

Wheel People



The Charles River Wheelmen

Volume XVIII Number 10 October 1988

HELP WANTED

Editor, Wheelpeople -- Position open for individual to edit WHEELPEOPLE, the club's newsletter. Duties include:

- * assembling articles
- * laying out the pages
- * delivering the boards to the printer.

If you have computer and graphics talents, or even a desktop publishing system, here is your chance to put your creative skills to work. Even if you don't have the latest equipment, there are many other club members out there who can help out in this important task. If you have access to a computer and pasteup equipment, here's an opportunity to express yourself creatively and to be an important asset to the club.

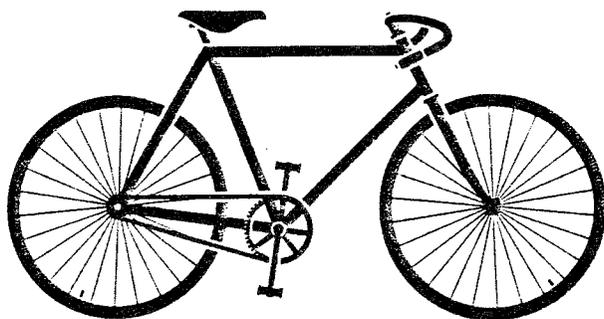
To get you started, we will print out blank pages for the next few issues, so

all you will have to do is paste in the articles. The printer already knows what we need. After the boards are delivered to the printer, the finished copies are picked up by Fran Merigan, who is in charge of mailing them. Jack Donohue keeps the mailing list up to date.

As you can see, this is strictly an editorial function. You don't have to get involved in the distribution or the mailing of the newsletter; those tasks are handled by the above-mentioned dedicated volunteers.

If you are a real "techie" and want a chance to use your modem, you can find out how to access files from other members, the local Citinet Bicycle Network, as well as the LAW's own electronic mail service. Contributions are always welcome from our members. (Don't forget to keep your columns three and a half inches wide.)

For more information, call Nancy Peacock at 648-8468.



**BOARD ELECTIONS
COMING UP NEXT MONTH!!!**

Are you interested in running for the board?
See article on page 3 of this issue.



The Charles River Wheelmen is a group of active adult bicyclists that sponsors a year-round program to promote the enjoyment of cycling. During the regular season (early Spring to late Fall), at least two ride loops are available every Sunday, designed to be ridden at your own pace. The routes are arrowed in advance and the leaders stay in the rear to ensure that nobody gets left behind. Our **Winter Rides Program** (The Second Season) is more informal; the route and pace are decided by those who show up each week. We also hold social events and other related activities. Our dues include membership in the **League of American Wheelmen (LAW)**; CRW members receive Bicycle USA, the LAW magazine, as well as **WHEELPEOPLE**, the Club's newsletter. Address all mail to: The Charles River Wheelmen 19 Chase Ave. W. Newton, MA 02165

OFFICERS AND COORDINATORS

| | | |
|---------------------------------|---------------------|----------------|
| President | Mike Hanauer | 862-5927 |
| Vice-President | Jamie King | 325-1433 |
| Secretary | Glenn Coffman | 668-8521 |
| Treasurer | Don Blake | 275-7878 |
| Finance (Chair) | Dave Hill | 643-4079 |
| VP of Rides | Tim Oey | 782-1944 |
| Winter Rides | Walter McNeil | 329-1586 |
| Membership | Jack Donohue | 324-3926 |
| Information | Jacek Rudowski | 361-5273 |
| Merchandise | Jerry Campbell | (508) 478-0490 |
| Publicity | Wilma Hurwitz | 242-0574 |
| Mileage | Edson Trumbull | 332-8546 |
| Rails-to-Trails Representative | | |
| | Bill Aldrich | 964-5184 |
| Post-Ride Coordinator | Barbara Bix | 964-8193 |
| LAW/CRW Club Rep. | Susan Grieb | 324-3926 |
| LAW/CRW Touring Info. Contact | | |
| | Jamie King | 325-1433 |
| LAW/CRW Gov. Relations Advocate | | |
| | Bob Sawyer | 862-6517 |
| | Tammy Wood | 327-3395 |
| Safety Coordinator | John Allen | 891-9307 |
| Extended Trips | Susan Grieb | 324-3926 |
| | Jacek Rudowski | 361-5273 |
| Bike Shop Program | Glenn Coffman | 668-8521 |
| WHEELPEOPLE | | |
| Editor | Nancy Peacock | 648-8468 |
| Production Assistant | Christina Hilliard | 527-1046 |
| Distribution | Fran Merigan | 926-8964 |
| Advertising | Nancy O'Connell (W) | 486-9090 |
| | (H) | 641-2474 |

BOARD OF DIRECTORS

| | | |
|------------------|----------------|----------------|
| | (term expires) | |
| Don Blake | ('89) | 275-7878 |
| Rosalie Blum | ('89) | 272-7785 |
| Jim Broughton | ('88) | (508) 452-0117 |
| Mike Hanauer | (ex officio) | 862-5927 |
| Dave Hill | ('90) | 643-4079 |
| Osman Isvan | ('88) | 651-3186 |
| Jamie King | ('89) | 325-1433 |
| Richard McVity | ('90) | 648-8468 |
| Tim Oey | ('90) | 782-1944 |
| Ann-Marie Starck | ('88) | 723-2007 |



