

Wheel People



The Charles River Wheelmen

Volume XVIII Number 12

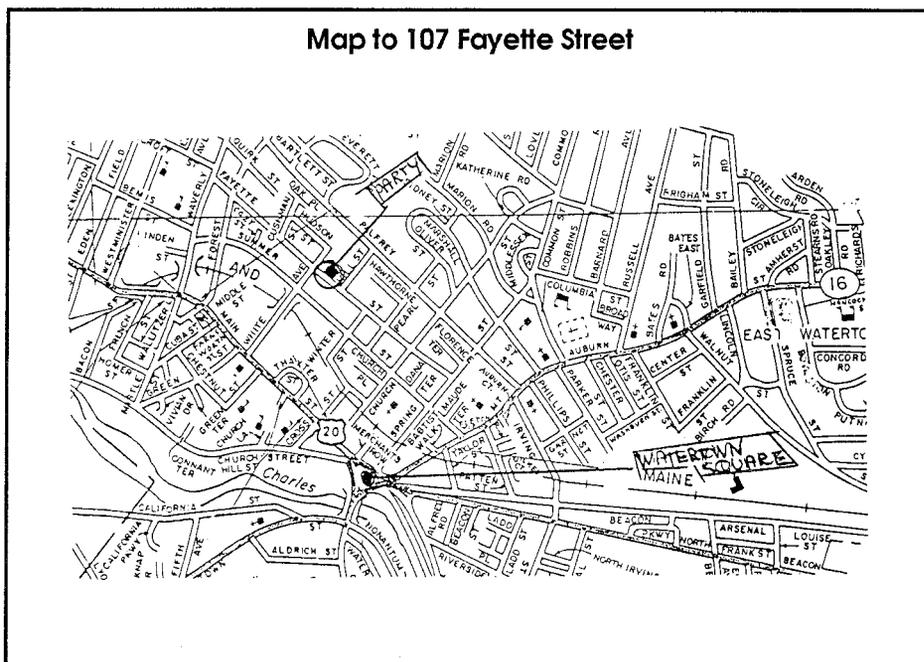
December 1988

**Join The Fun
HOLIDAY PARTY
Friday December 2, 1988
107 Fayette Street
Watertown**

Our annual Christmas Party is being held this month. Max, Debra, and Mark are once again hosting the festivities. Last year, more than 120 CRW members ate the wonderful food that everybody brought and had a great time.

Make something special and bring it along. Don't eat dinner. We'll feast at the party.

Please join us on December 2 at 7:30 PM. If you have any questions, call our hosts at 924-4542. A map is provided for your convenience.



New Year's Day Ride

Join our popular New Year's Day ride. The year's first ride starts at the Boston Common at 11:00 AM.

Once again, Walter and Joan McNeil will be leading this popular ride. Come and join the fun. See Boston the way it should be seen.

Please see the Ride Calendar which starts on page 6 for more details.

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The Charles River Wheelmen is a group of active adult bicyclists that sponsors a year-round program to promote the enjoyment of cycling. During the regular season - early Spring to late Fall - at least two ride loops are available every Sunday, designed to be ridden at your own pace. The routes are arrowed in advance and the leaders stay in the rear to ensure that nobody gets left behind. Our Winter Rides Program, The Second Season, is more informal; the route and pace are decided by those who show up each week. We also hold social events and other related activities.

Our dues include membership in the League of American Wheelmen (LAW). CRW members receive Bicycle USA, the LAW magazine, as well as Wheelpeople, the Club's newsletter. Address all mail to: The Charles River Wheelmen • 19 Chase Ave. • West Newton, MA 02165.

Officers and Coordinators

President	Mike Hanauer	862-5927
Vice-President	Jamie King	325-1433
Secretary	Glenn Coffman	668-8521
Treasurer	Don Blake	275-7878
Finance (Chair)	Dave Hill	643-4079
VP of Rides	Tim Oey	782-1944
Winter Rides	Walter McNeil	329-1586
Membership	Jack Donohue	324-3926
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Publicity	Bonita Pullara	369-1928
Mileage	Edson Trumbull	332-8546
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Post Ride Coordinator	Barbara Bix	964-8193
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LAW/CRW Touring Info. Contact	Jamie King	325-1433
LAW/CRW Gov. Relations Advocate	Bob Sawyer	862-6517
	Tammy Wood	327-3395
Safety Coordinator	John Allen	891-9307
Extended Trips	Susan Grieb	324-3926
	Jacek Rudowski	361-5273
Bike Shop Program	Glenn Coffman	668-8521

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Board Of Directors

	Term Expires	
Don Blake	1989	275-7878
Rosalie Blum	1989	272-7785
Susan Grieb	1991	324-3926
Mike Hanauer	ex officio	862-5927
Dave Hill	1990	643-4079
Julie Horgan	1991	776-1347
Jamie King	1989	325-1433
Doug Kline	1991	497-5502
Richard McVity	1990	648-8468
Tim Oey	1990	782-1944

From the Editor

As reported last month, there have been several changes to *Wheelpeople* and its staff. The editorial staff now consists of Lindy King, Patty Cote and myself.

