



CALENDAR

AUGUST 2, SUNDAY 9 am - 65 mile loop
10 am - 35 mile loop

Starting point: Dover Center

Our leaders this week are helping us extend our horizons to the less traveled territory of Millis, Medfield, Franklin, Bellingham, Blackstone and Milville, sparing the roads of Weston, Sudbury, and Concord of yet another color. Bring your own lunch. Contact ride leaders Greg Lenhart, 489-3856; Tom Marx, 244-5529; or Sally Stearns, 623-1223 for more information.

AUGUST 9, SUNDAY 9 am - 30 & 50 mile loops

Starting point: Maynard High School ball field, intersection of rtes 117 and 27.

Jim Barrett and Paul Porreca have mapped a ride on moderate terrain through Maynard, Acton, Carlisle, Westford, Groton, Ayer, Littleton, and Stow. Lunch will be at Littleton Center where there are food stores. For more information call Jim, 443-6948 or Paul, 481-6672.

AUGUST 11, TUESDAY 7:30 pm
CRW monthly Board Meeting at the MIT Computation Center, Room 530, 60 Vassar Street, Cambridge. CRW members are invited to come and take part in the lively discussions.

AUGUST 16, SUNDAY 10:30 am - 28 & 42 mile loops

Starting point: Bedford Shopping Center (Marshall's) on Great Road (Rtes 4 & 225) in Bedford, less than 1/2 mile east of Bedford Common.

This ride starts later for those who might want to sleep in. The short loop travels about 16 miles before lunch through Chelmsford and Littleton. The long loop

deviates after 13 miles, then goes north and west to take in Groton, for an additional 17 miles before rejoining the group for lunch at the Littleton Common (bring or buy at nearby stores). The 12 mile return trip to Bedford affords ice cream stops to those so inclined at either the famous Kimball's ice cream, 1/2 mile after lunch, or at Bates Farms, 2 miles before the end of the ride. The short loop has some hills, while the long loop has some definite hills and rolling terrain. Contact ride leaders Jill Eiseman or Dick Lewis at 444-7836 for more information.

AUGUST 22, SATURDAY 9 am 25 - 30 miles

Starting point: Duck Feeding Area near Marriot Hotel at intersection of Rtes 128 and 30.

Mike Hooning and Marie Ssinnegurski have planned a full day of outdoor activity. The ride goes through Waltham, Weston, Lincoln, Sudbury, Wayland, and Wellesley stopping at Lake Cochituate for swimming and sun bathing (25 cent entrance fee to state park). After the ride, meet at Mike and Laura Hooning's house (11 Maple St., Auburndale - about 2 miles from the start) for eats and drinks (a donation to the CRW entertainment fund is requested). Be sure to bring your swimming suit and towel. Contact Mike (332-9387) or Marie (872-8265) for more information.

AUGUST 23, SUNDAY 9:30 am - 60 mile loop
10:30 am - 20 & 30 mile loops

Starting point: Shopping center on Lowell Street in Peabody just at the I-95 overpass (between Rte 128 and U.S. Rte 1).

Today's ride, offering three loops, will traverse "pleasant rural roads of Yankee Essex County" over by-ways seldomly traveled by the CRW. The ride explores the North Shore including the towns of Peabody, Manchester, Salem, Wenham, and Essex over pleasant terrain. Bring your lunch or buy at the nearby stores. There

is a possibility of a post ride get-together, which, if it happens, will be announced the day of the ride. For more information contact ride leader, John Kane, 396-2230.

AUGUST 30, SUNDAY 10:30 am - 45 mile loop
11:45 am - 18 mile loop

Starting point: Long loop -- Perigo Square in Beverly (just outside the center of Beverly). Take to Beverly exit (22E) off Rte 128 North to Rte 62 East (1st right after exit). Stay on Rte 62E through the center of Beverly until Perigo Square (just before the intersection of 62 & 127). There will be a park and a large red school building on the right. Short loop -- Fisherman's statue in Gloucester.

