

# RIDE CALENDAR

Aug 79  
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Now is the time to reserve two great Sundays in September for the National Century and the Martha's Vineyard ride. The National Century is being organized by Eric Hall, 965-4768, as part of the annual cycling celebration of thousands of LAW members as they attempt to satisfy goals of 50 or 100 miles. In order to make this event successful, Eric needs volunteers to help take refreshments to the lunch stop, to drive the sag wagons, and to help arrow the route. Even if you don't plan to cycle, call Eric and offer your services. The other ride coming up is Sam Johnson's ride around the Vineyard. Enjoy the carefree island after the summer tourist season, but before the cool autumn weather.

JUST A REMINDER: All rides will leave promptly at the times specified. Arrive at least 15 minutes prior to the starting time of the rides. This policy of starting the rides on time has helped members to plan their Sunday time-off, and it allows the leader to coordinate lunch times for alternate routes. Keep up the good work!

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JULY 22, SUNDAY, 7:30 & 9:30 A.M. - Something for everyone! Join Joel Parks, 877-3031, John Henry, and Peter Henry for a choice of three rides: 40 km. (25 mi.), 80 km. (50 mi.), or 160 km. (100 mi.). We'll cycle the moderate-to-difficult terrain through Framingham, Hudson, Westboro, Holliston, Natick, and Wayland. Meet our leaders at the Framingham Center Common, just north of Route 9 on Edgell Road. The longest ride (century) starts at 7:30; the others will leave from the same starting point at 9:30 a.m. Bring your lunch, suntan lotion, and your adventuresome spirit!

JULY 29, SUNDAY, 10:00 A.M. - You don't need gas when you're a CRW member. Ride with us and enjoy the lack of automobile traffic as we ride through Weston, Sudbury, Marlboro, and Framingham. Meet Quentin Klein, 527-1557, and Giannela Garrett, 864-1410, at the Weston Town Green and choose the 35 km. (21 mi.) or the 70 km. (42 mi.) route over moderate but hilly roads. Lunch will be on the outskirts of Marlboro; bring your own or pick up some munchies from the White Hen Pantry. Burn calories, not gas.

AUGUST 5, SUNDAY, 9 A.M. & 1 P.M. - Ride during the day and party in the late afternoon! Join David Barnes, 1-443-2807, for two rides through Sudbury, Framingham, Southboro, Marlboro, Hudson, Stow, and Maynard. After the rides we will go to David's house for light snacks provided by Bill Piekos. Meet at the 1776 Plaza on Route 20 in Sudbury at the Finast Super Market. A 72 km. (45 mi.) ride leaves at 9 a.m. and a 40 km. (25 mi.) ride leaves at 1 p.m. We will have lunch at noon at the starting point where there is a Friendly's and a Farm Store. If you are attending the party, we are asking a small \$1 donation to help pay for food.

AUGUST 9, THURSDAY, 7:15 P.M. - Join the Board of Directors for its monthly meeting at a new location: The Museum of Transportation, Congress Street at the Fort Point Channel. Ride your bike (facilities are available), or take the T to South Station and walk two blocks to the Museum. We hope that the central location of the Museum will make the Board meetings more accessible to you. If, however, you know of a location that is close to public transportation, centrally located, and costs little or nothing, please contact the President or come to our next meeting. Items on the agenda are: Pothole and road hazard report, safety report, LAW news, national century, upcoming elections, and anything you would like to discuss. Please arrive on time!

AUGUST 12, SUNDAY, 6:30 A.M. - ANNUAL SUNRISE RIDE. Once again we are invited to the home of Ed and Marie Corea, 749-4741, for early morning rides in the south shore area, followed by breakfast at the Coreas. Choose from the 25 km. (15 mi.) or 50 km. (30 mi) loop through Hingham, Cohasset, and Scituate. The rides are quite scenic, free of traffic in the early morning, and relatively flat. You will pass by Bicyclists' Rock (where the high-wheelers stopped on their century ride 100 years ago to view the ocean), a light-house, and quiet fishing docks. Meet at the Corea's house, 14 Mann Street, Hingham. Take Route 3-A through Quincy, go 5 miles past the Fore River Bridge, cross the Hingham Bridge, turn left at the Exxon station (Downer Ave.) which is opposite Brooks Street, go north on Downer and follow the arrows a short way to the starting point. A donation of \$1 is requested to cover the cost of the breakfast. PLEASE CALL THE COREAS IF YOU ARE COMING!

