

WHEEL PEOPLE

Charles River Wheelmen

Volume XII

Number 11

November, 1983

Board Elections

This month CRW members will elect three of the nine CRW Board of Directors. There were ten this year since Sam Johnson served on the board as required of all outgoing presidents. The three regular directors whose terms expire this year are:

- David Brahmer
- Sam Hull
- Patty Kirkpatrick

Based on nominations sent to the board, and those made at the August and September Board meetings, the following members are on the ballot:

- David Brahmer, incumbent
- Greg Canty
- Mark Lamkin
- Carol Tesiero

All members should vote for three candidates using the ballot enclosed. Write in candidate sill also be accepted. You will notice the ballot postcard is addressed to John Kane. John must receive all ballots by November 15. (That means it must be in the mail before then!) It only costs 13¢ to mail the postcard, so don't delay. . . If you live near Medford you can ride it by for free.

See Candidate Statements P. 10

Inside

Membership Application	2
Bicycle Helmets	4
Lighting Law	5
Candidate Statements	10

Headlight Law

The recently passed bicycle headlight bill went into effect on October 1, 1983. It affects nearly everyone who rides a bike at night. Those of you who already use lights probably don't have to be all that concerned. There are also some changes to the laws on the use of reflectors which everyone should also be aware of.

Meeting the requirements of the new law is very easy and need not cost very much. Almost any light, including a leg light, will meet the legal requirement. The law, simply stated, says that one must display a front facing white light during the same hours required of motor vehicles and must be able to be seen for at least 500 feet. Also, one must display a rear facing red light or red reflector (you have a choice here) which must be able to be seen for at least 600 feet.

Front, rear and side facing reflectors or reflective material is still required, but the type to be used is no longer specified and the visible distance has been increased from 200 feet to a minimum of 600 feet.

Chapter 85, sections 11A, 11B, and 11C of the General Laws defines the bicycle laws. I recommend everyone read them. Sections have been reproduced in the newsletter. A complete copy is available at any public library upon request.

David Brahmer
Lighting Law P.5



The Charles River Wheelmen

3 Bow Street, Cambridge, MA 02138

The Charles River Wheelmen is a non-profit organization dedicated to the advancement of bicycling through the sponsorship of rides and other social activities. CRW is a 100 percent chapter of the League of American Wheelmen and works with other groups to encourage government and industry to act favorably toward the interests of all bicyclists. Membership in CRW entitles members to take part in the club's year-round rides program, as well as full membership in the League of American Wheelmen. CRW members also receive a free subscription to Wheel People, the club's official newsletter. Wheel People is published monthly. Address all correspondence to Wheel People, 3 Bow St., Cambridge, MA 02138.

OFFICERS AND COORDINATORS

President - Jill Lewis	641-1066
Vice President - Dave Brahmer	387-3243
V.P. of Rides:	
- Patty Kirkpatrick	648-4095
- Mark Lamkin	877-4489
Information - Jacek Rudowski	361-5273
Editor - Susan Cavalli	969-7418
Membership Editor - Karen Lease	623-7418
Coordinating Editor:	
- Jim Broughton	646-4102
Advertising Editors:	
- Walter McNeil	329-1586
- Greg Canty	861-7294
Treasurer - Don Blake	275-7878
Mileage Coordinator:	
- Edson Trumbull	332-8546
Social - Bill Piekos	395-5699
Awards - John Kane	396-2230
Winter Rides - Walter McNeil	329-1586
Secretary - Mike Hanauer	862-5927

BOARD OF DIRECTORS

Dave Brahmer	Patty Kirkpatrick
Jill Lewis	Karen Lease
Mike Hanauer	Dick Lewis
Sam Hull	Jeffrey A. Luxenberg
Sam Johnson	Edson Trumbull

CRW Application/Release Form

CRW membership includes membership in the League of American Wheelmen. If renewal, do NOT mail your LAW dues separately to the LAW as they are included in your CRW dues. Please include your LAW number (on your American Wheelmen magazine).

NAME _____

ADDRESS _____

PHONE _____ LAW # _____
(if renewal)

OCCUPATION _____

I will not hold the CRW, its officers or members responsible for any injury or damage encountered while participating in any club function.

