

Wheel People

Newsletter Of The Charles River Wheelmen

On the roads of New England since 1966

Volume XXII, Number 8 - August, 1998

GEAR '98 Volunteers Needed

When: August 14,17
Where: Babson College, Wellesley

We need you to help CRW put on this major bicycling event. Here are the people to contact for the areas we need to cover:

Rosalie Blum	Registration Desk	781-272-7785	rblum@cfa.harvard.edu
Susan Grieb	Social	781-275-3991	grieb@us.ibm.com
Ken Hablow	Arrowing	781-647-0233	khablow@khgraphics.com
Jeanne Kangas	"Tour of Historic Concord"	978-263-8594	
Rick Lawrence	Ride Escorts	781-297-5048	
Ann-Marie Starck	Sag & Info Coordinator	617-923-6409	
Jamie King	Kids Programs	617-325-1433	

Ann-Marie needs people to man the information desk. You don't need to be able to recite the history of Wellesley since the revolution, just smile sweetly and help with general questions, like "where is the bathroom." If you don't want to miss out on the rides, become a ride escort. You just have to be vaguely more familiar with the ride than the out-of-towners. Arrowing speaks for itself, a useful skill that will look good on your resume. Registration help is needed to sign people in and give them their packages. Help join the team and insure a good time is had by all, "many hands make light the work."

In the Beginning

Ralph Borgesen, a founder of CRW writes:

"In 1951 the Newton Centre Hardware Store, Union St., Newton Centre was owned by an Englishman, who sold English bikes. He sold me a Dawes Windbrush, eight speeds, wonderful



Ralph Borgesen, the founder of CRW, on his Dawes Windbrush (March 4, 1952)

Continued on page 3

Notice to All GEAR Volunteers and Ride Escorts

When you arrive at Babson, we need you to check in at the CRW information desk so we know you are here and can confirm your assignment. The information desk is in Sorenson Hall, which will be Mission Central and will be very easy to find. You can park in the lot behind Sorenson or Trim Hall. These will be marked. there is a map on the Babson web site at www.Babson.edu.

Ride Leaders Wanted

Ride Leaders needed for the following dates: September 5, 12 and October 3, 4, 10, 17, 18, 31. Please contact Jim Sullivan (781-245-1772) or Barry Nelson (617-964-5727) to volunteer.

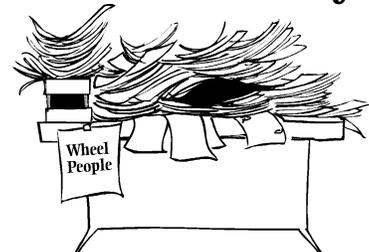
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Editorial Policy



The Charles River Wheelmen is a group of active adult bicyclists which sponsors a year-round program to promote the enjoyment of cycling. During the regular season - early Spring to late Fall - at least two ride loops are available every Sunday, designed to be ridden at your own pace. The routes are arrowed in advance and the leaders stay in the rear to ensure that nobody is left behind. Our Winter rides program, The Second Season, is more informal; the route and pace are decided by those who show up. We also hold social events and related activities.

CRW is an LAB 100% affiliated club, so our dues include membership in the League Of American Bicyclists. Members receive *Bicycle USA*, the LAB magazine, as well as *WheelPeople*, the Club's newsletter. CRW is also an associated club of the Adventure Cycling Association. Address correspondence to:

We welcome contributions to this newsletter, but reserve the right to edit articles in any way that we deem appropriate.

We will make every effort to preserve both the style and intent of the author, but we may rewrite an article to fit available space, to clarify ambiguities in the text, and to correct factual errors.

Articles and other materials which appear in *WheelPeople*, unless specifically identified as editorial policy, represent the opinion of the author, and do not represent the opinions of the editors, coordinators, officers, or board of directors of The Charles River Wheelmen, Inc.

