

Wheel People



The Charles River Wheelmen

Volume XVIII Number 8 August 1988

Sunday August 14 *Lazy Days Invitational*

A day of riding, picnicking, and fun with fellow cyclists
from the CRW and other area bicycle clubs

Events

- Arrowed rides of 62, 30, and 15 miles
- Picnic, Games, and Fun
- Special Ice Cream Ride following picnic

Where:

All events start from the picnic
grounds at the V.A. Hospital
in Bedford, Ma. off Springs Rd

When

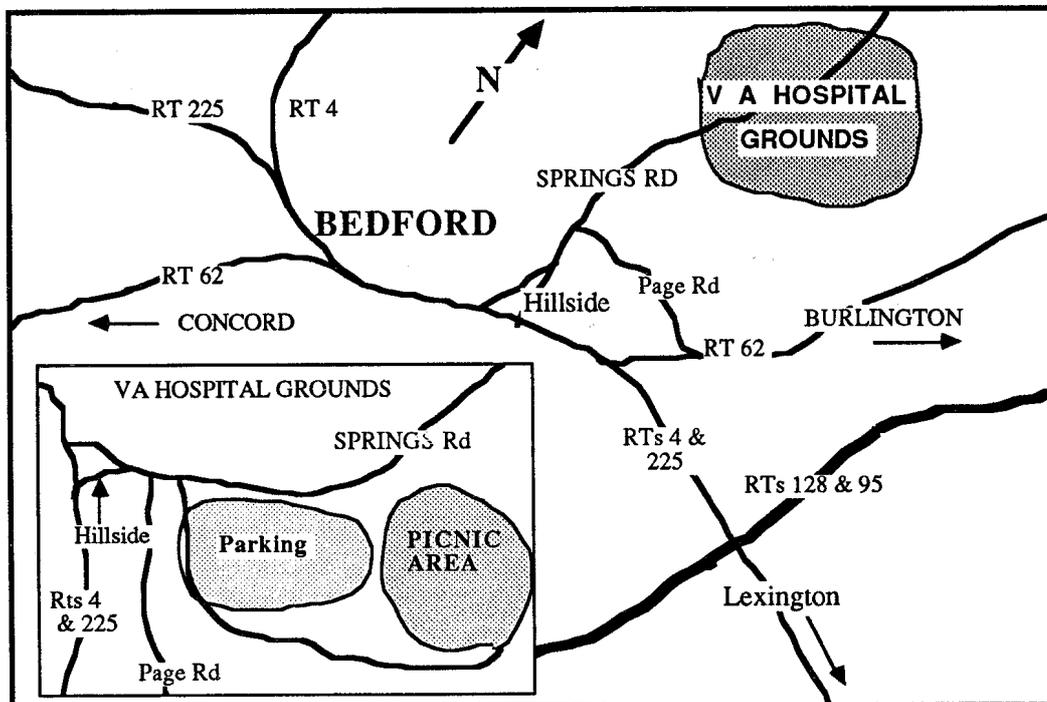
Registration for the 62 mile ride is from 7:30 to 9:00 AM

Registration for the 30 & 15 mile rides is from 9:30 to 11:00 AM

The Picnic begins at 12:30 PM.

Lindy's Ice Cream Ride begins at 2:30 PM

\$6.00 covers all events for a great day of cycling and picnicking



More info inside or call 325-BIKE



The Charles River Wheelmen is a group of active adult bicyclists that sponsors a year-round program to promote the enjoyment of cycling. During the regular season (early Spring to late Fall), at least two ride loops are available every Sunday, designed to be ridden at your own pace. The routes are arrowed in advance and the leaders stay in the rear to ensure that nobody gets left behind. Our Winter Rides Program (The Second Season) is more informal; the route and pace are decided by those who show up each week. We also hold social events and other related activities. Our dues include membership in the League of American Wheelmen (LAW); CRW members receive Bicycle USA, the LAW magazine, as well as WHEELPEOPLE, the Club's newsletter. Address all mail to: The Charles River Wheelmen 19 Chase Ave, W. Newton, MA 02165