SIGNATURE _____

PARENT SIGNATURE _____
(if under 18)

DATE _____

TOTAL ENCLOSED _____

Dues: \$20 individual, \$26 household,
\$30 sustaining membership

MAIL TO: Karen Lease, 44 Meacham Road,
Somerville, MA 02144

BIANCHI IS HERE

TOURING EXCELLENCE
FOR UNDER \$450.00
THE BIANCHI RANDONNEUR
SEE IT AND COMPARE



Bicycle Shop

51 Harvard Ave., Allston, MA 02134 phone: 783-5832

Editor's Mailbox

MORE NUMBER CRUNCHING

In response to greatly appreciated feedback from friends who commented on the quizzes in the last two issues, I decided to add the following questions:

1) For a "back-to-back" time trial course, what is the optimum angle between the course and the wind? (Assume a straight course. The angle is optimum when the back-to-back time is shortest.)

a) 0 b) 45 c) 67.2 d) 90

2) A bicyclist, whose "still air speed" is 10 mph, rides a full, circular loop with the presence of a 10 mph wind. What is the maximum value of the apparent wind angle during this ride? (Note: 0 means head wind, 180 means tailwind. Apparent wind is the flow of air that is received by the rider on the moving bicycle. It has the combined speed and direction of both bicycle and wind.) Remember: The bicyclist does NOT ride at 10 mph.

a) 30 b) 50 c) 90 d) 120 e) 180



Notices



Newsletter Editor Needed

Sue Cavalli, the current newsletter editor, is retiring and is looking for someone to fill her place ASAP. The editor is responsible for coordinating and assembling material submitted to the Wheelpeople. For more details, contact Sue at 969-7418. If you are at all interested but do not want the editorship in it's entirety, inquire anyway, maybe something could be worked out.

Membership Coordinating Needed

Karen Lease, membership coordinator, is retiring from her position after a year of service. If you are interested in helping out, contact Karen at 623-7418; the position is not a major time committment.

3) For the above example, what is the angle of the bicycle to the real wind when the apparent wind angle is maximum?

a) 40 b) 60 c) 105 d) 135 e) 170

Many thanks to all who took the time to take the quiz. My reply to those who say they "flunked the quiz" is that the quiz is not intended as a test or challenge but as a means to convey the information. Multiple choice answer suggestions are intended to stimulate thinking. I asked these questions because I was surprised with their answers myself and wanted to share the surprise. In other words, I flunked the quiz, too!

- Osman Isvan

P.S. The shortest way between two points is the straight line connecting them. Is it also the quickest? (Suppose there is a strong headwind)

Answer key: (1) d, (2) b, (3) c

Editor's Corner

The CRW wishes Mike Hanauer and Paul Bowser speedy recoveries from recent bicycle crashes.

LAW Affiliation

In January all members will be invited to attend an open forum on the pros and cons of 100% LAW affiliation. If you have any questions or comments regarding this matter, please contact a Board member or mail any written material to CRW, 3 Bow St., Cambridge, MA 02138.

Winter Club Meetings

Anyone who has an idea for winter meetings or wishes to sponsor one please contact Jill Lewis or write to CRW, 3 Bow St., Cambridge, MA 02138. We have a classroom in Cambridge where meetings can be held

GUIDE TO BICYCLE HELMETS

THE SIX MINUTE ANALYSIS

Need One? Yes!

The League of American Wheelmen's thousands of members ride every day on America's roads, streets and paths. Hard experience in this large group has shown that an accident can happen to even the most careful. Head injuries account for 75 percent of all bicyclist deaths. Odds are that if you know of someone who died in a bicycle accident, he or she died of a head injury.

When you see those L.A.W. members riding, you will see a large percentage of them in helmets. Nobody expects to have an accident, but if one should happen to you, it is essential to have head protection. "Road rash" and broken bones do heal—scrambled brains may not.

There are other benefits. Car drivers see you better and take you more seriously, the helmet provides shade, hailstones do not make a dent, and you will generally be seen as a more sensible rider. But the main reason to wear a helmet is to protect against brain damage.

What to Look For

Like motorcycle helmets, a good bicycle helmet must be able to absorb impact energy to prevent brain injury. Research shows that this requires three elements. *First*, a hard, full-cover shell is required to spread impact energy in a collision with a sharp or pointed object. The shell can have some vents and still be strong. Fiberglass, Lexan® and ABS plastic all make good shells. Lexan can be damaged by solvents, certain decals, paint or tape, but it seldom is in actual use. (See "The Wrong Stuff Can Make Your Helmet Crazy," *American Wheelmen*, February 1983.)

Second, a good helmet must have a liner made of non-springy, hard foam to absorb shock and not bounce back at your head. For this purpose every good bicycle and motorcycle helmet now on the market uses expanded polystyrene—a slightly harder version of the familiar white beer-cooler foam used to protect eggs and stereo sets from impact during shipment. Springy foam can be added for fit, but it is worth very little in a hard crash, when the firm polystyrene must be there to absorb the energy of the impact.

Finally, the helmet must stay on your head even if you hit a hard surface more than once—a car, perhaps, and then the street. So the helmet needs a strong strap. Cured nylon is the best. The fastener must be equally tough. Look for a top-quality buckle (preferably of stainless steel) or the strong, durable, reliable D-rings.

