

# WHEELPEOPLE

MAY 1980



The Official Monthly Publication Of

## *The Charles River Wheelmen*

The Charles River Wheelmen  
3 Bow Street  
Cambridge, MA 02138

# CENTENNIAL

The Charles River Wheelmen is a 100% chapter club of the country's oldest bicycling organization, The League of American Wheelmen.

SPECIAL SALUTE TO ED TRUMBULL:  
50,000 miles cycled since 1972!



# The Charles River Wheelmen

The purpose of the Charles River Wheelmen is the enjoyment and advancement of bicycling and related healthful activities. We try to fulfill our purpose through the sponsorship of rides and other social gatherings, through publicity of the benefits of cycling, through cooperation with other organizations (notably the League of American Wheelmen), through encouragement of favorable actions by the bicycling industry and by government, through education of the cycling community and general public, and through other suitable means.

We are perhaps best known for our year-round rides program. Our regular rides season goes from early spring to late fall; it includes weekly rides that have at least two differently-paced rides. Leaders stay in the rear to assist new riders and insure that nobody gets left behind. The routes are arrowed in advance by the leaders so that club members don't have to spend unnecessary time consulting maps. A common lunch stop for all rides facilitates camaraderie and the swapping of sandwiches, tall tales, and brake cables. Our winter Prostate Rides are more informal; the pace and routes are mutually decided by the hardy bunch that shows up to brave the elements. We also sponsor at least one Century (100-mile ride) each year and award patches to those who complete 25, 50, or 100 miles.

Riding with a group is different than riding alone. You'll be glad when one of us stops to help you fix a flat or adjust a cable. But you also must be aware of your responsibility towards the group. Always carry a pump, a small repair kit, and a map of the area. The Charles River Wheelmen cannot and will not take responsibility for problems or injuries that may arise due to road hazards, other cyclist motor traffic, the weather, chasing dogs, improperly maintained bikes, or that hot pastrami sandwich you have for lunch. But we will take credit if you meet a friend on a ride, discover a new route, learn a tip from an old-timer, see the ocean at sunrise, meet your future spouse, learn how to select and use gears, ride your first Century, or discover the bicycle of your dreams in our classified ads!

## OFFICERS AND COORDINATORS

President - John Springfield	566-1928	Social - Bill Piekos	395-5699
Vice President - Jill Eiseman	232-4677	Publicity-D. Johanson	357-9300
V.P. of Rides - Debra Glassman	489-3141	Awards - John Kane	396-2230
Membership -		Government-Mac Rogers	661-2095
Treasurer - Don Blake	275-7878	Safety - Bill Risinger	321-7623
Editor - John Springfield	566-1928	WinterRides-Dick Buck	923-8909
Century Coordinator- Eric Hall	965-4768	Volunteers-J.Campbell	484-1045
Membership Poll - Ed Trumbull	332-8546	Speakers -	

## BOARD OF DIRECTORS

Carla Buerig(Recording Secretary), Joan Campbell, Jill Eiseman, Eric Hall, Sam Johnson, John Kane, Bill Risinger, John Springfield, and Ed Trumbull.

\* \* \* \* \*

## CRW APPLICATION/RELEASE FORM

CRW membership includes membership in the League of American Wheelmen. Do NOT mail you LAW dues separately to LAW. Ignore renewal notices from LAW. If renewing, please supply LAW number (on your LAW bulletin label).

Name(s) \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ If renewal, LAW # \_\_\_\_\_

City,State,Zip \_\_\_\_\_ Total Enclosed \_\_\_\_\_

I acknowledge that bicycling has an inherent risk of bodily harm, and I agree to assume those risks. I release and hold harmless the Charles River Wheelmen, its officers, and participants. I am at least 16 yrs old.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature if under 18 \_\_\_\_\_

DUES: \$17 Individual, \$22 Household, \$30 Sustaining

MAIL TO: Charles River Wheelmen, 3 Bow Street, Cambridge, MA 02138.