OFFICERS AND COORDINATORS

President	Mike Hanauer	862-5927
Vice-President	Jamie King	325-1433
Secretary	Glenn Coffman	668-8521
Treasurer	Don Blake	275-7878
Finance (Chair)	Dave Hill	643-4079
VP of Rides	Tim Oey	782-1944
Winter Rides	Walter McNeil	329-1586
Membership	Jack Donohue	324-3926
Information	Jacek Rudowski	361-5273
Merchandise	Jerry Campbell	478-0490
Publicity	Wilma Hurwitz	242-0574
Mileage	Edson Trumbull	332-8546
Rails-to-Trails Representative	Bill Aldrich	964-5184
Post-Ride Coordinator	Barbara Bix	964-8193
LAW/CRW Club Rep.	Susan Grieb	324-3926
LAW/CRW Touring Info. Contact	Jamie King	325-1433
LAW/CRW Gov. Relations Advocate	Bob Sawyer	862-6517
	Tammy Wood	327-3395
Safety Coordinator	John Allen	891-9307
Extended Trips	Susan Grieb	324-3926
	Jacek Rudowski	361-5273
Bike Shop Program	Glenn Coffman	668-8521
	WHEELPEOPLE	
Editor	Nancy Peacock	648-8468
Production Assistant	Christina Hilliard	527-1046
Distribution	Fran Merigan	926-8964
Advertising	Nancy O'Connell (W)	486-9090
	(H)	641-2474

BOARD OF DIRECTORS

	(term expires)	
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AD Rates

Full Page \$60, Half Page \$30,
Quarter page \$15 and Eighth Page,
\$7.50. Call Nancy O'Connell at
486-9090 (days) or 641-2474
(evenings) for more info.

Welcome New Members

Ken Alper	Jamaica Plain
Thomas Boyle	Cambridge
Bruce Brumberg	Brookline
Peter Burghardt Family	Brighton
Anthony Dash	Watertown
Pamela Dippel	Boston
Roger Gore	Newton Corner
Timothy Hanson	Somerville
John Hardin	Hull
William & Joanne Harriman	Wilmington
Pamela Heidell	Arlington
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Paul Simon	Arlington
Steven Simon	Sharon
William Ward	Cambridge
Suzanne Wargo	Boston
Henry Winslow	North Weymouth
Glenda Wood	North Plymouth
Peter Zacharia	Cambridge



ALL THE NEWS THAT FITS, WE PRINT
Please send your material
by the 10th
to:

Nancy B. Peacock
71 Piedmont Street
Arlington, MA 02174

OFFICIAL CRW SUMMER BARBECUE

Saturday August 6, 1988

4:00 pm

at the Kirtleys

71 Greenough Street

Brookline

(near the Brookline Hills T station)

Jim and Jan Kirtley have once again offered to host the CRW Summer Barbecue. This is an annual event, which should bring out all the regulars and the newcomers as well, so don't miss it.

The bill of fare consists of CRW's famous hamburgers and hot dogs (supplied by the Club), along with the sumptuous contributions from you, the guests, that include the cold drinks, salads, desserts, and munchies.

Please bring a contribution according to the initial of your last name:

A-F	cold drinks
G-L	salads, munchies
M-R	desserts
S-Z	chairs

The festivities start at 4:00 pm. Anyone owning vintage bikes is welcome to display them at the event. And if we ask nicely, the Kirtleys will probably turn up the hot tub.!

If you have any questions, or would like to help out on the day of the event, please call Barbara Bix at 964-8913 or the Kirtleys at 277-2628.



**CALENDAR
of UPCOMING EVENTS
Near and Far**

August 4-7, 1988 -- **Eastern Tandem Rally for 1988**, to be held at University of New Hampshire. Deadline for registration, June 15th. Contact Linda Harvey at 16 Clinton St., Salem, NH 03079 (603) 989-5285.

September 11-17, 1988. **Fourth Annual Southern Utah National Parks Ride**, sponsored by Bonneville Bicycle Touring Club. Tour Zion and Bryce Canyon National parks and Cedar Breaks National Monument. Fee \$75.00. Contact Carl Ehrman, 3247 Bon View Drive, SLC Utah 84109, (801) 278-9836. Deadline, Aug. 15.

Lazy Days Invitational

Area Bicycle Rally

VA Hospital Grounds, Bedford, Ma

Sunday, August 14, 1988

This summer our club is hosting a bicycle rally for all area clubs. We'll have a great day of rides starting with a metric century (62 miles) at 7:30 AM, 30 or 15 mile rides at 9:30 AM, a picnic that begins at 12:30 PM, and an afternoon Ice Cream Ride at 2:30 PM led by Lindy King.

