

# Wheel People

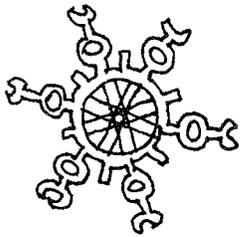


Volume XIV

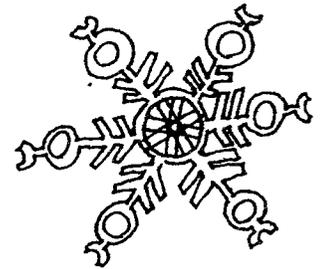
Number 2

February 1985

**The Charles River Wheelmen**



## CRW SOCIAL/MEETING 2-8-85



CRW WINTER MEETING, Friday February 8, 1985, 7:30 pm at

Ralph Galen's house  
2210 MASSACHUSETTS AVENUE  
CAMBRIDGE, MA 02138

north about a mile and half from Harvard square towards  
Arlington

the purists will arrive on bicycle, however, there is the #77  
bus between Harvard Square and Arlington Center; get off near the  
White Hen Pantry; convenient parking is available.



Come to the winter meeting for an evening of adventure (a double bill,  
to boot!)

Don't lose track of your cycling friends just because it's freezing out there!

The main event will be a fascinating slide show to be presented by Jeanne  
Kangas, who co-led a hiking trip to Nepal in the Spring of 1984 with AMC.  
She and 12 others spent 31 days in the mountains of Nepal, climbing to peaks  
of 17,000 feet in the northeastern territory surrounding the Chinese, Tibetan,  
Indian borders. Temperatures ranging from 110 degrees to those below freezing  
presented the challenge of 'what to pack'!

Jeanne has been active with AMC for almost 20 years, is also an active  
cyclist and member of CRW and Nashoba Valley Peddlers.

She gave this show at a recent winter meeting of the NVP and reports are  
that it was a huge success.

Secondly, Mark Erskine who is a producer at WBZ for Evening Magazine, and a  
member of the club, will bring along a 5 minute segment of an Evening  
Magazine edition aired on January 8, 1985 showing the New England  
Cyclocross Race, held recently in Plymouth Mass. Mark has expressed a  
willingness to give the Club more publicity through WBZ. Maybe he will do  
a segment highlighting some of our more illustrative characters. (Those of  
you who think you fall into that category should definitely show up!)

Ralph Galen and Dorothy have (again) offered their hospitality at their  
new house on Mass. Avenue, Cambridge. Ralph suggests that you bring a  
cushion or folding chair. And since it will be Friday evening, refreshments  
are in order...please bring your favorite beverage and snack...



# Board Notes

Mike Hanauer, CRW Secretary

## WHAT YOUR BOARD DID IN JANUARY

January 8 agenda items and actions summary:

**"WHEELPEOPLE" EDITOR:** Welcome to Helen Jorgensen who has taken over for Geoff Forrest. Helen was introduced to the board, and vice versa. She is loaded with enthusiasm and ideas. Helen, we all support you and will get our material to you by the deadline of the tenth of each month. And thanks to Geoff for his work in the past and through the transition.

**BICYCLE USA:** Anita Brewer, regional L.A.W. director, reported on the December board meeting. A number of significant changes have occurred, including new officers, publishing of "Bicycle USA" magazine nine times per year, and a new dues schedule (see below). Anita will be outlining detail results in a separate report.

**TREASURERS REPORT:** Dick Lewis and Don Blake will work out a 1985 budget. Included will be a recommendation on how we should handle the increased L.A.W. expense of \$3.20 (\$4 increase reduced by 20% because of our 100% status). The increase is effective immediately, however those who renew by April (for up to two years) can get the present rate. CRW will consider passing this offer on to its own members.

**MILEAGE LIST:** In response to a new member with some 20,000 miles for 1984, the board decided that such mileage may be listed retroactively.

**AWARDS BANQUET:** Don Blake will check out a Newton Chinese Restaurant, likely for either April 19 or 26. More on this next month.