The first action we took, in order to ensure that you receive *Wheelpeople* by the first of each month, was to move up the deadline for receiving articles from the tenth to the fifth of the month. The second change brings the newsletter into the computer age. To make the newsletter easier to read, *Wheelpeople* will be produced on an Apple Macintosh computer using PageMaker, Word, and various drawing and painting software programs.

Giving us the news

Here's how you can get a letter or article to us:

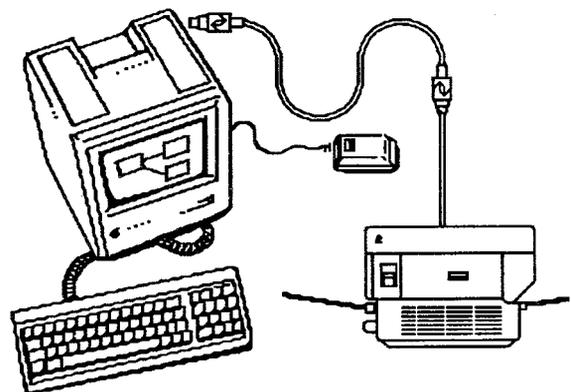
- Send your letter or article to:

Lindy King
31 Pleasantdale Road
West Roxbury, MA 02132

Unless you don't need your floppy disk returned, please don't send us your document on a disk.

- If you produce the article on a computer and you own a modem, you can send the document to Tim Oey's mailbox on CitiNet. The number is 617-439-5699. Tim's mailbox code is "TOEY." The document must be in "text" format.

- If you use a Macintosh computer and own a modem, you can send the



document directly to me. Call me at 617-784-9483 when you are ready to transmit your document.

Continued on next page.

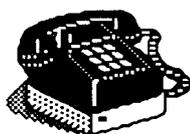
An early thank you

Although the editorial team is just beginning to work together, I want to thank Lindy and Patty for their eagerness and selflessness in doing whatever has to be done to put out an informative, quality product. They have already proven that they care deeply about the club and its newsletter.

Wheelpeople is the primary communications link of this club. We welcome your suggestions, complaints, criticisms, informational letters and articles, or just plain gossip. We urge you to contribute. Please let us hear from you.

Steven Simon
Editor

ANNOUNCING A NEW MONTHLY COLUMN...



**Introducing CRW's Very Own
Ms. Sally Cyclist**

Do you have a question about bicycles that you just can't get answered? *Wheelpeople* has started a new, monthly forum for members to ask any questions they may have on cycling related topics.

To have your questions answered, call 325-BIKE (anytime), or write:

CRW
c/o Steven Simon
18 Blair Circle
Sharon, MA 02067

The editorial staff will make sure that Sally gets your letter.

She will select one (or more) inquiries each month, starting January 1989, and a knowledgeable source will be solicited for a response. When you need a question answered by an expert, you can count on Sally Cyclist.

FALL CLEARANCE SPECIALS
CRW MEMBERS AT

HARRIS CYCLERY

CLOTHING & ACCESSORIES

10% off regular prices
5% off sale prices

Extra CRW savings on all summer & winter clothing already reduced

Lots of accessories for holiday gift ideas

BICYCLES

"CLUB" Specials — 2.5% off clearance prices

PARTIAL CLUB SPECIAL LIST*

	Sale	Reg.
21" MANGUSTA "5000"	349.95	430.
19" Bridgestone "500"	329.95	462.
21" Bridgestone "450"	329.95	389.
24" Peugeot "BORDEAUX"	299.95	390.
18 1/2" (47 cm) Peugeot "Versailles" w/600A front wheel	349.95	441.
22" Peugeot "Triathlon" 1987	525.	649.
21" Univega "Arrowspace SIS"	289.	350.
24" Univega "Viva Tech"	459.95	550.

*Ask for complete list when you visit

PARTS & SERVICE

Tune up & Overhaul Specials
\$29.95 & \$59.95 - now to Feb. 15

10% off all Overhaul or Upgrade parts or gruppos.

**18th ANNUAL
Tour Of Scenic Rural Vermont
(TOSRV)
June 23 - 25, 1989**

For those of you not "in the know," TOSRV-EAST is the premier tour in New England. For \$35, you get two overnights, two meals and support vehicles for the 107 miles each day along Route 100 from Rawsonville to Waterbury Center and return. We throw in the beautiful scenery at no extra charge.

Space is limited. All victims should send a check (made out to Albert Lester) to: TOSRV-East, c/o Albert Lester, 395 Oak Street, Westwood, MA 02090.

Volunteers needed

We have one support vehicle driver. We are looking for a few additional support vehicle drivers, who may cycle part of the distance. For more information, call Al at 617-769-1429 or Jacek Rudowski at 617-361-5273.

**American Youth Hostels - Greater Boston
1020 Commonwealth Avenue, Boston, MA**

The Greater Boston Council of American Youth Hostels announces its 1988 annual meeting and holiday party.