As the host club for this event, we would appreciate having CRW members help out especially by providing their favorite and, as usual, spectacular picnic side dishes. We need salads, snacks, and desserts. Using our tried and true alphabet system, if your last name begins with:

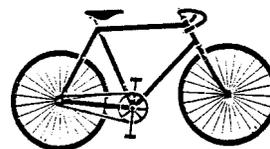
A-H: Please bring a salad or vegetables

I-P: Please bring snacks or fruit

Q-Z: Please bring a dessert

Of course, we can always use help in getting the event underway. If you are interested in helping with registration, picnic set-up, food buying, cooking, or selling T-shirts, please call: Debbie Allinger or Dave Hill 643-4079.

Thanks for your help and

Think Sun !!!**Sorry About That**

We apologize for the fact that the July Wheelpeople arrived late and that a few of you were missing the rides schedule in some earlier issues. We appreciate your letting us know of these problems; corrective action is now in progress.



What Your Board Did in JULY

July 5 Agenda items and Summary of Minutes

Membership There are 561 members, an all-time high!

Position openings-There is a need for a new LAW/CRW Area Representative. A search is now underway. Call Mike Hanauer if interested.

Treasurer's Report-Club finances appear to be in good order. An update on the budget for the year will be presented by David Hill next month.

Club Rides-There was a discussion of problems with a recent ride because of a lack of arrows and accuracy of mileage. A general discussion of the need to educate new ride leaders in the responsibilities of leading a ride followed.

Extended Trips-The June workshop in Littleton was very successful with rides, programs on Bicycle Maintenance and safe bicycling as well as ideas on how to conduct a good trip. This program will definitely be held next year.

Government Relations- Lowell to Sudbury bikepath has been tentatively approved. Plans for the Minuteman Bikepath are going smoothly. MBTA has approved bikes on selected commuter rail. (See last months newsletter for details or call 325 BIKE for information.

NEAR '89 is definitely to be held at UCONN-Storrs.

Spring Century- Jim Merrick gave a final report on the Spring Century at which more than 200 cyclists participated in one of the rides.

Bike Day- See info in last months newsletter.

BELF- The formal fund raising for this educational fund sponsored by the LAW has ended. An anonymous matching donation was made by a club member.

Lazy Daze-Plans for this event are proceeding. See last months newsletter for details.

CRW Brochures-New brochures are nearly ready for distribution.

Meeting adjourned at 9:10PM
Submitted by your Secretary,
Glenn Coffman

Join us next month-followed
by Ice Cream at Toscannini's!

Directions-Meetings are held on the first Tuesday of the month at MIT-Go thru main entrance on Mass. Ave. turn right, go 150 ft. to first staircase opposite Marine Museum to third floor. At top of staircase turn left and walk 100 ft. to room on right. Room 5-314.

MILEAGE through JUNE, 1988

Melinda Lyon	7028
Jim Merrick	5927
Jack Donohue	5649
Carol Tesiero	5013
Lindy King	4591
Steven Robins	3693
Jamie King	3633
Robin Schulman	3529
Dick Buck	3416
Osman Isvan	3351
Arleen O'Donnell	3312
Dick Howe	3068
Ed Trumbull	3035
Dave Sherman	2814
Mike Hanauer	2699
Webb Sussman	2398
Al Lester	2333
Carl McElroy	2328
Jim Broughton	2292
Joe Repole	2183
Glen Coffman	2062
Elisse Ghitelman	2030
Cathy Ellis	1893
John Allen	1592
Jacek Rudowski	1418
Jim McGary	1040
Susan Grieb	983
Sheldon Brown	921
George Caplan	473
Tova Brown	254
Harriet Fell	246
George Brown	201

It was hot. It was humid. But that did not deter our stalwart "couriers from their appointed rounds". Way to go, gang! For those who forget, I'm still here: by the 5th. ■

Ed Trumbull

19 Chase Avenue

West Newton, MA 02165

332-8546



Ride Calendar

August

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

On all CRW rides, please arrive at least 15 minutes before starting time. It is recommended that you bring pump, patch kit, spare tire tube, wrench, screwdriver, lock, water bottle, some money, helmet & gloves, and map.

During the "arrowed ride season", for those who might have missed the last ride, CRW recommends Saturday at 10:00 AM as a second opportunity to follow the arrows of the previous Sunday's ride, but this time as a show-and-go *leaderless* ride. It is also recommended that you call the leader to determine the correct arrow shape to follow on the road.

CRW Board Meeting

Tuesday, August 2 7:30 PM
 Location: MIT building 5, room 314 (5-314), Mass Ave, Cambridge. All members are welcome!

