

Wheel People

Volume XIII

Number 10

October 1984



The Charles River Wheelmen

Don't Whine & Say Cheese

If you want to eat, drink and be merry, come along to CRW's cheese and wine party. Ralph Galen has kindly offered the use of his premises so the club members can get together to socialize and have a good time. Hopefully if the event is a success, it will herald the start of a season of social gatherings to compensate for the dwindling daylight and falling temperatures. Don't forget that the board elections are coming up, so you can see how the candidates react under pressure and/or the influence of alcohol.

The party will be held on Thursday, October 25, at 2210 Mass. Ave. in Cambridge from 7:30 to 9:30 PM. A small donation may be requested to help cover costs.

Over the Moon

The club's New Moon Invitational was a great success, both in terms of the number of attendees (and resultant cash flow!), and the enjoyment of all those who took part. The weather, site, ride routes, good food, and excellent company all combined to make a truly memorable day. However, great events don't just happen; a lot of people volunteered their help and/or provided delectable food suitable for hungry bikers. A big thank you to all of you.

Lost

George Caplan also had a good time at the Invitational, but unfortunately came away minus his Swiss Army penknife, which disappeared sometime during the picnic. If you can help reunite George with his knife, he would like to hear from you. Call 547-1681 (home) or 965-0801 (work).

and Found

Left behind afterwards were sunglasses and a key. To claim either, call Jill Lewis at the number conveniently listed inside.

but still Missing

The club still requires volunteers for the following positions:

Advertising: this involves contacting local bicycling and sporting shops, to persuade them to advertise in New England's premier cycling magazine. It is preferable to be able to contact shops on weekdays when the store owners are not besieged by customers.

Publicity: many good ideas have been proposed on how the club can attract new members and continue to stimulate the interest of existing members, but someone is needed to coordinate the ideas and put them into practice.

If you are interested in helping out, or in finding out more of what is involved, please contact any board member whose phone number is conveniently listed inside.



The Charles River Wheelmen is a group of active adult bicyclists who sponsor a year-round program to promote the enjoyment of bicycling. During the regular season (early spring to late fall), two ride loops are usually available every Sunday, designed to be ridden at your own pace. The routes are arrowed in advance, and the leaders stay in the rear to insure that nobody gets left behind. Our winter Frostbite rides are more informal; the route and pace are decided by those who show up to brave the elements.

Our dues include membership in the League of American Wheelmen; CRW members also receive Wheelpeople, the club's newsletter.

Address all mail to the Charles River Wheelmen, 19 Chase Avenue, W. Newton, Ma 02165

OFFICERS AND COORDINATORS

President	Jill Lewis	641-1066
Vice President	Dave Brahmer	387-3243
V.P. of Rides	Mark Lamkin	877-4489
Information	Jacek Rudowski	361-5273
Membership	Dave Brahmer	387-3243
Publicity	(vacant)	
<u>Wheelpeople</u>		
Editor	Geoff Forrest	628-1130
Distribution	Jim Broughton	646-4102
Advertising	Geoff Forrest	628-1130
Secretary	Mike Hanauer	862-5927
Treasurer	Don Blake	275-7878
Mileage	Edson Trumbull	332-8546
Winter Rides	Walter McNeil	329-1586

BOARD OF DIRECTORS

Dave Brahmer	387-3243
Mike Hanauer	862-5927
Mark Lamkin	877-4489
Karen Lease	623-7418
Dick Lewis	641-1066
Jill Lewis	641-1066
Jeffrey Luxenberg	665-0432
Carol Tesiero	628-6492
Edson Trumbull	332-8546

By now I hope you've stayed awake through the three September Bicycle USA magazine articles on the July meeting. Try to take a look at them. On the whole they're accurate, although the Board was not as wholeheartedly unified as stated, nor was the election for president exactly a resounding vote of confidence.

On page 9, revised bylaws are discussed (the current ones are on page 184 of the 1982 Directory). From my notes of the meeting, I have two comments:

Black dot #1. The new referendum procedure will mean that it becomes tougher to get a question on a ballot to all members, but the action will be more representative of League membership since the number of required sponsors is larger, and they can act through the mail instead of only at a meeting. A second proposed change is that a referendum vote be equal to a vote of the Board - at the moment a referendum vote is "binding", although the Board may have disregarded this in making the name change.