The long ride travels through Beverly, Prides Crossing, Gloucester, and Rockport. The lunch stop is at the Fisherman's statue in Gloucester. Those on the short loop will start with lunch (with those on the long loop) and then bicycle an 18 mile loop ending up back in Gloucester. Ride leaders are Mark Becker, 734-3223, Sam Hull and Patty Kirkpatrick, 648-4095.

SEPTEMBER 6, SUNDAY 10:30 am - 22 & 57
mile loops

Starting point: Framingham town green at intersection of Rtes 9 and 30 at Framingham Center. Those driving should park at nearby bank parking lot.

Nanck Tichanuk, George Hetrick, and Mark Lamkin (877-4489) will lead the "Second Annual Go & Stowe Ride" (Go on the ride and Stowe away food afterward. The ride, which goes through Framingham, Stowe, Hudson, and Lanchaster traverses fairly hilly terrain on the longer ride and a few steep hills on the shorter ride. There will be no lunch stop but a gourmet bar-be-que like last year after the ride, at Nancy and George's house (30 Nelson St., Framingham, 1 mile from the start and end of the ride). It is important for those who plan to come to call Nancy or George (879-4159) before September 5 so they know how much food to buy. A donation to the CRW refreshment fund is requested.

SEPTEMBER 4 to 7 - Labor Day Weekend
"Trip to Nantucket"

John Allen and John Gregory have put together a trip to Nantucket for those of all abilities. Children are welcome too, with a parent. There are three options to get to Nantucket:

- Hard rider's option: Start Friday evening and stay at East Bridgewater Youth Hostel Friday night (30 miles out of Boston) or ride the 90 miles to Hyannis Saturday.
- Easy rider's option: Take Boston-Provincetown Ferry (leaving 9:30 am Saturday), ride 55 miles to Hyannis.
- Very easy rider's option: Drive to Hyannis and park your car.

The ferry between Hyannis and Nantucket runs several times per day. The youth hostel on Nantucket is only a three mile ride from the ferry dock. Twenty-five beds are reserved for Saturday and Sunday nights. Ride, sun, swim, or explore the fascinating museums in Nantucket Village. The Provincetown Ferry leaves at 3:30 pm Monday, arriving in Boston at 6:30 pm, for the trip back.

John Allen is out of town, so call John Gregory, 723-4917, for more information. Please indicate which riding option you wish to take, and whether you need a a ride or can offer one if you are driving. Reservations: \$35 deposit to John Allen, 68 Easton St., Allsotn, MA 02134.

SEPTEMBER 13, SUNDAY

This will be our third annual Martha's Vineyard ride always held just after Labor Day when most of the people have gone and the days are still warm and sunny. Sam Johnson will continue to lead it in keeping with tradition. However, since he wants to keep the suspense up, he asks you to wait until the next bulletin for more details.

COLUMBUS DAY WEEKEND

A weekend foliage tour through southern New Hampshire's Monadnock Region, staying at hostels is in the planning stages. Please call John Gregory, 723-4917, to express your interest.

Board Notes & Other News

Bulk Mailing

The CRW Board, at their July 7 meeting, decided to initiate bulk mailing for the Wheelpeople as of the September issue. This action, taken after considerable study, will save a projected \$288 annually, based on current membership and postal rates. Bulk mailing also allows up to 5.4 ounces of weight per piece as opposed to one ounce for the 18 cent first class rate. This higher weight allowance, plus the savings in postage, will allow for publishing a larger newsletter. The present newsletter is just under one ounce.

Bulk mailing will take a couple extra days for the post office to deliver so an earlier deadline schedule for the Wheelpeople will be used to compensate for the extra mailing time. If you have any problems getting the Wheelpeople under this new system, bring it to the attention of one of the Board members.

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A CRW Rides Books

At the last few Board meetings, Sam Hull suggested that a collection of maps and directions for some of our nicest rides might be desired by our members - and perhaps non-members as well. After some research it was found that presently there are few books commercially available describing rides in the Boston area. Thus a market for publishing a book of rides, say within the Rte 495 radius around Boston, appears to exist. Considerable enthusiasm was generated for this project and an ad hoc rides book committee was formed.