The Charles River Wheelmen - 19 Chase Avenue - West Newton, MA 02165

Officers And Coordinators

President	Tom Lynch	(508) 877-2238
Vice-President	Jack Donohue	(781) 275-3991
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	Sharon Gowan	(617) 489-5682
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Gov't. Relations Advocate	Bob Sawyer	(781) 862-6517
Bike Shop Program	Gretchen Garniss	(781) 662-4058
Special Events Coordinator	Position Open	(your) Number-Here

Ride Program Coordinators

Vice-President of Rides	Barry Nelson	(617) 964-5727
Saturday Rides	Open	
Sunday Rides	Jim Sullivan	(781) 245-1772
Winter Rides	Eric Ferioli	(781) 235-4762
Tuesday Rides	Peter Knox	(617) 731-5944
Thursday Rides	Peter Mason	(781) 646 5106
Friday Rides	Dave Johnson	(603) 490-7581
Introductory Rides	Position Open	(Your) Number-Here
Century Committee Chair	Susan Grieb	(781) 275-3991
GEAR '98	Ken Hablow	(781) 647-0233

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Board of Directors

Jack Donohue	2000	(781) 275-3991
George Eckert Jr.	1999	(508) 653-6913
Ralph Galen	1998	(617) 497-8287
Larissa Hordynsky	1998	(617) 527-5620
Bob Hug	1999	(781) 899-3929
Barry Nelson	1999	(617) 964-5727
Bob Sawyer	1998	(781) 862-6517
Marty Weinstock	2000	(617) 491-6523

How To Send Us Your Article



Articles and letters must be received by the 5th of the month to be included in the next issue of *WheelPeople*.

Mail handwritten or typewritten documents or articles on floppy disk to Jack Donohue, 26 Fox Run Road, Bedford, MA 01730. *Note: floppy disks will not be returned.*

Documents produced on computer may be sent electronically via Internet to Jack at JDONOHUE@world.std.com. Your document must be in "text" mode.

Articles submitted to *WheelPeople* may also be published on the CRW web site unless the author instructs otherwise.

Insurance

If ride leaders or others have questions about insurance, contact Don Blake at (781) 275-7878. Please do *not* contact the insurance company.

Advertising Rates

Half Page	\$65.00	Third Page	\$45.00
Quarter Page	\$35.00	Eighth Page	\$20.00

Board Meeting Minutes

In the beginning, continued from page 1



July 7, 1998

Membership Report: The current membership total is 852, with 11 new, 90 renewed, and 94 expired members. There were about 25 unprocessed memberships at the time this snapshot was taken, so the drop in membership is not as severe.

Treasurer's Report: May expenses exceeded income by \$187. Comparison with the first half figures from last year show a net loss for both years, but a lower net loss this year.

Fall Century report: Despite the conflict with the Jewish holiday, the Century Committee decided to hold the Century on September 20th, since we can't get Great Brook Farm for the 27th, and it is not feasible to move the Century elsewhere. There was a discussion of raising the price of the Century, but it was decided to defer this.

Web site: Marty has followed up on the state of the domain name transfer. The present holdup is that our ISP has sent the wrong form to Internic. Marty has obtained the correct form and will follow through with sending it to Internic after obtaining information from the ISP. Bob Hug is the new webmaster, not Jack Donohue, as reported in the last minutes.

Extended Trips: Gerry Goode has agreed to take over running Tour of New England and Hills and Hollows.

Bike Shop Rep Program: One reason for the fall in membership may be that the coverage of bike shops with membership brochures is not complete. We now have several reps each covering the bike shops in their area, and it was suggested that it might be advisable to go back to the former system, where there was one rep per bike shop.

Board meetings are held on the first Tuesday of each month at 7:30 in the Hancock United Church of Christ, 1912 Mass. Ave., Lexington Center.

workmanship. On Sunday, we formed a bike club from the hardware store and we biked to Weston and Lincoln, and visited the DeCordova Museum many times. One Sunday, Carl Hansen said, "we should call this club the Charles River Club." I said, "Great, but call it the Charles River Wheelmen." The name remains to this day.

The Sunday rides were wonderful. It was

one big social club, we took our bikes on the train to Northern New England and later to Europe with the AYH. Some Sundays we rode five miles, other days thirty miles, we had a great social life, lasted all day."

These two pictures from the early days give an idea of the bikes and styles of the era, including a picture of Ralph himself astride the Dawes Windbrush.



The Charles River Wheelwomen at the DeCordova Museum (September 20, 1951)

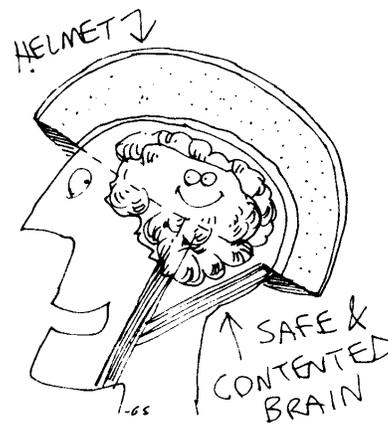
Do you know about the CRW Helmet Rebate Program?