Comfort Testing

Since 1974 the Washington Area Bicyclist Association has tested dozens of helmets for comfort, and continues to test new models. In most climates coolness, ventilation, sweat control and fit are



the top comfort requirements. Air must circulate either through vents or in the space between the helmet and the head. Hot summer days require a sweatband for enthusiastic riding. Tennis sweatbands work, but a pad in the front of the helmet is cooler. Weight is less important in comfort. Most good helmets weigh 16 to 20 oz., and most riders quickly adjust to that weight.

Crash Testing

The Snell Memorial Foundation, a non-profit foundation which conducts helmet research and promotes improvements in head protection, crash-tests bicycle helmets in their laboratories, using dummy headforms and controlled drops to simulate actual street accidents. Snell also tests the strap and fastener for strength. Their results show that nine models currently in production provide acceptable levels of protection. Here are comments on each:

EXCELLENT

Fury Outstanding crash protection but heavy and hot. A DOT approved light motorcycle helmet. Can be used comfortably in cooler weather if the soft, hot, fitting foam is removed and replaced by foam dots or pads to allow air to circulate around the head. A separate sweatband is still necessary. Available only by direct order from American Sports, 2970 Maria, Compton, CA 90221.

VERY GOOD

Bell Biker Proven combination of excellent protection, comfort, weight, ventilation and durability. Nearly all riders can tolerate it year-round in most climates. Needs careful fitting for maximum comfort and best position on the head. Deserves its position as the nation's most popular helmet.

Bell Prime Now produced in Sweden. Solid shell with air channels underneath for cooling air. No sweat control. Not quite as cool or comfortable as the other Bell models.

Bailen Solidly made, highly protective helmet with a solvent-resistant ABS shell and inner liner covering the polystyrene liner. No vents, but cooling air circulates underneath for results about equal to the Bell Prime. About half of our test panel found that the four headband mounting tabs dug into their heads after 20 minutes or so (despite the softer tabs on the current models), so try carefully for fit before buying.

VERY GOOD—CONDITIONAL

Bell Tourlite Bell's newest model, a well-designed, highly-protective helmet which unfortunately was introduced with a cheap plastic buckle. The buckle has now been upgraded, but Snell has not yet tested the new one. The Tourlite is slightly heavier than the Biker, definitely cooler, and definitely more expensive. If you buy this helmet be sure you are getting the new buckle. If you bought the earlier one, Bell will provide a replacement buckle on request, which the user can install.

GOOD

Hanna Pro—New Model Comfortable and reasonably cool, with a fiberglass shell. Impact protection is not quite up to the Bell/Bailen standard. Hanna Pro's earlier model was ranked in the "Poor" category, so be sure you are getting the new one with white polystyrene liner, not squishy grey foam.

Supergo Essentially the same as the new Hanna Pro above, with similar level of protection. The house brand of Bikeology mail order company (1515 Wilshire Blvd., Santa Monica, CA 90403). Nicely made and competitively priced.

MSR A fine helmet first introduced in the early 1970's and improved steadily since through several model changes. Has accumulated a good reputation for protection of heads in real-life crashes. Well-made and durable, with comfort and ventilation about equal to the Bells, but needs further improvement in impact protection to regain its place in the top rank.

FAIR

Cooper SK2000 The only hockey helmet we tested which showed any promise at all in the crash tests, but offers only marginal protection. The test panel found it hot.

OTHERS

WABA and Snell have also recently tested the Cooper SK600, Cortina Brancale, old model Hanna Pro, Griffin, Pro-Tec Firefly, Pro-tec PTH3000, Pro-tec PTH4000, Schwinn, Skid Lid and Skid Lid II. Based on the impact tests the two organizations do not recommend any of them.

Price and Where to Buy

The Fury and Supergo are available only by mail order. The other helmets are all readily available in local bicycle shops at prices which range from \$25 to \$50. Buying at a good shop offers potential help in fitting—insist on it—and a chance to try the helmet on before you buy. Mail order houses can be cheaper if you already know exactly what you want and the size you need and can handle the fitting yourself. No matter where you buy, helmets are undeniably *cheap* compared to their benefits, often costing less than a jersey or a derailleur and outlasting either one. Price is no excuse to delay your purchase. Your brain is priceless!

The Clincher

Ask any cyclist with a helmet if the purchase was a good one. It is certain the answer will be yes. Do not postpone buying a helmet. Some riders buy one right after they have an accident, but some riders never have that second chance.

©League of American Wheelmen 1983. Reproduction in whole or in part is limited to bicycle clubs affiliated with the League of American Wheelmen, and must include L.A.W. membership application. Any other reproduction in whole or in part without permission is prohibited.