**\*\* BIKE MONTH ACTIVITIES:** A number of rides are in the planning stages, including breakfast rides, the May 5 Boston ride and the CRW Spring Celebration on May 19. Jill Lewis suggested that a metric century be included to allow for all patch combinations. Help for all these events is needed, please contact Jill.

**\*\* AMC/CRW/NVP JOINT RIDE:** Jill is working out the details for this April event. Yes, help is needed.

**PUBLICITY:** Pat Anderson reported (through Dave Brahmer) that some local (monthly) papers require a two month lead time to print activities. We will (through Pat) try to accommodate at least for our major events.

**RIDES V.P.:** Dave Garratt has accepted this important position. Thanks Dave, and thanks to Mark Lamkin for his work over the past few years.

**DISTRIBUTION EDITOR:** We may have a replacement for Jim Broughton, but a bit of telephone tag has gotten in the way.

**ADVERTISING EDITOR:** We have a dire need to fill this position. Advertising revenue is important in holding the line on dues! Please contact Geoff Forrest (628-1130) if you have an interest. Please.

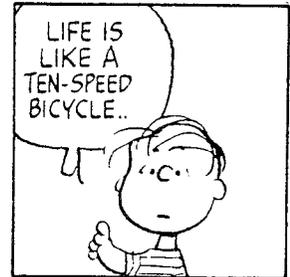
**\*\* NEW ENGLAND AREA RALLY:** We need a CRW representative; please contact Jill Lewis should you have in interest.

**T-SHIRT COORDINATOR:** These are popular with members and we need a person to take care of ordering and distribution. Again, please contact Jill.

**MEMBERSHIP:** Based upon budget recommendations, the board will make a decision by the next meeting on how CRW will handle the above mentioned L.A.W. dues increase to best serve our members.

**AYH GROUP PASS:** A 1985 pass is available to CRW members who lead trips. Again, on a first come basis for five dollars. Contact Ed Trumbull.

**EXIT POLL:** This effort has now ended after a nine month trial. Mike Hanauer will report final results when all data is in. Thanks to all who took part.



NEXT MEETING:

Tuesday, February 5

7:30 PM.



The Charles River Wheelmen is a group of active adult bicyclists who sponsor a year-round program to promote the enjoyment of bicycling. During the regular season (early spring to late fall), two ride loops are usually available every Sunday, designed to be ridden at your own pace. The routes are arrowed in advance, and the leaders stay in the rear to insure that nobody gets left behind. Our winter Frostbite rides are more informal; the route and pace are decided by those who show up to brave the elements.

Our dues include membership in the League of American Wheelmen; CRW members also receive Wheelpeople, the club's newsletter.

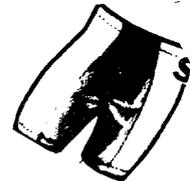
Address all mail to the Charles River Wheelmen, 19 Chase Avenue, W. Newton, Ma 02165

OFFICERS AND COORDINATORS

President	Dave Brahmer	646-7208
Vice President	Mike Hanauer	862-5927
V.P. of Rides	Dave Lamkin	877-4489
Information	Jacek Rudowski	361-5273
Membership	Dave Garran	
Publicity	Pat Anderson	646-2702
<u>Wheelpeople</u>		
Editor	Helen Jorgensen	655-9819
Distribution	Jim Broughton	646-4102
Advertising	(vacant)	
Secretary	Mike Hanauer	862-5927
Treasurer	Don Blake	275-7878
Mileage	Edson Trumbull	332-8546
Winter Rides	Walter McNeil	329-1586

BOARD OF DIRECTORS

Deborah Allinger	783-2073
Dave Brahmer	646-7208
Greg Canty	861-7294
Mike Hanauer	862-5927
Mark Lamkin	877-4489
Dick Lewis	641-1066
Jill Lewis	641-1066
Carol Tesiero	628-6492
Edson Trumbull	332-8546



