

Wheel People

Volume XIV Number 1 January 1985



The Charles River Wheelmen

Election Results

We don't like to see unhappy faces in the CRW, so everyone came out a winner in the recent Board of Directors election. Mike Hanauer and Dick Lewis were reelected for another term, and Debbie Allinger, who moved all the way from Bloomington, Ind., for the chance of being a CRW director, will be the new face on the board. I hope that compensates for all the hills, Debbie! Karen Lease has resigned from the board, so her remaining term of office will be served by Greg Canty.

The first task of the new board was to elect a new president, and with a remarkably confusing procedural ordeal, sole nominee Dave Brahmaer was voted in by the secretary. Dave then appointed Mike Hanauer as his vice president.

Jill Lewis deserves the thanks of the entire club for all the work she has put in during her two years in office. Not many members are aware of the time and energy involved in organizing a club as large as the CRW, or of the attention required to ensure that the routine tasks don't get forgotten. Jill now has so much time on her hands that she has completed her president's column--see page 5 of this month's exciting issue of Wheelpeople. I'm afraid that it took the space reserved for the new president's article, but don't worry, Dave, there will be plenty of room next month.

New Editor

Touched by my moving plea for someone to take over the editor's job, Helen Jorgensen has heroically volunteered. Helen is a relatively new member of the club, having moved up from Baltimore in June with her husband, Tim. They are both keen bikers and former members of the Baltimore Bicycle Club. Despite the fact that they do not ride in the winter, I hope that everyone in the club (even the Frostbite Mob) will help Helen by submitting material for the newsletter. The mailmen of the Somerville Post Office have given her plenty of advice on the best ways to generate correspondence; firm favorites are editorials on what a waste of money the LAW is, and what a waste of time helmets with holes in them are. So you have been warned.

All material for inclusion in the February issue of Wheelpeople should be received by January 10. Send to:

Helen Jorgensen
15 Village Way, #10
Natick, MA 01760
(655-9819)

Meanwhile, all those disappointed members who missed out on this exciting position should turn to page 3, where two more top jobs are being offered. These prime vacancies have already been informally announced at the Christmas Party, and may not be available for much longer. Phone now to avoid disappointment.

Board Notes

DECEMBER BOARD MEETING NOTES

December 4 agenda items and actions:

Board Elections: Mike Hanauer, Dick Lewis, and Debbie Allinger were elected, and Greg Canty will replace Karen Lease, who has resigned, for the remaining year of her term. The new board elected Dave Brahmer as president, and Mike Hanauer was named as the new vice president.

Bicycle USA: Jill reports that the LAW is in a difficult financial situation - the CRW Board is watching the situation with concern.

T-Shirts: Those ordered at the September Century Ride have arrived. Contact Greg Canty if you haven't received yours.

Winter Meeting: Will be held on February 8, and is likely to be a slide show. Suggestions are appreciated.

Publicity: Pat Anderson is considering a number of ideas, but again all suggestions are welcome.

Awards Banquet: Location ideas welcome!

Club Events: Debbie Allinger will coordinate the invitational on August 25, Jill

Lewis will coordinate the Bike Month activities. Both Debbie and Jill need help, how about it?

New England Area Rally: Will take place on August 8-11 at UMass, Amherst. Contact Jill if you can provide help of any kind. The board asked for a more specific ruling on how the profits (or losses) will be distributed.

Cross Country Ski Trip: See Calendar.

Vacancies: The important club positions of VP of Rides, editor, advertising editor, and distribution editor, are all vacant. Please consider yourself for any of these key posts, and feel free to make an enquiry without commitment.

Treasurers Report: Don Blake again notes a healthy balance, but concerns over the LAW status, and its effect on CRW, remain.

Exit Poll: The process of interviewing non-renewing members continues: updated statistics will be produced.

Next Meeting: Tuesday, January 8, 1984 at 7:30 PM. Board meetings are held in Building 10, Room 178 (10178) at MIT, Mass. Ave., Cambridge.

Mike Hanauer, Secretary

Members Business Directory

For the amazing price of \$15, CRW members can include their business cards in this directory for six months.

Where else can you reach such a large potential market for so little?