We'd like to hear your suggestions of good rides to include. We're willing to receive ride descriptions in any form but ideally would like to have them already mapped as well as described in terms of distances, turns, directions, points of interest, refreshment stops, bike shops,

etc. So join the ad hoc committee - send your nominations and descriptions of your favorite ride(s) for possible inclusion. If enough interest is generated, we'll move forward to checkout publishing costs, ways of checking the rides, etc.

Send your input (opinions, ride nominations, maps, etc.) to Earl Forman, 115 Loring Rd., Weston, MA 02193 or Sam Hull, 31 Crescent Hill Avenue, Arlington, MA 02174. Everyone has probably had one (or several) favorite CRW rides. At a minimum, write down where the ride was and when you went on it and mail it to Earl or Sam.

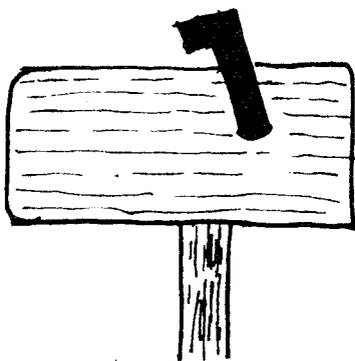
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New Policies on the CRW Refreshment Fund

For new CRW members who wonder what the CRW refreshment fund is, it is a fund that was established so that anyone who gives a party for the club would not loose money. Thus if donations received at a party do not equal the costs incurred then the fund makes up the difference to the party's sponsor. Thus parties that earn a profit make up for those that do not.

A \$2 donation has been requested at each party in the past since it reflects the approximate average cost per person. However, some people have recently complained to the Board that requiring a minimum of \$2 for all who attend a party was inappropriate since some people might come and have just one beer but still want to attend to be able to socialize, which is what the parties are all about. So the Board has decided not to specify a dollar amount for future parties but just request that a donation be made. It is hoped that people will be honest and donate enough to compensate for what they consume. So please, put in your share!





The Editor's Mailbox

One of the benefits of being the editor is having a mailbox filled with interesting tidbits from CRW members. I encourage everyone to send in letters to the editor, stories, and other bits of information. I will try to use as much as possible in the Wheelpeople. Please mail all letters, announcements, ads, stories, etc., to:

Jeffery A. Luxenberg, Editor
 CRW Wheelpeople
 19 Sparhawk Street
 Brighton, MA 02135

Material for publication must be in the Editor's hands by the 12th of the month before the issue for which it will appear. Note the new deadline date which is being used to compensate for bulk mailing.

This month the mailbox was a little lean but some of the interesting items included:

"It is rumored that Patty Kirkpatrick has given our name "Charles River Wheelman" a new meaning - that of actually riding in the Charles.

Reliable sources report that Patty, after a full morning at the Danvers Polish-American Club Land and Sea Race (free beer!) and afternoon at the Parrotli's concert made a graceful right turn off the Esplanade. It is not true that she feels that her drilled-out water bottle caused her to sink."

This report has been verified by a member of the CRW Board of Directors who was there. The question the Editor would like to have answered is which way were the arrows pointed?

In other items Nancy Tichanuk reports to Ed Trumbull in her mileage letter that: "This is my first season as a USCF licensed rider ... so I'm trying to make as many races as possible (the sink or swim method?)."

The Editor offers congratulations and wishes her the best of luck. She is also planning to greatly increase her mileage as she mentions that she'll:

"be leaving next month for Montana - to lead another Bikecentennial trip. This time we'll be riding into the Canadian Rockies."

Have a nice trip Nancy! My final piece of mail this month is a note from John Allen who wants to:

"Thank everyone who took part in the Cape Cod trip, and everyone who helped make it possible and pleasureable!

Let's do it again next year"

Next month I hope to find a fuller mailbox.

-Ed



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Mileage

The following are mileage totals for 1981 for CRW members through the end of June.