BICYCLING SHORTS

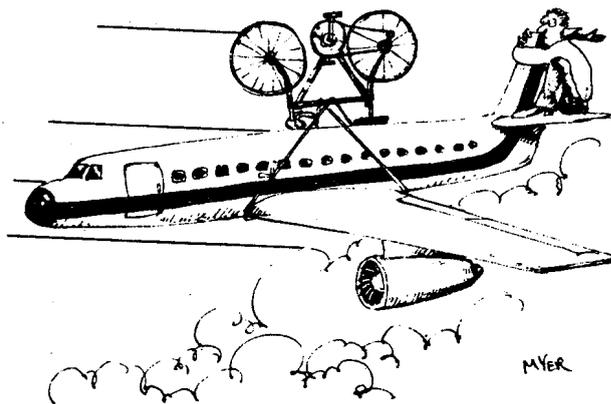
\*\*An Advertising Mgr. is desperately needed! I can not believe no one wants to help CRW-- the club has 500+-members. Where the @+##@@ are you?

\*\*Keep April 19 and 26 open on your calendars for the Awards Banquet. You surely would not want to miss the fun, food, and frolicky good time. I'll let you know when the date is definite

\*\*An early bike rider named Perkin  
Spent an afternoon quaffing a firkin  
Of mead, made a wager  
To win a two-stager,  
But tumbled and ruined his jerkin.  
--Jim Reuter, BBC

\*\*HELP!! HELP!! I need articles pictures, phrases, or any paraphernalia for this entertaining newsletter. It's your newsletter. I just edit the tons of material that is sent to me each day. (That is a very facetious statement.)

\*\*I hope to see you at the FEB 8th meeting. --More the MERRIER--



**CHEATING?**

WE DON'T JUST EAT ICE CREAM

The number of CRW rides and social events are up dramatically, and attendance is up as well. People are even coming to frostbite rides in record numbers. At those events, some of you have asked "exactly what does the Board do?". Well, in a nutshell, we make it all happen -- parties, rides, invitationals, rallies, flea markets, banquets, informational meetings, ski trips, and just plain fun. The point is not to gain sympathy or stature, it is to gain more active interest. Why not come to a Board meeting or two and see for yourself. No strings attached!

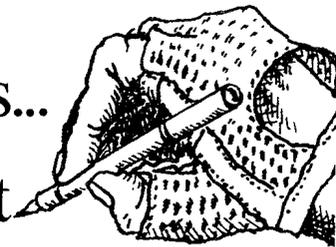
\*\*\*\*\*:

Board meetings are held on the first Tuesday of every month at 7:30 PM in Building 10, Room 178 (10-178) at MIT.