The Law

[Similar Matter Filed During Past Session --
See Senate No. 912 of 1982]

SENATE No. 1275

By Mr. Bachrach, a petition (accompanied by bill, Senate, No. 1275) of George Bachrach, the League of American Wheelmen, by Sarah L. Hearrt, and Peter A. Vellucci for legislation to further protect bicyclists and ensure their safety on the road. Public Safety.

The Commonwealth of Massachusetts

In the Year One Thousand Nine Hundred and Eighty-three.

AN ACT TO FURTHER PROTECT BICYCLISTS AND TO ENSURE THEIR SAFETY ON THE ROAD.

Be it enacted by the Senate and House of Representatives in General Court assembled, and by the authority of the same, as follows:

- 1 Section 11B of Chapter 85 of the General Laws, as most
- 2 recently amended by Chapter 806 of the Acts of 1973, is here-
- 3 by further amended by striking out clauses (8) and (9) and
- 4 inserting the following in place thereof: —
- 5 (8) During the period from one half hour after sunset to
- 6 one half hour before sunrise, the operator shall display to the
- 7 front a lamp emitting a white light visible from a distance of
- 8 at least 500 feet, and to the rear either a lamp emitting a red
- 9 light, or a red reflector visible for not less than 600 feet when
- 10 directly in front of lawful lower beams of headlamps on a
- 11 motor vehicle. A generator powered lamp which emits light
- 12 only when the bicycle is moving shall meet the requirements
- 13 of this clause.
- 14 (9) During the period from one half hour after sunset to
- 15 one half hour before sunrise, the operator shall display on
- 16 each pedal a reflector, or around each ankle reflective mate-
- 17 rial visible from the front and rear for a distance of 600 feet,
- 18 and reflectors or reflective material, either on said bicycle or
- 19 on the person of the operator, visible on each side for a dis-
- 20 tance of 600 feet, when in the lawful lower beams of head-
- 21 lamps of a motor vehicle. A bicycle or its operator may be
- 22 equipped with light or reflectors in addition to those required
- 23 by clauses (8) and (9).

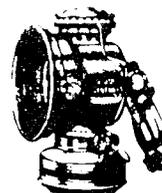
1898 20th Century Lamp, \$1.74

1898 Search Light Lamp, \$2.74

Prepaid in the U. S.

We make this offer to introduce our Cut Price Bicycle Sundry Catalogue. As a money saver it's a wonder. Mailed free.

N. Y. Sporting Goods Co. 61 Nassau St. NEW YORK.



NOVEMBER 1, TUESDAY 7:30 PM
"CRW Board Meeting"

Members Welcome! At MIT, Building 10, Room 178 (10-178) on the ground floor under the Great Dome, 77 Massachusetts Avenue, Cambridge.

NOVEMBER 6, SUNDAY 10:00 AM

Start: Newton Centre, Beacon and Centre Streets, Newton

Distance: 50 and 25 miles

Richard Klein (491-6975), Debbie Martel (489-4133), and Lorraine Mastro-pieri (492-8449) will take us on easy to gently rolling terrain on their popular (but previously rained out) ride through Newton, Medfield, Millis, Dover, and Sherborn. If you prefer not to carry your lunch along the entire ride, you're in luck because the ride leaders have reassured us that you can buy food along either route.

NOVEMBER 11, FRIDAY

Mail CRW vote to John Kane. He must receive your vote by November 15th.

NOVEMBER 13, SUNDAY 10:00 AM

Start: Larz Anderson Park, Brookline

Distance: 40 and 20 miles.

Marie Deuerlein (734-5323H, 253-2722W) and Robert Yriart (492-1398) have discovered two routes leading out from Brookline that combine the beautiful estates of Brookline with those of the near western suburbs. Don't miss the chance to climb Brookline's highest point, Summit Ave.

NOVEMBER 15, TUESDAY

Ballots due, don't forget!!!

CRW C

RIDES · MEETINGS

Our regular season goes from early Spring to late Fall; it includes Sunday rides that have at least two differently-paced routes. The routes are arrowed in advance by the leaders, and sometimes maps are distributed. Our Winter Frostbite Rides are informal; the pace and routes are mutually decided by the hardy group that shows up to brave the elements.

On all CRW rides, please arrive at least 15 minutes before

NOVEMBER 20, SUNDAY 10:30 & 11:15 AM

Start: Belmont Town Hall, Pleasant and Concord Ave., Belmont (40 miles-10:30 AM).

Lincoln Town Library, Sandy Pond Rd. and Trapelo Rd., Lincoln (25 miles-11:15 AM).

Mike Gengler (484-5088) will lead us on a ride through Lincoln, Weston, and Wayland. Those choosing the longer route will meet the riders on the short loop in Lincoln. Weston Center will be the location of the lunch stop where you are able to buy lunch.