Date: Sunday, December 11, 1988
Time: 1:30 - 6:00 PM
Place: AMC Cabot Auditorium, 3 Joy St, Boston

There will be:

- business meeting, including election of board members
- pot luck supper
- door prizes
- awards
- travel slide show

Everyone is invited to attend this event.

For the potluck supper, everyone is asked to bring something:

A-D Main Course
E-K Beverages, Salads, Breads
L-P Desserts
Q-Z Main Courses

For the slide show, bring your ten best travel slides to show. They may be from trips here or abroad, alone or with a group, any time of year, and type of trip.

For further details, call **Becky Bierstedt** at (617) 964-4848 or **Al Lester** at (617) 769-1429.

**Charles River Wheelmen 1989 Cross
Country Ski Trip
Saturday, January 7, 1989**

The January trip this year will be to Windblown Touring Center in New Ipswich, NH. We have visited this center several times and have found the facilities to be excellent. Some additions have been made recently including a picnic area near the shop, a warming hut and a new picnic shelter near Broken Dam Trail. There's no official meeting time, but most aim to arrive between 9 and 10 AM and hit the trail once tickets are bought and skis are waxed.

Cost:

The trail fee is \$8 (\$6 half day). We will get a \$1 discount if there are 15 or more of us. Identify yourself as a CRW member to get the discount. Ski rentals are \$12 per day. Lessons are at 10 AM, noon, and 2 PM for \$9 (\$5 with rental).

Food:

A small counter service restaurant serves soups, sandwiches, drinks, and snacks. You can also bring your own and enjoy the picnic shelters or stop along the trail. Plan to carry some food and a water bottle in case you're on the trail longer than you had planned. Also bring an extra t-neck or shirt for the ride home.

Directions:

Windblown is 62 miles from Boston on Rt. 124 in New Ipswich, NH. Take Rt.2 west to I-495. Take I-495 north to Rt. 119. Take Rt. 119 west through Townsend (cross Rt. 13) and look for a right turn onto Canal Street after 2 miles. Go through New Ipswich center and look for Windblown two miles further on the left.

For More Information:

Dick Lewis 641-1066
Windblown 603-878-2869



Let the Second Season Begin!!

Come join us in officially celebrating the winter ride season. From now, until next March, the rides won't be preplanned. Members just *show up and go*.

This is the time of year that we really need your support — to show the public that bicycling is feasible and enjoyable throughout the year, not just in the warm weather months.

Explore with us new and familiar roads and terrain as they take on exciting dimensions with the absence of foliage. The air is crisp, and the coffee, tea, and hot chocolate taste better than ever. The group decides the length and direction of the route — only the starting point is predetermined. Come and participate in a true democratic process.

The CRW rode as a club on every Sunday last winter. It only takes but one other person besides yourself to have a club ride. Don't let that other person wait for you. Come along and join the fun! If you have any questions about winter rides, contact the Winter Ride Coordinator Walter McNeil at 329-1586.

ALSO... A Note to all our Members!

In the past, the rides during the winter months were called the Show & Go Frostbite rides. While this moniker may have evoked visions of icicles dripping from frozen cyclists battling their way through snowdrifts, it simply was not true. To many members we have spoken to, just this thought alone turned them off from winter cycling.

Our club has changed remarkably in the eight years that we have been coordinating the Winter Ride Program. We have grown from a few members cycling occasionally during the winter to an average of 30 riders every week (in fact, we get at least one cyclist per degree of temperature!). Some members ride more with the club during the winter than any other season. The sunlight may wane, but their enthusiasm doesn't.

Therefore, we are proud to announce the start of "The Second Season." Because that is what it truly is — a bit different in some aspects — but the same spirit and camaraderie that is prevalent during the entire year.

Come join us in welcoming this new era. We look forward to riding with you throughout the entire year.

We're Not Getting Older... Only Better!

(The Second Season, that is!)

As we enter the eighth season of winter cycling, there are four goals that will enhance the second season rides, and hopefully establish our club as one that rides throughout the year, so that we may be known simply as "all season cyclists."

The four goals:

1) Short and Long Rides

When there are enough cyclists to warrant both a long and short ride, we will have both. To help run this program,

I am pleased to announce that my wife Joan will handle the long rides. Joan has been a faithful winter rider for the past seven years, and her knowledge of the roads in the Eastern Mass. area will help make the two-system rides successful. Maps will be used in lieu of arrows for both the short and long rides.

2) Make-up Rides

Though this happens infrequently during the winter, if the ride is cancelled for any reason, it will be held the following Saturday at the same time and location. This is similar to the policy of the regular ride season.

3) Post-Ride Activities

Last season was fantastic in the way club members extended themselves for post-ride parties, get-togethers, and after-ride functions. My goal is to have some form of activity after every ride. To accomplish this, I need your help. If the ride for the week is in your area, why not host something? Especially in the winter, post-ride activities are most welcome and help cyclists get to know one another in a warm setting.

