

# Wheel People

Newsletter Of The Charles River Wheelmen

On the roads of New England since 1966

Volume XXII, Number 4 - April, 1998

## Still Looking ...

We're still looking for Saturday and Intro rides coordinators, and an Advertising Coordinator. It'd be nice to have these positions filled before the warm weather ride season gets into full swing, and now is a good time to learn the ropes. To discuss the positions or sign up call Tom Lynch, (508) 877-2238, or Jack Donohue (781) 275-3991.



## The Big Event

9:30 a.m. - 4 p.m.

Saturday, April 25, 1998

This biannual bicycle and sporting goods tag sale is at the Hunt Recreation Center, 90 Stow St., Concord, Mass. Used bikes, parts, other sporting gear, clothing and accessories will be sold, with a share of the proceeds to benefit participating bike clubs. Admission is free.

There will be bike rides of 12, 20 and 35 miles, starting from Concord Common at 11 a.m. Helmets are required, and children must be accompanied by an adult. Also, a short Effective Cycling lesson will be offered. Please sign up at the registration table, as space is limited.

Participating clubs, are Charles River Wheelmen, Nashoba Valley Cyclists, North East Bicycle Club, North Shore Cyclists, Hostelling International-American Youth Hostels and MassBike (Bicycle Coalition of Massachusetts).

For more information, call Terry Leboeuf, (508) 792-0248.

## GEAR '98 Volunteers Needed

When:

August 14,17

Where:

Babson College, Wellesley

We need you to help CRW put on this major bicycling event. Here are the people to contact for the areas we need to cover:

Rosalie Blum	Registration Desk	781-272-7785	rblum@cfa.harvard.edu
Susan Grieb	Social	781-275-3991	grieb@us.ibm.com
Ken Hablov	Arrowing	781-647-0233	khablov@khgraphics.com
Jeanne Kangas	Tour of Historic Concord	978-263-8594	
Rick Lawrence	Ride Escorts	781-297-5048	
Ann-Marie Starck	Sag & Boston Bus Tour	617-923-6409	
Jamie King	Kids Programs	617-325-1433	

Open positions: Ride Start Coordinator Program Advertising Coordinator

To volunteer as a chairperson for these open positions, please contact Ken Hablov. For more information on GEAR, check our web site: <http://Gear98.CRW.org/>

## Calling All Volunteers

The CRW Spring Century on May 16 will be a repeat of the popular route into New Hampshire out of Wakefield. We're looking for volunteers to help out with this event.

This is your chance to help CRW, meet the movers and shakers in the club, and garner up brownie points in heaven. And you earn an invite to the annual Century Volunteer bash, plus first dibs at the water bottles. Volunteering doesn't mean that you won't get to ride. Though some stalwart souls stick it out all day, many volunteers do their bit, and then do one of the shorter rides (or vice versa for people helping with checkin or cleanup).

Here are some specific tasks you could sign up to do:

Registration — check people out on the rides, take their money

Checkin — check people in after the ride, give out water bottles

*continued on page 3*

## Ride Leaders Wanted

Ride Leaders needed for the following dates: May 9, 23 June 6, 7, 13, 14, 27, 28.

Please contact Jim Sullivan ((781) 245-1772) for Sunday rides and Barry Nelson ((617) 964-5727) for Saturday rides.

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## Board Meeting Minutes



**March 3, 1998**

**Membership Report:** The club has 973 current members, with 9 new, 27 renewed, and 12 expired memberships. One more than last month. again.

**Treasurer's Report:** February's expenses exceeded income as expected for this time of year.

**Rides Program:** April ride calendar is filled, but we still need a leader for the Big Event rides.

**T-BONE Affiliation:** Jack Donohue recommended that we adopt the T-BONE (Tandem Bicyclists of New England) as our own, insofar as any T-BONE ride led by a CRW member would be a CRW ride, with our insurance coverage.

**Century Committee:** The committee met February 26. The plan is to repeat the Wakefield century in the Spring and the Souhegan Valley century in the fall. The committee decided to leave CTTC as a Ken Hablow production at least for this year. If it eclipses the regular centuries in attendance, then it will be adopted by the Committee, and staffed appropriately.

**Wednesday Morning Rides:** Bill Widnall has been informally leading Wednesday morning rides. The question was raised as to whether these should be listed in the recurring rides calendar. Bill will be asked whether he would like to make this.

**CRW Web Site:** Paul Cronk reported we topped 100,000 requests to date.

Board meetings are held on the first Tuesday of each month at 7:30 in the Hancock United Church of Christ, 1912 Mass. Ave., Lexington Center.

*Calling volunteers from page 1*

**Food** — pick up one of the major food groups (fruit, bagels, etc.) and deliver it to the start at 7:00AM (groan); food people could actually do the century

**Water Stops** — help person the water stops; this involves handing out food and water at one of the two water stops; this is typically a half day job, and some people ride to or from the water stop

**Cleanup** — not glamorous, but necessary, clean up the site at end of day (5:30-6:00PM); you could definitely ride the century and be back for this.

**General Gopher** - help with registration, food setup, table setup, moral support, etc. as needed

To volunteer for one of these jobs, call:

Anne Marie Starck 617-923-6409

Registration, checkin, cleanup

Thomas Lynch 508-877-2238 Food

Mary O'Brien 781-662-5837 Water stops

Rich Fields 781-646-460 Tables

Also, if you have a pickup truck or van, we need someone to haul the tables and chairs to/from the event. We usually have them delivered and picked up from someone's house, and the someone brings them to the century and takes them home (another 6:30AM job).

## GEAR Support Volunteers Meeting

Rick's Escort Service and the GEAR Sag Support Team request your presence at 7:30 on Tuesday, April 14 at the Hancock United Church, 1912 Mass Ave. in Lexington. We will discuss the roles of an escort and the sag drivers and then present the ride schedule so you can pick the ride(s) you want to escort and be responsible for.

Come and sign up for one or more rides now so you can familiarize yourself with the route over the next few months.

We need a few more sag drivers, with or without a vehicle, we have several already committed to the event. We need people to work two hour shifts at a minimum.

Come with ideas and questions, or simply to learn more about our role at GEAR. For more information, or if you cannot attend and want to volunteer, call Rick Lawrence for the Escort Service at 781-297-5048 or Ann-Marie Starck for Sag Support at 617-923-6409.

## Introduction to Racing Clinics

Saturdays : April 4 - May 9, 1998

"Graduation" Race : Wells Ave Sun, May 17

As it has every year since 1993, NEBC will host a series of early-season rides whose objective is to introduce new racers to the sport, ultimately taking them to a real event (the Wells Ave. race series). This year's series begins Saturday, April 4 in the Bedford High parking lot; the first few rides won't be too demanding, and can pretty easily be ridden on fat tires. These may be the best choice if the roads are still a little sandy or snow covered.