NOVEMBER 24, THURSDAY

"Thanksgiving"

Happy Thanksgiving! Enjoy. Come to the last arrowed ride of the season on Sunday.

NOVEMBER 27, SUNDAY 10:30 AM

Start: Ski lift parking lot, Great Blue Hill, Rte. 138, near the Canton-Milton Line.

Distance: 35 and 20 miles.

Late season addition, "frostbite rides" to start next Sunday instead of today. Eric Ferioli (235-4762) will lead us over moderate to rolling terrain through Canton, Quincy, Hyde Park, and Randolph. This ride was originally planned by our Winter Rides Coordinator, Walter McNeil. Lunch can be bought in Norwood, where there is a Friendly's.

alendar

· OTHER EVENTS

starting time so the ride can start on time. In addition, always bring a pump, a small patch kit, and wrench and screwdriver, a map and, most importantly, the knowledge to use them.

During the "arrowed rides season," CRW also sponsors Saturday Show and Go rides which meet at 10 a.m. each Saturday at the start of the previous Sunday's arrowed ride.

DECEMBER 4, SUNDAY 11:00 AM

"Season's first frostbite ride"

Start: Cambridge Common.

DECEMBER 6, TUESDAY 7:30 PM

"CRW Board Meeting"

Members Welcome! At MIT, Building 10, Room 178 (10-178) on the ground floor under the Great Dome, 77 Massachusetts Avenue, Cambridge.

Ride Program for 1984

It may only be November, but plans are being made for next year's ride program. Each year, at the club's Christmas party, CRW members are sought to lead rides. If you've never led a ride, you might want to volunteer as a co-leader. And, even if you won't be attending the party, you can volunteer by calling Mark Lamkin at 877-4489 before the party . . . that way you can select a prime date. How about Saturday rides next year, there's always opportunities to lead a ride!

READING ROAD MAPS

Confused about road maps? Order: "Everything You've Always Wanted to Know About Reading a Road Map....But Were Afraid to Ask" by mail. Send \$2.25 plus two first class stamps to:

Rosalind Schilder
P.O. Box 153
Plymouth Meeting, PA 19466

The map-sized booklet contains useful tips on how to decipher the various symbols used in road maps.

Frostbite Rides

Well folks, it's frostbite ride time again. Beginning in December (on December 4th) and ending in late March, rides will be Show and Go. During this time, we have some of the "best" riding of the year. Think of it, the cool, crisp air awakening your senses and new, refreshing scenery exposed, no longer hidden by the foliage. Join other bicycle enthusiasts and stay in shape. Riding in New England through the winter is possible and enjoyable especially when you're in a group.

For each of the winter rides, a starting time and location are designated. The group attending the ride decides the length, direction and food stops of the route. Dress appropriately; bring mittens, ski mask, wool socks, and your enthusiasm!

<u>Date</u>	<u>Time</u>	<u>Starting Point</u>
Dec. 4	11 AM	Cambridge Common
Dec. 11	11 AM	Natick Common Rtes. 27 & 135
Dec. 18	11 AM	Arlington Town Hall Mass Ave. & Rte. 20

FUJI • SHOGUN • RALEIGH • ROSS

PARTS • SALES • SERVICE

✓ OUR WEEKLY IN STORE SPECIALS

CANNONDALE • CYCLE PRO • AVANTI • RAZOR

CLOTHING by: PROTOG

LE COQ SPORTIF RUGGER

**FAMILY BICYCLE
CENTER**

SALES

SERVICE

149 A BELGRADE AVE.

ROSLINDALE

323-9720

- NEAR Perfect

Jim Broughton

It promised to be the event of the summer. From first hand experience, it turned out to be all of that. The New England Area Rally (NEAR) was held on August 12-14, 1983. It was a weekend filled with rides, exhibits, movies, demonstrations, and much, much more.

Held at Worcester State College, NEAR was centrally located to all of the 11 sponsoring clubs. The weather, although a little doubtful early in the weekend, cooperated, and it turned out to be a perfect biking weekend. By Saturday afternoon, it had cleared off completely and was beautiful for the Bar-B-Que and square dance.

The only problem with going to NEAR was that there was so much to do, it was difficult to decide what to do next!

Select 1 (or more) of 18 rides offered varying from 6 to 100 miles

Test ride a recumbent

Talk with old friends

Meet new friends

Attend a workshop on wheelbuilding, tandem touring, effective cycling, bike repairs, racing, and more

See a movie about an Alaska-Florida bike trip or the movie "A Sunday in Hell" about the Paris-Roubaix bike race

Go to a square dance

Visit the pub

Pig out at a Bar-B-Que and Ice Cream Smorgasbord

Browse through exhibits and demonstrations of bikes, clothes, and every conceivable accessory

Watch Dan Henry undress while riding on rollers! (I wouldn't have believed it had I not seen it for myself)

Oh, so much to do!! And I tried to do it all in one day. I made the mistake of going out only for the day on Saturday. Next time I will plan on staying at the college for the weekend. There were several things I would have done had I had more time.