AYH/CRW Evening Ride

Wednesday, August 3 6:30 PM
 Start: Wellesley, at Library on Rt 16/135 across from the Town Hall.
 Leaders: Jamie & Lindy King (617-325-1433).
 Routes & Times:
 6:30 PM 15-20 miles, rolling
 Highlights: No arrows, maps will be provided. Bring a bathing suit for a quick dip in Farm Pond. There will be an ice cream stop in Wellesley after the ride.

A Bit O' Rhode Island

Sunday, August 7 9:30, 10:30 AM
 Start: Walpole Center Municipal Parking Lot - 1/2 block south on Rt 27 where it intersects Rt 1A - behind stores on Main St.
 Leaders: Glenn Coffman (508-668-8521), Linda Berkman (617-969-5201), and Tim Cantwell (508-668-8489).
 Routes & Times:
 9:30 AM 55 miles, rolling
 10:30 AM 30 miles, flat to rolling
 Highlights: Towns include: Norfolk, Franklin, Plainville, and just a bit of Rhode Island for the long ride (Diamond Hill State Park). Bring your lunch.

AYH/CRW Evening Ride

Wednesday, August 10 6:30 PM
 Start: Lexington, at the Lexington Green Minute Man Statue near the intersection of Mass Ave and Bedford St.
 Leaders: Mike Hanauer (617-862-5927).
 Routes & Times:
 6:30 PM 10-15 miles, moderate terrain
 Highlights: No arrows, this will be a moderate paced follow the leader ride.

Lazy Days Invitational

Sunday, August 14 7:30+ AM
 Start: Bedford, at the VA hospital shelter/picnic off of Rts 4 & 225. Park in visitors parking lot at the VA hospital.
 Leaders: Debbie Allinger (617-643-4079), Dave Hill, and Lindy King.
 Routes, Events & Times:
 7:30 AM Registration starts
 7:30 AM 62 miles, moderate to rolling
 9:30 AM 15 & 25 miles, moderate to rolling
 12:30 PM Picnic starts
 2:30 PM Ice Cream Ride
 Highlights: This is a day of bike riding, picnicking and fun for the CRW and other area bicycle clubs. There will be many rides, lots of food, and afternoon games for those too stuffed to attempt the Ice Cream Ride. Towns that the rides may pass through include Carlisle, Concord, Littleton, Reading, and Andover. Registration is \$6.

AYH/CRW Evening Ride

Wednesday, August 17 6:30 PM
 Start: Dedham Common, at the intersection of Rts 135 and 109.
 Leaders: Jamie & Lindy King (617-325-1433).
 Routes & Times:
 6:30 PM 15-20 miles, rolling
 Highlights: No arrows, maps will be provided. There will be an ice cream stop after the ride.

Quads Thru Weston

Sunday, August 21 9:30, 10:30 AM
 Start: Weston Center, at the Common near the intersection of Boston Post Road and Townhouse Road.
 Leaders: Osman Isvan (508-651-3189) and Jacek Rudowski (617-361-5273).

Routes & Times:

9:30 AM 40 & 50 miles, rolling
 10:30 AM 25 & 35 miles, rolling

Highlights: This quadruple route ride is over rolling country backroads with little traffic. Osman has worked out the logistics so that both the short and long routes meet for lunch at Concord Green at approximately the same time. The short rides travel through the towns of Wayland, Sudbury, Concord and Lincoln, while the long rides also include Acton, Carlisle, Bedford and Lexington.

AYH/CRW Evening Ride

Wednesday, August 24 6:30 PM

Start: Lexington, at the Lexington Green Minute Man Statue near the intersection of Mass Ave and Bedford St.

Leaders: Mike Hanauer (617-862-5927).

Routes & Times:

6:30 PM 10-15 miles, moderate terrain

Highlights: No arrows, this will be a moderate paced follow the leader ride.

Rivers, Dams & Falls

Sunday, August 28 8:45, 9:45, 10:30 AM

Start: Newton Upper Falls, at the intersection of Chestnut St and Eliot St. Park in the Mills Falls parking lot near the MDC Hemlock Gorge sign. Park on side closest to Chestnut St.

Leaders: Tim Oey (617-782-1944) and John Tobin (617-864-0823).