Send your \$15 plus business card to:

Geoff Forrest
36 Hancock Street
Somerville Ma 02144

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VP IN LINE TO BE DOCTOR

No, George Bush is not about to be appointed the Surgeon General, it's your VP of rides. As many of you know, for the past few years, I have been hard at work on my PhD, and I finally expect to finish my studies sometime in 1985. I feel it would better serve the club and myself if I resign from my position - in other words, the club desperately needs a new person to run the rides program for 1985. I can help train you and give some useful hints on running the show, but I must free myself from the position real soon, before the first of March.

To volunteer for the job, call the new president, Dave Brahmer. For details of how I handled the ins and outs of scheduling the rides, call me Mark Lamkin, at 877-4489 (evenings).

The Charles River Wheelmen is a group of active adult bicyclists who sponsor a year-round program to promote the enjoyment of bicycling. During the regular season (early spring to late fall), two ride loops are usually available every Sunday, designed to be ridden at your own pace. The routes are arrowed in advance, and the leaders stay in the rear to insure that nobody gets left behind. Our winter Frostbite rides are more informal; the route and pace are decided by those who show up to brave the elements.

Our dues include membership in the League of American Wheelmen; CRW members also receive Wheelpeople, the club's newsletter.

Address all mail to the Charles River Wheelmen, 19 Chase Avenue, W. Newton, Ma 02165

OFFICERS AND COORDINATORS

President	Dave Brahmer	646-7208
Vice President	Mike Hanauer	862-5927
V.P. of Rides	Mark Lamkin	877-4489
Information	Jacek Rudowski	361-5273
Membership	Dave Brahmer	646-7208
Publicity	Pat Anderson	646-2702
<u>Wheelpeople</u>		
Editor	Geoff Forrest	628-1130
Distribution	Jim Broughton	646-4102
Advertising	(vacant)	
Secretary	Mike Hanauer	862-5927
Treasurer	Don Blake	275-7878
Mileage	Edson Trumbull	332-8546
Winter Rides	Walter McNeil	329-1586

BOARD OF DIRECTORS

Deborah Allinger	783-2073
Dave Brahmer	646-7208
Greg Canty	861-7294
Mike Hanauer	862-5927
Mark Lamkin	877-4489
Dick Lewis	641-1066
Jill Lewis	641-1066
Carol Tesiero	628-6492
Edson Trumbull	332-8546

DISTRIBUTION EDITOR

Responsible for picking Wheelpeople up from the printer, applying address labels and stamps, and dropping newsletters in the nearest mailbox. A vehicle and checking account would be useful. No special skills required, just enthusiasm. Sign up now!

The writing on the wheel

Due to unprecedented demand for space, this month's collection of winter riding tips has had to be postponed. Well done, all those who contributed to this issue, but don't rest on your laurels, as there is much more to come. Threatened future topics include: how to climb snowbanks on your mountain bike, using your helmet to shovel snow, why only wimps ride ten-speeds, the official grilled-cheese sandwich guide, and Jacek's ultimate gear ratio of the month.

Finally, an all-weather tip: don't miss out on the latest craze from California... Valley Bikes!



Frostbite Season is the time when the CRW has real club rides--everyone meets at a designated time and location, decides the route, and then cycles and finishes as a group. There's plenty of time to socialize whilst thawing out at the coffee stops, and there's a sense of camaraderie from riding together.

If you have any questions about the rides, contact Walter McNeil (329-1586).

Rides start at 11:00 AM SHARP, from the locations listed below. All have a place to go inside to warm up before the ride, so there's no excuse for arriving late.

January	1	Boston Common, Park and Tremont St.
	6	Dedham Plaza, Route 1
	13	Impact 2000 House Tour
	20	Lexington Green
	27	Weston Center
February	3	Dover Center

DON'T FORGET TO BRING:

1. A puncture repair outfit and emergency tool kit.
2. A map of the area.
3. A sense of humor.

Special Events

Sunday January 13

10:30 AM

Impact 2000 House Tour

Start: Cleveland Circle, Brighton at Beacon St. and Chestnut Hill Ave. (by playground). Note the special time of 10:30

Distance: 10 miles

Walter McNeil and Mike Hanauer will lead us to the Boston Edison Impact 2000 House featured on Channel 2's "The All New This Old House". This is a state-of-the-art home featuring all the latest technology for efficient energy useage. Upon arrival there will be a film and tour. The ride will then return to Cleveland Circle, with a longer option if the weather is nice.