AUGUST 19, SUNDAY, 10:00 A.M. - A perennial favorite ride. Meet at the Lexington Green in Lexington for a 32 km. (20 mi.) or 56 km. (35 mi.) ride through the northwest suburbs of Lexington, Bedford, Carlisle, and Concord. This ride always draws a large group of cyclists, so don't miss this chance to meet some new people. Bring your lunch or buy it at the lunch stop in Concord Center. Our leaders are Debra Glassman and Mark Roseman, 489-3141.

AUGUST 26, SUNDAY, 10:00 A.M. - Ride the "New Northern Extension" of the East Coast Bike Trail! The Bike Trail now extends from South Carolina to New Hampshire; some day it will stretch from Florida to Canada. Meet our leader, John Kane (396-2230), at Alewife Brook Parkway (Rte. 16) and Broadway, in Arlington next to the Somerville line. You can ride the Trail as far as you want and return by the same route. The longest ride is to Newburyport and back, approximately 120 km. (75 mi.). Other suggested distances are 40 km. (25 mi.) and 80 km. (50 mi.). The Trail takes us on roads through Winchester, Medford, Reading, Andover, Bedford, and Newburyport. Bring your lunch so you can stop at your own midway point along the route. A special donation of at least 25¢ is requested that will go entirely into the LAW Legislative Fund. Come out and discover this "escape route" to the north!

SEPTEMBER 2, SUNDAY, 8:30 A.M. - Here's your chance to enjoy a ride in the morning and have the afternoon free. Meet at the Weston Town Green for an 80 km. (50 mi.) and a 40 km. (25 mi.) ride through Weston, Concord, Carlisle, Littleton, and Acton. We will eat lunch at the end of the ride at Weston Town Green; bring your lunch or buy it in Weston. Join us as we traverse the moderate terrain through one of our favorite cycling areas. The leaders are Harriet Fell, 965-1184, and Sheldon Brown, 924-1758.

SEPTEMBER 8, SATURDAY - Help Eric Hall, 965-4768, arrow the route for the National Century. For more details, call Eric. Volunteers are also needed to drive sag wagons and deliver refreshments on next Sunday's ride.

SEPTEMBER 9, SUNDAY, 9:00 A.M. - MARTHA'S VINEYARD RIDE! This is the ride you've all been requesting. Meet in Woods Hole at the ferry ticket office no later than 9 a.m. The ferry will leave at 9:30, but you must arrive by 9 in order to take advantage of the lower group-rate tickets: \$4 per person and \$2.50 per bike, round trip. Enjoy the Vineyard's good roads (no glass!) after the summer crowds have left. Maps will be provided with suggested routes throughout the island. Wander your favorite town or cover the whole 85 km. (53 mi.) perimeter. We will leave on the 5 p.m. ferry, so you should arrive back in Boston around 8 p.m. We will try to designate an unsuspecting restaurant or two to gather on our way back to Boston. If you join us for dinner, plan to arrive home about 11 p.m. It will be a long day, but a great day nonetheless! Now here are a few alternatives for getting to Woods Hole. First, you can cycle down (120 km. or 75 mi.). The best way is to leave Saturday and spend the night at the Cedarville youth hostel. Second, you can car-pool down, parking your car at Woods Hole for \$2.75 or at Falmouth for free. In Falmouth there is a 6 km. (4 mi.) bike path that will take you to the ferry. IF YOU NEED A RIDE OR CAN OFFER A RIDE, contact Debra Glassman by August 13. If you are driving directly to Woods Hole, leave Boston no later than 7:00 a.m. If you are driving to Falmouth, leave Boston no later than 6:30 a.m. Our leaders are Sam Johnson, 769-4766, Bill Reisinger, 861-1604, and Carla Buerig.