Routes & Times:

8:45 AM workshops
 9:45 AM 35-40 miles, rolling
 10:30 AM 25-30 miles, gently rolling

Highlights: Charles River, South Natick dam, Dover. Lunch for both rides is at the South Natick dam. Towns covered include Dover, Newton, Natick, Wellesley, and Needham (and also Medfield and Sherborn for the long route). The following workshop (1 hour) will be held just before the start of the long ride: The Beginning Cyclist and Surviving on the Streets of Boston. A workshop on Bicycle Maintenance for Beginners may also be given at the same time. If you are interested in attending either workshop please call Tim Oey.

Nashoba Valley Winery

Sunday, September 4 9:30, 10:30 AM

Start: Maynard, Crow Park on the left side of Rt 117 about 1/2 mile west of the intersection of routes 117 and 27. Park in the 1st parking lot after Great Road Dodge.

Leaders: Jamie & Lindy King (617-325-1433).

Routes & Times:

9:30 AM 45 miles, hilly
 10:30 AM 28 miles, hilly

Highlights: The short ride is a scenic, moderately hilly ride through the towns of Maynard, Stow, Hudson and Berlin. The long continues around the Wachusett Reservoir (good hill training for the upcoming Fall Century) to meet the short ride on the picturesque grounds of the winery. The lunch stop will be at the Nashoba Valley Winery in Bolton and will include a tour of the winery and a few bacchanal samples. Bring your lunch or buy it before the lunch stop. There will be a sag wagon available from the winery back to the start!

8th Annual Martha's Vineyard Ride

Saturday, September 10 9:00 AM

Start: Woods Hole, at Steamship Authority Ticket Office. The ferry will leave at 9:30 AM for Vineyard Haven. Buy your ferry tickets at the ticket office and mention CRW to get the \$11.00 round trip group rate (\$6.00/person +\$5.00/bike).

Parking at Woods Hole is an additional \$6.00, but you can park for free at the Falmouth Municipal lot and ride the 4 mile bike path to the ferry.

1) **Driving instructions to the municipal lot:** follow Rt 28 past the Steamship Authority overflow lot, turn left down Main St, and look for parking signs on the left-hand side of the street (this parking lot is behind the buildings on Main St.

2) **Bicycling instructions: from the Municipal lot,** cycle down Walker St (by the candy store across the street) until you get to the ocean, turn right and go about 3/4 mile until you come to the Shining Sea Bike Path, then go left and take the bike path 3 miles to the Woods Hole Steamship Authority ticket office.

Leaders: Sam Johnson and Birdy Ellsmore (508-655-8774).

Routes & Times:

9:00 AM Meet at Ticket Office

Highlights: Traditionally, the club meets at Grandma's restaurant at the foot of the Bourne bridge on the mainland side of the canal, for dinner after the ride.

Sam Johnson and Birdy Ellsmore, who have led this ride for the past few years, will provide you with a map of the island and a suggested route. Their version includes a 55 mile trip, but you may opt for a 14 mile ride to Edgartown and back. The recommended return ferry will leave Vineyard Haven at 6:30 PM. Remembering that the ferry trip is about 45 minutes, you may want to bring a light for the return trip to Falmouth.

The Tiny Corner

I'm still looking for a new VP of Rides to take my place so that I can devote more time to other projects. If you would like more information please read June's *Tiny Corner* or call me. This is a great opportunity for you to get involved and take an active role in our club.

Regarding the mention of CitiNet in last month's Board Minutes, while I have been involved in this project, Ken Hjulstrom is the one who should be thanked for his work in putting everything together and keeping it running on CitiNet. Thank you Ken for a job well done.

If you should ever have any questions or concerns regarding the CRW Rides program, feel free to call or write.

Until next month,

Tim Oey (782-1944)
 VP of Rides
 15 Greylock Rd, #1
 Allston, MA 02134

THE SCIENCE OF A RESPONSIBLE RIDE

In the last month, CRW has received two separate letters (and a phone call) complaining of rides which have been less than our usual excellent standard. What makes these letters even more significant is that they are the first such letters the club has received in my memory. The letters were constructive, detailed, and correct in their assessment of rides which were less safe and less enjoyable than they should have been.

Specifics included distances and terrain different than advertised, poor arrowing, lack of attention to safety considerations, items left out of the ride leader talk, and maps which were less than usable.

When you lead or co-lead a ride, you are not only responsible for the enjoyment and safety of the riders, you are setting a real example of how to lead a ride for our future ride leaders.

