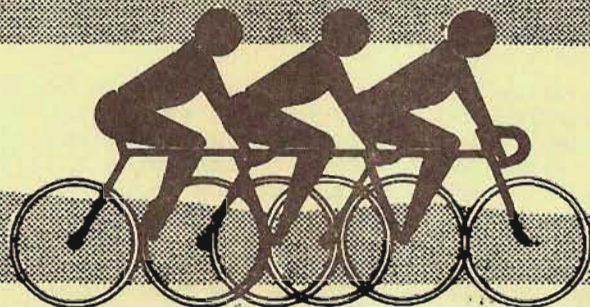


# WHEELPEOPLE

NOV 1980



THE OFFICIAL MONTHLY PUBLICATION OF  
**THE CHARLES RIVER WHEELMEN**

The Charles River Wheelmen  
3 Bow Street  
Cambridge, MA 02138



**BALLOT ENCLOSED**

The Charles River Wheelmen is a 100% chapter club of the  
country's oldest bicycling organization,

— The League of American Wheelmen —



# The Charles River Wheelmen

## Chapter Club of the League of American Wheelmen Affiliated Club of the American Youth Hostels

The purpose of the Charles River Wheelmen is the enjoyment and advancement of bicycling and related healthful activities. We try to fulfill our purpose through the sponsorship of rides and other social gatherings, through publicity of the benefits of cycling, through cooperation with other organizations (notably the League of American Wheelmen and the American Youth Hostels), through encouragement of favorable actions by the bicycling industry and by government, through education of the bicycling community and general public, and through other suitable means.

We are perhaps best known for our year-round rides program. Our regular season goes from early spring to late fall; it includes Sunday rides that have at least two differently-paced routes. Leaders stay in the rear to assist new riders and insure that nobody gets left behind. The routes are arrowed in advance by the leaders, and sometimes maps are given out. Sunday rides usually meet at a common lunch stop to facilitate social interaction (swapping advice, tall tales, sandwiches, and brake cables). Our winter Frostbite Rides are more informal; the pace and routes are mutually decided by the hardy bunch that shows up to brave the elements. We also sponsor at least one Century (100-mile ride) each year and award patches to those who complete 25, 50, or 100 miles.

Riding with a group is different than riding alone. It is imperative that you obey all traffic laws, especially stopping for red lights and stop signs and signalling when turning. You should always carry a pump, a small patch kit, a wrench and screwdriver, a map, and most importantly, the knowledge of how to use them. Often, others in the CRW will stop to assist you if you have a flat or a minor adjustment, but you should be prepared just the same. The CRW is a volunteer group. We cannot and will not take responsibility for problems or injuries that may arise due to road hazards, improper traffic maneuvers, bad weather, chasing dogs, improperly maintained equipment, or that hot pastrami sandwich you had for lunch. But we will take credit if you meet a new friend, discover a new route, learn a tip from an old-timer, see the ocean at sunrise, ride your first Century, meet your future spouse, or discover the bicycle of your dreams in our classified ads. May the wind always be at your back!

### OFFICERS AND COORDINATORS

President - John Springfield		Treasurer - Don Blake	275-7878
Vice President- Jill Eiseman	232-4677	Publicity-Dave Johanson	357-9300
V.P. of Rides-Debra Glassman	489-3141	Social - Bill Piekos	395-5699
Membership - John Pershing	646-7619	Safety - Bill Risinger	321-7623
INFORMATION - Jacek Rudowski	646-9491	Awards - John Kane	396-2230
Editor - Bea Forman	894-2084	Winter Rides- Dick Buck	923-8909
Graphics Ed. - Mark Broderick	326-9029	Ads-Sam Hull&P.Kirkpatrick	648-4095

### BOARD OF DIRECTORS

B.J. Bailey, Carla Buerig, Joan Campbell, Jill Eiseman, Earl Forman, Eric Hall, Sam Johnson, John Kane, Bill Risinger, John Springfield, Ed Trumbull.

\* \* \* \* \*

### CRW APPLICATION/RELEASE FORM

CRW membership includes membership in the League of American Wheelmen. Do NOT mail your LAW dues separately to LAW. Ignore renewal notices from LAW. If renewing, please include your LAW number (on your LAW bulletin label).