# Calendar

May 80

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\* \* \* \* \*

\* Think Banquet - April 25 \*

Think Chowdown - April 27

\* Think MARC Ride- May 18 \*

Think Centennial - May 23-26

\* Think Bike Day - June 8 \*

\* Remember: ALL RIDES WILL LEAVE ON TIME! Please arrive 15 \*

\* minutes early to allow for bike adjustments and introduc-

\* tions. Obey the rules of the road: stop for red lights and \*

\* stop signs, signal when turning, and cycle cooperatively. \*

\* May is a great time to cycle. Come out and enjoy spring! \*

\* \* \* \* \*

APRIL 25, FRIDAY EVENING - CRW AWARDS BANQUET! There are still 5 places left (as of press time). If you haven't registered yet, call Bill Piekos, 395-5699. Cocktails will start at 6:00 p.m., followed by dinner at 7:15 p.m. Our guest speaker will be Nancy Clark who will talk on "Getting Loaded: Carbohydrates". Some of you will no doubt demonstrate the fine art of getting loaded at the banquet. Our master of ceremonies will be John Kane, just back from campaign trail (None-of-the-Above Party). More door prizes than ever! (This year we pass out hinges). Don't miss it!

APRIL 27, SUNDAY, 10:30 A.M. - Ride and Food! The Seventh Annual Tour of the Northwest Suburbs of Boston (SATOTNWSOB) will take you through Arlington, Belmont, Lexington, Waltham, Lincoln, Concord, Bedford, and (on long loop) through Woburn and Winchester. You have a choice of two loops: 40 km. (25 mi.) and 48 km. (30 mi.). The long loop has two big hills to climb; the short one does not. Meet at the Arlington Town Hall on Mass. Ave. (Rte 2A) near the intersection of Route 60. Our leaders are Nancy Clark, 232-4551, and Jacek "Rudy" Rudowski, 646-9491. The ride will end in Arlington at the house of Scott Turner, 646-1928. There we will have a FEAST. Bring your own, or sample some of Scott's favorite cycling food. There will be plenty of food, so bring you appetite even if it rains. A small donation may be requested. CHOW, CHOW, CHOW!

MAY 4, SUNDAY, 9:30 A.M. - The first long ride of the season. Choose the energetic 96 km. (60 mi.) ride, or break those legs in slowly on the 48 km. (30 mi.) loop. Leader Mark Broderick, 326-9029, will take us through Dedham, Westwood, and Dover on this early morning ride. Meet at Dedham Plaza on Route 1, 1 km. north of Route 128, opposite Lechmere's. Please note: Dedham Plaza is south of Dedham Mall.

MAY 6, TUESDAY, 7:30 P.M. - Board of Directors meeting. ALL MEMBERS ARE WELCOME! Main topics will be Bike Day, the LAW Centennial, and T-Shirts. PLEASE BE ON TIME! Meet at the MIT Computation Center, 60 Vassar St. (Bldg. 39), Cambridge. Take the elevator to room 530. Feel free to add your topic to the agenda.

May 80

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May 11, SUNDAY, 10:00 A.M. - Here's a ride with something for everyone. Mix and match a series of loops and you'll come up with rides from 32 to 68 km. (20 to 42 mi.). You can flash past the countryside in a burst of speed, or take your time sniffing the flowers. Meet at the Lexington Green for this series of rides through Concord, Bedford, Carlisle, and Lexington. Bring your lunch or buy it at a local store. Our leaders are Debra Glassman and Mark Roseman, 489-3141.

MAY 17, SATURDAY, 10:00 A.M. - Bike Day marshalls' practice run. A workshop will be held to go over the basics of crowd control and leading mass rides. Meet at the Hatch Shell on the Esplanade in Boston.

MAY 18, SUNDAY, 8:00 A.M. to 4:00 PM. - Ninth Annual Ride-a-Bike to benefit mentally retarded citizens. This event is sponsored by the Massachusetts Association for Retarded Citizens and organized by the Massachusetts Teachers Association. In plain English, Donna Haines, 851-7717, has again organized the biggest MARC ride of them all. Meet at the Center School on Billerica Road (Rte 129) in Chelmsford (this is not the Center School in Tewksbury!). Each of us should round up sponsors who will pledge to donate a fixed amount for each mile we cycle. You can ask your friends, your co-workers, or ask yourself! The money collected is used by MARC to promote the welfare and safeguard the rights of the 160,000 people in the state who are mentally retarded. Every year the biggest single fund raiser for this event is none other than the CRW's Ed Trumbull. Ed has won so many bicycles that he has requested that they give it to the second place winner. So let's get the rest of the CRW behind this event! You can ride from 15 to 160 km. (10 to 100 mi.). Register beforehand or at the start of the event. Meet your friends from AYH there, too!

MAY 20, TUESDAY, 5:30 P.M. - Bike Day marshalls' practice run. For those of you who couldn't make the May 17th practice, here's your second chance. Hatch Shell on the Esplanade.