The early focus is on riding a straight line, riding predictably, becoming comfortable in a slowly-moving paceline, then advancing to the mechanics of more aggressive pacelines, where other riders appear beside you (as well as in front and behind). Speed may pick up as the weeks go by but speed will never really be the main point; the point is to develop a smooth and steady riding style, the NEBC trademark. Week two will work on team time trial technique, just a simple extrapolation of the preceding paceline studies. Subsequent weeks, will take on cornering, climbing and descending, sprinting, incidental contact, then spend a morning on a series of short races to practice starts and finishes. These races are very instructive; for many, they're a one-time opportunity to be close enough at the end to actually experience the frenzy of a winner-take-all sprint.

So, set aside Saturday mornings from April 4 through May 9 (and Sun May 17) for a little practical instruction. And tell your friends; if you know someone who thinks racing might be fun, or who's simply interested in improving bike handling skills, this is a major opportunity to learn in an environment which is (almost) stress free. Tell them they're welcome to jump in anytime. Even if they can't make the early rides, catching up isn't hard to do. Finally, tell them that we're hoping for appearances by well known "guest lecturers", experts in everything from frame building to proper care of racing shorts. See you there, Saturday at 10:30am.

For more information and/or directions to the start, call Mark McMaster at 781-272-8421.

## The 1998 Boston Brevet Series

The Boston Brevet Series is a set of four long distance randonneuring rides which are also qualifiers for Boston-Montreal-Boston (1998) and Paris-Brest-Paris (1999). This year's schedule is as follows:

Event	Distance Miles	Date	Time (am)	Time Limit Hours	Fee \$
200k	125	05/16	7:00	14	15
300k	190	05/30	4:00	20	20
400k	250	06/13	0:01	27	25
600k	375	07/11	3:00	40	45

All rides start at the Civil Air Terminal at Hanscom Field in Bedford, MA (plenty of free parking!) All rides except the 200k require sufficient lighting.

Though the rides vary in difficulty, none are easy. Expect about 3000 feet of climbing for each 100k ridden. The 200k goes into southern New Hampshire; the 300k goes into Rhode Island and eastern Connecticut; the 400k goes out to the Connecticut River Valley; and the 600k goes through the Berkshires to New York and back. This year's schedule is designed to help riders peak for Boston-Montreal-Boston (1200k, 750 Mi., 90 hour limit), August 13-16. Also note that this year's events may be required for Americans planning to do Paris-Brest-Paris in 1999.

All rides are supported with checkpoints every 40 to 60 miles. Checkpoints are stocked with water and a variety of food (fruit, sandwich makings, cookies, etc.). Bags will be transported to and from some checkpoints on the longer rides. A "real" meal is provided late on the first day of the 600k and spartan sleeping accommodations will also be available.

For more information, contact:

Dave Jordan  
Boston Brevet Series  
19 Rockmont Rd.  
Arlington, MA 02174  
(781) 641-2484  
email: dmj@odi.com  
web page: <http://www.gis.net/~bbs/>

## Don't Miss these Upcoming 1998 LAB Events!

Mark your calendars now! It's never too early — or too late — to plan on making 1998 a great year of cycling! Here's what you have to look forward to:

L.A.B. GEAR South 1998: "Buffalo Traces and Indian Trade Routes." Whether you seek lazy valley road rides, steep mountain climbs, or trail and single track mountain biking, eastern Tennessee offers it all — proudly co-hosted by the Tri-Cities Road Club.

L.A.B. Rally West 1998: "A Rider's Paradise." The natural wonders of Oregon, from forest roads along the backbone of the Cascades to Crater Lake and the breathtaking coastline, mean the length and beauty of your rides are limited only by your imagination — proudly co-hosted by GEARS (Greater Eugene Area Riders).

L.A.B. GEAR North & National Rally 1998: "The Spirit of Massachusetts." The quiet rolling terrain along the beautiful Charles River and nearby hilly apple orchards complement historic Concord and Walden Pond to make for some of the best cycling in the country — all proudly co-hosted by the League's 100% club, the Charles River Wheelmen.

For registration forms, call 202-822-1333; e-mail [Bikevent@aol.com](mailto:Bikevent@aol.com); visit our website at [www.bikeleague.org](http://www.bikeleague.org); or write to L.A.B., 1612 K Street NW, Suite 401, Washington DC 20006.

## La Ruta Maya on Bicycle

By Lisa LeRoy and Andy Meyer

Last November we cycled what is known as La Ruta Maya - the area of the great Mayan civilizations in southern Mexico and Guatemala that flourished from about 300 to 900 AD. By 1000 AD many of the vast Mayan cities were abandoned, and scholars have searched for decades for clues to the unexplained disappearance. Having now bicycled La Ruta Maya we speculate that the obvious reason the Indians left has been overlooked - they got tired of doing the hills. Imagine a series of mountains shaped like Machu Pichu and you get a picture of what the terrain is like.

Our group of 12 ranged in age from late twenties to seventy. Riding strength did not diminish with age! This was not a commercial tour but was organized by Richard - our semi-retired biking companion with a knack for finding great bike trips. We split the cost of a van and driver, and a travel agent (ATC out of San Cristobel) made our hotel reservations. ATC found us a great driver, Pedro, and put a lot of effort into making our trip work well. The route was taken from a book called *Bicycling Mexico*.

Our trip started in Palenque, one of the most beautiful and magical Mayan ruins that exist. A group of Indians still worship here by night. Because they have tried to preserve their culture and not marry outside their village, they are in danger of dying out. By day they sell

souvenirs to the tourists and live in poverty. A sad legacy of the most sophisticated civilization of its time, but typical of this part of Mexico. Palenque is surrounded by jungle that threatens to take over the 33 structures that have been excavated. You can practically see it growing while you watch. Swarms of workers with machetes spend their days cutting back the verdant growth.

It was forbidden to take photos in some of the villages, especially of religious practices and dress. Some Mayans believe that when you take a photo of them, you take away part of their soul. Other villagers would let you take a photo, but only for a price. Children especially would demand a peso or two in exchange for taking their photos. At 7 cents to the peso it was a bargain.

We shuttled from Palenque to Agua Azul - a gorgeous park of waterfalls. Some crash from great heights while others flow over rounded stones without a splash. Right from the start of our ride we got a good taste of what was to come. There were only two choices of terrain: straight up and straight down. Only two gears were needed. Our first day, from Agua Azul to Ocosingo, was only 35 miles. In that time we had a 2000-foot descent, followed by a 4000-foot climb, and another 1000-foot descent. The countryside was spectacular with jungle on all

*continued on page 9*

## April 1998 Recurring Rides Calendar

*These rides are held every week unless indicated*

### South Shore Coastal Loop Sunday Morning Fitness Ride

Are you looking for a ride with shady, quiet roads, beautiful scenery and coastline stretches that will get you home by mid morning every Sunday? The SSCL will take place every week, weather permitting. Choose the 33 or 45 mile loop both departing at 7:00 a.m. The 33 mile route includes Rockland, Hingham, Norwell, Scituate, and Cohasset with a coffee stop in Scituate Harbor at mile 15. The 45 mile loop includes Hull with an additional brief stop at mile 30 to regroup. Maps and cue sheets available in addition to arrowed routes. Ideal for fast and moderate riders with paceline experience or desire to learn. Average speed for the month of March will be 17-18 mph. If you're interested in riding to the ride from the Boston area, call Mel. Leaders: Ted Lewis (h) 617-396-7282 (w) 508-777-5203 x131 TedL@microscript.com Mel Stoler (h) 617-277-5180 (w) 617-727-4923 x360 Mel.Stoler@state.ma.us Directions: Take Rt. 3 to Exit 14 (Rt.228) in Rockland. Turn left at end of exit ramp and park in the Park'n Ride lot. You won't regret setting the alarm. Call to confirm. Space unlimited.