Welcome New Members

| | |
|------------------------|------------------|
| Roberta Antonelli | Cambridge |
| Keith Asarkof | Lexington |
| Elizabeth Barrett | Dracut |
| Gene Belch | Brighton |
| Steve Bernette | Norwood |
| Roger Blake | Norwood |
| Barry Bragen | Woburn |
| Christopher Bunker | Arlington |
| Timothy & Linda Butler | Somerville |
| Joseph Carbonaro | Medford |
| Deborah Colston | Cambridge |
| David Doyle | Quincy |
| John Droney | Cambridge |
| Julian Fisher, MD | Brookline |
| Robert Gahtan Family | Arlington |
| John Goeller | Holliston |
| Robert Graham | Boston |
| Bernadette Hart | Roslindale |
| Jeffrey Hattem | Natick |
| Robert Hayes | Burlington |
| Sandra Hebert | Stoneham |
| Larry Heller | Wayland |
| Ellen Jervis | Cambridge |
| Mary Ann Kane | Brookline |
| David Kent | Brookline |
| Peter Kinder | Cambridge |
| Susan Kuder | Belmont |
| | Boston |
| Joanne Lawrence | North Chelmsford |
| Carl Lingard | Cambridge |
| Robert Mahnke | Cambridge |
| Mark Marshall | Bedford |
| Ellen Mayo | Milton |
| Joe McGill | Whitinsville |
| David McIlhenny Family | Carisle |
| Robert McNair, Jr | Gloucester |
| Cynthia Mittelmeier | Waltham |
| Christopher Morrow | Arlington |
| John O'Brien | Chestnut Hill |
| Joseph Parker | Medfield |
| Sharon Perlmutter | Newton Centre |
| Paul Picardi | Concord |
| Noreen Powell | Milford |
| Susan Quinn | Brookline |
| Henry Rasof | Cambridge |
| Elizabeth Schaefer | Cambridge |
| Carol & Steve Simon | Lynn |
| Cynthia Snow | Brookline |
| Anne Thamer | Hudson |
| Irene Uesato | Cambridge |
| Diana Walton Family | Newton Highlands |
| James Warrick | Burlington |
| John Wescott | Cambridge |
| Mark Wholley | Wollaston |
| Howard Wishnie, MD | Cambridge |
| Michael Zaslow | Lexington |

Lazy Days Invitational '88

Even sweltering heat couldn't keep 130 hardy bikers away from this year's Lazy Days Invitational which was held on August 14 at the VA Hospital picnic grounds in Bedford. The morning rides of 62, 30, and 15 miles were well represented while the afternoon ice cream ride attracted at least a dozen riders. Our thanks to all those club participants who brought salads, desserts, chips and snacks, and a variety of other goodies. These contributions made the picnic extra special.

Finally we want to extend our deep appreciation and gratitude for those who generously donated their time and energy to this event.

Route Arrowing: Michelle, Jill, and Dick Lewis, Don Blake, and Richard Withers.

Food Committee: Rosalie Blum, Susan Grieb, and Mike Hanauer

Registration: Jim and Delphie Broughton, Julie Horgan, Rosalie Blum, and Dick Howe

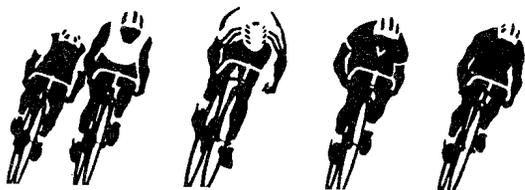
Picnic Setup: Rosalie Blum, Jim and Delphie Broughton, and Tom D.

Safety Program: John Allen

Ice Cream ride: Lindy King

Phone Monitor: Jamie King

Debbie Allinger
Dave Hill



BOARD ELECTIONS COMING RIGHT UP

There is still time to run for the CRW Board of Directors if you hurry. This is a great opportunity to help run the club and get some invaluable personal experience at the same time. The job requires about six hours per month.

Ballots and 100 word (maximum) election statements from each candidate will appear in the November issue of Wheelpeople, and therefore must be received by Editor Nancy Peacock by October 10. Please call Mike Hanauer at 862-5927 right away if you think you even might be interested or want a bit more information before deciding.