NOTE: Please notify Mike Hanauer (862-5927) by Monday January 7, or you may not be admitted to the tour because of limited numbers. If the weather is foul, you may wimp out and arrive by car between 11:30 and 12:30. The house is located at 830 Newton St., Brookline.

BOARD MEETINGS

Board meetings are held on the first Tuesday of every month at 7:30 PM in Building 10, Room 178 (10-178) at MIT.

The next meeting is on: January 8.

Saturday January 19

CRW Cross-Country Ski Trip

The fourth annual CRW X-C ski trip will be held at the Windblown Touring Center in New Ipswich, N.H.. Please note the new location.

Trail fee: \$4.50 for CRW members and guests. Please identify yourself as a CRW member when you pay the trail fee.

Rental fee: \$7.00 for skis and boots, \$5.00 for skis only.

Lessons: \$6.00 per person at 10:00, 12:00, and 2:00.

Food: Soup, sandwiches, hot and cold drinks, and fresh baked desserts available at moderate cost - \$5 would feed a normal person: there is no set time for lunch and the ambiance is rustic but cordial.

Terrain: Varies from gut-wrenching chutes to pleasant trails through the woods. Something for everyone.

Parking: Available, but it would be best to ride-share as much as possible. Contact Dick Lewis (641-1066) to offer or request transportation.

Dress: No dress code, but advise layers of comfortable, loose fitting clothing with an emphasis on wool, and don't forget warm gloves and hat. Bring a second turtleneck, sweater, and socks for apres ski and the ride home.

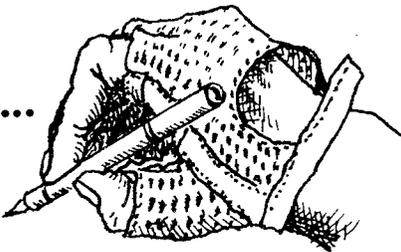
Location: On Rte 124 in New Ipswich. From Boston take Rte 2 to I-495 north and then Rte 119 west to West Townsend. Take a right onto Rte 124, go through New Ipswich center (don't blink!), look for Windblown on the left. It's easy to miss so pay attention.

Rain date: January 26 (God forbid!)

Telephone at the center: 603-878-2869.

And now it's...

Ex the President



Season's greetings from the green pastures where I've been sent to recuperate after my two years as El Presidente. A few parting thoughts:

I have been very proud of the club because of the large number who participate, and the growing number who volunteer to help make the events as nice as they are. However, for all of you out there, please realize that our club is a volunteer organization and anything our club is able to accomplish is due to people power. Make your motto in 1985 be: if you don't do it, it won't get done. Get involved, and stay involved!

The king is dead, long live the king. The best of luck to our new president Dave Brahmer and our new vice president Mike Hanauer.

May the broken glass stay off the roads, and your wheels always roll.

Jill Eiseman Lewis



BICYCLE SAFETY FILM AVAILABLE FOR WINTER MEETINGS

The film "Bicycling Safely in the Streets" is available for a free loan through two separate sources, and will make an excellent feature for winter meetings. This film demonstrates the principles of effective cycling on the road in a clear and convincing manner. Someone you know should see this film. Highly recommended!

Contact John Allen, who is the custodian of the copy owned by the Charles River Wheelmen; or contact the National Parks Service Library in Boston.

Dear Editor

As editor of the North Shore Cyclist, I can relate to the trials your own CRW editor, Geoff Forrest, has experienced over the past year. At times, being a newsletter editor can be a lonely and frustrating undertaking. To gather and prepare information for the newsletter entails more energy than the editor cares to admit. An editor looks forward to letters from the membership for guidance and encouragement. A newsletter is one of the most important organs of a bike club, or any club for that matter.

When I received my December complimentary issue of Wheelpeople, I was disturbed to learn that this all-important office is again experiencing problems. As due-paying members, CRW cyclists expect their monthly newsletter without fail. But this venture requires the cooperation of everyone in the club. When was the last time you wrote to your editor? Most people enjoy recognition for a job well done. For an editor, that means letters.