Black dot #9. Part one I agree with, that vacancies be filled for their full unexpired term if Illinois law, where the LAW is incorporated, says so. Part two is less clear - Illinois law says that a group may opt to fill vacancies by elections or appointments. The proposal is for appointments - I favor a choice. Last year the Board had several vacancies, all filled by appointment. Elections get members involved, and since the League holds elections yearly in five regions anyway, it's not a long wait to schedule them. I wasn't persuasive at the Indianapolis meeting, what do you think?

Other news: Two League volunteer positions are open in Massachusetts, Area Representative and State Legislative Representative. Dave Brahmer has resigned from the latter, and deserves our thanks for the work he has done. I'm actively looking to fill these positions, so expect to be called.

More news in next month's Wheelpeople, if the ruthless editor permits. I'm working on updating the Mass section of the Almanac, on a Publications Committee Plan, and making New England Region second highest in membership (we're #3 now). Any ideas?

Feel free to call me with questions or suggestions.

Anita Brewer, Region 1 Director (665-8783).

Letters

Send articles, letters, comments, etc. by the 10th of each month to:

Geoff Forrest
36 Hancock Street
Somerville, MA 02144

We're now getting into prime riding weather. The crispness in the air will certainly stimulate you, and with the leaves on the ground, you will be able to see some sites you were unable to appreciate during the spring and summer.

So that leaders can start their rides on time, please arrive at least 15 minutes before the announced start time. Please park your car a short distance from the start to facilitate our departure, and to cause minimal interference to the public. Better yet, consider riding your bike to the start.

October 7 8:30 AM (100 miles)
 10:00 AM (50 miles)
 11:00 AM (25 miles)

Beer and Steamers Ride

Start: 100 and 50 miles: at intersection of Church and Main Streets, Wakefield, at the south end of Lake Quannapowitt.

25 miles: intersection of route 97 and Washington Street, Topsfield.

What better way to celebrate Columbus Day weekend and break your Yom Kippur fast than with this late-season ride? Mike Gengler (484-5088) has given us an additional late-season century and revived an old club tradition: the beer and steamers ride! All three rides travel through scenic Essex County--Middleton, Essex, Ipswich, & Topsfield--and the century route also takes in part of the Merrimac River along Groveland, Merrimac, and Amesbury. If you try the century route, remember that dark arrives fairly early. Regardless of the route you take, lunch will be at Woodman's, the home of fried clams and steamers.

October 14 9:00 AM (55 miles)
 10:00 AM (30 miles)

Apple Ride

Start: 55 miles: Star Market, Lowell Street, near Concord center. (A different location from past years.)

30 miles: Intersections of Taylor, Harvard, and King Streets, Littleton.

If you want to try a few hills, but don't want to go all the way to northern New England or the Berkshires, Patty Kirkpatrick (648-4095) has two rides for you. For the adventurous, the ride from Concord is through Sudbury, Harvard, and Bolton--to name but a few. The late-risers and the more sensible can do the western section, starting from Littleton. Lunch will be at the Old Country Store in Bolton, but you may want to stop at the orchards for apples or cider. Once again, be warned: this is probably our hilliest ride.

October 21 10:30 AM

Start: Medfield Green, at the intersection of routes 27 and 109.

Distance: 40 and 20 miles

Sue Mantel (489-3165) and Carol Ricciato (762-3184) have teamed up to do their first ride for the club. Plan to ride through the easy to gently rolling terrain of Norfolk County. A lunch spot has not been chosen, so you may want to bring it with you.

October 28 10:30 AM

Wheelmen's Witch Hunt

Start: Gallahue's Supermarket, at the intersection of Main St. and Lynn Fells Parkway, about half a mile from Melrose center.