CRW will send you a check for \$5.00 when you buy a helmet. It doesn't have to be the first one you ever bought - we just want to make it as easy as possible for everyone to own a good helmet - it can save your life.

The helmet must be ANSI, ASTM or SNELL approved, and must be purchased from one of the participating bike shops listed on the back page of *WheelPeople*. You must have a current membership in CRW - present your card at time of purchase. Some brand or style restrictions may apply. Send your receipt and proof of purchase from the helmet box along with a stamped, self-addressed envelope to:

Don Blake
1 Gleason Road
Bedford, MA 01730

Many shops have matched our offer with an additional discount of their own.



BIKECENTENNIAL

August 1998 Recurring Rides Calendar

*These rides are held every week
unless indicated*



has requested that we park our cars in the satellite parking lot and not the main lot where the ride starts. Note: Many evenings we will return after sunset. N.B. State law requires a white front light, a red rear light, and ankle reflectors after sunset. Be safe. Be seen.

Wednesday Wheelers

Wednesdays - 10:00 AM

Ride: Distance varies, follow the leader, no cue sheet Description: A group that enjoys exploring a variety of scenic routes and lunch spots, mostly in the western suburbs but occasionally to the north or south. We stay together, following the leader for the day, while being careful not to drop anyone. (Generally there is no cue sheet handed out.) The typical ride distance is about 30 miles. The pace is about 15 to 17 mph on the flats, but slows considerably on the hills, so we wind up with a rolling average of about 13 mph. Start Location: Location Varies. Directions: For more information, including the next ride start location, call the ride coordinator Bill Widnall at 781-862-2846 day or early evening or e-mail to BillWidnall@ibm.net.

Wednesday Evening Ride

Wednesdays - 6:15 PM Sharp!

Ride: Cue sheeted route of approximately 20 rolling miles. Description: The route goes through the towns of Weston, Wayland, and Lincoln. There is a one mile section of unpaved road. The surface is such that it can be negotiated on 25 mm wide tires. There is a slightly longer all paved option. I plan to ride at so that we will finish no later than 8:15 PM. If you are going to be out after 8:30 PM, you should have lights. This ride will not go if it's raining, but the leader will try to show up at the start every Wednesday. Leader: Jacek Rudowski (617-361-5273). Do not call the day of the ride because I will go to the start directly from work. Location: Duck Feeding and parking area in Weston. Directions: From Route 128 take exit 24. The first traffic light west of route 128 on Route 30 is River Road to the north. The second right on River Road is the access road to the Duck Feeding and parking area. There is a sign. The above mentioned traffic light is at the end of the Route 128 southbound on and off ramps.

Fitness Ride at Hanscom Field

Thursdays - 6:00 PM Sharp!

Ride: Arrowed routes of 16, 25 & 35 miles. Description: The short ride winds through Bedford, Concord, and Carlisle. The long ride of rolling hills adds Westford and Chelmsford. Leader: Peter Mason (781-646-5106) Start location: Hanscom Air Force Base Civil Air Terminal Directions: Rt.128 to Exit 30B (Rt.2A West) — do not take the exit for Rt.4/225 which also says "Hanscom Field" on the sign. Go on 2A West for 1.5 miles until you come to the blinking light. Turn right at

South Shore Coastal Loop Fitness Ride

Sundays - 6:45 AM

Ride: Arrowed routes of 33 & 45 miles. Maps and cue sheets available in addition. Description: Are you looking for a ride with shady, quiet roads, beautiful scenery and coastline stretches that will get you home by mid morning every Sunday? The SSCL will take place every week, weather permitting. The 33 mile route includes Rockland, Hingham, Norwell, Scituate, and Cohasset with a coffee stop in Scituate Harbor at mile 15. The 45 mile loop includes Hull with an additional brief stop at mile 30 to regroup. Ideal for fast and moderate riders with paceline experience or desire to learn. If you're interested in riding to the ride from the Boston area, call Mel. Leaders: Ted Lewis (h) 617-396-7282 (w) 508-777-5203 x131 TedL@microscript.com and Mel Stoler (h) 617-277-5180 (w) 617-727-4923 x360 Mel.Stoler@state.ma.us Start location: Park'n'Ride lot, Rockland Directions: Take Rt. 3 to Exit 14 (Rt.228) in Rockland. Turn left at end of exit ramp and park in the Park'n'Ride lot. You won't regret setting the alarm. Call to confirm. Space unlimited.