4) Participation by Everyone

Though I have thoroughly enjoyed the second season rides for many years, and hope to enjoy them for many more, my ultimate vision is to abolish the position of "Winter Ride Coordinator." To implement this utopian goal (to become an all season cycling club) we need *total* participation of *all* cyclists on *every* ride. I believe the day is not far off when different people lead each of our second season rides. When this happens, the CRW will be truly an "all season cycling club," and its success will be ensured for many cycling generations to come. Please join us in implementing these goals and enhancing the future of our club.

On the road again,

Walter McNeil
Second Season Ride Coordinator

(Ed. note - Please turn to page 8 for tips on winter riding.)

Ride Calendar

December

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

On all CRW rides, please arrive **at least 15 minutes before starting time**. It is recommended that you bring pump, patch kit, spare tire tube, wrench, screwdriver, lock, water bottle, some money, helmet & gloves, and map.

All Winter rides start at 10:30 AM and are generally 15 to 25 miles in length depending on weather and road conditions. If need be, the starting location for each ride can be located using the Arrow Suburban Boston Maps (North, South, and West). The lunch stop will be at a place w/ hot food and beverage. If there are enough people there will be a short & long ride. There are places near the start to stay warm and munch on hot food. Maps will be provided.

Please read *Tips for Winter Riding* before embarking on one of our winter rides.

Sunday, December 4, 1988
10:30 AM

Ride Type: Show&Go

Area: C, NW

Start: Cambridge Common, 1/2 mile north of Harvard Square on Massachusetts Ave, meet at the monument in the middle of the Common.

Leaders: Walter & Joan McNeil (617-329-1586).

CRW Board Meeting

Tuesday, December 6
7:30 PM

Location: MIT building 5, room 314 (5-314), Mass Ave, Cambridge. All members are welcome!

Saturday, December 10, 1988
10:30 AM

Ride Type: Show&Go

Area: C, S

Start: Blue Hills Reservation, Milton, Chickatawbut Rd at Lookout. Driving directions: from Rt 128 go north on Rt 28 (Randolph Ave) 1.5 miles. Take right at light (East) on Chickatawbut Rd. Travel 1/2 mile on Chickatawbut Rd to parking area where you will be able to view Boston Center. Additional parking is available further down the road.

Leaders: Joan Klappert-McNeil (617-329-1586 (6-10PM)).
Highlights: This Mountain Bike (ATB, off-road) ride will traverse fire roads, hiking trails, and horse paths throughout the Blue Hills reservation area. The ride will include moderate climbing and descents. A moderate level of skill is required. Bring your lunch, no facilities are available in this area. If an ample amount of snow is present, bring your skis for a cross-country tour instead.

Sunday, December 11, 1988

10:30 AM

Ride Type: Show&Go

Area: SW

Start: Natick Common, at the intersection of Rts 27 and 135.

Leaders: Walter & Joan McNeil (617-329-1586).

Sunday, December 18, 1988

10:30 AM

Ride Type: Show&Go

Area: NW

Start: Weston Common, at the intersection of Boston Post Rd and Church St (1/4 mile off of Rt 20).

Leaders: Walter & Joan McNeil (617-329-1586).

Sunday, December 25, 1988

10:30 AM

Ride Type: Show&Go

Area: N

Start: Stoneham, at the Stoneham Zoo, 1/4 mile east of the intersection of South St and Rt 28, 1 mile from Rt 93 Stone Zoo exit.

Leaders: Walter & Joan McNeil (617-329-1586).

Happy New Year!!

Sunday, January 1, 1989

11:00 AM

Ride Type: Show&Go

Area: C

Start: Boston Common at the intersection of Park St and Tremont St.

Leaders: Walter & Joan McNeil (617-329-1586).

Highlights: This is our famous annual New Year's Day Ride. What better way is there to clear the mind and body of the evening before's merriment than an invigorating ride in the crisp, clear air of downtown Boston — with very few cars. Explore Boston as it once was — before internal combustion engines take over. We will visit Castle Island and stop at Freedman's Bakery, our famous lunch stop. After the ride, there will be a stop for hot cider at a friendly CRW hospice. Start the New Year off right — come ride along with us. Who knows, maybe you will be the 1988 mileage champ for the day! Happy New Year!!

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11:00 AM

Ride Type: Show&Go

Area: C

Start: Boston Common at the intersection of Park St and Tremont St.

Leaders: Walter & Joan McNeil (617-329-1586).

Highlights: This is our famous annual New Year's Day Ride. What better way is there to clear the mind and body of the evening before's merriment than an invigorating ride in the crisp, clear air of downtown Boston — with very few

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CRW Board Meeting

Tuesday, January 3 7:30 PM

Location: MIT building 5, room 314 (5-314), Mass Ave, Cambridge. All members are welcome!

Sunday, January 8, 1989 10:30 AM

Ride Type: Show&Go **Area:** C, SW

Start: Dedham Plaza, 1 mile north on Rt 1 from the intersection of Rts 1 and 128. Do not confuse this with the Dedham Mall.

Leaders: Walter & Joan McNeil (617-329-1586).