Distance: 40 and 28 miles

Debbie Luxenberg (665-0432) will be leading these mostly easy rides with help from co-leaders Jeff Luxenberg and Mark Lamkin (877-4489). In honor of Halloween, both rides will go to Salem, as well as to Wakefield, Peabody, and Lynnfield. The long ride will also travel through Beverly, Danvers, and Middleton. Lunch can be purchased at Pickering Wharf in Salem. The ride leaders want members to get into the spirit of Halloween by arriving in costume or mask (but nothing that will impede safety). At the end of the ride, Salem brew and stew (Mark's secret recipe) will be offered at the Luxenbergs'. To help with planning, please let one of the three know you are coming. As usual, a contribution to cover the cost of food will be requested.

November 4

10:30 AM

Start: Weston Town Green

Distance: 30 (or more) and 15 miles

Join Earl Forman (894-2084) as he leads this ride through the moderate terrain of Weston, Sudbury, and Wayland. Lunch is at Weston Green, where there are several restaurants and a small grocery store.

OTHER EVENTS

Christmas Party

December 7

Make a note in your diary that the annual Christmas party will be at the usual place (the hospitable home of Debra and Mark, 35 Payson Road, Belmont).

BOARD MEETINGS

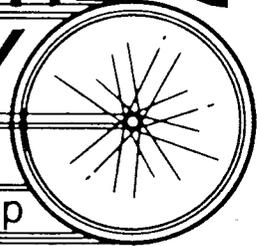
Board meetings are held on the first Tuesday of every month at 7:30 PM in Building 10, Room 178 (10-178) at MIT.

The next meeting is on: October 2.

LAUGHING

ALLEY

Bicycle Shop



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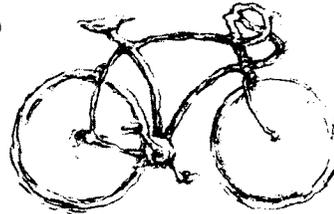
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State your Case

DEBORAH ALLINGER

I am seeking election to the Board of Directors of the Charles River Wheelmen to better serve the cycling interests of its members. Since joining the club in August 1983, I have attended board meetings on a regular basis to keep informed about the club's many functions. Participating in activities such as exit polling, the club picnic, and the New Moon Invitational has been an enjoyable experience for me, and I would like to continue to help coordinate and execute events such as these. Thank you for your consideration.

GREG CANTY

I'll make this quick 'cause I've got to pack for a business trip to Toronto! I'm running for the board because I feel CRW is a viable bicycling organization that needs volunteer support, maybe more than it needs more bicyclists.

I would like to see the CRW continue to attract more cyclists in the area. By joining club rides new cyclists can realize that bicycles also have a proper role on our streets and thoroughfares. I would hope that by riding with the club, new riders can increase their enjoyment and self-confidence in riding and become better cyclists.

I would also like to see the CRW increase the ride program from more than just Sunday morning rides. I would like to see weekend tours and/or rides outside of the Boston area, like around the Quabbin Reservoir. Well, I've got to run!

MIKE HANAUER

During the past two years as a board member I have worked to continue and strengthen the CRW tradition. As secretary, I've kept the meeting record and published the board notes in Wheelpeople to help make our actions visible to all. As chairperson of the Membership Committee, we have worked hard to improve CRW with specific actions

aimed at making our club more attractive for new and current members. Other accomplishments include initiating exit polls, ride leader guidelines, and bicycle shop representatives.

I have enjoyed representing you on the board and desire to continue to contribute in that capacity. And as your representative, I'd like to hear from more of you with your comments, ideas and opinions (and your vote).

RICHARD LEWIS

I am seeking a second term on the Board of Directors. If reelected, I will continue to support efforts to increase involvement on the part of club members, encourage complementary activities such as cross-country skiing, and take an active interest in the budget process. I look forward to the opportunity to remain active in club affairs.

Special Events

Lifetime Bi-Athalon for Tri-Athletes

Our congratulations to Sue Cavalli and Bob Mantell, who were married on September 1 in California. May the winds of biking, running, swimming, and life be always at your backs!

Do you want to talk about winter maintenance and upgrading for your bike? This will be the main focus of a clinic on bicycle adjustment, maintenance, and riding technique to be given 10 AM to 2 PM, Saturday, October 20, under the auspices of American Youth Hostels. A \$5.00 charge will cover expenses. Instructors: John Allen, and assistants to be announced. Plenty of individual attention. For location and other details, call Lenny Gervais, evenings, at 723-1967.