Tuesday Pace Line Clinic at Nahanton Park

Tuesdays - 6:00 PM Sharp!

Ride: Arrowed routes of 19 and 28 miles. Description: A set of organized, cooperative, and friendly pace line clinics designed to demonstrate and practice smooth and safe group riding techniques. Multiple clinics will accommodate different groups at various average speeds. "Attacking", racing, and other aggressive, or disruptive behavior is frowned upon. Leader: Pete Knox (617-731-5944) Start location: Nahanton Park, Newton. Directions: From Route 128 take Needham Street exit towards Newton. Take second right at the light and meander through the industrial park. At the end of the park, turn left onto Kendrick Street (becomes Nahanton Street at the river). Cross the Charles River and park on the left in the SECOND parking lot for Nahanton park. Rides leave from the main parking lot. Note the City of Newton

** CRW's Fitness Rides Program is designed to assist intermediate and advanced riders to improve their skills and learn cooperative paceline riding techniques.

Airport Road into Hanscom Field and follow signs for the Civil Air Terminal (about 3/4 miles).

Friday Night Unwinder

Fridays - 6:00 PM

Ride: Either 22 or 27 miles, both arrowed. Description: Begin the weekend with an evening tour of the pretty back roads of Concord, Carlisle & Acton. The pace is a bit more relaxed than the weekly fitness rides. Leader: David Johnson (603-490-7581) Location: Bedford High School-Library complex on Rte 4/225 in Bedford center. Directions: From Rte 128 take exit 31, Rte 4/225 west for approx. 2.5 miles. Look for Bedford high school & library sign on the left. Turn left into the parking lots. Friday traffic on Rte. 4/225 is pretty bad so seek an alternate route or call the ride leader.

Saturday Morning Fitness Ride Nahanton Park Start time: 8:30 SHARP! Ride: Arrowed routes of 19, 28 & 42 miles. Cue sheet available. Description: You will ride scenic rolling roads through Needham, Dover, Sherborn, & Medfield. These rides will be set up to run with or without a leader so be ready to go on time. At 8:30 we're gone. This ride runs all year 'round. Leaders: Dave McElwaine (781-821-8643) [McElwaineD@aol.com] or Mark Dionne (617-965-5558) [mark@kurzweiled.edu] Start: Nahanton Park, Newton. Directions: From Route 128 take Needham Street exit towards Newton. Take second right at the light and meander through the industrial park. At the end of the park, turn left onto Kendrick Street (becomes Nahanton Street at the river). Cross the Charles River and park on the left in the SECOND parking lot for Nahanton park. Rides leave from the main parking lot. Note the City of Newton has requested that we park our cars in the satellite parking lot and not the main lot where the ride starts.



The Rides Calendar August, 1998

On all CRW rides, please arrive at least 15 minutes before the published ride starting time. It is recommended that you bring pump, patch kit, spare tube, allen wrenches, screwdriver, lock, water bottle, some money, helmet, gloves, and a map.

Call 617-325-BIKE to find out about last minute changes or special announcements.

Just West of Boston

Saturday August 1 - 10:00 AM

Times and Routes: 10:00 for 36 miles. Ride Type: Map and Cue sheet Leader: Marty Weinstock (617-491-6523) Location: Cambridge Common by the large statue in the middle. Directions: Just North of Harvard Square on Massachusetts Ave. Parking is scarce so riders should park in nearby towns and ride to the start. Highlights: For a start near the city, a particularly large part of this ride is on quiet country roads; there are some high traffic sections. Rolling terrain including Cambridge, Belmont, Lexington, Lincoln, Wayland, Weston, Waltham, and Watertown. Lunch is on the Weston Town Common. Sights of interest include historic houses on Brattle Street, conservation land in Lincoln, and the Charles River Bike Path with river views. After riding the group may go for ice cream or frozen yogurt in Harvard Square.