"RIDE SCIENCE" CONTINUED

In the last 2 issues of Wheelpeople we have been exposed to two quite different versions of what it means to volunteer to lead a Sunday ride for our club. I feel both Mike Hanauer and Jerry Campbell each make valid points. So what is it, you may be thinking, that she can say now that will be any different? Well, actually I would like to do no more than point out the obvious! There are many responsibilities one assumes in volunteering to lead rides, and it is certainly important to follow guidelines, but it should not be an overwhelming experience. If you come to the conclusion that it will take a superhuman effort to pull it off well, there are many members out there who you can contact for help (e.g. with deciding on a route, helping to arrow, or arranging a post-ride party etc.) In the best of all possible worlds, I figure with over 600 members we could have a different leader and co-leader for Sunday rides for about 6 years if everybody volunteered to help out! I realize that although this is optimistic, it is just a reminder to the membership at large that ours is a club run totally by volunteers who would like to offer quality rides and activities. I, for one, have learned very much and have truly enjoyed helping the CRW for the 3 years I have been a member. Don't be shy! There are many opportunities for participating that do not take alot of time and where you can put your particular expertise to good use, learn a new skill and even have fun. Remember, the CRW offers rides 52 weeks/year - I hope to see you on the next one!

Lindy King

OPPORTUNITY

The Extended Trips committee is looking for one more volunteer to help further develop the extended trips program over the next year. The committee meets once a month over the winter and each member usually contributes an additional hour or two each month. If you are interested please contact Susan Grieb at 324-3926.

Board Notes

September 6 Agenda Items and Summary of Minutes

Positions Open- Sad to say but Nancy Peacock is stepping down from her post as Newsletter Editor! The club needs some one who can devote the time to doing this very important job. If your interested contact her for details.

The board also discussed the possibility of setting up a hierarchy of an Editor-in-chief and Managing Editor because the job has become so complicated.

Tim Oey also discussed the need to reorganize the way in which the ride coordination is managed. One possibility is to have different people responsible for Sunday, Saturday, and Wednesday Evening rides. with the Vice President in charge of coordinating the whole ride program.

Membership - There are now 601 members, a new record.

Treasurer/Finance-Dave Hill is considering the establishment of a money-market account with either a brokerage house or bank.

Extended Trips- Coordinator Susan Grieb spoke of the need to screen potential participants in an extended ride program so that there is assurance that they understand what is involved in

a bicycle trip that the club sponsors. This is especially important when non-members participate in club activities.

Government Relations- Bob Sawyer spoke on the concerns that bicycle advocates have in relation to road and highway design i.e. making existing roads safer and designing new roads with the help of bicyclists.

LAW-Mike passed out a Survey that the League would like completed by Board Members. They are interested in the concerns of bicyclists so that they can establish priorities for the next several years.

Safety- John Allen spoke on what his effective cycling program that he has developed. He will be holding workshops in the future and if you are

Best Wishes

To long time CRW members Ed Trumbull and Ned Weld. Both have just undergone surgery, Ed for a heart valve, Ned for a hip condition. We wish you both a speedy recovery, and for your return to the road very soon!

interested he should be contacted at 891-9307. Safety messages that John has developed are being passed out at rides.

Dorothy Galen Memorial- At the request of Ralph Galen a contribution was made to the Cunningham Arts Scholarship at the Milton(Mass.) High School.

NEAR- Plans for next summers big New England Area Rally at Storrs, Connecticut are going smoothly. All are welcome to attend the next meeting on Oct. 5. Call Rosalie Blum(Board Member) for details Tel.272-7785.

Elections- Annual Board and officer elections are in November. Its time to nominate someone (maybe yourself!) as a candidate for election to the board. Statements are due by Oct. 10. Send to Mike Hanauer or call him at 862-5927.

Merchandise and Events profits Policy-There followed a followed a discussion of the merits of giving volunteers free patches free admission to special events such as the Fall Century no decision was made but a number of Board members expressed there concerns.

Meeting Adjourned at 9:35

Respectfully Submitted by your Secretary, Glenn Coffman

Join us next month!

Meetings are held on the first Tuesday of the Month at MIT at 7:30 PM. Directions: Go thru the Main entrance on Mass. Ave. turn right, go 150ft. to first staircase opposite the Marine Museum to the third floor. At top of staircase turn left and walk 100 Ft. to room on right. Room 5-314.



BABC

Bike Resource Guide Available

In response to many requests for such information, the Boston Area Bicycle Coalition has compiled two guides to resources for bicyclists in Massachusetts: **Maps and Books for Boston Bicyclists** and **Bicycle Routes and Bikepaths in Massachusetts**. Totalling four pages, these guides list what we have found to be the best maps for bicycle navigation and route planning, guidebooks for bicycling in Massachusetts, and all of the useful bikepaths and bike routes that we could think of. The first guide also tells where to find all of the maps and books. For free copies of either or both of these guides, send a self-addressed, stamped(1 oz.), business-size envelope to: BABC, P.O. Box 1015 Kendall Square Branch, Cambridge, MA 02142.



Ride Calendar

October

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | | | | | | |

On all CRW rides, please arrive at least 15 minutes before starting time. It is recommended that you bring pump, patch kit, spare tire tube, wrench, screwdriver, lock, water bottle, some money, helmet & gloves, and map.

During the "arrowed ride season", for those who might have missed the last ride, CRW recommends Saturday at 10:00 AM as a second opportunity to follow the arrows of the previous Sunday's ride, but this time as a show-and-go *leaderless* ride. It is also recommended that you call the leader to determine the correct arrow shape to follow on the road.