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Mileage

Mileage through August 1984

Eric Ferioli	7421
Jerry Campbell	7136
Osman Isvan	6567
Ed Trumbull	6512
Lee Howard	6064
Don Blake	5365
Carol Tesiero	5130
Greg Canty	4436
Bill McGrath	3865
Dick Buck	3853
Allan Schein	3649
Jeff Luxenberg	3617
Jim Broughton	3602
Mike Hanauer	3484
Jack Donahue	3188
Debbie Luxenberg	3072
Jamie King	2794
Jack Jacobs	2232
Bill Case	1835
George Caplan	1369
Chris Lucas	1209
Rick Macchi	1208
Cathy Buckley	1103
Harry Wolf	340
John Gregory	338
Henry Moore	42

	89,431

We're glad to have our old friend Henry Moore back on the list. The total miles are not as important as the participation.

So what happened to the rest of you who were supposed to let me hear from you by THE 5TH.

Ed Trumbull
19 Chase Avenue
West Newton, Ma 02165
332-8546

For Sale

Turbo-Trainer. Good as new condition. \$85 or best offer. Call Richard, 359-7464, after 7:00 PM

All items like new - All prices firm. Tubular wheels, Campy NR hubs, Arc en Ciel rims, DT spokes, \$85. Campy SR crankset 42x52 \$75. Campy SR titanium bottom bracket \$50. Campy SR rear derailleur \$55. Campy NR front derailleur \$15. Avocet Mod III saddle -magnesium rails \$15. Takagi alloy crankset 40x52 \$15. Suntour Cyclone front derailleur \$10. Lee Howard at 767-2312.

NEW MEMBERS

Filemon Valdez and Antonia Velazco	Cambridge
Ada Pollock	Somerville
Elena Westcott	Waltham
Neil Lucey	Brookline
Patricia Flanagan	Reading
Philip Weiner	Malden
Thia Bohrer	Cambridge
Leslie Brown	Cambridge
Kenneth Bastion	Waltham
Barry and Kristin Fricks Family	Boston
Frances Bennett	Brookline
William McBride	Cambridge
Shann Kerner	Chestnut Hill
Myron Simon Family	West Newton
Gil Lepler	Brookline

BIKES NOT BOMBS

Bikes Not Bombs has recently begun a campaign in several U.S. cities, including Boston, to collect and ship bicycles and spare parts to Nicaragua, to help alleviate problems caused by the current oil shortage.

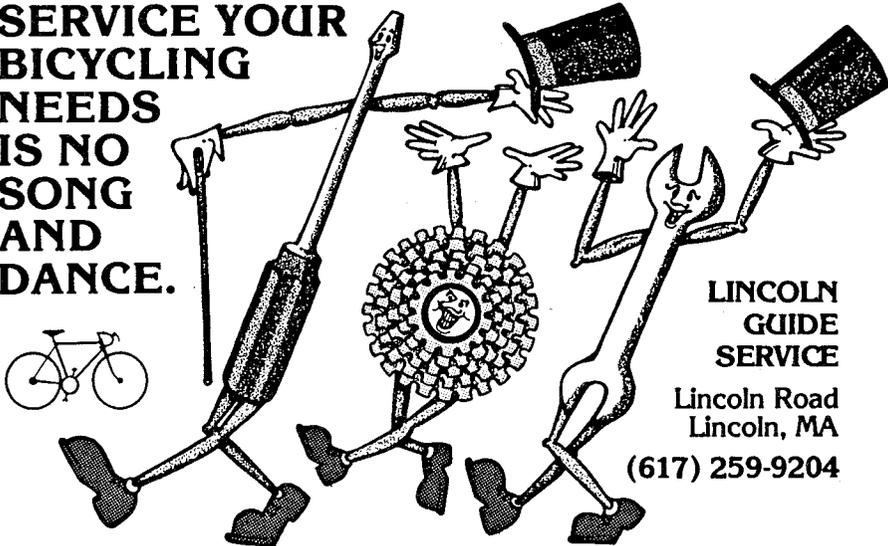
The campaign represents a coalition of bicyclists and environmentalists who are opposed to the U.S.-sponsored destruction of transportation systems and oil supplies vital to Nicaragua's economy. The campaign workers hope to gather 100 used bicycles by the end of the year.