Apple Pi Ride

Sunday August 2 - 9:30 & 10:00 AM

Times and Routes: 9:30 for 50 miles and 10:00 for 35 miles. Ride Type: Arrowed (upside down pi) Leaders: Jack Donohue & Susan Grieb (781-275-3991 before 9 PM) Location: Parking lot across from VA Hospital, Springs Road in Bedford. Directions: From 128 Take Rt. 4 north to Bedford Center. Turn right on Springs Rd. Follow signs for VA Hospital / Middlesex Community College. Meet at first parking lot on right. Highlights: The short ride goes through Concord, Acton, Littleton, Westford, and Carlisle. The long ride adds Stow and Harvard. The long ride passes an impressive array of apple orchards, while taking in a few hills. Both rides stop for lunch at Bumblebee Park. (no store)

Ride the GEAR Routes Before the Maddening Crowd

Saturday August 8 - 9:30 & 10:00 AM

Times and Routes: 9:30 for anything from 10 - 50 miles, 10:00 for 10-50 miles Ride type: Over 20 arrowed routes Location: Babson College, Wellesley MA Directions: From the north via Route 128 South, exit #21-22B (Route 16 towards Wellesley). Travel west past Bread & Circus at the Rte 16/Rte 9 intersection. Turn left onto Abbot Street after the traffic light at the Post Office. At the end of Abbot, turn left, go through the 4-way stop, then enter Babson and park in the first lot on the right. From the south via 128 North, exit #17 (Route 135). Turn right onto 135, follow to Needham Center. At light, continue on 135 by turning left onto Great Plain Ave. Go 1.5 miles, into Wellesley; at the Rotary make the first right onto Wellesley Ave. Proceed to the stop sign and turn right onto Forest Street. The main entrance to Babson will be on the right. Highlights: All the work is done, all the routes are arrowed. You will have a choice of over 20 routes, everything from 10 to 100 miles. Make a two day mini-GEAR of it and ride a different route each day. Routes go South through Medfield, North through Weston and Concord, or West to Hopkinton and Ashland.

Ride the GEAR Routes Before the Maddening Crowd

Sunday August 9 - 9:30 & 10:00 AM

See the description for August 8

Mean Streets: South End

Thursday August 13 - 6:30 PM

Times and Routes: 6:30 PM for about 10 miles of streets, alleys, bike paths, steps, sidewalks, and dirt - mountain or hybrid bikes recommended Ride type: Urban Evening ATB
Leader: Charles Hansen (617-734-0720 home) (617-572-0277 work) Location: Boston - Copley Square Park, Boylston Street between Clarendon and Dartmouth. Directions: Mass Pike or Storrow Drive to Copley Square exits, parking chancy, call for details if needed. Lowlights: Explore the Northeastern campus, Dudley Square (real mean streets!), City and University Hospital areas, and the architectural splendor of the South End.

GEAR

Saturday August 15

Sunday August 16

CRW is taking a weekend off from our normal ride schedule as we host the 1,000 or so riders who will be here for GEAR. Thanks to all of you who have participated to make this a truly great event. Regular rides will resume next weekend.

Saturday August 22

No Ride

South Shore Seaside

Sunday August 23 - 9:30 & 10:00 AM

Times and Routes: 9:30 for 45 or 65 miles. 10:00 for 25 miles. Ride Type: Arrowed (WHITE chevron with a dot) plus cue sheets. Leader: Sarah Weaver, 781-396-3533 or sarah.weaver@awl.com Location: Wompatuck State Park, Hingham, MA Directions: ONLY 1/2 HOUR FROM BOSTON! Take Route 3 South to Exit 14 (Route 228). Take a left off the exit ramp and follow Rt. 228 toward Hingham for 4 miles to Free Street. Take a right on Free Street (there will be a sign for Wompatuck State Park), then right again into the park in .9 miles. Park in either lot (Visitor Center on right, additional lot on left). Ride details will be announced in parking area on the left. Terrain: Mostly flat with a few inclines. Highlights: Salt marshes, stone walls, sandy beaches, seaside mansions. Solitude and salt air. If you've never ridden on the South Shore, you're missing a real treat! Short ride skirts the charming coastlines of Scituate (lots of snack options in Scituate Har-

bor) and Cohasset (opulent mansions). Medium ride adds the Marshfield shore. Long ride adds Duxbury (great bakery and lovely bay views). Lunch spot for medium and long routes can be either Marshfield (beach picnic if it's nice) or Scituate Harbor, depending on the weather and your appetite. (Note: This is a repeat of the 7/11 ride.)