Fifth Annual Foliage Frolics

Sunday, October 2, 1988 10:30 AM

Ride Type: Arrowed Area: NW

Start: Burlington, Wildwood School on Rt 62 1/2 mile east of the intersection of Middlesex Turnpike and Rt 62. Driving directions: go north on Middlesex Turnpike about 2 miles past Burlington Mall, turn right onto Rt 62, go 1/2 mile and turn left into lot.

Leaders: Don Blake (617-275-7878), Rosalie Blum (617-272-7785).

Routes & Times:

10:30 AM: 24 & 45 miles, flat with a few hills

Highlights: This annual event features Concord Center and foliage, foliage everywhere. Lunch is at Carlisle Center. The store there opens at noon but for best results, bring your own. There is a post-ride gathering at Rosalie's house, 1/2 mile past the end of the ride. If it's been raining, beware of slippery, wet

leaves.

CRW Board Meeting

Tuesday, October 4 7:30 PM

Location: MIT building 5, room 314 (5-314), Mass Ave, Cambridge. All members are welcome!

Around Gryzboska

Sunday, October 9, 1988 9:30, 10:00 AM

Ride Type: Arrowed Area: SW

Start: Framingham, 15 Gryzboska Circle. Driving Directions: Mass pike to Exit 12, East on Rt 9 to Temple St (2nd traffic light), Right on Temple, at end of Temple take right onto Salem End Rd, take 1st right off of Salem End onto Gryzboska Circle. Park on Gryzboska not Salem End Rd.

Leaders: Joe Repole (508-879-6340), Joan Matteuzzi (617-646-3758).

Routes & Times:

9:30 AM: 50 miles, moderate with hills

10:00 AM: 30 miles, moderate

Highlights: This joint ride with AYH includes the towns of Framingham, Ashland, Southborough, Hopkinton, Upton for the short and also Northbridge and Uxbridge for the long. Points of interest include: Upton State Forest, Whitehall State Park, horse farms, chicken ranches, brooks, cattle, and tree shaded roads. The lunch stop will be in Upton. There will also be a party back at the start (swimming pool !? and food).

Fall's True Colors

Saturday, October 15, 1988 10:30 AM

Ride Type: Show&Go Area: SW

Start: Dover, Caryl Park parking lot (overflow parking lot to Nahatan Woods) on Dedham St. Driving Directions: From Dover Center and Central Ave take Dedham St east for 1/2 mile, parking lot will be on right.

Leaders: Joan Klappert (617-329-1586).

Routes & Times:

10:30 AM: 10-15 miles, semi-hilly off-road

Highlights: This is another in a series of special mountain bike rides by Joan. The ride will be self navigated with maps and/or follow the leader. There may be some horses on the trails, but lots of colorful foliage is expected. This is an excellent ride for the intermediate level rider. Bring your lunch. If you are an intrepid CRW mountain biker, please step forward and volunteer to be a leader — there appears to be a growing interest in this sport and it would be nice to include more of these rides on our calendar. Call Joan or your VP of Rides for more info.

Blackstone Valley Tour

Sunday, October 16, 1988 10:30 AM

Ride Type: Arrowed Area: SW

Start: Franklin, at the Forge Park/495 commuter rail station, just 1/4 mile north of interstate 495 (exit 17) on Rt 140.

Leaders: Jerry Campbell & Gerri Waloga (508-478-0490).

Routes & Times:

10:30 AM: 39 miles, rolling to hilly

10:30 AM: 24 miles, rolling

Highlights: Both rides pass through historic Blackstone valley during a perfect time for fall foliage. Towns covered include

Franklin, Bellingham and Mendon (also Blackstone, Millville, Uxbridge, Northbridge and Upton for the long ride). Note: As the long riders travel along North Ave in Mendon, they will be able to view the Hancock and Prudential buildings in distant Boston (!). The lunch stop will be at Lowells Dairy in Mendon Center for both rides.

At the Bell . . .

Sunday, October 23, 1988 10:00 AM

Ride Type: Arrowed Area: N

Start: Andover, Philips Academy Bell Tower on Rt. 28 near the corner of 28 and Salem St. Parking on Salem St. and on Philip St. Don't park on the campus. Driving Directions - from Rt. 128, take Rt 93 north to Rt 125 north then to Rt 28 north. Follow Rt 28 north for approximately 3 miles. The Bell Tower will be on your right.

Leaders: Allison Ounanian (617-449-0044), David Rudman (617-864-3226).

Routes & Times:

10:00 AM: 25 & 45 miles, gently rolling

Highlights: Watch for beautiful trees, pastoral farmlands, and Harold Parker State Forest. The lunch stops are not at the same place and lunch may be difficult to find for the short ride (you may wish to bag it). Long riders can stop at the Boxford Community Store to pick up edibles. Towns covered are Andover, North Andover, Boxford, West Boxford, and Groveland.