### Pace Line Clinic at Nahanton Park

*Starts April 7, ends November 24*

*Tuesday - 6:00 PM SHARP!*

What: A set of organized, cooperative, and friendly pace line clinics designed to demonstrate and practice smooth and safe group riding techniques. Multiple clinics will accommodate different groups at various average speeds. "Attacking", racing, and other aggressive, or disruptive behavior is frowned upon. Ride: Arrowed routes of 19 and 28 miles. Leader: Pete Knox (617-731-5944) Start: Nahanton Park, Newton. Directions: From Route 128 take Needham Street exit towards Newton. Take second right at the light and meander through the industrial park. At the end of the park, turn left onto Kendrick Street (becomes Nahanton Street at the river). Cross the Charles River and park on the left in the Second parking lot for Nahanton park. Rides leave from the main parking lot. Note the City of Newton has requested that we park our cars in the satellite parking lot and not the main lot where the ride starts. Note: Many evenings we will return after sunset. N.B. State law requires a white front light, a red rear light, and ankle reflectors after sunset. Be safe. Be seen.

\*\* CRW's Fitness Rides Program is designed to assist intermediate and advanced riders to improve their skills and learn cooperative paceline riding techniques.

### Wednesday Wheelers

*Wednesdays - 10:00 am*

A group that enjoys exploring a variety of scenic routes and lunch spots, mostly in the western suburbs but occasionally to the north or south. We stay together, following the leader for the day, while being careful not to drop anyone. (Generally there is no cue sheet handed out.) The typical ride distance is about 30 miles. The pace is about 15 to 17 mph on the flats, but slows considerably on the hills, so we wind up with a rolling average of about 13 mph. Start: Location Varies Directions: For more information, including the next ride start location, call the ride coordinator Bill Widnall at 781-862-2846 day or early evening or e-mail to BillWidnall@ibm.net.

### Fitness Ride at Hanscom Field

*Starts April 9*

*Thursday - 6:00 PM SHARP!*

Ride: Arrowed routes of 16, 25 & 35 miles. Leader: Peter Mason (781-646-5106) Start: Hanscom Air Force Base Civil Air Terminal Directions: Rt.128 to Exit 30B (Rt.2A West) do not take the exit for Rt.4/225 which also says "Hanscom Field" on the sign. Go on 2A West for 1.5 miles until you come to the blinking light. Turn right at Airport Road into Hanscom Field and follow signs for the Civil Air Terminal (about 3/4 miles). Highlights: The short ride winds through Bedford, Concord, and Carlisle. The long ride of rolling hills adds Westford and Chelmsford.

### Saturday Morning Fitness Ride

*Nahanton Park Saturday - 8:30 SHARP!*

Ride: Arrowed routes of 19, 28 & 42 miles. Cue sheet available. Leaders: Dave McElwaine (617-821-8643) [McElwaineD@aol.com] or Mark Dionne (617-965-5558) [mdionne@tiac.net] Start: Nahanton Park, Newton. Directions: From Route 128 take Needham Street exit towards Newton. Take second right at the light and meander through the industrial park. At the end of the park, turn left onto Kendrick Street (becomes Nahanton Street at the river). Cross the Charles River and park on the left in the Second parking lot for Nahanton park. Rides leave from the main parking lot. Note the City of Newton has requested that we park our cars in the satellite parking lot and not the main lot where the ride starts. Note: You will ride scenic rolling roads through Needham, Dover, Sherborn, & Medfield. These rides will be set up to run with or without a leader so be ready to go on time. At 8:30 we're gone. This ride runs all year 'round.

### TGIF Ride Starts May 15



## The Rides Calendar April, 1998

On all CRW rides, please arrive at least 15 minutes before the published ride starting time. It is recommended that you bring pump, patch kit, spare tube, allen

wrenches, screwdriver, lock, water bottle, some money, helmet, gloves, and a map.

Call 617-325-BIKE to find out about last minute changes or special announcements.

### Bagels to Beer Ride

*Saturday, April 4 - 10:00 and 10:30 AM*

Ride Type: Cue sheet Leader: Fran Hann (508-429-5444) Routes and times: 10:00 AM for 45 miles. 10:30 AM for 25 miles. Start: Ledgemere Plaza, Route 126, Ashland (across from Shaws). Directions: From Route 9 Framingham, take Route 126 South for 4.0 miles. From Route 135, take Route 126 for 2.5 miles. Corner of Pond St. and Elliott St. Highlights: A tour of country roads and backroads through Sherborn, Dover, Medfield, Norfolk, and Medway. Come early for a bagel at the Brooklyn Deli and finish your ride with a drink at Nello's.

### The Bolton Orchards

*Sunday, April 5 - 10:00 AM*

Ride Type: Arrowed Leaders: Andy Meyer (781-646-4647) [asm@acm.org] Lisa LeRoy (617-964-1751) Start: XRE Parking Lot, Littleton Terrain: Rolling Hills. Mileage: 35 and 50 miles. Directions: Take Rt. 2 West to exit 39, 1/4 mile west of the I-495 Interchange. Go right on Taylor street. In a half mile, turn left off Foster Street. Take the first right into the XRE parking lot. Drive around the front of the building and to the top of the hill and park near Taylor street. Highlights: A scenic tour through the back roads of Harvard, Bolton, Littleton, and Berlin. The long ride will head further south, past the Clinton Damn.

### Al Lester Birthday Ride

*Saturday, April 11 - 9:30 and 10:00 AM*

Ride Type: Map and Cue Sheet. Leader: Walter Ronten (978-287-0097) Routes and Times: 55 mile ride starts at 9:30, and the 26 mile ride starts at 10:00. Start: Weston High School Directions: Wellesley Street between Route 30 (South Avenue) and Mass Pike. Highlights: Ride through Lexington, Bedford, Lincoln, Wayland, Framingham, Sudbury, Lexington, Bedford.