Name(s) \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ If renewal, LAW# \_\_\_\_\_

CITY, STATE, ZIP \_\_\_\_\_ Total Enclosed \_\_\_\_\_

I acknowledge that bicycling has an inherent risk of bodily harm, and I agree to assume those risks. I release and hold harmless the Charles River Wheelmen, its officers, and participants. I am at least 16 years old.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature if under 18 \_\_\_\_\_

DUES: \$17 Individual, \$22 Household, \$30 Sustaining

MAIL TO: John Pershing, 22 Mystic Valley Parkway, Arlington, MA 02174.

# CALENDAR

October 26, Sunday Starting Time: For long loop 9:30; for short loop 10:00. Nancy Clark (232-4551) and Haryl Pascal (232-5227) will lead the pack over moderate terrain through Brookline, Wellesley, Sherborn and Newton. Starting Point is at Cleveland Circle in Brighton. Nancy Clark, our leader nutritionist suggests you bring "nibbles" to eat along the way or wait to eat your lunch at her place after the ride. Long loop is 40 miles; short loop is 25 miles. Staggered starting time is to have everyone arrive at Nancy's at the same time.

November 2, Sunday 10am Charlie Coburn (665-1407 or 738-4013) shows us the rolling terrain of Melrose, Wakefield, Peabody, Beverly, Manchester, Essex, Danvers and North Reading in only 55 miles of a long loop or 17 miles in a short loop. Starting Point is in Melrose just over the Malden line on Sylvan Street. To get there take Main Street in Melrose just over the Malden line - pass Friendly's and Pine Banks Park on Main Street. The next traffic light is Sylvan Street. The sign says DEAD END. Turn left on Sylvan Street. That's where we meet. Bring your own lunch. Lunch Stop will be announced at the ride.

November 5, Wednesday 7:30pm

CRW Board Meeting at the MIT Computation Center, 60 Vassar Street, Room 530, Cambridge, MA. Come to a CRW Board Meeting and be heard.

November 9, Sunday 10am Roger Wendall (922-2476) and Pam Teck are the leaders we follow through Topsfield, Wenham, Hamilton, Essex, and Ipswich. Starting Point is at the Star Market, Main Shopping Plaza in Beverly. Take Rte 1A (Hamilton/Ipswich) from Rte 128 to Shopping Plaza on the right. Long ride is 40 Miles; short ride is a 15 mile loop. No information about lunch so you'd best bring your own.

November 16, Sunday 10am Chris Ryan (232-8294) will be our leader as we roll over moderate terrain through Weston, Concord, and Lincoln. Longer loop is 35 miles; shorter loop is 18 miles. Starting Point is at the Weston Town Green. Bring a lunch to eat at the end of the ride on Weston's Town Green.

November 18, Tuesday 7:30pm FIRST CLUB MEETING OF THE SEASON!

Here is your chance to experience the provinces of France! Ralph Galen will share with us a fascinating slide show of his summer cycling trip through France. This will not be just a slide show! Ralph has a whole range of adventures to share with us. Come early to get your share of the popcorn! Soft drinks are available at cheap prices.

MIT ComputationCenter, 60 Vassar Street, Room 530, Cambridge, MA.

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CALNDAR continued:

November 23, Sunday 10am Bill Roberts (489-1384) leads us through Burlington, Bedford, Wilmington, North Reading and Woburn. The terrain is flat with 1 hill. Long loop is 45 miles; short loop is 20 miles. Lunch at Friendly's in Burlington or bring your own to eat on the grass in Burlington Center (if the weather permits). Starting Point is at Howard Johnson's Parking lot, North on the Middlesex Turnpike from Rte 128.

November 30, Sunday 11am Frost Bite Rides Start The beginning of the "Snow & Go - Frostbite Rides" Starting Point: Cambridge Common. Get ready to follow someone who suggests a suitable route.

Don't be fooled by the name or cowed by the temperature. From now, through the winter, until next March, the rides will be leaderless and not pre-planned. During this time we have some of the best riding (weather permitting) of the year. The air is crisp, the scenery different (you can see what was hidden all summer by all that foliage) and the participants are enthusiastic. You'll get to know what shops serve the best hot chocolate, hot coffee and pastries.