The organizing committees, who spent countless hours behind the scenes during the months prior to NEAR, deserve a great amount of praise for a job extremely well done. Considering the fact that an event of this magnitude for this area had never been attempted, and that all organizing began from scratch, they did an outstanding job. My congratulations to everyone involved. It will be a tough act to follow.



WHEEL WORKS

- Ace Wheelworks, 2044 Mass. Ave.,
Cambridge 876-8200
- Belmont Wheelworks, 480 Trapello Road,
Belmont 489-3577
- Mystic Valley Wheelworks,
889 Main St.
Winchester 729-0425

Stock and Custom racing and touring frames by Peter Mooney.

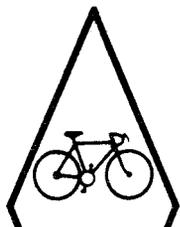
Custom wheel specialists.

Complete selection of cross country ski rentals

10% Discount to CRW Members

BICYCLES & CROSS COUNTRY SKIS
SALES • SERVICE ACCESSORIES • CLOTHING

No MasterCard or Visa
on Club Discounts. Please.



EAST PROVIDENCE
CYCLE CO.
414 WARREN AVE.
EAST PROVIDENCE,
RI 02914
PHONE 434-3838



SAVE \$300.00!

at EAST PROVIDENCE CYCLE CO.

SPECIAL PURCHASE:

REYNOLDS 531 -- CAMPY

Schwinn SUPERIOR: List: \$ 899.95

** While they last NOW: \$ 599.95

Campagnolo
The Italian Edge.

 **REYNOLDS** ®

FRAME: PARAMOUNT Design Group (U.S.A.) hand-brazed REYNOLDS 531 d.b. throughout, chrome-moly fork; 39" wheelbase w/eyelets.

COMPONENTS: FULL CAMPAGNOLO Gran-Sport equipped: hubs, crank, pedals, derailleurs, head-set, seat post; Gentlemen rims.

This is a once-in-a-decade opportunity to own an AMERICAN made, hand-built REYNOLDS 531/CAMPAGNOLO equipped sport-touring bicycle at a price that's as outstanding as the PARAMOUNT DESIGN GROUP's reputation! Standard SCHWINN "No Time Limit" Warranty,

LIMITED SUPPLY: 19½ and 21½ sizes

Reynolds 531 Frames \$239.95!

Now you can purchase the Schwinn SUPERIOR frame described above (REYNOLDS 531 d.b. throughout, chrome-moly fork) and upgrade yourself--or a member of your family--to a top-of-the-line ride at a bottom line price...only \$ 239.95. The 19½ and 21½ frame sizes are ideal for many women and younger riders. These frames are standard BSA threaded so they will accept the most widely available components. And they will take either 27" or 700C wheels. Think about the possibilities...but act fast! At this low price, the demand will be greater than the limited supply!

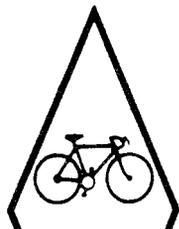
Available EXCLUSIVELY at EAST PROVIDENCE CYCLE

A Campagnolo-equipped, American
made bicycle is as close as

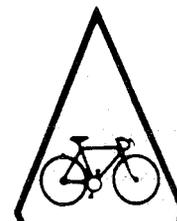
EAST PROVIDENCE CYCLE CO.

414 Warren Ave.
East Providence, RI 02914
434-3838

Easy to get to! Just Take Rt. 95 South to Rt. 195 East. Take Exit 6 and you'll be right at our door. Open Daily: 9-5:30 Tuesday and Thursday open 'till 9:00 p.m



EAST PROVIDENCE
CYCLE CO.
414 WARREN AVE.
EAST PROVIDENCE,
RI 02914
PHONE 434-3838



Candidate Statements

Last month, Dave Brahmer's candidate statement was inadvertently left out of the newsletter (deadlines, you know). But here it is, along with reprints of the three other statements which appeared in last month's issue.

Dave Brahmer

Once again I am a candidate for election to the club's Board Of Directors. During the past 3 years as a board member, and currently as Vice President, I have seen many changes take place in the operation and direction of the club. The operation and scheduling of rides for the regular rides program is more defined and the club is slowly changing its image from a 'Racing' club. I think there is still much more the club can do however. I would like to help the club in areas of bicycle safety education and in the level of member participation in club rides and activities.