MAY 23, FRIDAY, 10:00 A.M. - Bike to the LAW Centennial! Meet in Foxboro and cycle about 60 km. (40 mi.) to Kingston, RI. No sag wagons or arrows. Leader: John Kane. More specifics next issue.

MAY 23-26, LAW Centennial. See page 3.

JUNE 1, SUNDAY, 10:30 A.M. - Meet at the Roche Brothers Supermarket on Route 1-A in Westwood, exit 61 off Rte. 128 and go west to 1-A. Ride through Westwood, Dover, Millis, Medway, and Norfolk and enjoy the scenery. Leaders: Carla Buerig and Sam Johnson, 769-4766. Choose from the 50 km. (30 mi.) or 90 km. (55 mi.) loop.

JUNE 8, SUNDAY, 10:00 AM. - BIKE DAY! Meet at the Star Market in Brookline on Beacon Street. We will lead a mass bicycle parade down Beacon Street and Commonwealth Avenue to the Boston Common. After a rally at the Common, the Boston Area Bicycle Coalition will lead us to the Cambridge side of the Charles River to the Bike Fair. We need volunteers to marshall the rides and work at the Bike Fair. Call Jill Eiseman, 232-4677, to volunteer.

# CENTENNIAL

## ACTIVITIES

### RIDES

Nearly everyone attending the Centennial Celebration will want to ride. Ranging from the short, flat tours for the huff 'n' puffer to the gut-wrenching ascents and screaming descents for the racers, along the Rhode Island-Connecticut line, and all cyclists in between, South County has something for everyone. Saltwater beaches and coastline marshes, inland pine and hardwood forests, historical sites, the grandeur that was and is Newport—all within easy riding distances from URI—offer some of the most scenic biking found anywhere. Sleek modern fishing boats in Jerusalem and Galilee contrast with the romance of the wooden, square rigged sailing ships at Mystic Seaport. In Usquepaug, water-powered millstones grind corn much the way they did a hundred years ago, while on Block Island, experimental wind turbines produce electricity. Cloth is hand-loomed only a few miles from the Kenyon Mills which produce much of the nylon fabric used in the manufacture of bike bags and tents. Over 20 rides have been planned and scheduled to allow you to pick your South County Sampler. The color-keyed and graphically designed 1980 map-pak makes the choice and riding easy, to that area of special interest.

### SPECIAL BUS TOURS

Planned as an event for the entire family, the 1980 Centennial Celebration offers bus tours which cover the entire South County and Newport areas. In a group or on your own, historic sites, the mansions of Newport, Mystic Seaport, and more can be visited on the various tours. If interested, please check the appropriate block on the back of the application, so we can reserve your spot.

### WORKSHOPS AND PROGRAMS

Old favorites and new are yours in 1980. As we enter our second century of cycling, we've grown in cycling and the 1980 program reflects that growth. Several workshops will introduce you to the whys, wherefores and whereases of the legislative process. Save on energy with the tips from the Bike Commuter workshop. Become a sorcerer's apprentice as the mysteries of wheelbuilding and other advanced topics are discussed. See what's new in bikes, equipment, clothing and everything else that goes with cycling, as the manufacturers show their stuff at the 1980 Centennial Celebration exhibition!

### CHILD CARE

Baby sitting services for children out of diapers will be provided at reasonable cost in the URI Child Development Center and will include activities geared to all age levels. Neither 1980 nor URI can supervise older children or teenagers for the weekend. Please consider this when planning activities with your family.

### SWIMMING

The lure of the saltwater beach will beckon you after a day in the saddle. Take back some sand in your shoes as you discover why Rhode Island is called the "Ocean State." Nearby beaches are open in the late afternoon and early evenings, with lifeguards at most state beaches. Don't forget that bike lock or take the "Rhode Runner" buses that run hourly to the beaches and on to Newport.

Come back to where it all began - Rhode Island. Come celebrate with us at the greatest cycling event of the twentieth century - the hundredth anniversary of the League of American Wheelmen. The Centennial Celebration will take place Memorial Day weekend, May 23 - 26, 1980, at the University of Rhode Island in Kingston. You are invited to join in four days of cycling excitement. Come to rural, unspoiled South County and rekindle the spirit and excitement that gave birth to the League one hundred years ago. Renew old friendships and join in new ones at the Centennial Celebration - 1980. Plan to be with us, but send in your registration early - the number of participants is limited to 2000 people. Don't be turned away.