### South Shore Explore

*Sunday, April 12 - 10:00 and 10:30 AM*

Ride type: Arrowed Leader: Gerry Goode (781-843-6283) [WSworked@aol.com] Start: Achbishop Williams High School in Braintree. Terrain: Moderately hilly Mileage: 45 miles at 10:00 and 27 miles at 10:30 Directions: Take either 93 north or south, depending on where you are traveling from, to exit 7, Rt 3 south. Take the first exit off of Rt 3 to Washington Street Braintree. At the top of the ramp turn left. The high school is about 300 yards down the street. The parking lot is across the street from the front door. Highlights: The rides are moderately hilly and travel through the towns of Quincy, Braintree, Holbrook, Weymouth, Stoughton, Canton, and Milton. There is a D'Angelo-Dunkin Donuts Store at the 18 mile mark that can be used as a lunch stop.

### Diamond Hill Ice Cream Ride

*Saturday, April 18 - 10:00 AM*

Ride Type: Arrowed with cue sheet. The arrow is a white chevron. Routes & Times: 10:00 AM sharp for your choice of 25, 36, 63, or 83 miles (cross-over for 25 not arrowed, extra loop for 83 may not be arrowed) of scenic, mostly repaved back roads with some lovely hills. New lunch stop at the Diamond Hill ice cream stand on the 63 and 83 mile loops. A century option "ride to the ride" departs at 8:00 AM from the corner of Cypress and Walnut Streets in Brookline and at 8:30 AM SHARP from Nahanton Park in Newton. Leader: Pete Knox (617-731-5944) Start: Dover/Sherborn Regional High School off Junction Street in Dover. Directions: From Rt.128 take Rt.109 West to Medfield Center. Make a right at the light onto North St. In about 1 mile stay right at the triangle, then in about .8 mile bear left onto Farm St., then in .7 mi make a left on Junction St. The High School and parking lot will be on your right. Highlights: Very quiet and rural back roads from Dover to the Burnt Swamp in Rhode Island. Ride includes Franklin, Medfield, Norfolk, Plainville, Bellingham, and Sherborn. A perennial favorite now featuring ice cream for lunch.

### Spring Fling

*Sunday, April 19 - 9:00 AM and 10:00 AM*

Ride Type: Arrowed. The arrow is white with a tail and no head - an upside down 'Y'. Leader: (Co-Leader Needed!) Leonard Cline, (508-429-6429 until 9:00 PM) Routes and Times: 9:00 AM for 48 miles 10:00 AM for 21 miles Start: Holliston High School, Hollis Street, in Holliston Directions: From easternmost junction of Routes 126 and 16, in Holliston (near Bertucci's Restaurant), follow routes west into center of town. Just past the Town Hall and the green in front of the Congregational Church, turn right onto Hollis Street. The school is approximately 7/10 of a mile on the left. Highlights: See the colors of the MetroWest area on this ride through Holliston, Ashland, Hopkinton, Upton, and Milford. The long ride has some steep, but short, climbs, while the short ride is more rolling. Co-Leader needed! Call Leader if interested.

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## The Big Event

*Saturday, April 25 - 11:00 AM*

Ride Type: Map and cue sheet, and maybe arrowed. Leaders: Eric Ferioli (781-235-4762) and Barry Nelson (617-964-5727) [BarryNelson@alum.MIT.edu]. Mileage: 12, 20, or 35 miles. Start: the Green in Concord Center Directions: Routes 2A and 62 meet at Concord Center. Highlights: The short and medium rides go out to Carlisle, while the long route adds Acton and Littleton.

## Another Side of Carlisle

*Sunday, April 26 - 9:30 AM*

Ride Type: Arrowed rides of approx. 62, 40 and 25 miles with queue sheet available. Arrow is white with a circle at the bottom. Leader: Rich Fields <richard @belv.com> (781-646-4601) Routes & Times: 9:30 for routes of 62 and 40 miles, 10:00 for a route of about 25 miles Start: Brighams, Mill St. in Arlington Center Directions: From 128; exit 29A East (Route 2 toward Cambridge. Take Route 2 East to Exit 59 (Route 60). Take left onto Route 60 and go @ 1mile to Mass Ave. in Arlington Center. Take left onto Mass Ave. toward Lexington and go to first traffic light which is Mill St. Entrance to Brighams is on the left down the hill. Highlights: A scenic ride through the towns surrounding Carlisle including Arlington, Lexington, Bedford, Chelmsford, Acton, Westford, Concord and Lincoln. This ride is flat to rolling with a few hills, notably Page Hill in Bedford and Trapelo Rd in Lincoln. Given this year's warm winter, this ride should serve as a good tune up for the Spring Century which is only weeks away. The lunch stop will be at the Green in Concord Center, but save lots of space for ice cream at the end of the ride.

## Middlesex Sampler

*Saturday, May 2 - 10:00 and 10:30 AM*

Ride Type: Cue Sheet Leader: Ralph Galen (617-497-8287) Mileage and time: 10:00 for 39 miles and 10:30 for 30 miles. Start: McCarthy Middle School, Chelmsford Directions: From the south: From Rt. 128 in Burlington, take exit 32A to Rt. 3 North. Take Rt. 3 north for 12.5 miles and then take exit 32. This lands you on a traffic circle. Go almost around the circle taking the exit for Rt. 4 South (Chelmsford, Acton). McCarthy School will be on the right almost immediately. From the north: Take Rt. 3 south to exit 32. This lands you on a traffic circle. Take the exit for Rt. 4 South (Chelmsford, Acton). McCarthy School will be on the right almost immediately. From the west: From Rt. 495 going east take exit 33. Take a left off the ramp onto Rt. 4 north (North Road). Then it is 1.3 miles to McCarthy School on your left. From the east: From Rt. 495 going west take exit 35B to Rt. 3 north. Take Rt. 3 north for 2 miles and take exit 32. This lands you on a traffic circle Go almost around the circle taking the exit for Rt. 4 South (Chelmsford, Acton). McCarthy School will be on the right almost immediately. The parking lot is on the left side of the school. Highlights: This ride resurrects a popular route from the late 80's. Ride back in time through Chelmsford, Westford, Acton, Concord, and Carlisle. The lunch stop is at the perennial favorite of Concord Center.

## Blue Moose Hill

*Sunday, May 3 - 9:30 & 10:00 AM*

Ride Type: Arrowed & Cue Sheet. The arrow is an orange upside down 'V'. Routes & Times: 9:30 for a ride of 50 miles, 10:00 for rides of 25 and 15 miles. Leader: Jean and Ken Zaniewski (781-784-1845) Start: Sharon Shopping Center, Shaw's Market Directions: From Rt.128 take Rt.95 South to (exit 8) Mechanic St./S.Main St. Take a left from the exit ramp - the shopping center is about 1/4 mile ahead on the right. Please park as far from the stores as possible, close to South Main street. Highlights: All Sharon highlights including Whaling Museum and Bird Sanctuary, long ride adds the Boston Skyline View from Big Blue Hill. Bring extra water and food for the long ride since there are no convenient places along the route to obtain them. A new option this year will be a 15 mile baby trailer or take it easy ride for toddlers. The 15 mile route for babies will not be arrowed, but the group will stay together so the children can socialize. There will be an after-ride party at Ken's and Jean's home which is food and child friendly.