The next meeting is on: *February 5<sup>th</sup>*

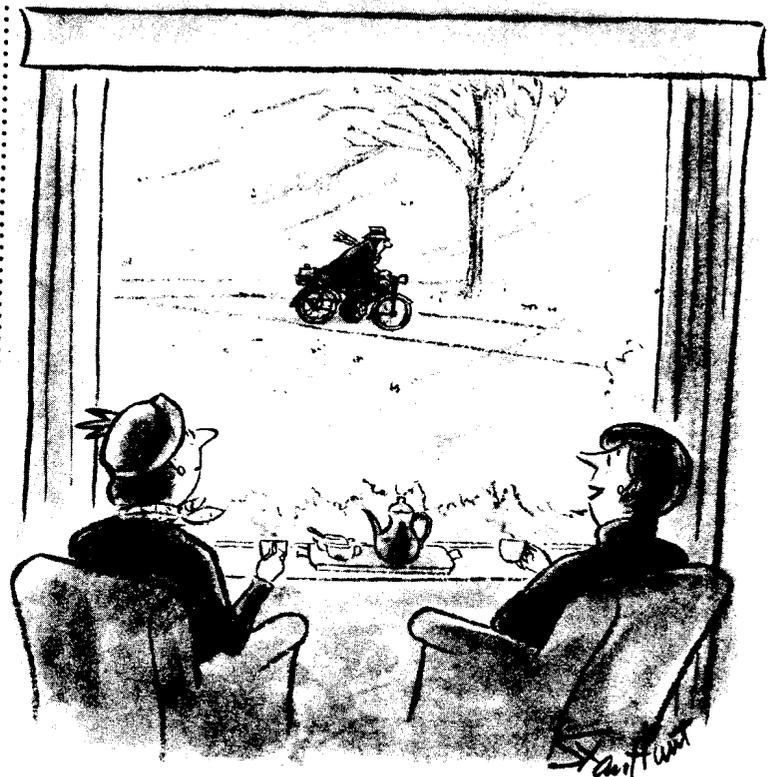
\*\*\*\*\*

And now it's...  
the President



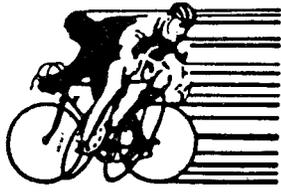
I would like to thank the Board of Directors for their confidence in me to have elected me President. Jill will be a tough act to follow. She did an outstanding job in the two years she was President and should be congratulated. CONGRATULATIONS on a job well done Jill.

David Brahmer

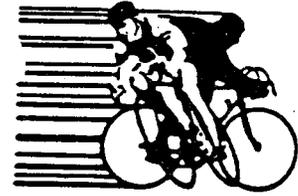


"Of course, his time between here and the office varies somewhat depending upon wind direction, the weather, and how pooped he is."

\*\*\*\*\*



# Mileage



## MILEAGE THROUGH YEAR END 1984

Robye Lahlum	20806
Eric Ferioli	11605
Ed Trumbull	10003
Jerry Campbell	9624
Don Blake	9356
Lee Howard	9068
Osman Isvan	8371
Pete Moss	7725
Carol Tesiero	6349
Frank Womboldt	6030
Bill McGrath	6018
Dick Buck	6000
Mike Hanauer	5410
Jack Donohue	5258
Jim Broughton	5179
Jeff Luxenberg	5051
Greg Canty	4784
Emile Bielawa	4621
Charles Hansen	4385
Doug Mink	4018
Debbie Luxenberg	4041
Dick Howe	3907
Jack Jacobs	3095
Ron Messier	2903
Jamie King	2892
David Allen	2818
Bill Sweeter	2493
Peter Fink	2438
John Kane	2305
Tom Wylie	2130
Cathy Bockley	1984
Chris Lucas	1685
Rick Macchi	1676
George Caplan	1442
Eliot Specht	1320
Steve Dick	1055
Rosalie Blum	556
John Springfield	321
Mark Roseman	147
Howard Moore	143
<b>TOTAL 1984</b>	<b><u>188939</u></b>
<b>TOTAL 1983</b>	<b><u>265145</u></b>
<b>TOTAL 1982</b>	<b><u>344961</u></b>

<u>1983</u>	<u>Change</u>
N/A	--
10044	--
10127	- 5%
10757	-13%
7722	+17%
6983	+21%
6132	+26%
5775	+10%
N/A	
4766	+26%
6770	-11%
5917	- 9%
4437	+19%
5044	+ 3%
5350	- 6%



Has the List run its' course?

This year's list includes all who have sent in their mileage since September.

The comparison to 1983 has been made for all those with 5000 miles or better.

\*\*Robye Lahlum, a new boy on the block, came on the scene like gangbusters. Congratulations!

Kudos are all extended to Pete Moss and Bill McGrath for having the largest percentage increase. Jack Donohue and Lee Howard gave them a good run for it. And look at our boy Osman Isvan with a 21% increase with a broken leg and all.

PLEASE SEND IN MILEAGE BY THE 5th so I can compile and send to the editor. ALL YOU HAVE TO DO IS REMEMBER.

Ed Trumbull  
19 Chase Av.  
W. Newton, MA 02165

CRW *presents*

# FROSTBITE

## RIDES



\*\*\*\*\*

FROSTBITE SEASON 'tis the season to have a flurry of a snappy time! Snowmen and Snowwomen gather at a designated time and polar location. They crystalize a beautiful winter route then ride into Winterwonderland together. There is a blizzard of time to socialize and throw snowballs. The best little snowflake from these wonderful events is the sense of camaraderie from riding together.

If you have any nipping questions about these frostbite rides, contact the head Snowman, Walter McNeil (329-1586).

Rides start at 11:00 a.m. SHARP from the frosty locations listed. They all have a place to warm up before the ride--so there is no excuse to arriving late.