## SCHEDULE

Registration for early arrivals opens noon on Friday, May 23. Several rides will be held in the afternoon, giving you the chance to become acquainted with South County and know the reasons why Rhode Island is called "America's First Vacationland." The Friday evening Fisherman's Platter is included as an optional extra on the application. Available from 5:30 PM through 7:30 PM, this dinner will give you a sneak preview of South County's rich heritage of foods you'll experience in the days ahead. The first activities begin Friday evening with a "Welcome Home" gathering, the opening of the 1980 exhibits and time to renew old friendships. Saturday, Sunday, and Monday's events offer something for everyone... a choice of rides for every level of ability, workshops, programs, Strawberry Supper, an outdoor bar-b-que, and bus tours. On Sunday, May 25, we cycle to Newport. During the Commemorative Day, you will witness the re-creation of cycling as it was in the 1800's. Ocean Drive, the elegance of Newport, the antique bikes of "The Wheelmen" combine to celebrate our 100th anniversary, an important part of your cycling history in the years to come!

### CENTENNIAL CELEBRATION CAPE COD CLASSIC

For those of you with extra time, a tour of Cape Cod will leave Kingston on May 26 and arrive in Boston, via ferry, on Saturday, May 31. This five day tour will meander through southeastern Rhode Island and Massachusetts, after crossing the Newport Bridge, usually prohibited to bikes. An area of singular beauty, the Cape is the site of the Pilgrims' first landing, before Plymouth in 1620. Those fortunate enough to stay on for the Cape Cod Classic will enjoy parts of the Cape seldom seen by tourists. Staying at inns during the tour will provide an excellent opportunity to experience much that this unique geological formation offers. Cost of the tour is approximately \$185 to \$200. Please write to the Seven Hills Wheelmen, 122 Jamieson Road, Holden, MA 01520 for additional information and an application.

# CELEBRATION

## OTHER INFO

### WHAT TO BRING

Since the Centennial Celebration is informal, casual dress is appropriate during off-the-saddle hours. Rhode Island's weather in late May is usually sunny, with daytime temperatures in the 60's and evening temperatures in the low 50's. You may want to use this checklist when packing.

Bicycling Gear	Personal Items	Optional
multispeed bicycle	cycling clothing	camera and film
frame pump	shoes, gloves	sunglasses
tools	casual clothing	small first aid kit
patch kit	sweater or jacket	rain gear
handlebar or seat bag	swimsuit & towel	alarm clock (no wake up service provided)
water bottle	toilet articles	
cycling helmet		

### REPAIRS AND SAG WAGON SERVICE

A full service repair shop will be set up on campus during the weekend for bicycles needing attention. It's best to remember, however, that a bike in good repair is less likely to need service. Cyclists should go over their bikes carefully beforehand, making the necessary repairs and adjustments. Worn parts should be replaced as replacements might not be available.

Sag wagon service will be available for emergency situations *only*. Getting tired does not constitute an emergency! First attention will go to injured riders and those with an irreparable breakdown.

### WHERE IS SOUTH COUNTY??

Located on RI route 138, just off Interstate 95, Kingston is easily accessible by car from most eastern states. Typical mileages are: New York 150, Boston 80, Washington, D.C. 375, Philadelphia 240. Air connections may be made on Eastern, United, TWA and U.S. Air (Allegheny) through to T.F. Green State airport. Located in Providence, Green is 30 miles north of Kingston. Bike boxes are generally required and confirmation should be made with the airline. Connecting busses leave from 8:50 AM until 5:00 PM. AMTRAK services the Kingston area through the Kingston Station, 2 miles from URI; however, not all trains have baggage service at this station. Please consult AMTRAK as to the availability of baggage service and special requirements for bikes.

### DRIVE BACK FREE!

No Kidding. Cars are available for you to drive back to Boston. Call:  
Fritz Maizer  
1-829-4849 (Holden, MA)

## ACCOMMODATIONS

### BED'N'BOARD

South County's unique foods will tempt and delight your palate. Three dining halls will be serving, at hours convenient to all. Eight meals, Saturday breakfast through Monday lunch, are included in the program. Friday's evening meal is **not** included in the program and may be purchased **only** by checking the appropriate block on the application and including the fee with your payment. A wide variety of meals are planned, including Rhode Island and New England specialties with meat and meatless entrees at each meal; however, no special diets are possible.