Cruisin' the South Shore

Sunday, October 30, 1988 10:00, 10:30 AM

Ride Type: Arrowed Area: S

Start: Hingham/Norwell town line, at the Queen Anne Plaza shopping center at the intersection of Rts 53 and 228. Driving directions - from Rt 3 south, take Rt 228 exit (Rockland and Nantasket exit), turn left onto Rt 228, go 1/2 mile, then turn right into shopping center (see a Star Market and a Caldors).

Leaders: Barry & Kristen Fricks (617-247-4832).

Routes & Times:

10:00 AM: 40 miles, moderate terrain. with a few hills

10:30 AM: 25 miles, moderate terrain

Highlights: Wompatuck State Park, and roads infrequently traveled by the CRW. This ride reveals a beautiful bit of the South Shore that is surprisingly close to Boston, yet almost forgotten by the CRW. The ride starts about 18 miles from Back Bay Boston and tours the historic towns of Hingham, Cohasset and Norwell along with Wompatuck State Park. The lunch stop will be in Scituate Harbor for both rides.

Election Follies

Sunday, November 6, 1988 10:00, 10:30 AM

Ride Type: Arrowed Area: NW

Start: Brookline, at the top of the hill in Lars Anderson Park (just beyond the Museum of Transportation). Enter the park from Newton St. Driving directions: from Rt 9 & Chestnut Hill Ave intersection in Brookline, take Lee St south. At the end of Lee St, turn left at the light onto Newton St.

Leaders: John Dabrowski (617-524-1672), Ken Alper (617-522-5865).

Routes & Times:

10:00 AM: 40 miles, moderate terrain

10:30 AM: 25 miles

Highlights: The short ride ventures through Brookline, Dedham, Needham, Dover, and Newton. The long also includes Westwood. Lunch will be in Dover (there are places to purchase food near the lunch stop).

The Tiny Corner

Why the CRW?

Why do you belong to the CRW? Nice rides? Meeting new people?

Whatever the reason, if you enjoy the club, you should step forward and volunteer so that you and others can continue to enjoy the benefits of being a member. By the time you read this, there will be only a few short days left before position statements are due for our board of directors election. I hope several of you will run for one of the three positions that are open.

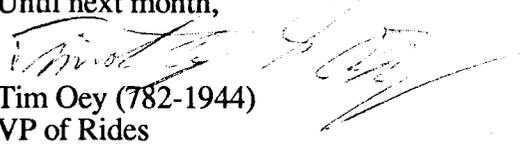
If you don't want to meet every 1st Tuesday of each month for a little rousing conversation at our board meetings (and some ice cream afterwards), why not volunteer for one of the many volunteer positions that are open?

There are plans to reorganize the Newsletter staff and Rides Program so that certain positions such as Newsletter Editor and VP of Rides are not overburdensome. For the Rides Program, a VP of Rides will continue to coordinate the program overall (and yes, it looks like I will retain this position for a bit longer). Working with him will be a group of people each responsible for separate parts of the Rides Program: Sunday rides, Saturday rides, Weeknight rides, Winter rides, etc.

If you have suggestions or would like to fill one of these new spots please call me as soon as possible. If you are interested in volunteering for other positions please contact Mike Hanauer.

If you should ever have any questions or concerns regarding the CRW Rides Program, feel free to call or write. And, as always, we are in search of a few good ride leaders and co-leaders.

Until next month,


Tim Oey (782-1944)
VP of Rides
15 Greylock Rd, #1
Allston, MA 02134

Get Lost '88

Our Trip to GEAR

It being of possible interest to some of our club members, I thought to write this little tale of the expedition of some several of us to the Great Eastern Area Rally held in scenic Pennsylvania Dutch country populated by Amish people, a lot of horses and cattle, and, for a brief while, a couple thousand of us cyclists.

The cast of characters: Osman Isvan, Jerry Milgram, George Westcott, John Allen, Carol Tesiero, Ed Trumbull, and yours truly, Doug Kline, with a special guest appearance by Eric Ferioli.

Our trip began after some hasty arrangements necessitated by a need to thwart Jacek's fiendish attempt to deprive me of a night's sleep. Upon our arrival in Lancaster on our way to the place we were heading for, we zigzagged in and out of a slew of local streets, rather lost I should say, before finding our way out of Lancaster. Following the instructions we had all received, we looked for signs posted to point us in the right direction. Some considerable distance into some rural area after the point at which we should have started seeing these signs, we turned around to find them, only to discover them being posted somewhat belatedly. Later that same day, after dinner, we again got lost, this time trying to get back to the place which we had been heading for all day, this time with Osman at the wheel. We had yet to start riding.

On our first day, we, those of us fool enough to try this, that is, discovered, or should I say, failed to discover, what I by the end of the day had conclusively concluded was the absolute worst job of arrowing I had ever seen. Getting lost repeatedly and then getting soaked as our bad luck with the weather followed us to Pennsylvania filled out the experience. I sensed a strange unexpected indentity with the local Amish population who get around by horse and buggy and believe in living at one with nature, including what naturally gets deposited on the roads.

