

Nov/Dec

WINTER '77/'78

SUNDAY, NOVEMBER 13, 10:30 A. M. - The Mendon Marathon will start at the Hopkinton Common. There are some steep hills on the 26 mile, 385 yard route. The destination is Larry Williams' house in Mendon, where we will have a special treat; the Best Stew in the World, the Larry Williams Special, all you can stuff down your gullets. It would help the ride leaders if you can call to let them know you are coming, but if you can't call, come anyway. Co-leaders: John Springfield 783-0807, and Larry Williams, 1-478-3676.

THURSDAY, NOVEMBER 17, 8:00 P. M. - MEETING. Our first indoor meeting of the '77-'78 season will feature our old friend and fellow biking enthusiast, Dr. Ralph Galen who will talk about his bike tour of Ireland this past summer. Those of you who have heard Ralph's travelogs and seen his slides from earlier trips know that he can recreate a bike tour like few others. Prepare to be entertained and have your appetite whetted for your own touring next summer.

PLACE: Harvard Community Health Plan Cafeteria
1611 Cambridge Street, Cambridge, Mass.

(between Harvard Square and Inman Square near
Cambridge High and Latin School)

Those wanting to join for dinner beforehand will meet at the Cambridge Street entrance to the HCHP building at 6:15 p. m.

WHEELPEOPLE

The Newsletter of The Charles River Wheelmen Bicycle Club
3 Bow Street
Cambridge, MA 02138

NEWS, ARTICLES, CLASSIFIED ADS ... Please send typed copy by the 10th of the preceding month to the editor, Richard Mazeikus, 266 Fellsway West, Medford 02155.

CLASSIFIED ADS - Free to members; 25¢ per word to dealers and non-members.

Healthful Fellowship Through Bicycling.

SUNDAY, NOVEMBER 20, 10:00 A.M. - This Sunday we will go for a Mystery Ride of 15-20 miles starting from the Duck Feeding Area at Norumbega, Auburn-dale, Rts. 30 and 128. Leader: Harold Lewis, 969-0879.

SUNDAY, NOVEMBER 27, 10:30 A.M. - A new ride of 30-40 miles through the northern and western suburbs will be led by Quentin Klein. The ride will start at Waltham Common, Main Street (Rt 20) and Moody Street, Waltham. Leader: Quentin Klein, 527-1557.

SUNDAY, DECEMBER 4, 10:30 A.M. - Meet at Concord Center (intersection of 2A, 62, Monument Street and Lowell Road) for a 25-30 mile ride in the Concord-Carlisle area. Points of interest include the Old North Bridge and Sleepy Hollow Cemetery. Leader: Greg Lenhart, 776-6681

SUNDAY DECEMBER 11, 10:30 A.M. - The grand finale to our 1977 schedule of regular rides will be a 25-30 mile ride starting at the Minuteman statue, Lexington Town Green. The ride will follow back roads through Lexington, Bedford and Carlisle. Leader: Mark Roseman, 723-5775.

THURSDAY, DECEMBER 15 - 8:00 P.M. - MEETING

Our December meeting will feature a panel discussion of the "Bike Path" issue. The philosophy, the practicality, the pros and cons of bike paths will be aired by a panel of people with well defined opinions. In Massachusetts we are at

MEMBERSHIP APPLICATION: Membership in the Charles River Wheelmen also includes a membership in the national cyclist organization, League of American Wheelmen, and includes a subscription to the monthly newsletters of both clubs.

NAME _____
ADDRESS _____
CITY _____ ZIP _____
TELEPHONE _____

Single Membership \$15.00

Household Membership \$19.00

Any special bicycling interest? _____

Charles River Wheelmen decal - sheet of three \$1.00.

East Coast Bike Trail - set of 21 maps, \$4.35 postpaid from Editor.

a stage where some real money is potentially available. Since we, the bikers, are potentially the most affected by bike paths (where will they be - will their use be mandatory, etc.?) this should be a meeting of great interest. Come and share your own opinions with us.

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SUNDAY DECEMBER 18, 10:30 A.M. - Frostbite Ride starting at the Duck Feeding Area at Norumbega, Auburndale, Rts 30 and 128, Newton.