The Ram's Den will be open in the late evening for coffee, milk, soda and light snacks during the weekend and is located in the Memorial Union, close to the registration area and exhibits. Beer and wine will be available downstairs in the Rathskøllar. URI's new residence halls, near the Memorial Union and adjacent to the dining halls, will house the 1980 crowd for the three nights (Friday, Saturday and Sunday) of the Centennial Celebration. Since room assignments are made on a first-come-first-served basis as registrations are received, those registrants wishing to share a room with one another *must* submit their registrations together in *one* envelope. Every effort will be made to accommodate these requests, but no guarantees can be made. Rooms are doubles sharing a bath with one other suite, giving you the flexibility of planning the morning and evening shower.

Children 12 years old and younger may bring their sleeping bags and sleep on the floor in their parent's room at no charge when accompanied by parents in a double room. Otherwise the University requires that children be assigned a bed at the same cost as an adult. A maximum of two children is permitted on the floor of a double room.

Bikes may be kept in rooms. If you are bringing a tandem, please note this by checking the "Tandem Block" on the back of the application. Every effort will be made to assign you a first floor room.

All linens, sheets, blankets, pillows and towels (except face cloths) will be provided. All residence halls have coin operated washers and dryers. Recreation areas are located in the Memorial Union.

### HOTELS AND MOTELS

**Holiday Inn**  
Tower Hill Rd.  
South Kingston, RI 02880  
(401) 789-1051  
(4 miles from URI)  
\$35 Double

**Dutch Inn of Galilee**  
Great Island Road  
Narragansett, RI 02882  
(401) 789-9341  
(8 miles from URI)  
\$39 Double

### CAMPING

**Steadman's Campgrounds**  
Tuckertown Road  
Wakefield, RI 02879  
(401) 789-1503  
(6 miles from URI)

**Wordens Pond Campgrounds**  
1173 Wordens Pond Road  
Wakefield, RI 02879  
(401) 789-9113  
(6 miles from URI)

CAMPING IS NOT PERMITTED ON CAMPUS



**NOTE:**

Each individual, including all children, must register on a separate registration form. You may duplicate this form or send for extra forms. Please enclose a stamped, self-addressed business envelope.

Last Name	First & Middle Name	M. <input type="checkbox"/> F. <input type="checkbox"/> Over 18 <input type="checkbox"/>
Street	City, State, Zip	(     ) Phone Number
In Emergency Contact	Relationship	(     ) Phone Number
Club Affiliations	L.A.W. Membership Number If not L.A.W. member, see below	

**REGISTRATION FEE**

All participants over 12 years of age must pay this fee whether staying and eating on campus or not. Children 12 or under will not be charged this fee. All registrants 13 and over enter **\$15.**

**LATE REGISTRATIONS**

There is a \$5.00 fee for all registrations not postmarked before 15 April 1980. If your registration is late, please enter **\$5.00.**

**NON L.A.W. MEMBERS**

You may join the League of American Wheelmen for **\$15.00** for an individual membership (age 14 or over) or **\$20.00** for a family membership (parents and unmarried children to age 21). Please submit all registration forms together for family membership. If you do not wish to join the L.A.W., please include a **\$5.00** additional fee. Enter **additional fee or membership amount.**

**FOOD AND LODGING OPTIONS**

You may be housed and eat at the University; you may stay off campus and make your own housing arrangements, but eat on campus; or you may make your own arrangements both to stay and eat off campus.

**LODGING:** (double occupancy only)

Double occupancy room in a U.R.I. dormitory includes bed and bath linens, lodging for three nights: May 23, 24, 25.

- All registrants sleeping in a bed enter **\$19.50**
- Children 12 and under sleeping on floor **No Charge**

**FOOD PROGRAM**

Includes eight meals (breakfast, lunch, dinner on May 24 & 25 and breakfast and lunch on May 26th).

- All registrants over age of 6 enter **\$26.50.**
- Children 6 and under: Free.
- Friday night (May 23) OPTIONAL dinner. (Fisherman's Platter) enter **\$5.00.**

**TOTAL**

**MAKE CHECKS PAYABLE TO:**  
LAW CENTENNIAL CELEBRATION  
Mail to P.O. BOX 815  
PROVIDENCE, R.I. 02901

**REFUNDS**

Registration fees are not refundable. Food and lodging fees will be refunded up to April 15, 1980. After that date no refunds will be possible due to our financial commitments to the University of Rhode Island.