A starting time and location are designated for all to meet. From there the group decides the length and direction of the route. Bring your mittens!



**CENTURY**

**RIDE**

**Report**



Eric Hall is really getting the hang of running our Century Rides. After having organized the CRW Centuries for the past few years, he accomplished a near perfect one on September 21. We don't want Eric's head to swell or have him think there are no more heights to conquer. After all the temperature was about 15 degrees too warm, the course was about 15 miles too long and he did create a dilemma for many by scheduling the ride the same day that the BIG Boston 350th Birthday Parade and Celebration took place.

Despite these boo-boos, 94 riders started and all 94 finished and qualified for their patches; 61 for the Century and 33 for the Half-century. Eric not only organized the affair but in addition he got all the refreshments, helped with the registration of the riders, helped arrow the route and drove Sag Wagon as well. Dick Crane, Bill Roberts and Ed Trumbell arrowed the route with Eric and the safe return of all the riders is a tribute to the job they did. Bill Risinger and Earl Forman helped with the morning registration; Bea and Earl Forman hosted the HOT returnees and distributed the patches and the above mentioned refreshments.

CRW Century Ride Day is turning into Eric Hall Day and we all owe him our THANKS!

FROM THE PRESIDENT



Eric Hall has done it again. As in years past, he has managed to get almost 100 cyclists to test their skills on the annual CRW Century. Ably assisted by Earl & Bea Forman and a crew of route markers, Eric's ride was easily the biggest ride of the year. It's even rumored that the club made a few bucks to replenish the treasury.

And now for the political news. November is election month! That's right, now is the time for you to vote for members of the new CRW Board of Directors. The Board will in turn elect the new CRW President (I am retiring to the land of painting, insulating, and fixing up our new house). So I urge you to take a good look at the candidates. The Board meets once a month to determine such policies as dues rate, club events, and spending money. Vote early (and vote often, as Mayor Daly used to say).

Annual Autumn Quiz: What cycles continuously, travels through many states, and covers more ground than any two CRW members? Why, a John Latva, of course! John keeps sending me post cards from all over the country. The rumor is that he plans to cycle across the ocean on a Gossamer Raft.

And speaking of traveling, Ralph Galen has a great travelog to present to the club at our first meeting on November 18. Ralph will take us on his trip through France by showing us slides, describing the food and wine, and tantalizing our imaginations. Don't miss "Travels with Ralph"!

Now that the subject of traveling has come up, let's talk about commuting to work by bicycle. I find that it is a great way to get my mind working early in the morning. By the time I get to work, I'm ready to "attack". Years ago when I took the Sardine Can (that is, the MBTA Green Line) I was water-logged by the time I got to work; I simply wanted to roll over and be basted. There are several ways to plan your route. You can take major roads and usually get there the fastest. Or you can take lesser-traveled back streets. Or you may try using a bike path for part of the way. Bike paths sometimes can be dangerous because they are not very smooth, full of glass, too narrow for passing, or intersect streets at insane places. But I have used parts of them at times if they help me avoid a busy rush-hour street. Use your own judgment.

John Pershing, Membership Coordinator, has found out that the Metropolitan Area Planning Council is trying to get the MBTA to turn the abandoned railroad bed from Bedford to Arlington into a bike path. The railroad bed has the advantage over other bike paths of having a well-graded roadbed and several bridges over intersecting roads. The right-of-way is wide enough to pave a path that cyclists can easily pass each other on. If you're interested in exploring the possibilities of this route, contact John.

Of course, bike paths may serve a purpose under some circumstances. But remember this: you have a legal right to the road. Don't let anyone try to legislate, bureaucrate, protectorate you off the roads. As long as you cycle effectively, the road is the fastest and safest place to cycle.

### Proposed Minute Man Commuter Bikeway

This is the first in (hopefully) a number of reports on the progress of the Minute Man Commuter Bikeway. Also, if important, timely information becomes available (such as the date of an upcoming public hearing), the board will mail it directly to CRW members who are residents of the involved communities. The following information is abstracted from two briefs issued by the bikeway committee of the Metropolitan Area Planning Council (MAPC).