SEPTEMBER 16, SUNDAY, 8:00 A.M. - THE NATIONAL CENTURY. Here is your chance to prove to yourself that your body is not so old after all. Throughout September, thousands across the country will be spinning, gliding, and ankling their way over hill and dale as they attempt a century (160 km. or 100 mi.) or half-century (80 km. or 50 mi.). We will leave the Duck Feeding Area, Routes 30 and 128, and cycle through Newton, Needham, Dover, Sharon, Norton, Taunton, Attleboro, Plainville, and Medfield. The route is relatively flat with some hills. Lunch stop is at Dighton State Park. There will be a celebration after the ride. As in years past, the coordinator is Eric Hall, 965-4768. If you can help Eric in any way, please call him. If you don't plan to cycle, he needs people to drive sag wagons to help pick up cyclists that have bike problems. The route will be marked on the September 8-9 weekend.

## FREEWHEELING THOUGHTS

Ours is a volunteer organization. That means that it runs on the energy of effort and time donated by its members. It is the nature of volunteer organizations that the more people who contribute to them the better they run. There is no maximum limit. Our appetite for volunteer energy is boundless. We need volunteers in all of our ongoing programs and we have ideas and ambitions for new activities just waiting to be fueled by your energy and enthusiasm. The reward for volunteering in the CRW is in the building and strengthening of an activity we all enjoy - bicycling.

Since this is the time of year when many new members join us, I'd like to try to acquaint our new members and reacquaint our old ones with some of our activities and programs, all of which can use some help. In addition I'd like to list some program ideas that we have not yet activated, so that some of you, with the interest and talent to make them function, might decide to activate them. Finally I'd like to solicit program ideas of yours, particularly if accompanied by the offer to implement them.

First off we still need people to plan and arrange for our winter meeting program. Last year we, the Board of Directors, did it as a committee of the whole. It works that way, but the Directors really have many other responsibilities. The needs are for program ideas, people to contact prospective speakers, hosts for speakers, people to make space arrangements, get projectors, screens, etc. Its benefits include the chance to meet and converse with some very interesting people. Call Earl Forman (894-2084) if interested.

The publication committee also needs help. We are getting so big that the present three person committee ("Wheelpople Editor John Springfield, Membership head, Al Basso and Jo Basso) needs help assembling labeling, stamping and mailing the bulletin. This is a once a month effort at the Basso's where the whole job is done in a very convivial couple of hours. Call Al Basso (666-8571).

Mac Rogers is our one man legislative committee and a very diligent and effective one at that. But he is only one and can't attend all the hearings or write all the letters to legislators (state and federal) and do all the lobbying by himself. Activities are potentially infinite, from keeping us up to date on legislative issues to active lobbying to helping with Mac's latest project - generating a list of local street engineers so that we can report local road hazards. Interested? Contact Dr. Mac Rogers (661-2095).

Or how about helping Bill Piekos plan and arrange our social events? These range from providing refreshments after some rides to planning parties and the annual banquet. Like to help arrange for conviviality in addition to your riding pleasure? Call Bill Piekos (492-3176).

Our rides chairperson, Debra Glassman has enough ideas and programs that she would like to put into operation to involve the whole membership. Activities range from participating in the once a year ride scheduling telethon, to planning new rides and special events, to being part of the ride leader pool. Are you available to help arrow or map a ride? Will you volunteer to ride shepherd (last) on a ride to make sure that mechanical and physical problems are taken care of and efforts are made not to lose anyone? Or how about collecting and codifying maps of rides already taken? Or maybe you'd like the challenge of working out the logistics of arranging multiple simultaneous rides with different starting points and a common meeting point for lunch? For these and many more ways to get involved in our primary activity, get in touch with Debra Glassman (489-3141).

We have some programs in their infancy or perhaps in the conceptual stage that I think might be very exciting to get involved with. For example we want to start a cycling skills program, perhaps modeled after John Foresters Effective Cycling course or perhaps mixed with a series of preride clinics. Once functional internally I'd like to see us reach out to the broader community and perhaps offer consultation to school and community safe cycling programs. Don Lombardi who has some expertise in this area has already volunteered. We could use many more. Contact Earl Forman at (894-2084).

Some other programs that I'd like to see eventually might be a cyclist's legal advice and service, a touring advise clearing house, liason for cooperative programming with other clubs and groups, a public relations program. Dream a little and I'm sure you can come up with more. Give us a call, we'd love to have you aboard and we think you'll enjoy it as we do.

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Just one other topic I want to touch on this month. As you know a number of bike shops offer us, as CRW members, discounts. They do this for a number of reasons including recognition that the offer is a form of support and endorsement for us as a leadership group of cyclists in the community. They want our good will. We want their continued support as a service to our members.