Sunday, January 15, 1989 10:30 AM

Ride Type: Show&Go **Area:** C, NW

Start: Lexington Green at the intersection of Mass Ave and Bedford St, meet at the statue.

Leaders: Walter & Joan McNeil (617-329-1586).

Sunday, January 22, 1989 10:30 AM

Ride Type: Show&Go **Area:** SW

Start: Needham Town Hall at the intersection of Rt 135 and Highland Ave.

Leaders: Walter & Joan McNeil (617-329-1586).

Sunday, January 29, 1989 10:30 AM

Ride Type: Show&Go **Area:** C

Start: Arlington Bank (diagonally across from the Town Hall) 1/4 mile west of the intersection of Rt 60 and Mass Ave.

Leaders: Walter & Joan McNeil (617-329-1586).

Sunday, February 5, 1989 10:30 AM

Ride Type: Show&Go **Area:** SW

Start: Dover Center at the intersection of Dedham St and Centre St.

Leaders: Walter & Joan McNeil (617-329-1586).

Sunday, February 12, 1989 10:30 AM

Ride Type: Show&Go **Area:** C

Start: Cleveland Circle parking lot in Brighton, at the intersection of Beacon St and Chestnut Hill Ave.

Leaders: Walter & Joan McNeil (617-329-1586).

Sunday, February 19, 1989

10:30 AM

Ride Type: Show&Go

Area: C, NW

Start: Waverly Square in Belmont, at the intersection of Trapelo Rd and Lexington St.

Leaders: Walter & Joan McNeil (617-329-1586).

Sunday, February 26, 1989

10:30 AM

Ride Type: Show&Go

Area: SW

Start: Framingham Center, 1/4 mile north of Rt 9 at the intersection of Edgel Rd and Rt 9.

Leaders: Walter & Joan McNeil (617-329-1586).

Sunday, March 5, 1989

10:30 AM

Ride Type: Show&Go

Area: C, SW

Start: Newton Center, at the intersection of Beacon St and Centre St.

Leaders: Walter & Joan McNeil (617-329-1586).

Sunday, March 12, 1989

10:30 AM

Ride Type: Show&Go

Area: NW

Start: Concord Green, at the intersection of Rts 2A and 62 (intersection of Lexington St and Bedford St). Meet at the monument.

Leaders: Walter & Joan McNeil (617-329-1586).

Sunday, March 19, 1989

10:30 AM

Ride Type: Show&Go

Area: SW

Start: Medfield Center, Star Market parking lot, at the intersection of Rts 109 and 27.

Leaders: Walter & Joan McNeil (617-329-1586).

For more information, call:



Tips for Winter Riding

The following are tips for safe, enjoyable winter riding. If you have any tips that would be beneficial to winter cyclists, share them with our fellow members on the winter rides, or send them to the editor of *Wheelpeople*. (Those tips can make useful space fillers! -ed.)

Winter cycling can open up an exciting new world to you. Get out, ride, and explore!

1. **Dress appropriately.** This cannot be stressed enough. Wear several layers of clothing, instead of one heavy layer. Man-made materials do not absorb perspiration, natural materials do. A layer of man-made clothing next to your body, such as polypropylene, followed by several layers of natural clothing allow you to perspire through the man-made clothing to the natural clothing, keeping your body dry, thus warmer. Wool is the best for warmth for natural clothing, although cotton is acceptable if wool can't be worn. A dry body is always warmer than a wet body, no matter how many layers of clothes you have.

2. **Protect the extremities of your body.** This means keeping your head, hands, and feet protected and warm. Much heat is lost from your body when these areas are inadequately protected. A ski band or hat under your helmet (you can remove the pads if your helmet won't fit), warm gloves (be careful — bulky gloves may impede handling of the bicycle) and several layers of socks help keep you warm when you are riding. Plugging up the holes in your helmet cuts down on the wind's chilling effect, and a scarf around your neck keeps that area warm. A nylon windbreaker can help stop the cold wind.

3. **Keep your bike in top condition.** It is more important that your bike be running correctly in the winter than other times of the year. A simple flat tire on a cold day could turn into a complex affair. Check all your equipment every day before going out on a ride.

4. **Dress to be seen.** With a lower morning and evening sun, you can get easily lost in the sun's rays by an unsuspecting driver. Wear bright clothing, or better yet, various garments, materials, or objects made especially for bicycle riders.

5. **Beware of road conditions.** Pot holes begin their growing season in winter. Slippery roads due to ice and leaves also make riding more

difficult. Be aware of these and changing road conditions. With the advent of snow, roads become narrower, so adjust your riding style accordingly. Obey and follow all traffic rules!

6. **Carry a map.** In the winter, CRW rides are unmarked. If you should be separated or lost from the group, there are no friendly arrows to look for to resume your ride. A map of the area you are riding in helps limit any of the above problems. (Note: there is much more of a commitment to stay together during winter rides, so people tend to look out for each other — besides, we usually stop at a great breakfast place on the route to the ride.)