On our next day, evidently not satisfied with our experience of the first day, a few of us tried a ride called "the Hill Climber's Despair". I'm still not sure if his despair derives from the hills of this ride or the arrowing of the day before. Some of these hills were over a mile long and steep. Try doing that on however many inches my lowest gear is!

And what a relief not to have to bother shifting gears at the top of a hill because a strong headwind made the low gear necessary on the downhill side too! This ride *was* particularly scenic, for anyone with enough energy to notice.

On our last day, for consistency and full measure, a wrong arrow (not a missing arrow--a wrong arrow) led us all off in the wrong direction on the way to Intercourse (Intercourse, Pennsylvania, that is).

Driving home, after an exhausting and peculiarly Pennsylvanian three days, we tried a different route on the highways, and this time, with no help from wrong or missing arrows or signs, we got lost again, at least twice.

As if to confirm that we were again home in eastern Massachusetts, an odd late-night encounter capped our return. At about 1 in the morning, on our way through the dark desolate streets of Newton to drop Ed off at his home, we espied a lone cyclist riding in the opposite direction swathed in white, milk crates piled high on the back of his exceptional vehicle. Who was this mysterious solitary figure passing silently through the dark desolate streets of Newton? Why, none other than our own Eric Ferioli! We immediately reversed direction (fortunately there's not much traffic at that hour) and went after him to greet one of our own. Banging on our windows and shouting, we amiably called his attention to us. (For some inscrutable reason, Jerry at the wheel didn't want to honk the horn.) Eric responded by indulgently and tolerantly waving at us, apparently not knowing who we were and being less concerned about our identity than about our collective sanity.

Doug Kline

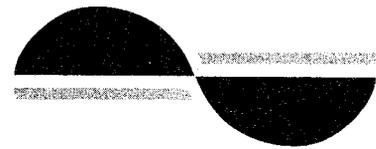


FOR SALE:

1984 Miyata 1200 performance bike, 19 1/2", chrome-moly tubing, double-buttet frame. 12-speed, Suntour Cyclone Mark II derailleur, Araya 700 x 25" rims, Campagnolo crankset. In good condition. Call Julie Stiffler at 862-8820 (days) or 489-2740 (evenings).

AD Rates

Full Page \$60, Half Page \$30, Quarter page \$15 and Eighth Page, \$7.50. Call Nancy O'Connell at 486-9090 (days) or 641-2474 (evenings) for more info.



Alternatives

Alternatives is sponsoring its Third Annual Bicycle Tour on **Saturday, October 1, 1988**. Thirty-mile, 50-mile and 100-kilometer tours will wind through Massachusetts' **Blackstone Valley**. Tour organizers will provide a sag wagon, water stops and lunch. This is a fund-raising event for Alternatives and they require a minimal entry fee and sponsor pledges. High pledge amounts will win prizes! **The first prize is a Trek 400 model bicycle.** For further information call me.

Joe McGill (800) 325-6233 ■

Alternatives Unlimited, Inc.

54 Douglas Road, P.O. Box 265, Whitinsville, MA 01588
(617) 234-6232 • In MA: (800) 325-6233

SKILLS • SUPPORT • SUCCESS

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PUBLICITY COORDINATOR

Surely we all enjoy seeing and hearing about CRW in bicycle magazines, newspapers and radio broadcasts--and all of this happens thanks to a **publicity coordinator**.

THIS JOB IS OPEN! We need someone who can give one or two hours per month to:

- attend Board meetings and hear what's going on
- decide with Board members how to publicize CRW events and announce CRW positions on key cycling issues.
- working with a Boston media list, create the Club's press releases and make important contacts.

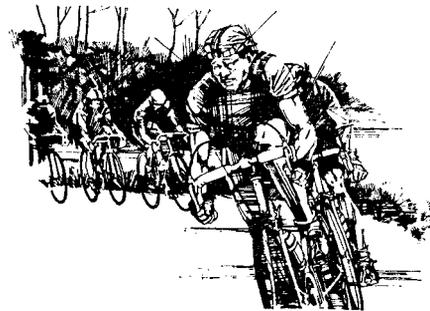
INTERESTED? Learn more by calling me!

Wilma Hurwitz ■
242-0574

CALENDAR of UPCOMING EVENTS Near and Far

October 21-23, 1988, **Mountain Bike Trip, Brookfield, Vermont.** Exciting and strenuous ride through deeply wooded valleys and ridges of 1700 feet with spectacular views. Cost, about \$110 per person which includes 2 nights lodging, breakfasts and dinners at the Green Trails Country Inn. For more information contact Susan Grieb or Jack Donohue at 324-3926. Official CRW Extended Trip

October 15-16, 1988 **Mountain Biking Festival** -- Craftsbury Center in Vermont's Northeast Kingdom, including guided backwoods trail rides, swap meet, techniques clinics and more. For more info, contact Christina Hilliard at (508) 967-5395 (days)



EFFECTIVE CYCLING CLASS OCTOBER

Several CRW members have expressed interest in an Effective Cycling class. I will be giving an intensive class 10 AM to 4 PM on two Saturdays in October -- location yet to be determined but in the western suburbs. The class will stress skills for club rides, touring and urban utility riding. There will be much on-road and parking-lot practice, so bring your bike! If interested, please contact your Safety Coordinator and Effective Cycling Instructor, John Allen, 7 University Park, Waltham 02154, 617 891-9307.