The amount of discount offered and the items that it applies to varies from shop to shop. At times it may even change within a shop for business reasons. If you have any questions please clear them up prior to your committment to purchase. Whatever you do please remember that the discount is a special privilege and courtesy that is offered to our members. It is an added benefit that the Board and I think is worth while. The dealers offer it to gain our good will. Unfortunately due to lack of communication and misunderstanding there have been instances where the opposite effect has resulted. I would ask you to view the discount privilege as a bonus, frosting on the cake. Patronize those dealers who support us and we will all benefit.

*Earl Forman*

**SAFETY**

**SAFETY IS NO ACCIDENT**  
by John Springfield

**SAFETY**

On my daily bicycle commute to work through Brookline and Cambridge, I have noticed an increase of cyclists since the beginning of the gas shortage. This increase in cycling traffic is a welcome relief to the automobile with its exhaust and hot engine.

But as cyclists increase in number, it is becoming imperative that we all behave in a consistent manner. If we are to share the road not only with motorists but with other cyclists, we must be able to PREDICT each others actions to avoid accidents. When you were the only cyclist on the road you may have been able to survive by riding on the wrong side, running red lights, running stop signs, and weaving in and out. You were a threat to your own safety (we all know who loses in a bike/car accident), but you were tolerated because, after all, it was your life (or death).

Now, however, we have a new situation. Your irresponsible actions are a threat to other cyclists. Riding against traffic could cause another cyclist to collide with a car or be forced into the curb. Let me state once and for all:

**RESPONSIBLE CYCLISTS RESPECT THE RIGHTS OF OTHERS!**

Let us start with ourselves. As members of the organized cycling community, we also have a greater responsibility to set an example for others. When other cyclists see us patiently waiting behind the crosswalk at a red light, maybe they will slowly get the word. When a cyclist is riding on the wrong side directly into your path, try to stop him and explain how his behavior is a threat to other cyclists, pedestrians, and motorists.

Here are the rules of the road for the Commonwealth of Massachusetts. Tear them out, put them in your bike bag, and show them to other cyclists.

- 1) BICYCLISTS HAVE ALL THE RIGHTS AND RESPONSIBILITIES AS ANY OTHER DRIVER OF A VEHICLE except for the following:
  - a) Cyclists are excluded from certain limited access highways.
  - b) Cyclists can signal with either hand, not just the left.
  - c) Cyclists may pass on the right, although it is probably a good habit to do most of your passing on the left.
  - d) Outside of business areas, you may ride on the sidewalk. (This is intended mostly for children).
- 2) BICYCLISTS MUST RIDE WITH TRAFFIC, SINGLE FILE.
- 3) BICYCLISTS MUST STOP FOR RED LIGHTS. You also cannot go through a red-yellow pedestrian walk signal unless you walk your bike.
- 4) BICYCLISTS MUST STOP FOR STOP SIGNS.
- 5) BICYCLISTS MUST SIGNAL BEFORE TURNING.

LEGISLATIVE NEWS  
by Malcolm P. Rogers, M.D.

At Bike Day '79 we were reminded that rallies do not substitute for continuing pursuit of our goals through contact with our legislative representatives.

Appropriation of funds is needed for Section 141 of the Surface Transportation Assistance Act which authorizes an annual expenditure of \$20 million for bicycle projects. Please write to your two U.S. Senators, Edward M. Kennedy and Paul Tsongas (who showed his support by coming to Bike Day), and also to Senator Birch Bayh, who is Chairman of the Subcommittee on Transportation. The address is Senate Office Building, Washington, D.C. 20510. Also right your U.S. Representative. If you don't know the name of your Representative, call 727-7030 at the State House and ask for Citizen Information.

While you are writing to them, also ask that they support the Federal Bicycle and Physical Fitness Facilities Bill. This bill calls for bicycle parking at Federal Buildings.

On the home front in the Massachusetts Legislature, House Bill 3348, which would establish a commission to study the needs of bicyclists in the state, received the support of the Committee on Public Safety and will now be considered in the House.

The Transportation Committee recommended House Bill 4282, which in redrafted form, requires that the MBTA consult with the B.A.B.C. and complete a report by 1980 on the feasibility of bicycles being carried on the MBTA system.