\*\*\*\*\*

February	3	Dover Center
	10	Waverley Square, Belmont
	17	Needham Town Hall
	24	Winchester Common
March	3	?
	10	Newton Center

\*\*\*\*\*:

DON'T FORGET TO BRING:

1. A puncture repair outfit and emergency tool kit.
2. A map of the area.
3. A sense of humor.



\*\*\*\*\*



# RIDES !

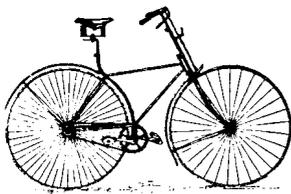
## RIDES RIDES RIDES

### RIDE CALENDAR FOR 1985

The following is a preliminary outline for the CRW rides for 1985. You should notice that several dates yet to be taken. Of particular concern, the first 3 Sunday dates are still available. If no one volunteers for the March and April dates before March, the club will have no other choice but to have Show and Go rides. Let's get the wheels rolling on time this year. Call Dave Garrant at 646-2492, evenings.



Mar.	31	**** AVAILABLE ****	
Apr.	7	**** AVAILABLE ****	
Apr.	14	**** AVAILABLE ****	
Apr.	21	Jill Lewis & AMC	Acton-Boxboro
Apr.	28	John Kane	North Shore
May	4	Marie Deuerlein	Breakfast Ride, Brookline
May	5	Bike Day w/AYH and BABC	Neighborhoods of Boston
May	11	Marie Deuerlein	Breakfast Ride, Arlington
May	12	**** AVAILABLE ****	
May	19	Spring Century	Winchester and north
May	26	**** AVAILABLE ****	
June	2	Debra Glassman & Mark Roseman	Lexington
June	9	Osman Isvan & Jacek Rudowski	Weston
June	16	**** AVAILABLE ****	
June	23	D Garrant, M Hanauer, J Broughton	Singing Beach, Manchester
July	7	Nancy Peacock & Richard McVitty	Acton to Sterling
July	14	Birdy Ellsmore & Sam Johnson	S Natick & Dover
July	21	Bruce Wisentaner	Winchester
July	28	Doug Mink w/BABC & AYH	Breakheart Reservation
Aug.	4	Ed Trumbull	Newton to Walpole
Aug.	8-11	New England Area Rally	UMass, Amherst
Aug.	18	Mike Hanauer	Lexington
Aug.	25	CRW Invitational	Bedford
Sept.	1	**** AVAILABLE ****	
Sept.	7	Sam Johnson & Birdy Ellsmore	Martha's Vineyard
Sept.	8	Rosalie Blum & Don Blake	Bedford/Burlington
Sept.	15	Fall Century	TBA
Sept.	22	Richard Klein	Newton Center
Sept.	29	Mike Gengler	Steamers & Beer, Essex Co.
Oct.	6	Greg Canty	124, 248 [furlongs?]
Oct.	13	**** AVAILABLE ****	
Oct.	20	Patty Kirkpatrick	Topsfield
Oct.	27	**** AVAILABLE ****	
Nov.	3	**** AVAILABLE ****	
Nov.	10	**** AVAILABLE ****	
Nov.	17	**** AVAILABLE ****	



Low curved diamond 1890

# Classified

—Campy 50th Anniversary Gruppo-- \$625.00, Roberts 24" 531 DB Frame with Campy S/R Headset, N/R Bottom Bracket \$375.00. Super record chain rings--\$15-\$20. Wayne Miller 617/828-6569 after 5:00 pm.

—Pike Components For Sale "like New" Campy super record "titanium" track pedals \$85.00. Stronglite aerodynamic crane set 170 mm. \$90.00, "Continental" cyclo cross tire, snow tread (new) \$20.00, Regina 5 speed cluster \$15.00, Sugino 5 speed cluster \$15.00. Pulse monitor (professional model with thumb pick up) \$70.00 Call Dick after 6:30 to 9:30 pm 617/449-3792

—For Sale Peugeot Bicycle--25 " frame, 12 speed, Reynolds tubing, geared for touring, model PFN10 "Competition", beautiful condition, silver gray color--\$250.00 (originally \$425.00) Call Hank at 692-6200 x461 (days)

—For Sale: Tubular racing wheels. Campy small flange hubs, fiamme ergal rims (290 g.), DT stainless steel spokes. Including Regina Oro 13-21 Freewheel. \$80.00 Dick Buck 923-8909

— \$1.00 BUYS THE

**Burdick Cyclometer.**



MADE BY  
EDW. MILLER & CO.  
Meriden, Ct.