Carl Kurz, a Boston bike mechanic, spent July and August in Nicaragua providing mechanical training and establishing a bicycle distribution network. Michael Replogle, a transportation planner and board member of the Washington Area Bicyclist Association, is coordinating the campaign in the Washington area.

Arrangements for the transportation of the bicycles are being made as part of other material aid shipments of the American Friends Service Committee and other church and private voluntary organizations. More volunteers are needed to help repair and crate bikes and to raise funds and publicize the campaign. All donations, including used bicycles, are tax deductible. For more information contact Mira Brown (628-3174) or Carl Kurz (776-3411).

Bikes, Books, Maps, Clothing & 2

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LINCOLN GUIDE SERVICE
Lincoln Road
Lincoln, MA
(617) 259-9204

Bike Shop Discounts

The following shops offer discounts to members of CRW.

Ace Wheelworks 876-8200
2044 Mass. Ave., Cambridge

Aworthy Bicycle
424 Moody St., Waltham 893-8769
311 Walnut St., Newtonville 965-5868

Belmont Wheelworks 489-3577
480 Trapelo Rd., Belmont

Bicycle Bill 254-9408
253 N. Harvard, Allston

The Bicycle Exchange 864-1300
3 Bow St., Cambridge

The Bicycle Workshop 876-6555
233 Mass. Ave., Cambridge

Chelmsford Cyclery 256-1528
210 Boston Rd., Rt. 4, Chelmsford

The Cycle Loft 272-0870
28 Cambridge St., Burlington

Family Bicycle Center 323-9720
149A Belgrade, Roslindale

Farina Cycle 926-1717
61 Galen St., Watertown

Harris Cyclery 244-1040
1355 Washington St., West Newton

International Bicycle Center 783-5804
70 Brighton Ave., Allston

International Bicycle (West) 527-0967
740A Beacon Street, Newton

Laughing Alley Bicycle Shop 783-5832
51 Harvard Ave., Allston

Lexington Cycle 863-1480
1644 Mass. Ave., Lexington

Life Sports
1100 Mass. Ave., Arlington 648-1305
East India Mall, Salem 745-6311

Lifecycle 354-8595
1013 Mass. Ave., Cambridge

Lincoln Guide Service 259-9204
Lincoln Rd., Lincoln

Mt. Auburn St. Cycle 926-6010
145 Mt. Auburn St., Watertown

Mystic Valley Wheelworks 729-0425
889 Main St., Winchester

Northeast Bicycles 233-2664
102 Broadway (Rt. 1), Saugus

The Ski Market
860 Comm. Ave., Boston 731-6100
57 JFK St., Galeria, Cambridge 576-2520
Endicott Plaza, Danvers 777-3344
34 Cambridge St., Burlington 272-2222
400 Franklin St., Braintree 848-3733

Join the CRW

CRW dues include membership in the LAW; do NOT mail your LAW dues separately. If renewal, include your LAW number.

NAME: _____

ADDRESS: _____

PHONE: _____ LAW #: _____

OCCUPATION: _____

I will not hold the CRW, its officers or members responsible for any injury or damage sustained while taking part in any club function.

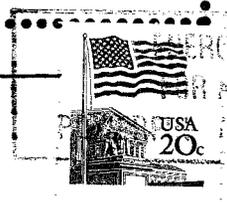
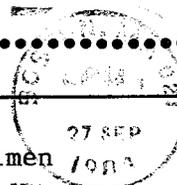
SIGNATURE: _____

PARENT SIGNATURE: _____
(if under 18)

DATE: _____ TOTAL ENCLOSED: \$ _____

Dues: \$25 individual; \$30 household;
\$35 sustaining

MAIL TO: Dave Brahmer, 9 Hatch Street, Everett
MA 02149



Charles River Wheelmen
19 Chase Avenue
W. Newton Ma 02165