The MAPC is in the process of formulating a proposal to build a class 1 bikeway from the center of Bedford to the Route 2 traffic circle in North Cambridge, where the new Alewife red line station will be located. This will be built within the existing railroad right-of-way known as the Lexington Branch. This bikeway proposal is one element of MAPC's air quality planning efforts under the EPA Air Quality Control Program.

The proposed bikeway will run roughly adjacent to Route 4 (Bedford Street and Massachusetts Avenue) from Bedford through the length of Lexington to Arlington Center, and then south to the Route 2 circle. Presumably, the MTA will install a relatively secure bicycle parking facility at the Alewife station; an extension of the bikeway towards Porter Square is also being considered. The bikeway will be 12 feet wide (!) and constructed out of high quality highway pavement. The approximate length is 12 miles.

Many hurdles remain to be crossed. The immediate problem is the status of the railway right-of-way. A judge has granted a 2-year suspension in rail service on that line, nominally to allow the MTA to construct the Alewife station. The MAPC's legal council is currently studying the issue, in order to determine how to proceed about getting the right-of-way declared defunct. After this has been resolved, funding has to be procured; the current projection is in the range of \$1.3 to \$1.5 million.

Various problem areas have already been identified by the MAPC. There are a number of intersections with roads; the three major ones are Massachusetts Avenue in Arlington Center, Bedford Street in North Lexington, and South Road in Bedford at the terminus of the right-of-way. Although rail road beds offer many advantages for the cyclist (mostly flat, many overpasses, mostly straight), there are also disadvantages. Raised sections (and bridges) are narrow with steep slopes; access is difficult at overpasses; the railway passes through various wetlands.

Maintenance is perhaps the most difficult problem, since the bikeway doesn't fall into a single jurisdiction. The MAPC is proposing legislation to amend the present MDPW program to make maintenance funding available, and will try to negotiate with a state or regional agency for maintenance of the bikeway.



MILEAGE - JAN. Thru SEPT. 1980

Dick Buck	6945	Donna Haines	1980
Joe Cormier	6814	Irv Pfau	2850
Genie & Bob Cavender	999	Jacek Rudowski	4143
Earl Forman	1940	John Springfield	2571
John Latva	17881	Bill Sweetser	3401
Ed Trumbull	4221	Nancy Tichanuk	5769

Note: John Latva has been touring around the country. Nancy Tichanuk has been active with BikeCentennial again this year. Genie & Bob Cavendar are two people on one tandem bicycle. John Springfield has a hard time putting things in alphabetical order.

Please mail your mileage to the CRW Mileage Man each month no later than the 5th of month. Mileage will be sent to Bicycling magazine at the end of the year as part of a contest. Mail your October mileage to John Springfield, 37 Parker Street, Newton, MA 02159.

## ELECTION

All of our candidates for the Board of Directors of the Charles' River Wheelman were given the opportunity to address the members through this Bulletin. At the time this issue went to press, John Pershing, whose statement follows, was the only candidate to avail himself of this opportunity.