**SPECIAL INSTRUCTIONS**

- I wish to share a room with \_\_\_\_\_ His/Her application must be attached.
- We are bringing a tandem, so please try to book us on the first floor.
- Bus tours of the area may be available. Please check the box if you are interested.

**POST WEEKEND TOUR**

For those with extra time, a tour of Cape Cod will leave Kingston, R.I. on May 26th and arrive in Boston via ferry on Saturday, May 31st. This five day tour will meander through southeastern Rhode Island and Massachusetts, after crossing the Newport Bridge, usually restricted to cars. An area of singular beauty, the Cape is the site of the Pilgrims' first landing - before Plymouth in 1620. Those fortunate enough to stay on for the Cape Cod Classic will enjoy parts of the Cape seldom seen by tourists. Cost of the tour will be approximately \$185.00. For additional information and application please write to:

**The Seven Hills Wheelmen**  
C/O Fritz Maiser  
122 Jamieson Road  
Holden, MA 01520

**RELEASE - ALL APPLICANTS MUST AFFIX APPROPRIATE SIGNATURE TO RELEASE IN SPACE PROVIDED. APPLICATIONS WILL BE RETURNED IF NOT PROPERLY SIGNED.**

I, the undersigned hereby agree to release and hold harmless the League of American Wheelmen, Inc., The Narragansett Bay Wheelmen, Inc., The Charles River Wheelmen, Inc., The Granite State Wheelmen, Inc., The Seven Hills Wheelmen, The University of Rhode Island, and any of their officers, members, representatives and agents, and any other group, persons or person associated with this event in any way whatsoever, from and against blame or liability, however caused, including any and all claims arising out of the conduct, management or negligence of the aforementioned, for any injury, misadventure, harm, loss, inconvenience, or damage suffered or sustained as a result of participation in the L.A.W. Centennial Celebration, or in any activities associated therewith. This release does not apply to the extent that there exists insurance coverage covering person, persons and/or associations for the liability claimed. This exclusion only applies to the extent of such coverage and to the limits set forth on each such policy. I have read the foregoing carefully and understand its contents and sign the same as my own free act. I shall abide by all traffic laws and regulations and practice courtesy and safety in cycling.

\_\_\_\_\_  
SIGNATURE OF APPLICANT

\_\_\_\_\_  
DATE

If the applicant is under the age of 18, in addition to having the applicant sign, complete the following:

\_\_\_\_\_  
SIGNATURE OF PARENT OR GUARDIAN

\_\_\_\_\_  
RELATIONSHIP

\_\_\_\_\_  
DATE

Mail to:  
**Law Centennial Celebration**  
P.O. Box 815  
Providence, R.I. 02901



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Saugus, Mass. 01906  
(617) 233-2664



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for more info:

John Springfield  
CRW Editor

566-1928 evenings

## Bike Day -- June 8

This year the CRW will be joining the Boston Area Bicycle Coalition and Star Market in running the annual Bike Day activities. We are responsible for leading a large group of cyclists from the Star Market in Brookline (Beacon St.) to the Boston Common. A huge rally will take place at the Common. From the Boston Common a mass group ride will take us to the Bike Day Fair at Riverbend Park on the Cambridge side of the Charles River. The CRW, along with other groups, will set up exhibits and information booths. In the afternoon we will lead riders from the fair to the Star Market in Brookline. Other groups will be responsible for leading riders from Star Markets in Brighton and Cambridge. Star will sell T-shirts and donate the proceeds to the Special Olympics.

The CRW needs volunteers for the following:

- 1) Marshalls to lead riders and also to stay at intersections.
- 2) People to pass out CRW & LAW information at the Bike Fair.
- 3) People to help with minor adjustments to bikes before we leave from the Star Market in Brookline.

Marshalls can attend workshops at the Hatch Shell at 10 am. on May 17 or at 5:30 pm. on May 20.

IF YOU WANT TO VOLUNTEER, CALL JILL EISEMAN, 232-4677!