Greg Canty

As Co-Advertising Editor, I have tried to provide ads for the newsletter so that it can remain large enough for Sue Cavalli to keep it informative and entertaining. I have worked to add stores that offer discounts to club members. I have tried to help in small ways such as helping with century rides and soliciting bike shops for door prizes for the club banquet. My interest in club matters has led me to regularly attend board meetings. I would like to contribute more to the club as a member of the board.



Mark Lamkin

As a member of the CRW for more than five years, I have seen it evolve in a favorable way. The club has become less "racing-oriented", while ride lengths have been varied at both the short and the long ends. This year, I have shared the vice presidency of rides with Patty Kirkpatrick. I strongly believe that the board and the rides committee work in concert since most people join CRW because of our Sunday rides program. To this end, I have decided to run for a position on the board of directors.

I will encourage the club to strive on maintaining a Sunday rides program geared to sport riding, to encourage skilled cycling behavior, to encourage member-organized tours, and to encourage continued social exchanges with after ride parties and interclub rides.

Carol Tesiero

As a bicycle commuter and recreational rider, I am concerned with bicycling traffic and safety issues. I feel the vehicular status for bicycle issues is very important and support the LAW in its continuing efforts to achieve this end.

I would like to see the CRW encourage new and occasional cyclists by adding shorter loops of approximately 10-15 miles--a distance which would also be suitable for family riding and single- and three-speed bikes; another possibility would be short Saturday breakfast rides which would allow club riders to socialize more leisurely than is often possible on longer Sunday rides. I would like to encourage more input from Club members--this input could be in the form of letters to the Wheelpeople editor, questionnaires, or perhaps general meetings.

I think cycling is great both for recreation and as an alternative to the automobile, and as a Club we should continue to promote and encourage safe bicycling.

Mileage

206304.5

Mileage through Sept., 1983

Joe Cormier	10,498	Lisa Fitzgerald (1)	2,305	Jill Lewis (2)	647
Jerry Campbell	8,423	Glen Coffman	2,150	Rosalie Blum	630
Don Blake	8,349	John Kane	2,093	John Springfield(1)	249
Ned Weld	8,231	Bill Sweetser	1,991	Total	206,304
Ed Trumbull	7,632	Linda Harvey (1)	1,990	*Howard Moore 1933	6,743
John Vanderpoel	7,500	Sue Cavalli (1)	1,979	(1) (2) - Car 54 where are you?	
Peter Reagan	7,300	Annemarie Altman	1,860	(WW) - Walking wounded	
Elaine Braun-Keller	6,700	Bill Case (1)	1,846	Dave Gotthelf advises a new personal best of under 7 hours on the century. How far under was it, Dave?	
Lee Howard	6,045	Gene MacGregor (1)	1,767	Keep sending your miles by the 5th to:	
Mike Hanauer (WW)	5,486	Peter Fink (1)	1,720	Ed Trumbull	
Osman Isvan	5,486	David Gotthelf	1,605	19 Chase Avenue	
Greg Canty	5,150	Jim Thorburn (1)	1,522	W. Newton, MA 02165	
Pete Moss	4,937	Wayne Miller	1,386	(617) 332-8546	
Bob Fisher	4,845	Chris Lucas	1,300		
Carol Tesiero	4,768	George Caplan (1)	1,254		
Dick Buck (1)	4,575	Dick Lewis (2)	1,208		
Bob Harvey (1)	4,507	Cutler West	1,177		
Jeff Luxenburg	4,483	Sam Johnson (2)	1,118		
Ed Hutchinson	4,315	Melinda Thedens (1)	1,098		
Mark Becker	4,200	Dave Brahmer	1,046		
Jim Broughton	4,066	Howard Moore*	1,012		
Bill McGrath	3,899	Jordan Freedman	976		
John Gregory	3,572	Carl Grant (2)	944		
Eliot Specht	3,492	Cathy Buckley	927		
Debbie Luxenburg	3,354	Ron Gilbert (1)	839		
Jack Donahue (1)	3,272	Dave Thedens (1)	830		
Paul Bowser (WW)	3,172	Jack Canty	796		
Jacek "Rudy" Rudowski	3,110	John Morash	706		
Ron Messier	3,025				
Bruce Wisentanner	2,945				
Dick Howe	2,897				
Emile Bielawa (2)	2,737				
Mark Remaly	2,642				
Marc Altman	2,560				

\$1.00 BUYS THE
Burdick Cyclometer. MADE BY EDW. MILLER & CO., Meriden, Ct.

The rider's trusty friend. New principle in manufacture. Simple, accurate, beautiful. You can rely on it. Registers 10,000 miles. Weight 1 oz. Guaranteed right. Send for Booklet No. 59.

EDWARD MILLER & CO., Meriden, Ct.
 New York Store, 28 W. Broadway. Boston Store, 74 Pearl Street.