PEDDLER BRIDGE BED & BREAKFAST

(In The Vermont Tradition)

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For reservations call:

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or write:

Peddler Bridge Bed & Breakfast

P.O. Box 123

Ripton, VT 05766

Your Hosts: Bill & Laura Sheidow

The Tiny Corner

I'd like to congratulate **Jim Merrick** who has volunteered to lead our 1989 Spring Century and **Lindy King** who will lead the 1989 Fall Century.

This will be Jim's 2nd Spring Century in a row and he has already started planning the route. Last year's Spring Century was very successful and we should look forward to a repeat performance. With a little luck, perhaps he will surpass the record attendance of this past Fall Century which was led by Jamie King (Lindy's husband and VP of the CRW).

Both Lindy and Jamie are two of the great movers and shakers of the CRW. They have led more rides just this past year than most CRW members lead in a lifetime.

I hope the example set by Lindy, Jamie, and Jim will inspire a few of you to volunteer to be a leader or co-leader in our Rides Program, or to fill one of the many other important positions available in the club.

Recently, an ad hoc Rides Committee has been discussing potential extensions to our Rides Program such as regular Saturday and Weeknight rides. In order to do this however, more volunteers are needed to coordinate these activities. If you are interested in being a coordinator or leader please call me at the number listed below.

In the next few months, look forward to an article which details the ad hoc Rides Committee's final recommendations.

If you should ever have any questions or concerns regarding the CRW Rides Program, feel free to call or write. And, as always, we are in search of a few good ride leaders and co-leaders.

Until next month,

Tim Oey
VP of Rides
15 Greylock Rd, #1
Allston, MA 02134
(617-782-1944)

Mountain Biking Has to Grow Up

"Kick up a little dust... Weave in and out of city traffic... Hop a few curbs... Experience... Exhilarate... Yyyaaahhhooo!"

Believe it or not, these words are excerpts from an advertising brochure of a bicycle manufacturer. And not just another name, but one of the most successful mountain bike companies. Ironically, the company is owned and operated by people who are members of the CRW and earn a lot of personal respect from other CRW members, and rightfully so.

My point is not that this particular advertisement is out of line; My point is that with the off-road bikes the sport of bicycling is growing in a dangerous direction. The bicycling community has always been in alliance with the socially responsible, environmentally concerned, peace-seeking, naturalist, conservationist and progressive segment of the society. This comes partly from the character of the bicycle itself: Simple ... quiet... harmless... renewably fueled ... efficient... inexpensive... light....

Of course, logically, all of these attributes apply to the all-terrain bicycle, too. But in order to reach an additional market, the ATB's are promoted on different merits and a different image is being created about them: Strong... fat... aggressive... tough... hi-tech... cool... trick... wicked... awesome... bad.... This image is naturally projected onto the sport of bicycling in general. More and more people are being introduced to the sport through that door.

With the punk and macho image of the ATB and the yuppified image of the high-tech bicycle as a workout tool, bicycling is experiencing a transition from an alternative lifestyle to a main-stream, fashionable activity. So, we are not "weirdos" anymore, but what does this mean? Neither the enormous growth of our club membership numbers, nor the fact that we can now buy cycling shorts at Filene's Basement is necessarily good for us. We are losing identity. We are losing ground. The current state of mountain biking's rebel image that trickles downtown has helped bring the bicycle bans in Manhattan. Now, mountain biking's own birthplace is in jeopardy due to damage to the environment. We have to fight it off with the Sierra Club: what an embarrassment!

Every sport has its particular code of ethics. People who get involved in the sport learn them and grow with these traditional values - or else they don't fit in and leave. So grows the sport, so grows the tradition. Mountain biking is a very young sport, it is growing rapidly in numbers. It is not maturing proportionately and this hurts the sport of bicycling. I urge all of you who enjoy off-road cycling to help the sport mature. Reverse the image before it is too late. The effects are too long lasting. Look, motorcycling is still struggling to recover from the "Hell's Angels" image, which, in the long run didn't give a fat chance to Harley Davidson, either!

— Osman Isvan

November 2 Agenda Items and Summary of Minutes

Positions open - Vice President of *Wheelpeople*. This is a new position that is intended to coordinate the development of editorial policy for the clubs primary communication with its members. **Circulation editor** - is responsible for the distribution of the newsletter. **Merchandise coordinator** - has the responsibility for the sale of the club's T-shirts and water bottles.

Positions recently filled - *Wheelpeople* Editor Steve Simon replaces Nancy Peacock, who has done an outstanding job as editor for many years. The new publicity coordinator is Bonita Pullara who replaces Wilma Hurwitz.

Mike Hanauer will be the new LAW Area representative.

Thanks to all those who have served and to the new editors and coordinators. If you would like to join in the fun and satisfaction of helping the club to conduct its business then contact one of the officers about those position that are open!

Membership - Jack Donohue reported that there are 597 members with 22 new and 25 expiring members.