**CRW Bike Hotline**  
**325- BIKE**

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## Tandem Bicyclists of New England (TBONE) rides

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This is a series of rides for tandemists. Unless otherwise indicated, these are CRW rides led by CRW members. Other cyclists interested in tandems are welcome at these rides as well — you might get to try one out, or at least get some good advice on tandemabilia. Their schedule for up and coming rides is below.

We suggest calling the ride leaders to confirm a ride, especially if weather is doubtful. Rides may not have lunch stops. We suggest that you carry food.

For a complete 1998 schedule, send \$3 to T-BONE c/o Linda & Bob Harvey, 16 Clinton St., Salem, NH 03079-2052.

April 18-19 Contoocook to Waterville Valley and Back New Hampshire (Granite State Wheelmen (GSW) Ride) Approx. 75 miles each day, maps provided. Stay overnight at the Snowy Owl Lodge. Upon arrival join in a pre-dinner wine and cheese followed by buffet dinner. Great Sunday morning getaway breakfast. Sag wagon for luggage. \$60 per person covers everything. Joint event with

Directions: Meet at 186 Cedar Street at 8:30AM in Contoocook, NH Sponsor: To make reservations and for more information call Irv Gordon, 603-224-2341 daytime.

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## Other Rides and Trips

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### Brain Tumor Society Ride for Research

*Sun, May 17*

Bicycle 25 or 50 miles to help raise money and awareness for brain tumor research, education and support programs. Starts 9:30 a.m. (10:30 for 25 mile loop) at Ski Market Headquarters in Waltham, MA, with a scenic loop through Lincoln, Sudbury, Concord and Carlisle. Features live entertainment, free massage for riders, snack and beverage stop, lunch, T-shirts, great prizes and awards ceremony. Free participation for pledges of \$100 or more. For an entry form and more details, please call Tina at (617) 783-0340 or (800) -770-8287.

### Memorial Day Dash to Montreal

*May 21-25*

MDDM+98 - 14th Annual edition of a classic New England tour. Thursday night stay at a lodge in the Montpelier-Waterbury area of Vermont. Friday drive to Gordon Landing in the Lake Champlain Islands. Park cars, put gear in sag van, and cycle north through the beautiful Lake Champlain Islands. Ride 80 absolutely flat miles to Montreal, where we stay in the downtown Youth Hostel. Saturday & Sunday are free days with many options - cycling, cultural and otherwise. Monday ride 75 miles back to the cars on the New York side of the lake, ending with a short ferry ride. NOTE: Although there are no hills, this can be a tough ride due to strong headwinds! \$145 trip fee includes 4 nights lodging, 4 meals, sag support, tour T-shirt and extensive literature. Call for info or to register. Leader: Charles Hansen H: (617) 734-0720 W: (617) 572-0277 E-mail: chansEn@jhancock.com

### Memorial Day Weekend in VT

*May 22-25*

Jeffersonville, VT is located 20 miles north of Stowe near Mt Mansfield. It is great for both road and mt biking and hiking. The Smuggler's Notch Inn has private rooms and baths and an outdoor hot tub and swimming pool. There is also a bar and restaurant. Road ride distances range from 15-100 miles and mountain biking and hiking offer steep terrain. Trip cost of \$145 per person covers 3 B&B's and 2 dinners. Call Lainie Epstein @ 396-0680 before 9PM.

### The Tour of New England

*May 23-25*

The 22nd Annual Tour of New England will take on a "back to the roots" feel. On Memorial Day weekend, riders will begin the 365 mile loop that starts and ends in West Roxbury. Be forewarned, this year there will be NO sag vehicle. Yes — you read it correctly. You will have to ride and carry all your own gear as we used to in earlier years of the TONE. If you are still interested, send \$75 (members) or \$80 (non-members) to Jamie King, 31 Pleasantdale Road, West Roxbury, MA 02132 or call

for more info. 617-325-1433 (before 10 PM). You must be at least 16 years old or accompanied by a parent or guardian, and full payment must be received by May 9th. A fun weekend is waiting for you so don't delay.

### The Surfside Century Tour

*Saturday, May 30*

Three Scenic Routes: 100 miles, 50 miles, 25 miles designed to warm your season! Riders of all skill and interest levels are invited to participate in one of eastern Massachusetts' newest cycling events, "The Surfside Century Tour," on Saturday, May 30. Riders can choose from three tour routes: 25 miles, 50 miles and 100 miles, leading through 18 of Boston's north shore communities. Each route starts and finishes at Endicott College in Beverly, Massachusetts. The Surfside Century Tour is being organized by The Boy Scouts of America with the co-operation of avid cyclists who have experience as participants and organizers of other major New England cycling events. Proceeds will benefit Yankee Clipper Council, Boy Scouts of America, which serves over 9,500 youth in 43 communities in eastern Massachusetts and southeastern New Hampshire. The tour will be fully supported with rest stops and rider support vehicles. "This is a ride designed for all levels of riders who are looking to warm up their season," logistics chairman, Stu Hall of West Newbury, said. "This event offers even the timid rider a grand tour." Beverly Hospital, part of Northeast Health Care Systems, will be providing supplies for the rider and support vehicle and rest stops. A Post-Ride Party will run from 2 to 5 PM. Registration is \$30. Early registration (by April 30) is \$20. The minimum pledge level in addition to registration fees is \$75. All registrations must be postmarked by May 23. The event is open to all riders 16 years old and older. For more information or a Surfside Century Tour registration brochure, please call Bruce Jewett, Tour Co-Chairman, (781) 599-3192 or (978) 777-4333. Start Times: 100 mile Tour Check-In 6:30 am Start 7:30 am; 50 mile Tour Check-In 9:00 am start 10:00 am; 25 mile Tour Check-In 10:00 am, start 11:00 am Towns included in the different routes: Amesbury, Beverly, Boxford, Essex, Gloucester, Groveland, Hamilton, Haverhill, Ipswich, Manchester, Newbury, Newburyport, Rowley, Salisbury, Seabrook, Topsfield, Wenham, and West Newbury. Incentives: Every registered rider will receive a Tour-Shirt and a water bottle. Pledges from \$150 will qualify for gift certificate incentives.

### AYH Cape In a Day(plus one) Century Bicycle Weekend

*Sat - Sun, June 20-21*

Join the Boston Council of American Youth Hostels on their annual Cape Cod ride. The trip consists of a century bicycle ride from Boston to North Truro (120 miles) or Eastham (100 miles) on Saturday, time to tour Provincetown or relax on nearby beaches Sunday morning, and a ferry ride back to Boston late Sunday afternoon. The cost of \$75 includes four meals, lots of snacks, hostel lodging, sag wagon support for luggage and breakdowns on Saturday, the ferry and a T-shirt. Send full payment (refundable until June 1st along with name, address,

phone #'s and hostel choice (if any) to trip leader Seth Davis, 186 Palmer St., Arlington, MA 02174. For more information, call Shari at (617) 776-6618, or send a self-addressed stamped envelope to the trip leader.