P.S. I am trying to compile a list of responsible town officials that can be notified when we come across a pothole or other road hazard. If you know the appropriate contact in your area, call me at 661-2095.

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THE 1980 LAW CENTENNIAL IS ALMOST UPON US!

Next year the LAW celebrates its 100th anniversary in Newport, Rhode Island. CRW member, Joan Campbell, is coordinating the Exhibits Committee so that cyclists can see the newest in gadgetry, road safety, and other bicycling innovations. The exhibits will be at the University of Rhode Island at Kingston.

If you can donate any time, or if you have any contacts in the bicycling industry, please call Joan at 484-1045.

And remember to keep next Memorial Day free so that the CRW can send a strong delegation to the Centennial. By the way, do you have your club jersey yet?

## THE CURIOUS INCIDENT OF THE BEWILDERED BICYCLE SHOP OWNER

by John Kane

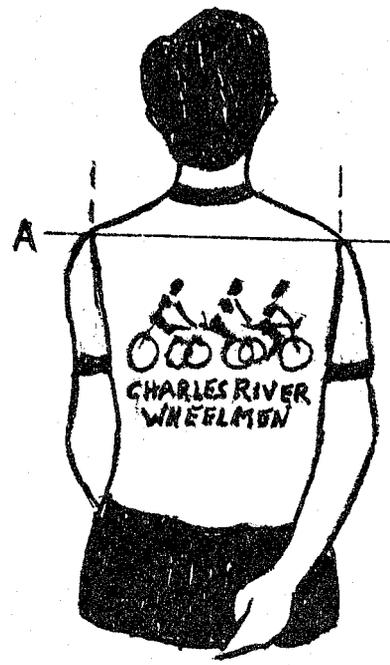
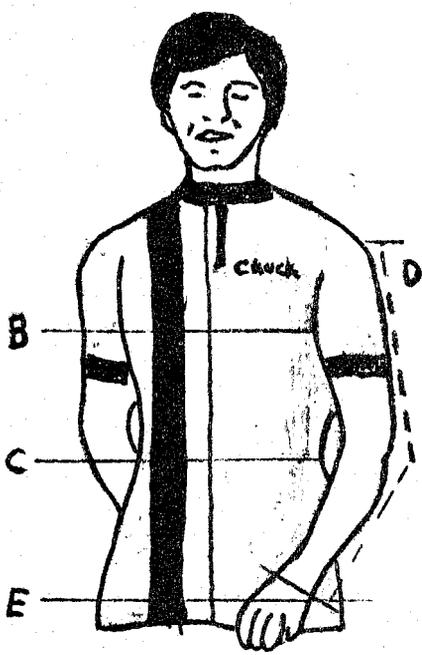
A bicycle shop owner arrived at his shop one morning to find that vandals had broken in during the night and disassembled five bicycles that had been left for repair. The shop owner was anxious to put the bicycles back together quickly with the correct components, because their owners were all going to ride the East Coast Bicycle Trail that afternoon.

The Shop owner did not have a complete record of which bicycles had which components, but he did know that:

- 1) There were five bicycles, arranged side by side, each of a different brand, each of a different color, and owned by members of different bicycle clubs. The bicycles had different hubs, derailleurs, and chainwheels.
- 2) The Narragansett Bay Wheelmen rider owns the red bicycle.
- 3) The Seven Hills Wheelmen rider owns the Bullseye hubs.
- 4) The green bike had Suntour derailleurs.
- 5) The Granite State Wheelmen rider had Simplex Derailleurs.
- 6) The green bike was immediately to the right (your right) of the white bike.
- 7) The Stronglight chainwheels were on the bike with the High-E hubs.
- 8) Sugino Chainwheels should be on the yellow bike.
- 9) Shimano derailleurs are on the bicycle in the middle.
- 10) The Charles River Wheelmen rider owns the bicycle at the left.
- 11) The Sakae chainwheels are on the bike next to the bike with the Weyless hubs.
- 12) The Sugino chainwheels are on the bike next to the bike with the Phil Wood hubs.
- 13) TA chainwheels and Huret derailleurs are on the same bike.
- 14) The Penobscot wheelmen rider owns Nerver chainwheels.
- 15) The Charles River Wheelmen rider owns the bike next to the blue bike.