John Latva	8958
Jerry Campbell	5272
Joe Cormier	5264
Dick Buck	4664
Ed Trumbell	4169
Rob Greene	3983
Elliott Morra	3628
Water McNeil	3268
Jim Barrett	3190
Nancy Tichanuk	2729
Jacek "Rudy" Rudowski	2538
Robert Fisher	2259
Emile Bielawa	2163
John Gregory	2139
Paul Foley	1850
Earl Foreman	1782
John Kane	1751
Jeffery Luxenberg	1679
Barry Fricks	1651
Debbie Fricks	1636
Curt Audin	1630
Bill Sweetser	1598
Debbie Luxenberg	1552
Dick Howe	1552
Mark Hanna	1527
Paul Browser	1348
Eva Casey	1337
Charlie Coburn	1307
Bruce Wisentaner	1295
Maria Hurley	1284
Glen Kaufman	1273
Dick Lewis	1250
Jill Eisman	1196
Mark Becker	1147
John Springfield	1071

Sam Hull	991
John Pershing	740
Patty Kirkpatrick	676
Bea Forman	659
Paul Grimes	600
John Kagan	567
Dave Brahmer	412
Mike Hooning	340
Ann Fritz	327
Barbara Audin	128
Todd Dutton	107

Howard Moore (1931: 1957) 490

87,239

Glad to see a number of new names this month. Also, notice a number of changes in position. As a whole, the club shows over 87,500 reported miles so far this year. All of you who aren't reporting your mileage - send it in! Mail your mileage by the fifth of the month to Ed Trumbull, 19 Chase Avenue, West Newton, MA 02165 or call 332-8546. Help the club as a whole hit a quarter of a million reported miles by the end of 1981!

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MARATHON



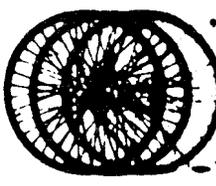
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HOW TO FEED A HUNGRY CYCLIST (X 109)

by Janet and John Springfield

We thought those of you who are planning post-ride picnics might be interested in what we learned from putting on a bash at our house on July 12th. Here's what we ordered for an estimated attendance of 100 people:

100 hamburger patties	120 cans of soda
100 hot dogs	120 cans of beer
rolls for both	12 qts apple juice
6 lbs cheese	8 lbs potatoe chips
3 lbs carrots	4 watermelons
3 bunches celery	18 lbs bananas
5 bags radishes	lettuce, pickles
2 dzn tomatoes	mustard, ketchup
paper cups, plates	mayo, relish
napkins	190 lbs ice
large jar instant tea	charcoal

Our food choices made the use of silverware unnecessary. We got got beer

and soda in cans to avoid problems with glass breakage.

We actually had 109 people show up. If we had it to do again, we would have more hamburgers, fewer hot dogs, more soda, less beer, less potatoe chips, and less cheese. The big hits were the iced tea, the watermelons, and the hamburgers. The cheap beer was forgettable. We should have had onions for the hamburgers.

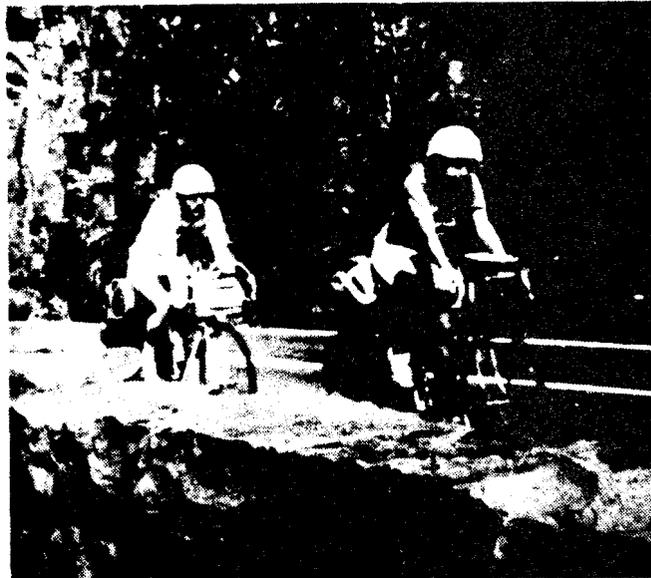
The best part of all were the 109 folks who ate, drank, and were merry! Thank you, Ed Trumbull, for leading them to us, and thanks, Debra Glassman, for being volunteer burger chef.