## Tour de BOVINE

### (Bicyclists Over Vermont In Near Ecstasy)

July 1-5

Third edition. We'll take the train north from White River Junction to St. Albans, Vermont. Train carries bike rack (no bike boxes needed). Then we'll bike back with side trips into Quebec and New York. Various options include "the flattest century in Vermont," the foothills of the Adirondacks and mega-challenging Appalachian Gap. Average 60 miles/day over varied, beautiful, quite terrain. Shorter and longer options available. See the fourth of July fireworks over Lake Champlain. Approx. \$375 includes four nights lodging (including two in the Radisson Burlington), trail lunch food each day, some breakfasts, sag van support, train fare, trip tee shirt, maps and cue sheets. Leader: Arnold Nadler, 978-745-9591 Coleader: Charles Hansen, 617-734-0720

## American Diabetes Association Ride

July 11-17

The New England Classic is a seven day, 500 mile ride through four states that benefits the American Diabetes Association. The classic starts from Marlborough, MA on July 11 returning July 17. Space is limited. For more information call (800) 229-2559.

### *La Ruta Maya from page 4*

sides and a small road that worked its way up and through the valleys. As our cycling companion Richard says, these are "quality miles."

In Ocosingo we witnessed with amazement what was to become a daily event for one of our group members, Don, a.k.a. the Eating Machine. Immediately at the end of the ride, Don would head for a restaurant and order a huge meal. After consuming his first meal, or sometimes, in the midst of consuming his first meal, he would order a second meal. This usually took place around three in the afternoon. Following a shower and a stroll around the town, we would meet for dinner whereupon Don would eat his third large meal in as many hours.

The second day the expression "quality miles" took on new meaning as we cycled 60 miles from Ocosingo to San Cristobel de las Casas. We gained 6000 feet of elevation in the first 30 miles and 2900 more feet in the next 30 before a 1000-foot descent into town. Each switch back required its own power bar. Most of our group decided to call it quits after three straight hours in the lowest gear, and flagged the van.

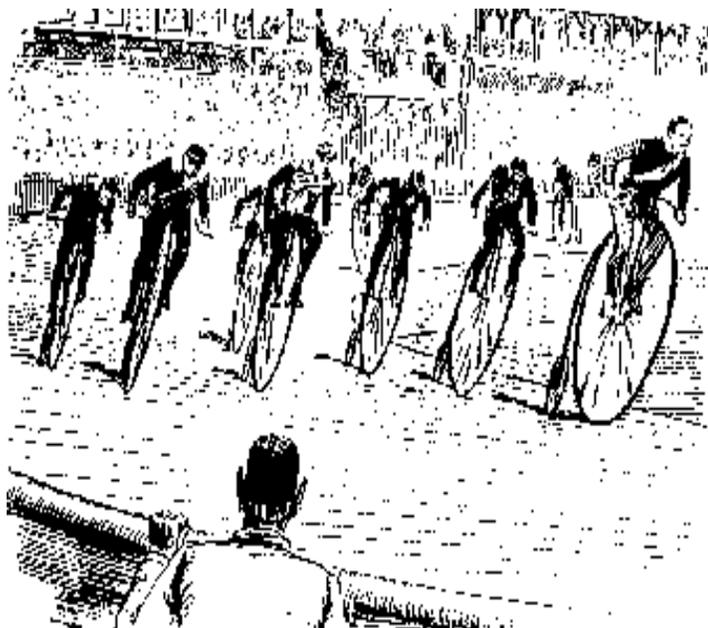
San Cristobel is a beautiful colonial city set in a valley surrounded by mountains. We had a lay-about day here. There are a number of small Indian towns outside of San Cristobel; each known for its own unique weaving. The techniques, materials, colors and patterns of each village are distinctive. Those of us with mountain bikes (about half the group) rode there, but the dirt roads weren't conducive to touring bikes, so some of us hopped the van. Our van driver introduced us to his personal friends in one of the villages so we were fortunate to visit a family home and watch the women weaving using backstrap looms in their mud brick house.

In San Cristobel we encountered our first large, noisy market. Generally speaking good old market principles go by the way-side in Mexican markets. Prices are erratic at best. One day the first offered price is accepted, while the next day the same vendor will absolutely refuse to sell for the previous day's price. Often, as we walked away, not having gotten the price we wanted, vendors would follow us for blocks calling out "for you, good price," and continually lowering the price until it was less than what we originally offered. Generally bargaining resulted in a price around a fourth of the original asking price, but sometimes resulted in a price higher than the starting price. It appeared to depend on what you were wearing, the time of day, and perhaps the weather. What was made perfectly clear is that we were amateurs, while these people were professionals at bargaining.

From San Cristobel we rode 55 miles to Comitán, which is about the same size but much more modern. We were greeted by firecrackers, processions, a rock concert in the old plaza, and a fair, all in celebration of the Day of the Virgin de Guadalupe. From this point on we spent many nights being awakened by firecrackers. We never did find out why they were set off all night long, and who did the honors.

In Comitán one member of group decided to leave the trip for personal reasons, but left his bike behind. We respectfully left the bike untouched for the first day of his absence. By the second day it was noted that his tires were superior to someone else's and they were appropriated. The rims followed a

*continued on page 10*



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*La Ruta Maya continued from page 9*

day later, then by the seat and finally various gears. Having a whole bike of spare parts was quite a luxury.

From Comitán we rode to La Mesilla, the border town between Mexico and Guatemala. The place was grimy, with only dirt roads. A few men wearing black hats, jeans and cowboy boots wandered around showing large wads of cash and acting as the local currency exchange. As always, the exchange rate depended entirely on your bargaining skills. The whole atmosphere made you want to keep both hands on your wallet. One of our group should have done precisely that. Leaving a bag unattended on the bicycle for around 30 seconds resulted in the loss of cash, passport, and credit cards. Only the help of very friendly border guards, who stamped a photocopy of the passport and supplied a letter, helped us get through the country and back into the US.

There was a marked difference between Mexico and Guatemala. Although the landscape remained very similar, the degree of poverty in Guatemala was much greater. Three years of civil war have taken their toll. Life in this country looked very harsh. Unlike Mexico, we were often greeted with blank stares when we rode through some poorer sections of the country.

The next day we followed a river valley the entire 50 miles to Huehuetenango, which turned out to be an ugly, industrial town. Apparently, everyone keeps their money in Huehue (pronounced way-way) because there is a bank on every corner. The guards outside the banks have their fingers on the trigger of a sawed-off shotgun.