Please, it is imperative that when you lead a ride that you: **Closely follow the CRW Ride Leader Guidelines in preparing the route, and that you actively use the CRW Oral Presentation Guideline during the pre-ride talk.** These two documents have been approved by the CRW Board and are sent to you by Tim Oey, our V.P. of Rides. Their use is critical; should you find an item which might inhibit your ride situation, please bring it to Tim's attention.

One last point, the Board of CRW wishes to publicly thank the people who have written the letters mentioned above. You have brought a situation to our attention in a manner which gave us the detail information to constructively address your concerns. Such member communication is at the core of our successfully dealing with our growth and our future.

- Mike Hanauer

Lazy Days Invitational

VA Hospital Grounds, Bedford, Ma.
Sunday, August 14, 1988

The CRW's Lazy Days Invitational day of rides, picnicking and FUN is fast approaching. This exciting event will be held on the picnic grounds of the Veterans' Administration hospital at 200 Springs Road in Bedford, Ma.

There will be arrowed rides of 62, 30, and 15 miles followed by a picnic at 12:30 PM. A special ICE CREAM RIDE, by Lindy King, begins at 2:30 PM. Picnickers too stuffed to ride for ice cream can play volleyball and frisbee in the afternoon. The low, low cost for this entire delightful event is \$6.00 per person. There will be No Preregistration and No Rain Date.

Registration for the 62 mile ride begins at 7:30 AM. Register for the 30 and 15 mile rides after 9:30 AM. Call the CRW bike phone at (1-617-) 325-BIKE if rain threatens to cancel the event.

To get to the VA Picnic Grounds, see the map on the front page of this bulletin or: Take Rts 4 & 225 west into Bedford. Past the Great Road Shopping Mall, turn right onto Hillside. (There is a small sign for the VA Hospital.) Take Hillside north where it joins Springs Rd. Continue straight on Springs Rd past Page Rd to the main parking lot of the VA Hospital. Turn right into the parking lot and meander all the way back to the far left corner of the of the VA grounds where the Picnic shelter is located. Registration will be at the shelter.

We can always use help in getting the event underway. If you are interested in helping with registration, picnic set-up, food buying, cooking, or selling T-shirts, please call: Debbie Allinger or Dave Hill 643-4079. Thanks for your help and

Think Sun !!!



OFFICIAL CRW Extended TRIPS

Note: the following 3 trips are promoted and sanctioned by the newly-formed CRW Extended Trips Committee that was formed earlier this year. Look for more news on this committee's activities in future issues of Wheelpeople.

July 31 - August 6, 1988 **TRANE '88** The Ride Around New England, six states, six days, about 70 miles per day. Sag for luggage. Stay in motels, \$224 includes lodging, sag, route planning; meals not included. Intended for experienced cyclists only. Contact Marc Remaly, 29 Dudley St. Arlington, MA 02174, 646-5861. Register by July 1, 1988, \$70 deposit.■

August 5-7, 1988 -- **New Hampshire Bicycling Weekend.** Stay at AMC's Wonalancet Cabin Friday, Saturday night with good cycling during the days. A century will be offered Sat. for those who wish to ride it. Also included are Sat. evening summer theatre tickets. Approximate cost \$20.00. For more info, contact leader: Melinda Lyon (887-5755 8-9 pm), or coleader: Susan Grieb (324-3926).

September 2-4, 1988 - **Labor Day Bicycling Weekend** - Wonalancet Cabin, Tamworth, NH. Bicycle 40-100 miles/day with lodging at AMC's Wonalancet cabin. Good food, swimming, mountain biking, good times. Deposit \$20.00, approximate cost \$25.00. For more info, contact leader: Melinda Lyon (887-5755 8-9 pm), or coleader: Susan Grieb (324-3926).

Are You A Bikeholic?

Bikeaholism is a disease. To see if you're afflicted, take the following quiz:

- * Are you ever absent or tardy at work due to cycling?
- * Has your cycling caused conflicts at home?
- * Do you ride to build self-esteem?
- * Do you find yourself needing to ride more and more just to relax?
- * Are you or your family suffering financial difficulties because of cycling?
- * Do you push cycling on others?
- * Do you feel uncomfortable when others don't ride?
- * Do you ride before noon?
- * Do you ride to forget your problems?
- * Do you resent those who want to stop you from cycling?

Tally your "yes" answers. If the total is less than 4, there's still hope. But you have to beat the problem before it beats you. The next time anyone asks you to go for a ride, just say no.

If you scored between 5 and 9, you're a candidate for the new Eddy Merckx Wing of the Betty Ford Rehabilitation Center. Apply now. You can't be helped until you admit you have a problem.