CAN YOU HELP THE OWNER PUT THE BICYCLES BACK TOGETHER CORRECTLY? Mail your answer to the Editor by August 10, 1979. A name will be drawn from a hat of those people with correct answers. You must be a member of CRW. The winner will get a ticket to the Museum of Transportation. How about it, whiz kids?

CRW JERSEYS!



The body of the jersey is red with blue and white vertical stripes and blue rear pockets. The club logo is heat set into the back. You may have your name embroidered on the front for an additional charge.

MEASUREMENTS

- (A) SHOULDERS - from seam to seam across back.
- (B) CHEST - under arms, around body.
- (C) WAIST - at natural waistline.
- (D) SLEEVE - (for long sleeve) bend arm, measure around elbow from shoulder seam to wrist bone.
- (E) HIPS - at widest point - approximately 8" below waist.

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\_\_\_\_\_  
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FABRIC

- QIANA \_\_\_\_\_
- Cotton-Polyester \_\_\_\_\_
- Acrylic \_\_\_\_\_
- Washable 100% Wool \_\_\_\_\_
- Short Sleeves \_\_\_\_\_
- Long Sleeves \_\_\_\_\_

JERSEY LENGTH: IF YOU DESIRE OTHER THAN STANDARD LENGTH, 27", FURNISH MEASUREMENT FROM NECK SEAM, NOT INCLUDING RIBBING, TO THE DESIRED LENGTH (taken bent in riding position).

	<u>QIANA</u>	<u>Cotton-Poly or Acrylic</u>	<u>Washable 100% Wool</u>
Short Sleeves	\$26.00	\$23.50	\$32.50
Long Sleeves	\$29.00	\$26.00	\$36.00

Postage & handling: \$1.50

Embroidered name: \_\_\_\_\_ @ 30¢/letter: \_\_\_\_\_

Total amount enclosed: \$ \_\_\_\_\_

Enclose check or money order payable to Jones Cycle Wear.

Order from: Jones Cycle Wear  
24 Brown Ave.  
Lunenburg, MA 01462  
617-342-7439

Ship to: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
Tel. \_\_\_\_\_

FOR SALE - Artisan Rollers. \$75. Call G. Hopkins, 655-2647, (7 to 10 a.m.) in Natick.

FOR SALE - CRW group picture taken June 24. Only \$6. Call Harold Lewis, 969-0879 office, 332-3649 home.

POSTER MAKER NEEDED - The CRW bike safety posters needs your expertise in designing and making colorful posters that will be displayed in area bicycle shops. Call John Springfield, 566-1928, evenings or weekends.

WANTED - Pothole locations. If you know of potholes or other road hazards, call Mac Rogers, 661-2095. Also, if you know of a good contact in your town where poor road conditions can be reported, call Mac.

CONTACTS NEEDED - If you know any bicycle shops, manufacturers, or publishers that might be interested in exhibiting products at 1980 LAW Centennial in Rhode Island, please call Joan Campbell, 484-1045.

#### GETTING TO THE START OF THE CRW RIDES

Many members cycle to the beginning of the rides to get in those "extra miles". But if you need a ride, save energy: car pool. The following automobile drivers can offer a lift to club rides:

**SAVE  
ENERGY**

Earl Forman - Weston  
Debra Glassman & Mark Roseman - Belmont  
John Kane - Medford  
Nancy Peacock - Somerville

Call Debra Glassman, 489-3141, if you can offer a ride.

#### D I S C O U N T S

Your CRW membership card entitles you to discounts in some of the area bicycle shops. Be prepared to produce a valid membership card (signed and unexpired) and some other form of identification. Contact the individual shops for specifics on discounts:

The Bicycle Exchange, 3 Bow Street, Cambridge  
The Bicycle Workshop, 233 Mass. Ave., Cambridge  
Cycle Loft, 7 Muzzey Street, Lexington  
Family Bicycle Center, 149A Belgrade Ave., Roslindale  
Harris Cyclery, 1249 Washington, West Newton  
International Bicycle Center, 70 Brighton Ave., Allston  
Northeast Bicycles, 102 Broadway (Rte. 1), Saugus

## What's Happening?

NEWS, LETTERS, ARTICLES, CLASSIFIEDS - Send to WHEELPEOPLE Editor, John Springfield, 10 Short St., Apt. 5, Brookline, MA 02146.  
CLASSIFIED ADS - Free to members; 25¢ per word to non-members.