THIS SPACE AVAILABLE

CONTACT WALTER McNEIL

329-0641 FOR AD INFORMATION

DOWN EAST BICYCLE TOURS

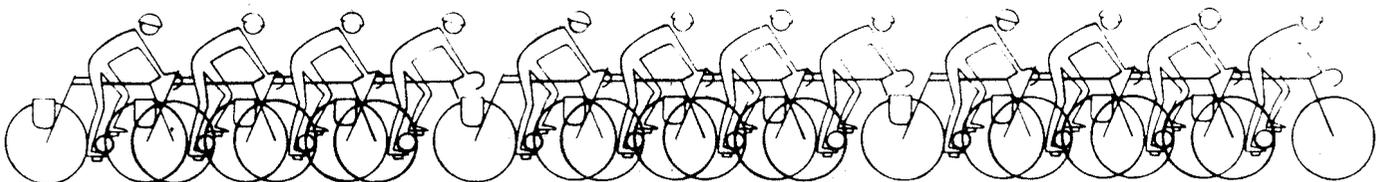


Imagine sweeping down a long coastal hill, the smell of a salty wind before you, the rock-bound coast of Maine to your right and an untouched maritime village to your left. Picture yourself meandering along a country road past graveyards older than the nation itself, beside lakes of crystal clear water and through villages uncluttered by

the neon blight of modern urban America.

At the end of each day's cycling you will enjoy a home-cooked meal at one of Maine's country inns, some of which date from the eighteenth century. After a night's rest at the country inn, you will rise to the sounds and smells of a country breakfast being fixed.

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Members Business Directory

The Business Directory allows CRW members to have their business cards printed in the Wheelpeople for 6 months for only \$10. So send your business card, with a \$10 check payable to CRW to Jeffery Luxenberg, Editor, CRW Wheelpeople, 19 Sparhawk Street, Brighton, MA 02135.

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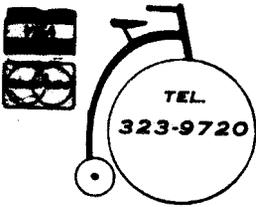
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XX

Seat Sale: Brand new Supercorsa Condor Italian racing saddle, seen on some of the best racing bikes. Black suede, alloy rails, retail price of \$39.95. Will sacrifice for \$30. Also, one brand new GT MK V commuting saddle, black plastic exterior with foam cushion base. Estimated retail value of \$18, will sacrifice for \$10. Call Bill Sweetser between 5 pm to 10 pm at 244-8626.

Notices

Found: One pair blue socks, small-medium size, on Cape Cod trip. Contact John Allen.

XX

Found: Patch kit and presta valve tube, both in plastic bag, at Grist Mill, on the Father's Day ride in June. Contact Jacek "Rudy" Rudowski, 646-9491, evenings.

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Notice: Registration forms for the 11th Hancock Horizontal Hundred are available. This is a FLAT ride with distances of 50, 63, or 100 miles available. It is out in Findley, Ohio. The ride date is Sunday, September 13, 1981, 7:30 am. Registration deadline is August 20 or when the 1,250 rider limit has been reached. For a registration form send a SASE to:

HANCOCK HORIZONTAL HUNDRED
 c/o Jacek Rudowski
 212 Broadway Street
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Bike Shop Discounts

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- Ace Wheelworks, 2044 Mass. Ave.,
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- The Bicycle Exchange, 3 Bow Street,
Cambridge 864-1300
- The Bicycle Workshop, 233 Mass. Ave.,
Cambridge 876-6555
- The Cycle Loft, 1644 Mass. Ave.,
Lexington 862-7048
- Family Bicycle Center, 149A Belgrade
Rosindale 323-9720
- Harris Cyclery, 1249 Washington St.,
West Newton 244-1040
- International Bicycle Center,
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Allston 783-5804
- Laughing Alley Bicycle Shop,
51 Harvard Ave.,
Allston 783-5832
- Lincoln Guide Service, Lincoln Rd.,
Lincoln 259-9204
- Mystic Valley Wheelworks,
889 Main St.
Winchester 729-0425
- Northeast Bicycles,
102 Broadway (Route 1),
Saugus 233-2664