The rider's trusty friend. New principle in manufacture. Simple, accurate, beautiful. You can **rely** on it. Registers 10,000 miles. Weight 1 oz. Guaranteed **right**. Send for Booklet No. 59.

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New York Store, 28 W. Broadway. Boston Store, 63 Pearl Street.

\*\*\*\*\*

## Members Business Directory

*4* Till 9 PM Tues - Fri (9-5 SAT.)  
**128 LEASING, INC.**  
 AUTOMOTIVE  
 LEASING OF ALL MAKES AND MODELS

618 NORTH AVE.  
 WAKEFIELD, MA 01880  
 (617) 245-9560

STEVE BRUNO  
 Lease Sales

*THE Big Guy in THE RAINBOW JERSEY*

For the amazing price of \$15, CRW members can include their business cards in this directory for six months.

Where else can you reach such a large potential market for so little?

Send your \$15 plus business card to:

HOURS BY APPOINTMENT

ROBERT S. STIPEK, D. P. M.  
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265 WINN STREET, SUITE 104  
 BURLINGTON, MASS. 01803

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 COMPUTER CONSULTING & TRAINING

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 PRESIDENT

37 PARKER STREET  
 NEWTON CENTRE, MA 02159  
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*Specializing in Women's Health Care*

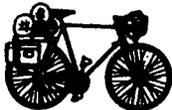
2464 Massachusetts Ave. Cambridge, MA 02140

# KEEPING FIT

## Searching for Quick Energy?

If you want quick energy, don't run to the candy machine! Quick energy is stored in your muscles as glycogen and is readily available for immediate action. If you eat sugary foods for an energy boost 30-45 minutes before exercising, you may actually hinder your performance by contributing toward hypoglycemia--low blood sugar. The sugar will trigger your pancreas to secrete extra insulin. When combined with exercise, this insulin may cause your blood sugar to drop to an abnormally low level. You may feel lightheaded, shaky, uncoordinated, and hungry. For example hypoglycemia frequently occurs with wrestlers who crash diet before the pre-competition weigh-in. They then proceed to eat candy bars and drink soda as a last minute effort to regain their energy. They become hypoglycemic and perform poorly. To prevent this, I recommend that wrestlers eat low fat foods such as crackers, chicken noodle soup, yogurt and fruit, rather than sugary sweets.

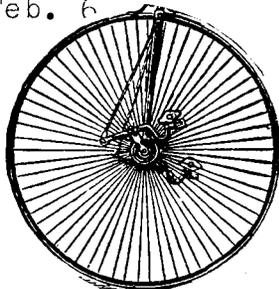
. . . from The Athlete's Kitchen



FREE CLINIC!!!!

### HOW TO TRUE A WHEEL

By: Ron Hauser  
 Where: Life Sports  
 1100 Mass. Av., Arlington  
 Phone: 648-1305  
 When: Wednesday, Feb. 6  
 Time: 7:00 p.m.



# THIS IS NO SNOW JOB-



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SEND ALL ARTICLES,  
 CLIPPINGS, CARTOONS,  
 To: Helen Jorgensen  
 15 Village Way, #10  
 Natick, MA 01760

DEADLINE FOR MARCH:  
 FEB 10<sup>th</sup>



## Dear Editor :

I was appalled, astonished, disappointed, and otherwise dismayed by the following quote in the December Wheelpeople: "So throw away that dumb helmet with all the holes in it--let's face it, how many times did you fall on your head this summer-- and get yourself a woolen hat."

Just flat out stupid advice! Do you cancel your house insurance for the winter so you can pay the oil bills, because nothing happened over last summer? Do you not wear your seat belt in the summer when it's hot?