\* \* \* \* \*

### REPORTED MEMBERS' MILEAGE - 1980

Dick Buck	1529	John Kane	403	Ed Trumbull	1089
Don Blake	1830	John Latva	4233		
Robert Green	883	The Pres	633		

Our one day in the rain brought us to the Holland border with a bicycle path leading us behind the customs offices and on our way without so much as an inquiry. We were now on our way to Rotterdam, a city of huge proportions and of great interest to the economy of Europe as well as the tourist. So numerous were the waterways that bicycle path touring became a problem especially where we were deficient with the language. English is a second language in Holland but signs and directions are of course "Dutch". Certain bridges permitted bicycle and motorcycles and others did not. One such bridge at the far end had a descending stairway which permitted us to return to the bike path with our machine. To permit easy handling of the cycle a smooth metal channel was installed in the center of the stairway thus permitting the easy movement of the wheels. Even underground tunnels and elevators restricted to pedestrians and cyclist were available to us. It was obvious to us that thousands of gallons of gasoline were being saved on a daily basis through the use of human power.

The VVV Tourist Information Office in Holland is truly geared to the hiker and biker. Friendly attendants for a small fee make hotel reservations as well as provide maps and information. They made our stay in Holland a memorable experience. The Dutch people collectively are friendly and industrious. They went out of their way to help and were interested in our welfare. It was not at all unusual to have a house wife come out to offer assistance while we changed a tire. By the way, we replaced two tubular tires on the front and two spokes on the rear. If and when we return to the bicycle paths of Holland we will not use tubular tires on the front as we do in most of our touring. The paving blocks of the path are not cemented in most places thus placing undue wear on the sidewalls of the tires. Clinchers seems best for long distance touring especially if valve stem protection is built into the system. Most of our tire problems have centered around the valve stem union to the tube body. To avoid this problem which haunted us when we toured Ireland, I have cut out a small section of tire tube into which a small hole is drilled. This section of tube is then placed over the stem of the tube prior to its insertion into the tire casing. The extra thickness seems to protect the tube in this vulnerable area and yet it does not create a bump due to increased thickness. Try it, you will like it!

If space and interest permitted, an entire article could be written on our tour of Rotterdam, the Hague and Amsterdam. Scenery, beautiful canals, memorable works of art and lovely people were in ample supply. Our boat tour of Rotterdam with its world's largest oil refinery, a mammoth harbor hand built and dredged to permit sea going vessels into this inner port city; our ride up the Euro-mast, a space needle that defies description and gets one right in the pit of the stomach as the revolving elevator rises into what seems like the stratosphere; and all of the tourist attractions were of great interest. Our tour of the Hague with its public buildings and the International Court of Justice that Andrew Carnegie donated to the world and was recently used by the U. S. in its problem with the taking of hostages by Iran as well as our one day's ride from the Hague to Amsterdam was truly the cycle-tourist's dream. We rode the sixty odd mile ride with the wind at our backs along one canal or another until we arrived in Amsterdam, the City of Canals. And---how could I forget the Windmills? They were a lovely reminder of the sixteenth century when the grinding of flour was done by wind power and all working parts were made of wood thus requiring a carpenter's shop in each windmill along with the living quarters for the miller. And there are those without the familiar wooden blades; they have been removed so that only the first floor dwelling remains. In the place of the superstructure; a single TV antenna. Such is progress.

A TANDEM TOUR - Continued

Perhaps a highlight of our visit to Amsterdam for me in a sensitive way was our tour of the Anne Frank house. The entire history of the Nazi atrocity was there and in vivid delineation. The house was as one would expect having read the Diary of Anne Frank. The chronology of the events prior to and after her removal to the concentration camps by her captors became required reading for us.

Another highlight and particular for my cycling partner, who is an artist, was our visit to the Museum of Van Gogh in Amsterdam. The home of Rembrandt was interesting and a view of his Night Watch in the gallery at the Rijk Museum was memorable but the Van Gogh Museum was incredible. Except for selected works that are in other galleries the originals of Van Gogh are all chronologically placed in this new and impressive public building. It attracts thousands of people daily who learn and reflect upon the trials and talent of this magnificent painter.

No less enjoyable was our bicycle path trip to the airport and our return to Boston. We even had our very own tunnel restricted to bicycle traffic. This brought us within two hundred yards of our departure area and believe it or not an "on time" farewell to an exciting trip. Without any protection for the tandem on its return we removed the pedals, turned it over to the skycap and went in search of tulip bulbs, wooden shoes, T shirts, and all of those things that tourists like to buy.

You, the reader, may wonder how the tandem stood up under the rigors of the return trip without its cardboard protection. Ask anyone who rode with us on the following Sunday's Charles River Wheelman Ride. Except for a dirty chain and a clean front tubular it was as good as ever.