Saturday August 29

No Ride

The Other Cape-Cape Ann and Approaches

Sunday August 30 - 9:30 & 10:00 AM

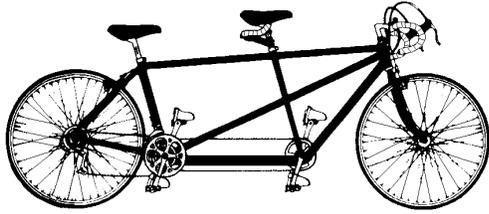
Times and Routes: 9:30 for 70 or 50 miles. 10:00 for 27 miles. Ride Type: Arrowed Leaders: Mike Barry, (617-876-1384 home, 617-223-5579 (work, best to contact at work), Co-leader John Taylor, (781-641-4912) Location: West Gloucester "T" Station. Directions: Route 128 North to Route 133 east (exit 14), (approximately 20-25 miles north of Rte. 128/I-93 intersection). Go 1.1 miles east on Rte. 133, "T" parking lot on left after bridge. Terrain: Rolling with some short steep hills along the coast. Highlights: The Short ride is a circuit of picturesque Cape Ann featuring Gloucester and Rockport. The medium ride adds Essex, and Manchester and the long loop adds Ipswich, Hamilton, Wenham and Beverly. Most of the route is on back/lightly traveled roads, though some sections along Cape Ann will have heavier traffic. Food and rest rooms will be readily available on all rides. Lunch stops: short in Rockport, medium in Essex and long in Ipswich or Essex (so medium and long couples/friends can hook up!). There will be an after ride "wind-down" at a local pizza place or ice creamery, exact location TBA.

Sixth Biennial (CCW) Southwest Passage

Sunday September 6 - 9:30 & 10:00 AM

Times and Routes: 9:30 for 50 miles; 10:00 for 40 miles; and 10:30 for 30 miles; all on rolling terrain, with one steep down hill. Ride Type: arrowed (standard WHITE with head and tail) Leaders: Joe Repole (508-879-6340), CoLeader Gail Piatkowski (617-333-9742) Location: Framingham, 15 Gryzboska Circle. Directions: From the Mass Pike take exit 12. Go East on Rt. 9 to Temple St. (2nd traffic light), right on Temple St. (If you are taking rt. 9 West, go Left on Temple St.) At the end of Temple, take a right onto Salem End Rd. Then the 1st right off Salem End onto Gryzboska Circle. Park on Gryzboska, not on Salem End Rd. Highlights: All the rides pass through the towns of Framingham, Ashland, Southborough, Hopkinton and Upton, plus Northbridge and Uxbridge for the long ride. Points of interest include - golf courses, Upton State Forest, Whitehall State Park, horse farms, and sheep as well as scenic brooks, tree shaded roads, Charlie Chan's summer home and only one traffic light. Lunch stop is in Upton for all rides.

Tandem Bicyclists of New England (TBONE) rides



This is a series of rides for tandemists. Unless otherwise indicated, these are CRW rides led by CRW members. Other cyclists interested in tandems are welcome at these rides as well — you might get to try one out, or at least get some good advice on tandemabilia. The schedule for up and coming rides is below.

We suggest calling the ride leaders to confirm a ride, especially if weather is doubtful. Rides may not have lunch stops. We suggest that you carry food.

To be included on the 1998 mailing list, please send a \$3.00 subscription fee with your names, address, telephone number and e-mail address to: T-BONE c/o Linda & Bob Harvey 16 Clinton St. Salem, NH 03079-2052. For information, call us at 603-898-5285. (Checks should be made payable to Linda Harvey)

Wrentham, Massachusetts

Sunday August 2 - 10:00 AM

25 & 40 miles Ride through farm country past a reservoir into Rhode Island and back to our home on Lake Archer for swimming, boating, fishing and a picnic. Grill available; bring your own food and drinks, plus snacks, a salad or dessert for all of us to share. Directions: Meet at Don's & Regina's home. Plenty of parking. Rt. 140, just west of the Rt. 1A intersection in Wrentham. Sponsors: Don & Regina Fisher, 477 Franklin St. (Rt. 140), Wrentham, MA 02093. 508-384-6328.

Eastern Tandem Rally

August 7-9

Fitchburg, Massachusetts For details, send SASE to ETR '98, c/o Brad & Diane Willard, PO Box 853, Ashburnham, MA 01430. Registration closes June 1, 1998.