MONDAY, DECEMBER 26, 10:30 A.M. - Frostbite Ride starting at the Trailside Museum, Rt 138, Blue Hills Reservation, Milton.

SUNDAY, JANUARY 1, 1978, 10:30 A.M. - Our traditional New Year's Day Ride will be a show-and-go ride this year starting from Cleveland Circle, Brookline. If it's too cold and snowy to ride, join us anyway for a hot breakfast at the Howard Johnson's restaurant in Cleveland Circle, and some armchair cycling.

SUNDAY, JANUARY 8, 10:30 A.M. - Frostbite Ride starting at Arlington Town Hall, Massachusetts Avenue in Arlington Center.

SUNDAY, JANUARY 15, 10:30 A.M. - Frostbite Ride starting from Dedham Plaza, Rt. 1, Dedham, opposite Lechmere Sales.

THURSDAY, JANUARY 19, 8:00 P.M. - MEETING

Time Trialing may not seem to many as being a form of bicycle racing, after all there is no pack to beat, there are no pace lines, no discernible leader. Because of this it is the form of bicycle racing that should interest riders of the type we have in the CRW. Time Trialing, TT, is racing against yourself through your previous results on a set course. I suppose most of us have a road that we travel quite often and probably make mental notes comparing one day's ride against another, this is TT in its simplest form. This month's meeting will feature Dick Talbot, the Northeast Bicycle Club's record holder for the Veterans Class Time Trials, (see October bulletin). Dick will discuss the many facets of TT, especially personal satisfaction through goal achievement, and the important role TT can have in the mental and physical development of the casual and tourist bicyclist.

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SUNDAY, JANUARY 22, 10:30 A.M. - Frostbite Ride starting at Minuteman Statue, Lexington Town Green, Massachusetts Avenue in Lexington.

SUNDAY, JANUARY 29, 10:30 A.M. - Frostbite Ride starting at Waltham Common, Main Street (Rt 20) and Moody Street, Waltham.

SUNDAY, FEBRUARY 5, 10:30 A.M. - Frostbite Ride starting at Municipal Parking Lot, Newton Centre, Beacon and Center Streets.

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PRESIDENT'S MESSAGE

by Erving Pfau

Dear Friends:

This is to be my last message as President of the Charles River Wheelmen. I have accepted a position with Tulane University in New Orleans and I will be leaving the Boston area early in November. And so, I must resign and put you into the hands of a new President to be named soon by the Board of Directors.

To say that I have enjoyed my membership in the CRW is to understate the true nature of my feelings. You have been a pleasure to know and I will miss you all greatly. During the term of my activity in the club I have made many good friends and had many wonderful and gratifying experiences and, in the process, rode a good many miles, saw a host of beautiful vistas and experienced many previously (at least to me) unknown New England by-ways.

The cycling situation in the Louisiana area will be quite different in that the terrain is extremely flat with some low rolling hills in the northern part of the state. And, of course, high humidity year round but never any snow or ice to contend with. (What am I going to do with my Reynolds winter cycling shoes and all those insulated woolen socks?) I hope to keep the CRW posted on my experiences in the deep south with an occasional letter for the CRW Bulletin.

Until then, thank you all, keep on pedalling, keep to the right, signal turns, observe stop lights and signs, avoid potholes, stay safe - and goodbye.

CENTURY REPORT RAIN! RAIN! RAIN! Some hardy souls started in spite of the weather but they were forced to "throw in the towel" after about 50 miles; Ed Trumbull rode the route on Saturday so he is probably the only "National Century Month" CRW Century. This is the first year a Century has been postponed because of rain even though it is far from the first Century we've had in the

rain; many TOSRV EAST riders will attest to that. How many of you remember the Pedal Against Pollution five years ago when the entire first day of that across-Massachusetts ride was spent in the cold rain? I still recall going through a puddle in the Berkshires that came up to my bottom bracket, or was it my headset, well it certainly seemed deep. Boy, have I got stories about cycling in the rain, like the time it was raining so bad two of us got our picture in the Globe. And then there was ... well, I'll save that one for when the weather is really bad. It seems as if the old adage of it never rains when you're cycling may not be entirely true.