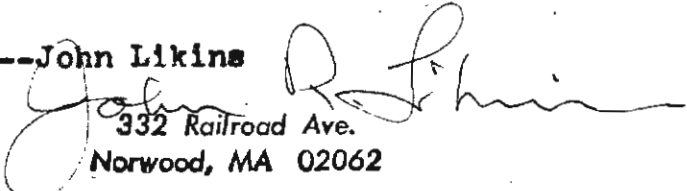
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PRODUCT NOTES

Bullseye Derailleur Pulleys at \$15 per set are probably one of the worst buys for cyclists. Last year I purchased a pair hoping they'd outlast the plastic pulleys on my Shimano derailleur. Well, folks, they don't -- not by a long shot. The stock Shimano pulleys will last over a year (at approximately 110 miles weekly), and cost about \$5 a set. The Bullseye set began wearing immediately, and after 6 months were about 2/3 of their original diameter. (The bearings do last -- but after 10 months the seals start to fall out -- also they add considerably to their weight.) The manufacturer claims a Sedis chain should be used, the derailleur be carefully aligned, and everything kept clean (not mentioned in his ads). While derailleur alignment is common sense, I seriously question how practical Bullseye Pulleys are in the "real world" of New England winter commuting. Coupled with a no-refund policy, I cannot recommend this manufacturer.

A new item on the market, the Shimano "Ex" Derailleur, features a hardened steel pulley on the upper position -- this seems like a great idea. Anyone used one? Also, does any manufacturer, such as Campy, make a nylon pulley -- as few Campy derailleurs seem to have this problem.

--John Likins



332 Railroad Ave.  
Norwood, MA 02062

# Members' Page

WANTED - Real bike with gears, handbrakes, proper seat & handlebars, 20-inch wheels for 7-year-old. No stringrays, please! Call Tom Fortmann, 861-7296 or 491-1850 ext. 4521.

FOR SALE - Zeus 2000 rear derailleur, drilled with titanium parts. New. \$40. Call Jim Watson, 864-4329.

WANTED - Person(s) interested in doing the Bikecentennial route beginning June 1 from Oregon. I plan to average 420 mi./week over 10 weeks. Please call or write: Amy Pofcher, 32 Windermere Road, Newton, MA 02166; 332-4213.

WANTED - Girls' or boys' light weight 10-speed bike for 13-year-old - 5'4". Contact Nancy Reid-Demrow, 11 Linda Road, Andover, MA 01810; 475-1563.

FOR FREE! - This is your last chance to obtain a Bicycling Magazine mileage log. All you have to do in return is to keep the CRW Editor informed of your monthly mileage. Bicycling has challenged clubs across the country to come up with the best total miles. So even if you don't cycle that much, we need your mileage! At the end of the year, we send the results to Bicycling and show the world that we're the best. But hurry; we only have a few logs left. Limit: one to a member. Call John Springfield, 566-1928, evenings.

WANTED - Good used 25" (64 cm.) frameset or complete bicycle. Reynolds 531 or Columbus 510 double-buttet tubing. Call Dick Wagg, 438-3129.

FOR SALE - Ladies Raichle hiking boots(leather, vibrant soles) - European size 6N (am. 8N) - Worn 3 days! \$25. Call Donna Haines, 851-7717, 5-7 pm. or 6-7 am. weekdays.

WANTED - Cross-country biking partner, June 1. Amy Pofcher, 332-4213.

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## DISCOUNTS

CRW membership entitles you to various discounts in the

Ace Bicycle Shop, 2044 Mass. Ave., Cambridge	876-8200
The Bicycle Exchange, 3 Bow Street, Cambridge	864-1300
The Bicycle Workshop, 233 Mass. Ave., Cambridge	876-6555
The Cycle Loft, 1644 Mass. Ave., Lexington	862-7048
Family Bicycle Center, 149A Belgrade Ave., Roslindale	323-9720
Harris Cyclery, 1249 Washington, West Newton	244-1040
International Bicycle Center, 70 Brighton Ave., Allston	783-5804
Laughing Alley Bicycle Shop, 51 Harvard Ave., Allston	783-5832
Mystic Valley Wheelworks, 889 Main Street, Winchester	729-0425
Northeast Bicycles, 102 Broadway (Rte. 1), Saugus	233-2664

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## EDITOR'S NOTES

Please mail all articles, classifieds, and announcements to the CRW Editor, John Springfield, 10 Short St., Apt. 5, Brookline, MA 02146. Material must be received by the 15th of month before issue.

Paid ads must be received by the 10th of month, along with remittance.