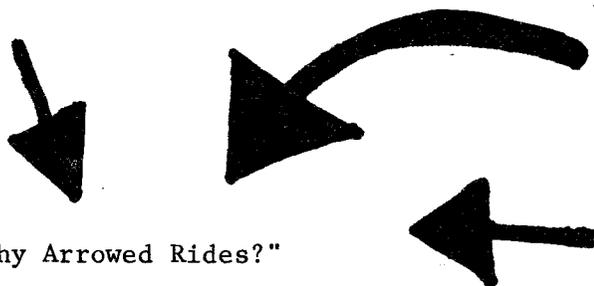
Buy a helmet liner. Or sew one out of wool felt and uncoated ripstop nylon. Or even buy a second, larger helmet to fit over whatever in the winter. But be reasonable--wear a helmet all year. Narrower lanes, snowbanks, sand, and salt, ice, water; wear a helmet in winter.

Wheelpeople should have an editorial policy encouraging the simple safety step of wearing a helmet. Printing statement with advice as stupid as "leave your helmet home" is dumber than anything else--except leaving your own helmet home.

--Chris Skudder

After talking to Geoff Forrest, the editorial was done in half jest. One should not believe everything one reads. However, I fully believe in helmets, with or without holes, because I was once in a severe bike accident. If I was not wearing my helmet, I might not be writing this note.

--the editor



### "Why Arrowed Rides?"

I can see that arrowing the summer rides has a number of advantages such as allowing everyone to ride at their own speed, avoiding large concentrations of cyclists at any one point on the route, saving members the trauma of using their navigational skills. However, there are also a number of disadvantages, viz:

1) Painting arrows on the road could in theory lead to problems with the law--more than one ride leader last summer commented on omitting arrows at vital points on the route because of the presence of police officers in the vicinity. This evident fear belies the apparent cavalier attitude of most club members.

2) By the end of the summer, some of the most popular roads have become blighted by what has been aptly called "arrow pollution." I'm sure this pollution does wonders for the club's image.

3) Painting arrows is a time-consuming chore which must inhibit many people from volunteering as ride leaders, especially those without motorized transport.

It's not unreasonable to expect members of the club to be able to use maps, if they were distributed at the beginning of the ride, and in fact competent bicyclists should be able to navigate without the route marked out on the road. This solution would still allow riders to travel at their own speed, and thus avoid "bunching."

Why not allow a few of the summer rides to be "arrowless" as an experiment, to gauge the response of CRW members, and enhance the cyclist's image as a responsible, non-polluting member of society.

 Geoff Forrest

PLEASE



READ!

The winter board meeting of the League of American Wheelmen (BICYCLE USA), held Dec. 8 & 9 in Baltimore, was the most controversial gathering of the 15-member group in almost a decade.

Facing nearly \$100,000 in debts accumulated during 1984, the Board elected new officers mid-term, raised dues and patch prices, adopted new by-laws, reduced the frequency of the magazine, and voted to authorize a loan to consolidate its debts. A 1985 budget was adopted, two Board members resigned in protest, and the voting membership of the Board was enlarged by one. Surprisingly, the name did not change.

In a narrow vote of 8-7, the Board removed the officers elected to one-year terms last July. Dave Shaw of Washington state became President, Bill Roy of Kansas, Vice-President, Dick Cardner of Texas, Treasurer, and Gordon Peltz of Maryland remained Secretary. The new officers serve through July. Shaw and Cardner end their terms on the Board and will not be reelectable.

As announced in an autumn issue of the magazine, due were raised as follows:  
--\$18 to \$22 for individuals  
--\$23 to \$27 for families  
--\$20 to \$25 for clubs.

Present members and new members who join chapter clubs can renew through April 1 for up to two years at the old rates. The previous increase was in 1982 from \$15 to \$18.

Patch prices were increased from \$1.50 to \$2.00 effective immediately.

Our monthly magazine was reduced in frequency from 12 to 9 issues. This year you will receive combined issues for the months of March/April, July/August, and November/December. The immediate reason was cost savings, but many bicycle publications find it preferable to publish on the shorter schedule. With fewer issues, the magazine should arrive on time.