To add to our disappointment for the day, many of us read the Associated Press story that appeared in that morning's (September 25th) Globe. It was written by Adolphe Bernotas, a member of the Granite State Wheelmen and an AP reporter and it dealt with his riding his first Century the week before. It was a nagging reminder that we should be riding instead of reading.

ROUTE WANTED

I am a former member of the Wheelmen and enjoyed coming to a few of the meetings but I like to go bike-camping and I didn't hear much about that from the speakers, so I dropped out. But that's not why I'm frustrated.

I have taken a few overnight camping trips but these have only been for a week or so, within the limited time I had available. This past summer I had two whole weeks and wanted to go a thousand miles. I came up with what I thought was a brilliant idea. I could go out to Niagara Falls and back. That would do it. Seven days out and seven back. Perfect!

The planning was fun. I arranged all my overnight stops at campgrounds along the way. The only thing I did not plan on was the hills. Going across New York via Rt 20, all I did was pedal up hills, some of them a mile up. When I got to Niagara Falls I was pooped; short of breath and time. It actually took me eight days to get there so I only had six left to get home again. Reluctantly I gave up my long cherished dream of doing a thousand miles, pedalled over to Buffalo and took the train home feeling defeated.

I haven't given up my goal of a thousand mile trip and this is where I hope you can help me. I don't want to just climb hills all the time and I don't want to pedal on the prairies either. What I am looking for is something in between where there are gently rolling hills and nice scenery. I want to enjoy my journey, not have to fight gravity all the way.

What would you suggest for my two week vacation next summer? I look forward eagerly to your reply.

Sincerely,
s/d Dave
David K. Cain
20 Taft Ave., W. Newton
02165

A NOTE ON THE FROSTBITE RIDES -

Starting Sunday, December 18, and continuing until mid-March, 1978, the Charles River Wheelmen will stay in shape with the winter series of frostbite rides. This series of rides is more informal than the series of scheduled rides during the rest of the year, in that the route, distance and pace are determined not by a designated ride leader but by the folks who show up for the ride (it's called participatory democracy). The rides will start from different points each week to vary the scenery, and will be run in a "show and go" format - no maps, no arrows, but group members will stay together or see to it that everyone knows the route and meets at a donut or lunch stop. The frostbite rides are usually shorter than the regular rides, and always include a stop for some hot food or drink. Last winter was an exception - we hope - because in 1975 and 1976 we had very successful frostbite programs. Some of these rides were the best-attended we've had, and many club members who avoid the longer distances of the regular program found that they could easily complete and enjoy the shorter frostbite distances.

Let's hope for dry roads -- THINK SUN!

WHEELPEOPLE - Those of you with sharp eyes may have already noticed that this edition of WHEELPEOPLE is dated Winter '77/'78 instead of the usual month heading. The next issue will be out sometime in January, so keep submitting material, you've lots of time to think of some; maybe we may even be able to have some ski events if the roads get as bad as they were last year. The staff (myself and Al and Jo Basso) hope you all have a Merry Christmas, Happy Holidays and a Joyous New Year. We also send our fondest congratulations to Ed and Eilene Lang and their new daughter, Sarah; does anyone have a racing frame, about 4 in. with 2 in. cranks should do. Lastly, because it's filled with selfish sadness, we wish Erv Pfau the best of luck in his new position and extend our thanks for his years of service to the CRW. We know Louisiana bicycling will be much richer because of his contributions of time and imagination.

HOLIDAY BUYING: Many of you will remember the CRW's Awards Dinner last March and the support that was extended to the Club by many of the bicycle shops in the area by their generous donations of door prizes. We would like to mention those shops again and ask CRW members to visit these shops when doing their holiday shopping.

Mountain Safety Research Bicycle Helmets; Open Air Cyclery, Brighton; Life Cycle, Cambridge; The Bicycle Exchange, Cambridge; Lincoln Guide Service, Lincoln; International Cycle Center, Brighton; Revolutions, Cambridge; Harry's Bike Shop, Hyde Park; Waltham Cycle Center, Waltham. Let the people in the shop know why you're there and thank them for their support.

Two wheels are better than four
Bicycle riders enjoy it more.