I will also be giving short Effective Cycling workshops before the 30 and 15 mile rides on August 28 and before the start of the the September Half-Century. If you would like to get a taste of what Effective Cycling is about, please come by and have a look.

MILEAGE THROUGH AUGUST, 1988

| | | | |
|------------------|------|----------------|------|
| Jack Donohue | 8065 | Ken Hjulstrom | 2984 |
| Jim Merrick | 8008 | Glen Coffman | 2734 |
| Carol Tesiero | 7694 | Bob Sawyer | 2680 |
| Lindy King | 7022 | John Allen | 2222 |
| Robin Schulman | 5918 | Jim McGavry | 2060 |
| Jamie King | 5129 | Jacek Rudowski | 2022 |
| Arleen O'Donnell | 5091 | Dennis Holland | 1514 |
| Dick Howe | 4509 | Chris Lucas | 1506 |
| Osman Isvan | 4352 | Susan Grieb | 1424 |
| Dick Buck | 4279 | Sheldon Brown | 1240 |
| Al Lester | 3754 | Bill Harriman | 1204 |
| Cathy Ellis | 3752 | Tom Odom | 1186 |
| Mike Hanauer | 3733 | George Caplan | 1073 |
| Dave Sherman | 3631 | Paul Simon | 489 |
| Jim Broughton | 3480 | Harriet Fell | 415 |
| John Tobin | 3478 | Rosalie Blum | 407 |
| Ed Trumbull | 3294 | Tova Brown | 309 |
| Joe Repole | 3209 | George Brown | 226 |
| Elisse Ghitelman | 3027 | | |

A small personal note from your mileage reporter this month: by the time you receive the newsletter, I will have been in (and, hopefully already out) of the hospital having had a valve replaced, and possibly a single bypass, in the old pump.

So my riding for the rest of this year will probably be curtailed, but look out next year, 'cause I've got a lot of miles to go before I sleep!

I still expect to hear from you by October 5th.

Ed Trumbull
 19 Chase Avenue
 West Newton, MA 02165
 332-8546■

For information 24 hours/day on the CRW call 325-BIKE



MAIL ORDER MAIL ORDER MAIL ORDER

**CHARLES RIVER WHEELMEN
 T-SHIRTS AND WATERBOTTLES**

Our attractive club t-shirts are now available by mail. We have an excellent selection of all sizes available in the following colors in both short and long sleeves: red, white and blue. When ordering, please select a 2nd color choice.

Short Sleeve S M L xL \$6.00 ea.
 Color: 1st 2nd

Long Sleeve S M L xL \$9.00 ea.
 Color: 1st 2nd

Water Bottles White
 Blue \$2.50 ea.
 Add Postage \$1.75
 TOTAL

Mail To: _____

Phone: _____

Make checks payable to: The Charles River Wheelmen. Mail to Jerry Campbell 99 Blackstone Street, Mendon, MA 01756

MAIL ORDER MAIL ORDER MAIL ORDER

WANTED -- Salesperson

to sell club t-shirts at major CRW and other events. It's easy and lots of fun. If you can spare a few hours a few days a year, call Jerry Campbell at (508) 478-0490



The following shops offer discounts to members of CRW:

| | |
|-------------------------------------|----------|
| <u>Ace Wheelworks</u> | |
| 2044 Massachusetts Ave, Cambridge | 876-8200 |
| <u>Aworthy Bicycle</u> | |
| 424 Moody St., Waltham | 893-8769 |
| <u>Belmont Wheelworks</u> | |
| 480 Trapelo Rd., Belmont | 489-3577 |
| <u>Bicycle Bill</u> | |
| 253 No. Harvard, Allston | 783-5636 |
| <u>Bicycle Corner</u> | |
| 916 Massachusetts Ave., Arlington | 641-0101 |
| <u>Bicycle Exchange</u> | |
| 3 Bow St., Cambridge | 864-1300 |
| <u>Bicycle Workshop</u> | |
| 233 Massachusetts Ave., Cambridge | 876-6555 |
| <u>Broken Spoke Bicycle Shop</u> | |
| 168 Main Street, Hudson | 562-6566 |
| <u>Brookline Cycle Shop</u> | |
| 324 Washington Street, Brookline | 232-0775 |
| <u>Chelmsford Cyclery</u> | |
| 7 Summer Street, Chelmsford | 256-1528 |
| <u>Cycle Loft</u> | |
| 28 Cambridge St., Burlington | 272-0870 |
| <u>Family Bicycle Center</u> | |
| 149-A Belgrade Ave., Roslindale | 323-9720 |
| <u>Farina Cycle</u> | |
| 61 Galen St., Watertown | 926-1717 |
| <u>Ferris Wheels Bicycle Shop</u> | |
| 64 South street, Jamaica Plain | 522-7082 |
| <u>Frank's Bicycle Barn</u> | |
| 123 Worcester Turnpike, Westboro | 366-1770 |
| <u>Frank's Spoke 'N Wheel</u> | |
| 1164 Worcester Road, Framingham | 872-8590 |
| 847 Edgell Road, Framingham | 877-7878 |
| 82 Boston Post Road, Sudbury | 443-6696 |
| 877 Main Street, Waltham | 894-2768 |
| <u>Harris Cyclery</u> | |
| 1355 Washington St., West Newton | 244-1040 |
| <u>International Bicycle Center</u> | |
| 70 Brighton Ave., Allston | 783-5804 |
| 740A Beacon St., Newton Centre | 527-0967 |
| <u>King Cycle</u> | |
| 198 Great Road, Bedford | 275-2035 |
| <u>Landrey's Schwinn Cyclery</u> | |
| 80 Hollis Street, Framingham | 875-5158 |
| <u>Laughing Alley Bicycle Shop</u> | |
| 51 Harvard Ave., Allston | 783-5832 |
| <u>Lexington Cycle</u> | |
| 7 Meriam Street, Lexington | 863-1480 |
| <u>Life Sports</u> | |
| East India Mall, Salem | 745-6311 |
| <u>Lincoln Guide Service</u> | |
| 152 Lincoln Rd., Lincoln | 259-9204 |
| <u>Marblehead Cycle</u> | |
| 25 Bessom St., Marblehead | 631-1570 |
| <u>Mt. Auburn St. Cycles</u> | |
| 145 Mt. Auburn St., Watertown | 926-6010 |
| <u>Northeast Bicycles</u> | |
| 102 Broadway (Rt. 1), Saugus | 233-2664 |
| <u>Norwood Bicycle Depot</u> | |
| 85 Broadway, Norwood | 762-2112 |
| <u>Pedal Pushers Bike Shop</u> | |
| 473 Main Street, Waltham | 899-6293 |
| <u>Ski Market</u> | |
| 860 Commonwealth Ave., Boston | 731-6100 |
| Endicott Plaza, Danvers | 777-3344 |
| 34 Cambridge St., Burlington | 272-2222 |
| 400 Franklin St., Braintree | 848-3733 |
| <u>Stoughton Bike Shop</u> | |
| 742 Washington Street, Stoughton | 344-2414 |
| <u>Wheels of Wellesley</u> | |
| 392 Washington Street, Wellesley | 235-4371 |
| <u>Whipple Wheels</u> | |
| 74 Fairmount Avenue, Hyde Park | 364-3252 |

JOIN THE CHARLES RIVER WHEELMEN

CRW dues include membership in the League of American Wheelmen (LAW). Do NOT make payments to LAW directly.

I understand that the Charles River Wheelmen, Inc. (CRW) is accepting me as a member. I realize that there are certain dangers inherent in the sport of bicycling such as adverse weather conditions and road hazards. I agree to assume the risk of all injuries or damage that may arise from my participation, including but not limited to bodily harm to myself or others and equipment failure or damage. I certify that I am in proper physical condition to take part in bicycling activities and that I am at least 16 years of age. (see below)

I agree to abide by applicable traffic regulations while I am taking part in CRW activities.

In consideration of the above, I hereby release and hold harmless CRW, American Youth Hostels, Inc., League of American Wheelmen, Inc., and their officers, directors, organizers, event leaders, and agents from and against any liability or claim for any injury, misadventure, harm, loss, cost or damage sustained as a result of my participation in CRW activities. I have read this release and understand its meaning.

Signature of parent or guardian if member is under 18 years of age. For family memberships, every adult in family must sign.

Date: _____

Signature(s): _____

NAME(S): _____

ADDRESS: _____

PHONE (H): _____

(W): _____

OCCUPATION: _____

DATE OF BIRTH: _____

| Membership fees: | 1 year | 2 years | 3 years |
|---|--------|---------|---------|
| Individual* | \$26 | \$49 | \$72 |
| Household* | \$31 | \$58 | \$85 |
| Additional Contribution to CRW(\$1, \$5, ...) | | | |
| TOTAL: | | | |

*If currently an LAW life member call Jack Donohue at 324-3926

Make check or money order payable to: *Charles River Wheelmen*

Send completed form and membership fee to: Jack Donohue
11 Overlook Park
Malden, MA 02148

I might like to assist the CRW in the following activities:

- | | |
|--|--|
| <input type="checkbox"/> 1. Ride leader or co-leader | <input type="checkbox"/> 6. Legislative action |
| <input type="checkbox"/> 2. Host a post ride gathering | <input type="checkbox"/> 7. Safety |
| <input type="checkbox"/> 3. Newsletter | <input type="checkbox"/> 8. Special events |
| <input type="checkbox"/> 4. Publicity | <input type="checkbox"/> 9. Other (please specify) |
| <input type="checkbox"/> 5. Membership | |

Charles River Wheelmen
19 Chase Avenue
West Newton, MA 02165

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