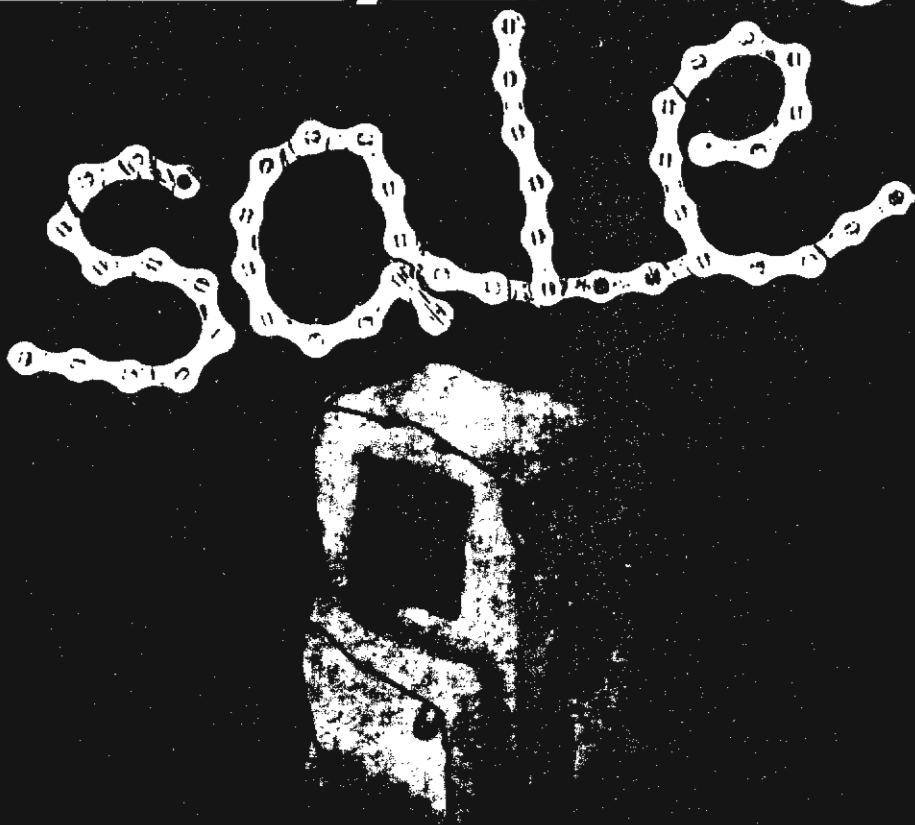
John Pershing: I would like the CRW to become more involved in public issues affecting cyclists. We should keep the membership informed of relevant legislation and public projects in the area, and try to become more active in the policy-making process. The club should also intensify its safety campaign (starting with ourselves), in order to keep up with the increasing numbers of new cyclists on the roads these days. The existing rides program is very good, considering the diversity in our membership.

The candidates as they appear on the enclosed ballot are:

- Mark Becker: A new member interested, naturally, in the assimilation of new and infrequent riders.
- Sam Hull : Interested in broadening the CRW for more rides for both racers and newcomers.
- John Kane: Previous Board member and Editor; wants to see bicycling become a political force.
- Patty Kirkpatrick: Would like to see more interaction between CRW and other clubs for both riding and socializing.
- Dick Lewis: Interested in encouraging the safe enjoyment of cycling by improving the skills of novices; would also like to organize other activities during the winter months.
- John Pershing: Currently in charge of membership coordination; BABC member; interested in activist issues.

## The Ad Page

**the bicycle exchange**



20% off our entire selection of touring panniers, seat bags and handlebar bags by Eclipse, Kirtland and Cannondale. Now through November 11.

**the bicycle exchange**

3 Bow St. Harvard Sq. 864-1300 9-6 Tu,W,F,Sa 9-8 Th

### DISCOUNTS

CRW membership entitles you to various discounts in the

Ace Bicycle Shop, 2044 Mass. Ave., Cambridge	876-8200
The Bicycle Exchange, 3 Bow Street, Cambridge	864-1300
The Bicycle Workshop, 233 Mass. Ave., Cambridge	876-6555
The Cycle Loft, 1644 Mass. Ave., Lexington	862-7048
Family Bicycle Center, 149A Belgrade Ave., Roslindale	323-9720
Harris Cyclery, 1249 Washington, West Newton	244-1040
International Bicycle Center, 70 Brighton Ave., Allston	783-5804
Laughing Alley Bicycle Shop, 51 Harvard Ave., Allston	783-5832
Mystic Valley Wheelworks, 889 Main Street, Winchester	729-0425
Northeast Bicycles, 102 Broadway (Rte. 1), Saugus	233-2664



PARTY TIME PARTY TIME PARTY TIME PARTY TIME PARTY TIME

Reserve Friday evening, December 12, 1980 for our Annual Holiday Social. Meet our new officers, old friends and new members at "Debra and Mark's Place". Light refreshments, liquid and solid, will be provided but if you have a favorite drink, BYOB is encouraged. Also, if you would like to bring some favorite finger foods or sweet to share, it will greatly add to the festivities. Please notify Debra Glassman or Mark Roseman of your intention so that they can balance the menu to meet Nancy Clark's standards.