We had planned to take the van the following day to visit Todos Santos, a remote village in the mountains that encircle Huehue. Unfortunately we neglected to explain to our van driver that we wished to go to Todos Santos, a two-and-a-half hour drive away, rather than Todos Santos the church in the middle of the plaza that was fifteen minutes from the hotel. Consequently we set off for the village with insufficient gas, over rough dirt roads. We traveled up a few steep passes through rural farms until we were precariously close to being out of gas. We found a small village with a local villager willing to sell us some gas and were able to make it to Todos Santos.

This was one of the highlights of the trip. The town is set in the mountains with a panoramic view for miles. The men wear red striped woven pants and the women wear a unique type of huipiles (blouses) that are very colorful. We hiked around the town and saw many women weaving and men working on the roads or farming. The hills were filled with corn and wheat, all of which are planted and harvested by manual labor. There were few if any machines to be seen. After a glorious few hours there it was time to head back.

Only a few kilometers out of town it became clear that the local gas we purchased had water in it. The van broke down twice! A few people had thrown their bikes in the van and they took off on bicycles. A few others waved a truck down and found themselves riding high on a truckload of broccoli, back to town. For some reason, after that we all have trouble finishing broccoli at dinner.

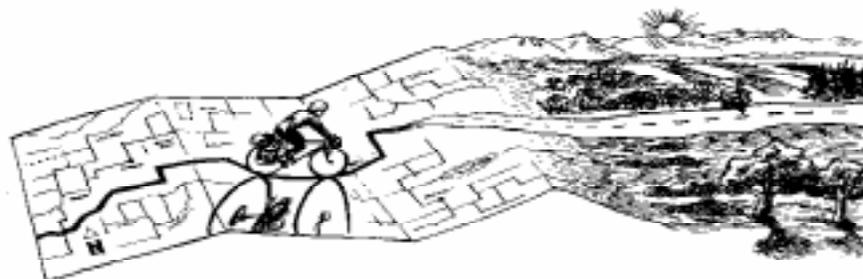
We rode 55 miles from Hue hue to Quezaltenango, a lovely city with an active town plaza. An earthquake destroyed the old church in 1902, but the facade was preserved and a new church was built behind it. This city is the second largest after Guatemala City with 100,000 inhabitants.

The next town was Panjachel, a lovely tourist town located on a volcanic lake. The road down to the lake was steep enough to keep you rolling at 35 mph while pulling hard on the breaks and negotiating some amazing hairpin turns. We took a boat ride across the lake to town called Santiago. Little girls who introduced themselves with names like Barbara and Karen (my espanol) met us and took us to see Maximillian (for a peso, of course.) This was our introduction to some of the pagan-Christian religion here. Maximillian was a priest who was overly fond of whiskey, cigars, and women. He was de-frocked, but shortly after that, the Spanish clergy were evicted from Guatemala. The result is a very odd mix of pagan and Christian beliefs. Maximillian became the local demi-god, who is honored with offerings of whisky, and by blowing smoke in his face.

Riding out of Panjachel was so steep that a few of us did not have low enough gearing to avoid walking up some of the hills despite triple chain rings. A fog rolled in and we had no visibility as we climbed to Chichicastenango. By the end of the day, we were riding very steep terrain in 40 degrees, rain and fog. Keeping the breaks dry and the body warm took some doing. The market in Chichi seemed otherworldly in the fog that rolled in that day. A combination of bright colors and cold, cloudy weather was quite a contrast.

The final day of riding provided nice weather, but as we approached Guatemala City, the roads became quite hazardous. Overloaded busses routinely passed each other, taking all of the road and then some. Several times, the only option was to ride off the road to get out of the way. Several of our group had the right idea when they rode the last 20 miles in the van.

Our trip ended in Antigua, a beautiful town about 70 kilometers from Guatemala City and a world apart. One night a spectacular pink and orange sunset provided a dramatic background for the silhouette of the steaming volcano. This old colonial town is filled with lovely old Spanish architecture, good restaurants, and is surrounded by farming villages. It was a wonderful place to end the trip.



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*Spring Century*

## Little Jack's Corner - by Jack Donohue



We're going on a bike trip to Europe this spring. We've been debating what to do about bikes. We had sort of decided to take singles, since the prospect of taking the tandem was rather daunting. But we really wanted to do the trip on a tandem, and Susan by now has all but forgotten how to ride a single ("You mean I have to brake and shift?"). Now I've taken my single numerous times, without much prior planning. I'd just arrive at the airport, wheel it in, say, "Take this," they'd say "no" and a dialog would ensue. By being suitably obnoxious and climbing the chain of command, I would get to the Bottom Line — we'll take your bike if you sign away all rights to get upset if we drop kick it from here to your final destination. But this was our major vacation, and I didn't want to take any chances.

So I screwed my courage to the sticking place, and decided to call Delta Airlines. I knew I was in for trouble when I had to explain the concept of tandem. No, it's not motorized, but it's not your garden variety bicycle either. So I was consigned to the limbo of being put on hold while

the representative consulted the baggage Oracle. I used the time wisely to browse the Delta web site, to see if perchance they had any pertinent information. Lo and behold, they did, so I gleaned the following:

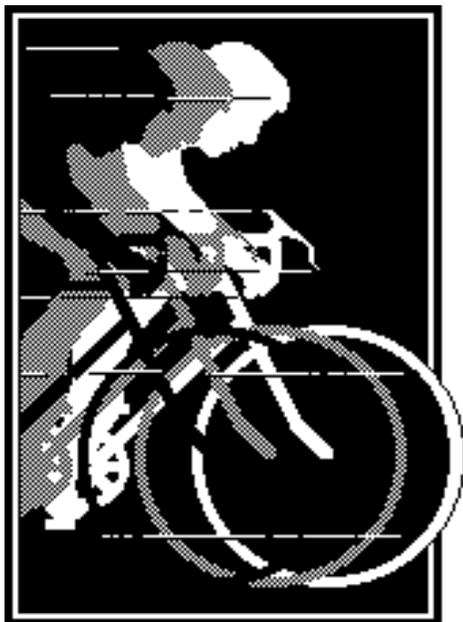
Delta Air Lines will accept non-motorized touring or racing bicycles with single seats for carriage as checked baggage under certain limitations. ...

and other stuff to whitt that size does indeed matter. (by the way, you can ship antlers for only \$50 if they're free of residue (ick)). So I was armed for the confrontation when the agent finally returned. After a brief discussion, she decided it was time to bring in the big guns, Customer Service, and I was again put into a state of suspended animation. I had opportunity to ponder the ramifications of the "with single seats" phrase. What if I took one off? "Do you have any baggage to check?" "Yes, this rather large single seated bicycle, and, yes, this seat." (I know it's a saddle, but we don't have to let them know). Despite the considerable pleasure of running rings round them logically, I felt that in the end they would probably still not let me take the bike, so decided to abandon that tack.

After what seemed like an eternity, the agent returned with a "Sorry to keep you

waiting" and then promptly hung up on me. I'm sure she did not hang up on me, we were "disconnected," but still there was the sneaking suspicion that in fact she was finding this conversation extremely tedious and decided she'd rather spend her time dealing with dope smugglers and terrorists.