Lower Connecticut River Weekend

August 21-23

Bellows Falls, Vermont. Sponsored by Granite State Wheelmen (GSW). See description elsewhere in this issue.

CRW Extended Trips

Hills and Hollows of Massachusetts and Connecticut

Labor Day Weekend September 5-7, 1998

This challenging three-day tour traverses some of the most scenic areas of New England. Starting in Braintree, Mass. on September 5th, we ride 118 miles to Greenfield, Mass., then 100 miles to Windsor Locks, CT. on the second day, and finally 103 miles back to Braintree on the last day. Terrain varies from easy and rolling to very hilly with several challenging climbs and descents. Highlights include several state parks, Historic Old Deerfield, out of the way corners and scenic vistas, and more. The cost is \$85/CRW member of \$90/non-member and includes two nights of motel style lodging; maps and cue sheets, baggage transport and after-ride party. Please contact the ride leader, Gerry Goode at 781-843-6283 (before 10 PM) if you are interested in coming on this trip as Space Is Limited.

APPLE BIKE '98

Columbus Day Weekend October 9-12, 1998

Join us for the sister event to the "Bikers on Skis" weekend. We'll be staying at our favorite B&B, Applebrook, and will offer a selection of rides in this prime cycling area of Northern New Hampshire to suite all tastes. This year the weekend will be the three day Columbus Day Weekend. The weekend cost of \$160 includes three nights lodging, three breakfasts, and two dinners. Prepare yourself for fine biking, fine eating, and don't forget to bring your bathing suit for the outdoor hot tub. To register, send a check for full amount made out to CHARLES RIVER WHEELMEN, and a SASE (or E-mail address) by September 4th to:

Applebike '98 c/o Jack Donohue 26 Fox Run Road Bedford, MA 01730-1104

Registration fee non-refundable after this date unless we can find someone to take your place.

Include any dietary restrictions, and whether you'd like to arrange carpooling. If there's not enough room, we'll call you. Otherwise, you will receive an information poop sheet some time before the weekend.

For more information or for last minute availability, you can contact the leaders:

Susan Grieb and Jack Donohue (781) 275-3991 (before 9 p.m.) E-mail: jdonohue@world.std.com

Other Rides and Trips

Portland Hostel Bike Weekend

August 7-9

Spend two nights at the Portland, ME summer hostel located in the heart of downtown. Saturday we'll ride the "light-house" circuit (about 35 miles) south of Portland, and the plan for Sunday is to take the Casco Bay mail boat to Bailey Island and then ride about 45 miles back to the hostel. \$32 for two nights lodging; all meals on your own. Twelve beds are reserved for the trip. Leader: Charles Hansen (617) 734-0720 (h), (617) 572-0277 (w), chansEn@jhancock.com

Connecticut River Weekend

**Granite State Wheelmen
Bellows Falls, Vermont**

August 21-23

A great weekend featuring rides up and down both sides of the beautiful Connecticut River. Go to St. Gaudens National Historic Site, or enjoy the many back roads and covered bridges in the area. Rides start about 9:00 am each day, from "Horsefeathers". On Saturday, meet on the front porch overlooking the Connecticut River for an after ride social; bring your own beverage, and snacks to share.

Lodging: Horsefeathers B&B, in Bellows Falls. Right on the river. All seven rooms are being held for us until May 31. Double occupancy rates: \$85 or \$75 (shared bath), room/night, plus tax. Includes an excellent full breakfast. Garage available for bikes. Make your own reservation: call 800-299-9776. Limited overflow lodging available in the area - check with the innkeepers. Directions: From Bellows Falls, go north on Rt. 5 about 1 mile. Horsefeathers is by the river, 16 Webb Terrace. For information, web site: www.sover.net/nenjoybb/ Leaders: Bob and Linda Harvey, 16 Clinton St., Salem, NH 03079. 603-898-5285, RHarvey422@aol.com

Pioneer Valley Bike Weekend

Northfield, MA
Aug. 21-23

Stay in the Northfield hostel and ride along the Connecticut River in the upper Pioneer Valley. Saturday offers multiple distance loops (25-75) down to Amherst and Northampton, and Sunday we ride to Brattleboro, Vermont. Two nights lodging \$28. All 1 or 2 person rooms. Meals at your expense. Trip limited to 14, please call early. Leader: Charles Hansen (617) 734-0720 (h), (617) 572-0277 (w), chansEn@jhancock.com