Volunteers are hard to come by, especially if it is for an editorship. Support your editor and contribute to the club. The CRW is a well-established and respected bike club in the Boston area. I still cherish the many friends I made when I was a member. We all have one thing in common regardless of which club we belong to, we are all devoted cyclists.

Joe Cormier

This letter was unsolicited (honest!), and it is really appreciated. Thanks a lot for your kind words, Joe. I hope the CRW members will give the new editor the support she deserves.

Geoff Forrest

An article in last month's Wheelpeople suggested that a helmet be foregone during the winter months in favor of some sort of head covering. I believe that this is poor advice. On October 1, 1983, I was spared a concussion thanks to my helmet; even on a Frostbite Ride I would never leave home

without it. Yet, because of poor natural head insulation, I know the value of a warm head. My experience has shown that a helmet may be worn on top of a wool or acrylic "sock" covering with comfort. Some people insert smaller foam pads to accommodate the extra bulk, but for me even this has not been necessary.

For those who have not tried Frostbite riding, why not give it a try? It's just like skiing; you dress for it and then you are comfortable. In the winter, the hardest part of biking is first getting into the saddle (or just getting out of bed). Once on the road, you are invariably glad that you made the effort!

Mike Hanauer

Your "Rapping on Wrapping" article was quite a chuckler--in fact, my wife compared reading it to watching Monty Python's Flying Circus. But all kidding aside, some people do believe what they read in the papers...

And that's why I'm writing to say that suggesting to "throw away that dumb helmet with all the holes in it" is not what should go into a responsible bicycle club newsletter. Just because you didn't fall this summer is no guarantee that you'll stay upright (on your bike, that is) this winter. Black ice is treacherous and the roads are often narrowed by snow banks. And why, Geoff, do you think that a woollen cap would be warmer with no helmet over it? The darn helmets are hot enough in the summer--now a little extra on the head is welcome.

All those little holes can be plugged with styrofoam or taped up. You can also get flashy orange helmet covers through mail order houses.

Cerebrally yours,

Guy Minnick

For all those who want to rush out and buy those dumb holey helmets, Guy will be happy to assist you at Town and Country Bicycles, where he is manager. But don't take up too much of his time, because he is busy writing an article on bicycling in Belize.



INTRODUCING THE NEW L.A.W.
STATE LEGISLATIVE REP

Dear Friends,

I am very pleased to announce that John Allen is to be the League's State Legislative Representative for Massachusetts. I hope that you will put aside a few minutes during 1985 to help him, and to help bicyclists, work for a state Bicycle Advisory Council.

John is one of the most knowledgeable people in the country on bicycle technology. He has written for a number of bicycling publications, authored his own book on bicycle commuting, rides a great deal, and makes use of an engineering background to understand and explain bicycle issues. In his own words, John is a bit of a "firebrand" at times, but I'm sure you'll find, as I have, a fine sense of humour and well-directed energy.

Let's get the Bicycle Advisory Council going in 1985, our top priority.

Anita W. Brewer
LAW Regional Director/ New England

Mileage

Mileage through November 1984

Eric Ferioli	10754	Emile Bielawa	4151	Anyone who wishes to be reinstated
Ed Trumbull	9768	Doug Mink	4018	should send me their miles by January
Jerry Campbell	9180	Debbie Luxenberg	3995	5th.
Don Blake	8659	Dick Howe	3715	
Lee Howard	8366	Jack Jacobs	3022	This is the last call for the year.
Osman Isvan	7873	David Allen	2818	Let's do it!
Pete Moss	7270	Ron Messier	2498	
Carol Tesiero	6125	Peter Fink	2409	By the 5th to Ed Trumbull, 19 Chase
Frank Womboldt	5694	Bill Sweetser	2163	Avenue, West Newton, Ma 02165 (332-
Bill McGrath	5598	John Kane	2131	8546).
Dick Buck	5284	Tom Wylie	2003	
Jim Broughton	5011	Cathy Buckley	1911	
Mike Hanauer	4973	Rick Macchi	1676	NEW MEMBERS
Jack Donahue	4893	Eliot Specht	1230	
Greg Canty	4744	Steve Dick	990	James Jovenich
Jeff Luxenberg	4610	Rosalie Blum	556	Carlisle
Charles Hansen	4385	John Springfield	321	Vicki Shaller
		Mark Roseman	147	Lexington
		Howard Moore	143	David Rudman
				Cambridge

			152,984	Edward Breau & family
				Needham

A note from John Allen:

Thanks, Anita. Thanks also to Dave Brahmer, into whose toeclips I am stepping, for his guidance and efforts on behalf of bicycling. Thanks also to Peter Campagna, who continues to handle the mailings.