Farina Cycle

RALEIGH
Fuji

MIYATA
NISHIKI

• Parts
• Accessories

Campanella



cycle pro mongoose

REDLINE

DIAMOND BACK

• Expert Repairs On All Makes
• BMX Specialists

926-1717

61 Galen St. Watertown
(at Watertown Square)



10% Discount to CRW members

- Raleigh
- Kent
- Univega

- Motobecane
- Ross
- Fuji
- Shogun



BICYCLES

FOR BOYS FOR GIRLS

FOR ADULTS

Harris Cyclery

AUTHORIZED SALES & SERVICE

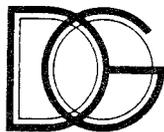
978 Watertown Street
W. Newton, MA 02165

Tel. 244-1040

Members Business Directory

The Wheelpeople Business Directory allows CRW members to have their business cards printed for 6 months for only \$15. Send your business card, with a \$15 check payable to CRW, to:

Susan Cavalli
CRW Wheelpeople
472 Walnut St.
Newtonville, MA
02160



ENTERPRISES

Water & Energy Conservation
35 Payson Road
Belmont, MA 02178
(617) 489-3141

DEBRA GLASSMAN

Showers



SPORTS MEDICINE RESOURCE, INC.

SPORTS NUTRITION ASSOCIATES
830 BOYLSTON STREET, BROOKLINE, MA 02167

NANCY CLARK, R.D., M.S.
NUTRITION COUNSELING

TELEPHONE
739-2003

OFFICE: 726-2613

HOME: 783-8335

DEBORAH HOLZEL, M.S.W., L.I.C.S.W.
INDIVIDUAL AND GROUP PSYCHOTHERAPY

224 N. HARVARD STREET
ALLSTON, MA 02134

ALAN S. BARKIN
ATTORNEY AT LAW

268 PEABODY ST.
NEWTON, MASS. 02158

TELEPHONE
OFFICE 960-4590
HOME 527-2714

PIANOS
tuned-repaired-restored
PAT SOMMERS
tel 354-2364

DAVID R BRAHMER
9 Hatch Street
Everett, MA 02149
(617) 387-3243

Shaklee

Independent
Distributor

Products in Harmony with Nature and Good Health.

SPRINGFIELD ASSOCIATES
COMPUTER CONSULTING & TRAINING

JOHN J. SPRINGFIELD
PRESIDENT

37 PARKER STREET
NEWTON CENTRE, MA 02159
617-969-5183

Kimberly Warren
Certified Muscular Therapist

172 Harvard Street
Cambridge, Ma
354-6520

6 Thoreau Street
Concord, Ma
369-8268

Our thanks to Ken Dempsey the printer of the CRW Wheelpeople:

Waltham Copy Shop

(617) 891-3740

Ken Dempsey
Steve Kilgore

991 Main Street
Waltham, MA 02154

Bike Shop Discounts

CRW membership entitles you to various discounts in the following shops:

- o Ace Wheelworks, 2044 Mass. Avenue
Cambridge 876-8200
- o Belmont Wheelworks, 480 Trapelo Road
Belmont 489-3577
- o The Bicycle Exchange, 3 Bow Street
Cambridge 864-1300
- o The Bicycle Workshop, 233 Mass. Avenue
Cambridge 876-6555
- o Chelmsford Cyclery, 210 Boston Rd., Rt. 4
Chelmsford 256-1528
- o The Cycle Loft, 1644 Mass. Avenue
Lexington 862-7048
28 Cambridge Street
Burlington 272-0870
- o Family Bicycle Center, 149A Belgrade
Roslindale 323-9720
- o Farina Cycle, 61 Galen Street
Watertown 926-1717
- o Harris Cyclery, 1355 Washington Street
West Newton 244-1040
- o International Bicycle Center
70 Brighton Avenue
Allston 783-5804
- o Laughing Alley Bicycle Shop
51 Harvard Avenue
Allston 783-5832
- o Lifecycle, 1013 Mass. Avenue
Cambridge 354-8595
- o Lincoln Guide Service, Lincoln Rd.
Lincoln 259-9204

- o Mt. Auburn St. Cycle, 145 Mt. Auburn St.
Watertown 926-6010
- o Mystic Valley Wheelworks
889 Main Street
Winchester 729-0425
- o Northeast Bicycles
102 Broadway (Route 1)
Sausus 233-2664

o The Ski Market at:

- 860 Comm. Ave. 731-6100
Boston
- 57 JFK St., Galeria 576-2520
Cambridge
- Endicott Plaza 779-3348
Danvers
- 34 Cambridge St. 272-2222
Burlington
- 400 Franklin St. 848-3733
Braintree

The Charles River Wheelmen
3 Bow Street
Cambridge, MA 02138

04/84
John Kane
266 Fellsway West
Medford, MA 02155