Finance report was presented by Dick Lewis and indicates that the Club is doing well. The Treasurer Don Blake will purchase three 3-month CDs to insure future security for the club. A system audit has been performed and the report was presented by Dave Hill. It indicates ways that the budgeting can more accurately reflect the goals of the Board of Director's of the Club and also maintain a checks and balance system of financial controls so that the club will maintain a realistic budget based on its predicted and actual cash flow.

Legal affairs - Richard McVity reported that the By-Laws need to be updated to allow for the changes in the organizational structure that have occurred. A more detailed report will follow next month.

Ad Hoc Rides Committee - Tim Oey stated that there were plans to extend the rides program on Saturdays and Weekends and to require maps of the rides. When there are fees involved the ride leaders would attend free and volunteers at reduced rates.

Government Relations - Bob Sawyer reported that the MDC is establishing regulations for the use of Mountain Bikes in its park system. He will attend a meeting that will consider the problem of protecting the environment but will also allow access to the parks by bikers.

Brief discussions followed concerning the 1989

NEAR conference - Rosalie Blum would like any suggestions on what can be done to make it as good or better than NEAR '87.

Meeting adjourned at 9:35 to Toscanini's Ice Cream. Minutes reported by Sec'y - Glenn Coffman.

It's Your Club Too

Join us next month at MIT on the first Tuesday of December. Go thru MIT's main entrance on Mass. Ave.- turn right, go 150 ft. to first staircase opposite the Marine Museum to the third floor. At top of staircase turn left and walk 100 ft. to room on right. Room 5-314.

Election Results



Now that the votes are tallied and the results are in, it is the club's pleasure to introduce three new members to the Board of Directors. The winners **Susan Grieb, Doug Kline** and **Julie Horgan** received the most votes in November's election. Welcome! We hope you enjoy your new positions.

Also, a big THANK YOU to the other three candidates who didn't make it this time - **Glenn Coffman, Carol Dionne** and **Mark Remaly**; hope to see you in next year's election.

It's also time to say goodbye and thank you to our three former board members whose input and devotion to bicycling has been greatly appreciated by all. **Jim Broughton** and **Osman Isvan** have both completed three year terms as well as **Ann-Marie Starck** for her one year of service.

Thank you very much.

Jamie King
CRW VP

Mileage Through October, 1988

Melinda Lyon	13810	John Tobin	4595
Jack Donohue	10163	Mike Hanauer	4467
Jim Merrick	10011	Dave Sherman	4457
Carol Tesiero	9887	Joe Repole	3869
Lindy King	9105	Ken Hjulstrom	3855
Robin Schulman	7228	Bob Sawyer	3691
Jamie King	6595	Ed Trumbull	3366
Glenn Ketterle	6198	Jim McGavry	2810
Bob Ledwith	5934	Jacek Rudowski	2762
Osman Isvan	5916	Doug Jensen	2485
Dick Howe	5115	Susan Grieb	2102
Cathy Ellis	4900	George Caplan	1535
Dick Buck	4786	Paul Simon	1013
Jim Broughton	4608		

The discipline of the new newsletter schedule says that, if I am to get the list in on time, I **must** receive your mileage as soon as the month is over. Either mail the information to me on the 1st, or call me by the 3rd. I appreciate that this month it was short notice, so maybe it is understandable that fifteen names are missing from this month's list.

Please make every effort to figure your mileage right away in order to help the smooth, timely production of the newsletter.

Thanks,
Ed Trumbull
 19 Chase Avenue
 West Newton, MA 02165
 332-8546



Ad Rates

Full page \$60. Half Page \$30. Quarter Page \$15. Eighth Page \$7.50. Call Nancy O'Connell at 486-9090 (days) or 641-2474 (evenings) for more information.

Welcome New Members

Robert Bengen	Stoughton
Gerald Cohen	Waltham
Vera Fajtova	Brookline
Paula Higgins	Milford
Michael Hughes	Cambridge
Ronald Levant	Cambridge
Sally MacGillivray	Cambridge
Mark Matson	Cambridge
Brian Matthews	Somerville
Peter Reagan	Carisle
Jules Rosenberg Family	Newton Centre
Lee Woodburn	Middleboro
James Young Family	Pembroke

Thank You, Nancy

This is a THANK YOU to Nancy Peacock who has completed her tenure as newsletter editor with the November issue of Wheelpeople. Nancy has done a super job putting our newsletter together for the past three years. We would all like to express our deep appreciation for all the hard work and long hours she has put in.

PEOPLE



**Down the Road
 Coming Next Month**

- Nancy Raposo, finisher of the 1988 RAAM (Race Across AMERICA) tells us about her experience cycling 3063 miles in 13 days, 18 hours and 24 minutes. Also - look for details about her upcoming video & slide-show
- Member Iris Schwartz tells us about her recent adventures on a 5-month cycling trip in Europe
- YOUR ARTICLE! If you have a cycling story, an opinion you'd like to express, or any helpful repair or touring hints, etc. — send it to us.

ALL THE NEWS THAT FITS-WE WILL PRINT!

