	444-2253