The Bicycle Advisory Council bill will at long last give Massachusetts a coordinated plan for bicycle projects. At present, most bicycle funding is spent ineffectively, while many serious problems go unattended -- traffic light actuators and bridge access, to name two. I'm convinced that we'll pass this bill next spring, with your help.

We will need people to write letters from time to time, to persuade their legislators. Deadlines for club newsletters may not leave enough time, so please send me your name, address and phone number if you would like to help by writing a letter or in any other way.

Also, please contact me if I can help you with any questions about governmental bicycle projects or cyclists' rights.

Sincerely, John S. Allen
10 Farragut Avenue
Somerville, MA 02144
(617) 625-3966

Bike Shop Discounts

The following shops offer discounts to members of CRW.

<u>Ace Wheelworks</u> 2044 Mass. Ave., Cambridge	876-8200
<u>Aworthy Bicycle</u> 424 Moody St., Waltham 311 Walnut St., Newtonville	893-8769 965-5868
<u>Belmont Wheelworks</u> 480 Trapelo Rd., Belmont	489-3577
<u>Bicycle Bill</u> 253 N. Harvard, Allston	254-9408
<u>The Bicycle Exchange</u> 3 Bow St., Cambridge	864-1300
<u>The Bicycle Workshop</u> 233 Mass. Ave., Cambridge	876-6555
<u>Chelmsford Cyclery</u> 210 Boston Rd., Rt. 4, Chelmsford	256-1528
<u>The Cycle Loft</u> 28 Cambridge St., Burlington	272-0870
<u>Family Bicycle Center</u> 149A Belgrade, Roslindale	323-9720
<u>Farina Cycle</u> 61 Galen St., Watertown	926-1717
<u>Harris Cyclery</u> 1355 Washington St., West Newton	244-1040
<u>International Bicycle Center</u> 70 Brighton Ave., Allston	783-5804
<u>International Bicycle (West)</u> 740A Beacon Street, Newton	527-0967
<u>Laughing Alley Bicycle Shop</u> 51 Harvard Ave., Allston	783-5832
<u>Lexington Cycle</u> 1644 Mass. Ave., Lexington	863-1480
<u>Life Sports</u> 1100 Mass. Ave., Arlington East India Mall, Salem	648-1305 745-6311
<u>Lifecycle</u> 1013 Mass. Ave., Cambridge	354-8595
<u>Lincoln Guide Service</u> Lincoln Rd., Lincoln	259-9204
<u>Mt. Auburn St. Cycle</u> 145 Mt. Auburn St., Watertown	926-6010
<u>Mystic Valley Wheelworks</u> 889 Main St., Winchester	729-0425
<u>Northeast Bicycles</u> 102 Broadway (Rt. 1), Saugus	233-2664
<u>The Ski Market</u> 860 Comm. Ave., Boston 57 JFK St., Galeria, Cambridge Endicott Plaza, Danvers 34 Cambridge St., Burlington 400 Franklin St., Braintree	731-6100 576-2520 777-3344 272-2222 848-3733

Join the CRW

CRW dues include membership in the LAW; do NOT mail your LAW dues separately. If renewal, include your LAW number.

NAME: _____

ADDRESS: _____

PHONE: _____ LAW #: _____

OCCUPATION: _____

I will not hold the CRW, its officers or members responsible for any injury or damage sustained while taking part in any club function.

SIGNATURE: _____

PARENT SIGNATURE: _____
(if under 18)

DATE: _____ TOTAL ENCLOSED: \$ _____

Dues: \$25 individual; \$30 household;
\$35 sustaining

MAIL TO: Dave Brahmer, 20 Orlando Avenue,
Arlington, MA 02174



Charles River Wheelmen
19 Chase Avenue
W. Newton Ma 02165

04/85
John Kane
266 Felleway West
Medford, MA 02155