If you scored a perfect 10, you're beyond help. Go and ride all you like. It may ruin your life, but most fun things do.

-Jimmy Stevenson ©Bicycling



L.A.W. News

LAW/CRW AREA REPRESENTATIVE WANTED

A new CRW position has been created, that of LAW/CRW Area Representative. Generally, area reps serve as a liaison between individual club reps and the LAW Regional Director (John Torosian in our case). There will be three Area Reps in Massachusetts: Western, Eastern and CRW (usually one per ten clubs or manageable area). Because of our 100 percent League status, CRW will have its own Area Rep. -- our own direct link to the Regional Director (and president) of the League.

The Area Representative is an important and interesting position as this person will facilitate communications between the two groups and help to coordinate regional inter-club interests and activities. I was on the League's Area Rep committee which developed the job Description; please give me a call at (617) 862-5927 if you would like further information. As always, no obligation.

- Mike Hanauer

Bike Shop Program

As your bike shop coordinator I am looking for volunteers to help serve as representatives to bike shops. Its a job that should take only a few minutes a month and will help the club enormously in publicity.

What is necessary would be a monthly visit to a bike shop near your home or work to distribute CRW pamphlets and to speak to the owner or manager and to request the display of newsletters and announcements of special events. This would reinforce the monthly newsletter which is sent to all the shops that give a discount to CRW members. For our annual banquet the bike shops are requested to provide some merchandise which many have willingly done for the last several years. Additionally you may be asked during your visit to solicit advertising for the newsletter which provides another source of revenue for the club.

If you live or work near a bike shop or work in one please consider helping us out. This is really another way of reaching bicycle enthusiasts who might otherwise be unaware of the Club and what its doing. By the way, this helps you to get to know your bike shop which might not be a bad idea either.

All those who have served as club reps and are interested in continuing please contact me.

Glenn Coffman Bike Shop
Coordinator 508-668-8521

WANTED -- Salesperson

to sell club t-shirts at major CRW and other events. It's easy and lots of fun. If you can spare a few hours a few days a year, call Jerry Campbell at (508) 478-0490

T-Shirts

MAIL ORDER MAIL ORDER MAIL ORDER

CHARLES RIVER WHEELMEN
T-SHIRTS AND WATERBOTTLES

Our attractive club t-shirts are now available by mail. We have an excellent selection of all sizes available in the following colors in both short and long sleeves: red, white and blue. When ordering, please select a 2nd color choice.

Short Sleeve S ___ M ___ L ___ xL ___ \$6.00 ea. ___
Color: 1st ___ 2nd ___

Long Sleeve S ___ M ___ L ___ xL ___ \$9.00 ea. ___
Color: 1st ___ 2nd ___

Water Bottles White ___
Blue ___ \$2.50 ea. ___
Add Postage \$1.75 ___
TOTAL ___

Mail To: _____

Phone: _____

Make checks payable to: The Charles River Wheelmen. Mail to Jerry Campbell 99 Blackstone Street, Mendon, MA 01756

MAIL ORDER MAIL ORDER MAIL ORDER



The following shops offer discounts to members of CRW:

<u>Ace Wheelworks</u>	
2044 Massachusetts Ave., Cambridge	876-8200
<u>Aworthy Bicycle</u>	
424 Moody St., Waltham	893-8769
<u>Belmont Wheelworks</u>	
480 Trapelo Rd., Belmont	489-3577
<u>Bicycle Bill</u>	
253 No. Harvard, Allston	783-5636
<u>Bicycle Corner</u>	
916 Massachusetts Ave., Arlington	641-0101
<u>Bicycle Exchange</u>	
3 Bow St., Cambridge	864-1300
<u>Bicycle Workshop</u>	
233 Massachusetts Ave., Cambridge	876-6555
<u>Broken Spoke Bicycle Shop</u>	
168 Main Street, Hudson	562-6566
<u>Brookline Cycle Shop</u>	
324 Washington Street, Brookline	232-0775
<u>Chelmsford Cyclery</u>	
7 Summer Street, Chelmsford	256-1528
<u>Cycle Loft</u>	
28 Cambridge St., Burlington	272-0870
<u>Family Bicycle Center</u>	
149-A Belgrade Ave., Roslindale	323-9720
<u>Farina Cycle</u>	
61 Galen St., Watertown	926-1717
<u>Ferris Wheels Bicycle Shop</u>	
64 South street, Jamaica Plain	522-7082
<u>Frank's Bicycle Barn</u>	
123 Worcester Turnpike, Westboro	366-1770
<u>Frank's Spoke 'N Wheel</u>	
1164 Worcester Road, Framingham	872-8590
847 Edgell Road, Framingham	877-7878
82 Boston Post Road, Sudbury	443-6696
877 Main Street, Waltham	894-2768
<u>Harris Cyclery</u>	
1355 Washington St., West Newton	244-1040
<u>International Bicycle Center</u>	
70 Brighton Ave., Allston	783-5804
740A Beacon St., Newton Centre	527-0967
<u>King Cycle</u>	
198 Great Road, Bedford	275-2035
<u>Landrey's Schwinn Cyclery</u>	
80 Hollis Street, Framingham	875-5158
<u>Laughing Alley Bicycle Shop</u>	
51 Harvard Ave., Allston	783-5832
<u>Lexington Cycle</u>	
7 Meriam Street, Lexington	863-1480
<u>Life Sports</u>	
East India Mall, Salem	745-6311
<u>Lincoln Guide Service</u>	
152 Lincoln Rd., Lincoln	259-9204
<u>Marblehead Cycle</u>	
25 Bessom St., Marblehead	631-1570
<u>Mt. Auburn St. Cycles</u>	
145 Mt. Auburn St., Watertown	926-6010
<u>Northeast Bicycles</u>	
102 Broadway (Rt. 1), Saugus	233-2664
<u>Norwood Bicycle Depot</u>	
85 Broadway, Norwood	762-2112
<u>Pedal Pushers Bike Shop</u>	
473 Main Street, Waltham	899-6293
<u>Ski Market</u>	
860 Commonwealth Ave., Boston	731-6100
Endicott Plaza, Danvers	777-3344
34 Cambridge St., Burlington	272-2222
400 Franklin St., Braintree	848-3733
<u>Stoughton Bike Shop</u>	
742 Washington Street, Stoughton	344-2414
<u>Wheels of Wellesley</u>	
392 Washington Street, Wellesley	235-4371

JOIN THE CHARLES RIVER WHEELMEN

CRW dues include membership in the League of American Wheelmen (LAW). Do NOT make payments to LAW directly.

I understand that the Charles River Wheelmen, Inc. (CRW) is accepting me as a member. I realize that there are certain dangers inherent in the sport of bicycling such as adverse weather conditions and road hazards. I agree to assume the risk of all injuries or damage that may arise from my participation, including but not limited to bodily harm to myself or others and equipment failure or damage. I certify that I am in proper physical condition to take part in bicycling activities and that I am at least 16 years of age. (see below)

I agree to abide by applicable traffic regulations while I am taking part in CRW activities.

In consideration of the above, I hereby release and hold harmless CRW, American Youth Hostels, Inc., League of American Wheelmen, Inc., and their officers, directors, organizers, event leaders, and agents from and against any liability or claim for any injury, misadventure, harm, loss, cost or damage sustained as a result of my participation in CRW activities. I have read this release and understand its meaning.

Signature of parent or guardian if member is under 18 years of age. For family memberships, every adult in family must sign.

Date: _____

Signature(s): _____

NAME(S): _____

ADDRESS: _____

PHONE (H): _____

(W): _____

OCCUPATION: _____

DATE OF BIRTH: _____

Membership fees:	1 year	2 years	3 years	
Individual*	\$26	\$49	\$72	_____
Household*	\$31	\$58	\$85	_____
Additional Contribution to CRW(\$1, \$5, ...)				_____
TOTAL				=====

*If currently an LAW life member call Jack Donohue at 324-3926

Make check or money order payable to: Charles River Wheelmen

Send completed form and membership fee to: Jack Donohue
11 Overlook Park
Malden, MA 02148

I might like to assist the CRW in the following activities:

- | | |
|--|--|
| <input type="checkbox"/> 1. Ride leader or co-leader | <input type="checkbox"/> 6. Legislative action |
| <input type="checkbox"/> 2. Host a post ride gathering | <input type="checkbox"/> 7. Safety |
| <input type="checkbox"/> 3. Newsletter | <input type="checkbox"/> 8. Special events |
| <input type="checkbox"/> 4. Publicity | <input type="checkbox"/> 9. Other (please specify) |
| <input type="checkbox"/> 5. Membership | |

CHARLES RIVER WHEELMEN
19 CHASE AVENUE
W. NEWTON, MA 02165

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