Finally, the budget for 1985 occupied considerable time at the meeting. The principal reasons for the deficit were threefold; (1) membership growth at 7 percent instead of the projected 40 percent, (2) advertising revenue approximately \$30,000 below budget, and (3) sloppy, if not outright negligent, financial management.

Furthermore, new by-laws were also adopted with revisions, mainly minor, but some were significant. During the by-laws vote, a sixteenth voting member was added to the Board. Phyllis Harmon, an honorary member without voting rights since the mid-1970s, exchanged her annual stipend (awarded partially in recognition of many years of volunteer work) for a vote. In effect, the vote was purchased, and it was a bleak moment for the League.

Please keep in mind that your New England Rep did not resign, that many programs of the League are intact, and that the current officers--who really control the League--are a much better group. I'll keep you posted and try to keep my articles shorter in the future! As always, please call or write me with questions or ideas.

Anita W. Brewer, LAW Rep Region 1  
286 West Emerson St.  
Melrose, MA 02176

# Bike Shop Discounts

The following shops offer discounts to members of CRW.

<u>Ace Wheelworks</u> 2044 Mass. Ave., Cambridge	876-8200
<u>Aworthy Bicycle</u> 424 Moody St., Waltham 311 Walnut St., Newtonville	893-8769 965-5868
<u>Belmont Wheelworks</u> 480 Trapelo Rd., Belmont	489-3577
<u>Bicycle Bill</u> 253 N. Harvard, Allston	254-9408
<u>The Bicycle Exchange</u> 3 Bow St., Cambridge	864-1300
<u>The Bicycle Workshop</u> 233 Mass. Ave., Cambridge	876-6555
<u>Chelmsford Cyclery</u> 210 Boston Rd., Rt. 4, Chelmsford	256-1528
<u>The Cycle Loft</u> 28 Cambridge St., Burlington	272-0870
<u>Family Bicycle Center</u> 149A Belgrade, Roslindale	323-9720
<u>Farina Cycle</u> 61 Galen St., Watertown	926-1717
<u>Harris Cyclery</u> 1355 Washington St., West Newton	244-1040
<u>International Bicycle Center</u> 70 Brighton Ave., Allston	783-5804
<u>International Bicycle (West)</u> 740A Beacon Street, Newton	527-0967
<u>Laughing Alley Bicycle Shop</u> 51 Harvard Ave., Allston	783-5832
<u>Lexington Cycle</u> 1644 Mass. Ave., Lexington	863-1480
<u>Life Sports</u> 1100 Mass. Ave., Arlington East India Mall, Salem	648-1305 745-6311
<u>Lifecycle</u> 1013 Mass. Ave., Cambridge	354-8595
<u>Lincoln Guide Service</u> Lincoln Rd., Lincoln	259-9204
<u>Mt. Auburn St. Cycle</u> 145 Mt. Auburn St., Watertown	926-6010
<u>Mystic Valley Wheelworks</u> 889 Main St., Winchester	729-0425
<u>Northeast Bicycles</u> 102 Broadway (Rt. 1), Saugus	233-2664
<u>The Ski Market</u> 860 Comm. Ave., Boston 57 JFK St., Galeria, Cambridge Endicott Plaza, Danvers 34 Cambridge St., Burlington 400 Franklin St., Braintree	731-6100 576-2520 777-3344 272-2222 848-3733

## Join the CRW .....

CRW dues include membership in the LAW; do NOT mail your LAW dues separately. If renewal, include your LAW number.

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
\_\_\_\_\_

PHONE: \_\_\_\_\_ LAW #: \_\_\_\_\_

OCCUPATION: \_\_\_\_\_

I will not hold the CRW, its officers or members responsible for any injury or damage sustained while taking part in any club function.

SIGNATURE: \_\_\_\_\_

PARENT SIGNATURE: \_\_\_\_\_  
(if under 18)

DATE: \_\_\_\_\_ TOTAL ENCLOSED: \$ \_\_\_\_\_

Dues: \$25 individual; \$30 household;  
\$35 sustaining

MAIL TO: Dave Brahmer, 20 Orlando Avenue,  
Arlington, MA 02174

Charles River Wheelmen  
19 Chase Avenue  
W. Newton Ma 02165



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