Shops that offer discounts to members of CRW:

Ace Wheelworks	2044 Massachusetts Ave., Cambridge	876-8200
Aworthy Bicycle	424 Moody St., Waltham	893-8769
Belmont Wheelworks	480 Trapelo Rd., Belmont	489-3577
Bicycle Bill	253 No. Harvard, Allston	783-5636
Bicycle Corner	916 Massachusetts Ave., Arlington	641-0101
Bicycle Exchange	3 Bow St., Cambridge	876-6555
Bicycle Workshop	233 Massachusetts Ave., Cambridge	876-6555
Broken Spoke Bicycle Shop	168 Main St., Hudson	562-6566
Brookline Cycle Shop	324 Washington St., Brookline	232-0775
Chelmsford Cyclery	7 Summer St., Chelmsford	256-1528
Cycle Loft	28 Cambridge St., Burlington	272-0870
Family Bicycle Center	149-A Belgrade Ave., Roslindale	323-9720
Farina Cycle	61 Galen St., Watertown	926-1717
Ferris Wheels Bicycle Shop	64 South St., Jamaica Plain	522-7082
Frank's Bicycle Barn	123 Worcester Turnpike, Westboro	366-1770
Frank's Spoke 'N Wheel	1164 Worcester Rd., Framingham	872-8590
	847 Edgell Rd., Framingham	
	82 Boston Post Rd., Sudbury	443-6696
	877 Main St., Waltham	894-2768
Harris Cyclery	1355 Washington St., West Newton	244-1040
International Bicycle Center	70 Brighton Ave., Allston	783-5804
	740A Beacon St., Newton Centre	527-0967
King Cycle	198 Great Rd., Bedford	275-2035
Landry's Schwinn Cyclery	80 Hollis St., Framingham	875-5158
Laughing Alley Bicycle Shop	51 Harvard Ave., Allston	783-5832
Lexington Cycle	7 Meriam St., Lexington	863-1480
Life Sports	East India Mall, Salem	745-6311
Lincoln Guide Service	152 Lincoln Rd., Lincoln	259-9204
Marblehead Cycle	25 Bessom St., Marblehead	631-1570
Mt. Auburn Street Cycles	145 Mt. Auburn St., Watertown	926-6010
Northeast Bicycles	102 Broadway, Rt. 1, Saugus	233-2664
Norwood Bicycle Shop	85 Broadway, Norwood	762-2112
Pedal Pushers Bike Shop	473 Main St., Waltham	899-6293
Ski Market	860 Commonwealth Ave., Boston	731-6100
	Endicott Plaza, Danvers	777-3344
	34 Cambridge St., Burlington	272-2222
	400 Franklin St., Braintree	848-3733
Stoughton Bike Shop	742 Washington St., Stoughton	344-2414
Wheels of Wellesley	392 Washington St., Wellesley	235-4371
Whipple Wheels	74 Fairmount Ave., Hyde Park	364-3252

Join the Charles River Wheelmen

Charles River Wheelmen (CRW) dues include membership in the League of American Wheelmen (LAW). Do NOT make payments to LAW directly.

I understand that the CRW is accepting me as a member. I realize that there are certain dangers inherent in the sport of bicycling such as adverse weather conditions and road hazards. I agree to assume the risk of all injuries or damage that may arise from my participation, including but not limited to bodily harm to myself or others and equipment failure or damage. I certify that I am in proper physical condition to take part in bicycling activities and that I am at least 16 years of age (see below).

I agree to abide by applicable traffic regulations while I am taking part in CRW activities.

In consideration of the above, I hereby release and hold harmless CRW< American Youth Hostels, Inc., League of American Wheelmen, Inc., and their officers, directors, organizers, event leaders, and agents from and against any liability or claim for any injury, misadventure, harm, loss, cost, or damage sustained as a result of my participation in CRW activities. I have read this release and understand its meaning.

Signature of parent or guardian is required for members under 18 years of age. For family memberships, every adult in the family must sign.

Date: _____
 Signature(s): _____
 Name(s): _____
 Address: _____
 Phone (H): _____ (W): _____
 Occupation: _____ Date of Birth: _____

Membership fees	1 year	2 years	3 years
Individual*	\$26	\$49	\$72
Household*	\$31	\$58	\$85
Additional Contribution to CRW (\$1, \$5,)			
TOTAL			

* If currently an LAW life member, call Jack Donohue at 324-3926.

Make check or money order payable to: *Charles River Wheelmen*

Send completed form and membership fee to: Jack Donohue
 11 Overlook Park
 Malden, MA 02148

I might like to assist the CRW in the following activities:

- | | |
|--|--|
| <input type="checkbox"/> 1. Ride leader | <input type="checkbox"/> 6. Legislative action |
| <input type="checkbox"/> 2. Host a post ride gathering | <input type="checkbox"/> 7. Safety |
| <input type="checkbox"/> 3. Newsletter | <input type="checkbox"/> 8. Special events |
| <input type="checkbox"/> 4. Publicity | <input type="checkbox"/> 9. Other (please specify) |
| <input type="checkbox"/> 5. Membership | |

Charles River Wheelmen
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West Newton, MA 02165

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 John Kane
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