

AUGUST 1977

SUNDAY, JULY 17, 10:00 A. M. - Meet at the Duck Feeding Area on the Charles River at the intersection of Rts. 128 and 30. We will ride a loop of approximately 50 miles, going through Sudbury and Hudson, and using back roads. Leader: Quentin Klein, 527-1557

SUNDAY, JULY 17, 9:00 A. M. - RHODY ROUNDUP - Fort Adams State Park, Newport, Rhode Island. Annual event hosted by the Narragansett Bay Wheelmen. Rides of various lengths up to 75 miles.

SUNDAY, JULY 24, 10:30 A. M. - Join us for a lovely country ride through Dover, Walpole, Norfolk, Millis, Medway and Sherborn. The distance is about 32, mostly flat, miles with a lunch stop about half way. This ride is #16 in Keith French's "Greater Boston Bike Guide." Meet at Dover Center for the start. Leader: George Hetrick, 879-4159.

SUNDAY, JULY 31, 10:00 A. M. - A perennial favorite, 55 miles through the rich farm lands of northern Middlesex county, encompassing the area between Chelmsford, Pepperell and Littleton. The starting point is the Purity Supreme parking lot, Rt 4, Chelmsford Center (behind Friendly Ice Cream shop). Leader: Don Blake, 275-7878.

WHEELPEOPLE

3 Bow Street
Cambridge, MA 02138

NEWS, ARTICLES, CLASSIFIED ADS ... Please send typed copy by the 10th of the preceding month to the editor, Richard Mazeikus, 266 Fellsway West, Medford 02155.
CLASSIFIED ADS - Free to members; 25¢ per word to dealers and non-members.

Healthful Fellowship Through Bicycling.

SUNDAY, AUGUST 7, 10:30 A. M. - A 23 mile leisurely family style ride. Starting point is at the Duck Feeding area at Norumbega, Auburndale, intersection of Rts. 128 and 30. The arrowed route will go through Weston, Wellesley and Natick. There will be a long stop at the midpoint of the ride at Nancy Clark's house in Sherborn. Bring swimwear, a towel and picnic lunch. Nancy will have liquid refreshments for us. Families are especially invited. Leaders: Nancy Clark, 655-1490 and Jacek "Rudy" Rudowski, 361-5273.

SUNDAY, AUGUST 14, 9:00 A. M. - Meet at the Bandstand, southern end of Lake Quannapowitt, on Main Street in Wakefield for a 45-50 mile back road ramble through scenic areas of Lynnfield, Middleton, Topsfield Ipswich and Essex. The leaders are Dick and Muriel Waag, a pair of expert tandem tourists. This will be your chance to get answers to all the questions you ever had about tandeming, but were afraid to ask! Leaders: Dick and Muriel Waag, 438-3129.

SUNDAY, AUGUST 21, 10:00 A. M. - Meet at the Malden Cycle Center on Commercial Street, Malden, next to the Malden Center MBTA Station for a 60 mile ride to New Hampshire. This year's ride will use many new roads for a route that will have less traffic than previous year's rides. Riders will be able to go at their own pace as the route will either be arrowed or there will be maps. Leader: Richard Mazeikus, 396-2230.

MEMBERSHIP APPLICATION: Membership in the Charles River Wheelmen also includes a membership in the national cyclist organization, League of American Wheelmen, and includes a subscription to the monthly newsletters of both clubs.

Name _____

Address _____

City _____ Zip _____

Telephone _____

Single Membership \$15.00

Household Membership \$19.00

Any special bicycling interest? _____

Charles River Wheelmen decal - sheet of 3, \$1.00.

East Coast Bike Trail - set of 21 maps, \$4.35 postpaid from editor.

Congratulations to Ed Lange for winning a preme in the Senior Men's Class III and IV race at Fitchburg on July 3; other CRW members we noticed racing were Chris Ryan and John Allis.

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PRESIDENT'S MESSAGE - by Erving Pfau

Lately I've been deeply engrossed in reading John Forrester's recently published second edition of "Effective Cycling" (\$8.00 at the Bicycle Exchange). It has been particularly enjoyable to me because he prescribes a style of riding which strongly agrees with many of the principles which have guided me for the past few years. I just wish I had had the opportunity to read this book a few years ago before I acquired the numerous abrasions and contusions, etc. which brought me to my current cycling practices. But then, like many of the cyclists I meet on the streets today, I probably would have dismissed it as the intemperate ravings of some super-bike-activist! Now, however, I am an avowed convert to what I used to call "Agressive Cycling." I have abandoned that description because of its negative connotations although all I wanted to convey was that if we all ride, cringing and on the defensive, we will almost certainly get clobbered!

The name I now prefer to describe this style of riding is "Assertive Cycling." This term implies many of the elements of the style itself. For example, a cyclist should assert his or her presence on the road by wearing bright, colorful clothing so as to avoid blending into the environment and giving the careless driver the opportunity to miss seeing the cyclist. Whenever necessary, the cyclists should assert his or her right to the road by moving into the middle of the travel lane if the right-most part of that lane is covered with sand, glass or other debris; or when approaching an intersection, if there are cars approaching from the rear in the right lane, particularly if your rear-view mirror shows flashing turn indicators on those cars. And on and on and on.

This book is full of such useful tips and ideas many of which are novel and all of which go far in promoting cyclists longevity. I heartily recommend it to you, particularly since if you are reading this I know that you are already a concerned and committed cyclist for whom a primary interest is the practice and promotion of safe, healthful and enjoyable commuting and touring on two wheels.

Rubber World magazine of June '77 reports a new bicycle tire being developed by the Carefree Bicycle Tire Co. of Marina Del Rey, California. The tire, molded from urethane, is said to combine the comfort, low rolling resistance, and light weight of pneumatics with the leakproof, flatproof and blowoutproof characteristics of solid tires. In addition, the estimated service life is four times that of conventional bicycle tires.

For improved safety, tire visibility is increased by incorporating fluorescent pigments that augment normal light reflection.

WANTED: Tandem ten speed bicycle for me and Mary Anne. We are 6'-0" and 5'-10" and would prefer a big frame double men's style, but will consider any tandem that will keep us within talking distance for a few seasons of week-end tours. We will pay top dollar for the right bike. Please call Bob Williamson at 492-1184.

FOR SALE: 23" Atala "Professional" All Columbus tubing, alloy cranks, suntour derailleurs, sew-up tires, Brooks saddle, new paint (very pretty). \$250 or best offer. Call Bob Williamson at 492-1184.

FOR SALE: Roberts custom touring bicycle, 24", 531 frame, 15 speed, cantilever brakes, new wheels, bags, racks, and more. \$550. Keep trying 876-5358 - David.

FOR SALE: Campagnolo brakeset, never used. Call John Hoops, 492-8076.

NEW BIKE PARTS FOR SALE:

1 pair Super Champion Arc en Ciel rims, 330g, 36h	\$19.00
1 Fiamme Ergal rim, 290g 36h	10.00
Box of 100 Robergel Trois Etoiles spokes, 308mm	12.00
1 Campagnolo Record front derailleur - very slightly used	12.00
1 pair Campagnolo gum rubber covers for brake lever hoods	4.00

Dick Buck, 923-8909

FOR SALE: Raleigh Gran Sport Campy tipo hubs, Nisi rims, Michelin sew-ups, 3T record Bar and Stem, TA Cyclotourist crank Sun tour shifters - \$175.00

Wheels: Campy tipo hubs, Nisi rims, new Pirelli Legerro L tubular on rear, \$60
The seat new 1976 road model \$20. Dia compe center pull brakes \$5.

Call Chris Kutteruf 391-6432