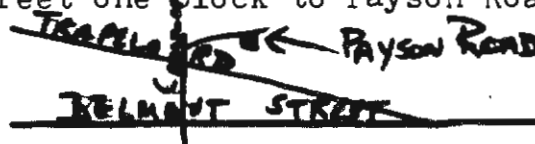
Place: 35 Payson Road, Belmont

Time: 7:30 pm

Host and Hostess: Mark Roseman and Debra Glassman (489-3141)

Directions: Take Trapelo Road to Common Street. North on Common Street one block to Payson Road.

See you all there!



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LOST: 1 pair of Bicycle Gloves, "Cycle Pro" at the Century Ride finish at Forman's. If you took them by accident and would like to return them to their owner, please contact Chris Olson, 12 Bardwell St., Jamaica Plain, MA 02130 or call him at 522-9579.

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Letters to CRW

Dear CRW,

I was impressed when I joined the October 5 ride at several things about the club...Earl Forman's words of encouragement for new riders...the almost 100% use of helmets...the excellent maps and arrows (thanks, Walter!)...actually STOPPING at a stoplight(!!!) ...and the very large number of women on the ride.

Keep up the good work, CRW! It's been so long since I've ridden with the club, I'd forgotten how much fun group rides can be.

John Likens

P.S. Our 1½ year old Wheelwoman Sarah has put in about 50 miles in a BUGGER, and I think a tandem with kiddie-crank is on the horizon! Anyone have one to sell? Tel. 762-2337 between 6 and 9 PM.  
JL

SPECIAL CRANK-MAIL SECTION

Now I know this issue has been dealt with before...but really... a club with this many women--should it continue to call itself the CRWheelmen? The word is an anachronism, and should be junked. Language should change to reflect contemporary conditions. After all, we don't use "velocipede" much nowadays, or "boneshaker" except to describe old bikes. Well "Wheelmen" should be used to describe the all-male all-macho bike clubs of the 90's.

As a librarian, I become quite miffed to see material referring to individual members of the profession as "she" or "her" (Librarianship is still about 80% female). How would male CRW members like the club called the Charles River Wheelwomen, if, say, more than

Crank-mail continued:

50% of the members were female? Of course NO discrimination would be implied, and male cyclists would be welcome on the Wheelwomen's rides. In Wheelpeople all cyclists would be referred to as "she" or "her". Whaddya think, folks? Every interested cyclist should send her opinion to the editor.\*\*\*\*\*  
END OF CRANK-MAIL SECTION\*\*\*\* JL

\*\*\*\*\*

MEMBERS' ADS

FOR SALE (or swap for interesting adult, tandem, or children's frame)-- SET OF BUILT-UP WHEELS: 27"x1 1/4" --new 36ø Weinmann dimpled alloy clincher rims--14/16/14 DB chrome-plated Union spokes, also new--LF Normandy QR hubs, used, repacked with new bearings....\$45./pr.

ALSO: Universal Extra SP brakes \$18./set (new)  
Suntour Procompe FW boss only (new) \$2.  
32ø Mavic Montherly (sp?) alloy tubular rim \$6.  
Boxful of old Bike World, LAW & Bicycling '68-'80.  
JOHN LIKINS, Norwood, 762-2337 (6-9pm)

FOR SALE: Used Sugino Mighty Tour Triple Chainwheel (53,44,36) with cranks & axle \$35.

Used Suntour freewheel (30,26,22,19,16,14) \$10.  
ROBERT STEVENS, Arlington, 729-3399. (Mornings 648-8220)

#####

THIS CRW BULLETIN HAS BEEN PRINTED BY:

YOUR EDITOR CAN ATTEST TO THE TIMELY, ECONOMICAL AND PROFESSIONAL JOB THAT KEN DEMPSEY IS DOING FOR THE CRW. IF YOU HAVE NEED FOR PRINTING OF ANY KIND, WE SUGGEST YOU CALL MOONLIGHT PRINTING CO., BY APPOINTMENT, THE OFFICIAL PRINTER OF "WHEELPEOPLE."

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Editor's note: Please mail all items, announcements, ads, etc. to the editor:  
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Weston, MA 02193  
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