So I got to start the process all over again. Threading the maze of menu options, I got to talk to another human being (alas, not my buddy of the last half hour). I decided to cut to the chase and asked for customer service immediately (in phone time, which was actually about fifteen minutes). After considerable discussion with customer service, it came out that the number of seats was in fact irrelevant, but the longest dimension could not exceed 69". I didn't know off-hand how long the tandem was but I had a sneaking suspicion that it exceeded this dimension. My other option was air cargo, and she happily gave me the number of the air cargo person (and breathed a huge sigh of relief, I'm sure). The air cargo person was quite cheerful and informed me that they would be happy to ship my tandem for not much less than it would cost to charter a plane. Maybe it's time for the hack saw and the S&S couplers.



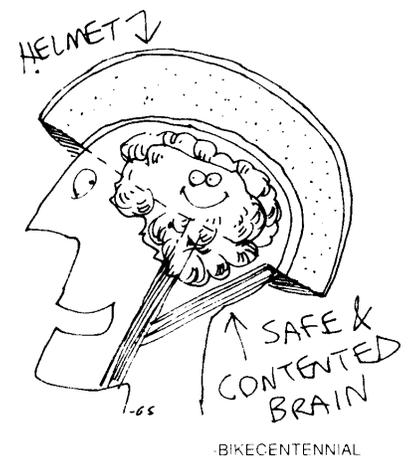
### Do you know about the CRW Helmet Rebate Program?

CRW will send you a check for \$5.00 when you buy a helmet. It doesn't have to be the first one you ever bought - we just want to make it as easy as possible for everyone to own a good helmet - it can save your life.

The helmet must be ANSI, ASTM or SNELL approved, and must be purchased from one of the participating bike shops listed on the back page of *WheelPeople*. You must have a current membership in CRW - present your card at time of purchase. Some brand or style restrictions may apply. Send your receipt and proof of purchase from the helmet box along with a stamped, self-addressed envelope to:

Don Blake  
1 Gleason Road  
Bedford, MA 01730

Many shops have matched our offer with an additional discount of their own.



## Welcome New Members

James Ansbro	Framingham
Karina Assiter	Medford
Lee Chamberlain	Roslindale
Triane Chang	Cambridge
Elinor Clancy	Lexington
Carole Dembek	Boston
Andrew Dietrich	Norwood
Bree Forcier	Medford
Robert Goodale Mary Garron	Dedham
Edward Guadagnoli	Boston
Katie Held	Arlington
Leland Howard	Duxbury
Brian Johnston	Lexington
Lorna Keith	Waltham
Douglas Lapham	Arlington
Elizabeth LeFavour	Cambridge
Judith Marcus	Ashland
Lee McClung	Concord
Scott Osberg	Boston
David Poorvu	Wayland
Lisa Tomlinson	Watertown
W. Wylupski J. Chung	Lexington
Amanda Zuretti Lisa Cogliandro	Watertown

## February Mileage Totals

0	1	9	5	1	7
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	Miles	M	C	K		Miles	M	C	K
John Bayley	1682	2	1	-	Bill Widnall	381	-	-	-
Pamela Blalock	1662	2	1	-	Dick Arsenault	329	-	-	-
Jack Donohue	1587	-	-	-	Joe Marcal	323	-	-	-
Melinda Lyon	1281	2	-	1	Jim Broughton	292	-	-	-
Mike Kerrigan	972	2	1	-	Gabor Demjen	206	1	-	-
Rich Fields	956	1	-	-	Robin Schulman	204	-	-	-
Mel Stoler	953	2	1	-	John Kane	181	-	-	-
Joe Repole	822	2	2	-	Ed Trumbull	177	-	-	-
Peter Brooks	762	-	-	-	Jim Merrick	173	-	-	-
Peter Knox	716	1	2	-	Irving Kurki	167	-	-	-
Glenn Ketterle	663	-	-	-	Jeff Luxenberg	155	-	-	-
David Wean	651	-	-	-	Susan Grieb	147	-	-	-
Ken Hablow	629	1	-	-	Bruce Ingle	102	-	-	-
Elizabeth Campbell	614	-	-	-	Harry Wolf	67	-	-	-
Ken Hjulstrom	567	-	-	-	Doug Cohen	60	-	-	-
Robert Comeau	547	1	1	-	Jacek Rudowski	32	-	-	-
Jerry Kuc	503	-	-	-	Tracy Ingle	22	-	-	-
Jim Goldman	503	-	-	-	Sandra Merrick	6	-	-	-
Larry Alford	423	1	-	-					

## Letters to the Editor

Dear editor:

Diane Daniel's letter in the March newsletter about "wheelmen" resonated with me! This is a term popular 100 years ago when bicycles were referred to as "wheels" and when cycling clubs were limited to men. Since joining CRW 30 years ago I've been concerned about the use of this anachronistic, sexist term in our club's name. The LAW changed its name to League of American Bicyclists, an improvement, but still containing two exclusionary terms ("American" and "bicyclists").

My suggestion: CRW should change its name to EMPOW (Eastern Massachusetts Persyns of Wheel). EMPOWers — be they Americans or Afghans, monocyclists or heptacyclists — would then all know they were welcome because their club had a politically correct name.

Sincerely  
John R. Likins

### FOR SALE

GT Outpost 16" Mountain Bike, 18 speed includes rear rack and water bottle. Excellent condition, \$150, Eric Ferioli, 781-235-4762.

### Mileage Table Explained

Miles are year-to-date totals. The M column indicates the number of months the rider reported completing a metric century. The C column shows the number of months with a hundred mile century, and the K column is the number of months with 1000 or more miles.

Report mileage by the fifth of each month to: Ed Trumbull, 19 Chase Avenue, West Newton, MA 02165 (617 332-8546).

## Take Me to Your Leader

In our continuing effort to help new members get involved in the rites of ride leadership, I'm offering to set up a coleader clearing house. If you are interested in being a ride leader, but don't know where to start, sign up to be a coleader to get your feet wet. Send me your name, phone number, or email address, and preferences as to when and where you'd like to help with a ride, and I will attempt to find a ride for you to colead. If you're scheduled to lead a ride, and would like a coleader, give me a call and I'll try to find you a coleader.

In addition to the warm feeling you get from helping out the club, you'll enjoy camaraderie and maybe snag a neat T-shirt.

To volunteer contact: Jack Donohue 781-275-3991 (before 9pm) 617-693-4177 (weekdays) jdonohue@world.std.com

## Ride to the Big Event

by Douglas Kline

I will lead a ride to the Big Event from Cambridge. It will start at the Cambridge Common at 8:30 am. There is no guaranteed ride back. I will probably be riding back and anyone is welcome to ride with me at the close of the event. Anyone interested should call me at (617) 497-5502 to confirm the starting time and place or for more information.