DOWNEAST MAINE '98

September 10-15

Enjoy up to six days of beautiful cycling in coastal Maine. Optional local ride in Portland area on Thursday. Friday to Sunday we'll cycle from Portland to Bar Harbor averaging about 60 miles/day, passing LL Bean on the way. Monday and Tuesday options include outstanding road cycling on Mt. Desert Island/Acadia National Park, hiking (or cycling) to the top of 1,500 foot Cadillac Mountain, bike rentals for the unpaved carriage roads, and ocean kayak rentals. Approx. \$440 includes 5 nights lodging in hotels/motels, some breakfasts, road lunches each day, sag van support, return to start by chartered bus, T-shirt and maps and cue sheets. Shorter option: \$380 For Friday night to Tuesday. Leader: Arnold Nadler, 978-745-9591.

Acadia Park Weekend

**Granite State Wheelmen
Bar Harbor, Maine**
September 10-13

The spectacular scenery of Acadia National Park is some of the nation's finest. From Bar Harbor there is easy access to the park loop of paved roads, and the carriage trails for easy off-road riding. There are several cue-sheeted rides leaving about 8:00 to 8:30 daily from The Town Motel.

Lodging: The Town Motel and Guest House. All rooms are reserved for us until July 1. \$70.00 plus tax, per night, double occupancy, includes continental breakfast. There is a garage available for bicycles, which aren't allowed in the guest house. Make your own reservation, mention the GSW: 800-458-8644. For more information, check the web site: www.sourcemaine.com/townmotel Directions: From Ellsworth, Maine, proceed south on Rt. 3 into Bar Harbor. Turn right at the T intersection with Main Street. After one block, turn left to the motel at 12 Atlantic Ave. Leaders: Don & Carolyn Lane 603-893-4766.

The Nashoba Valley Pedalers Fall Century Classic

Saturday, September 12, 1998.

(Rain Date: Sunday, September 13, 1998)

Starting Place: Wayland Pool, Route 126 in Wayland, Ma. Routes of 100, 62, 50, and 25 miles. All routes head northwest. 100 mile route goes to the town of Hollis, NH and back. Registration opens at 7:00 AM. 100 mile riders must start by 9:00 AM. All other riders must start by 11:00 AM.

Registration includes: - Cued, mapped and arrowed routes with water/rest stops. - Snacks, water bottles and emergency Sag support - Pre-ride bicycle check by Cycle Loft of Burlington, Ma. - Registration fees are: \$ 12.00 for the 100, 62, or 50

Continued on Page 11

Fall century flier

Little Jack's Corner - by Jack Donohue



I really enjoy bike touring. Actually, I enjoy it in theory mostly, since I rarely do it any more. By touring I mean the self contained kind, where

you strap on your panniers, and head for parts unknown, just you and your credit card.

You may have gathered I'm not into the carrying pots and pans and preparing food from scratch. My culinary expertise at home is usually limited to preparing toast. So why should I try to fabricate gastronomic delights with a collection of grotty aluminum pans and a camp stove that can be coerced to ignite only with the application of massive quantities of raw gasoline when I'm on tour. My cooking utensil of choice is the microwave oven, and it would re-

quire a rather long extension cord were I to bring it along.

So meals when I'm touring are more a question of survival. An army moves on its stomach and so does a bicycle tour. On my last major tour, a trip to Ohio with my son Colin, we got into a feeding pattern. We would get up, have breakfast, ride for a while, have breakfast #2, ride for a while, eat some more, etc. I realized the reason our average speed was so low was that we spent a significant portion of the day feeding. We ended up having some pretty bizarre meals. We would generally try for a sit down dinner at a restaurant, but often found ourselves in the situation where the only available food supply was from the ubiquitous convenience store. On that trip, potato salad ruled.

Incidentally, the two breakfast idea is the budget traveler's way to go. For what-

ever reason, the restaurant price of food seems to escalate as the day progresses, i.e., breakfast is cheaper than lunch is cheaper than dinner. The witching hour varies a bit, but you can generally depend on being able to get breakfast type vittles until about 11 AM. There were a number of tense moments on the tour as we had to sprint to get to breakfast #2 before it turned into lunch.

Mechanical problems seem to crop up with uncommon regularity on bike tours. For the Ohio trip I got out the old Raleigh, which I hadn't used in a number of years. Noticed that there was an awful lot of rust on the rear wheel spokes, and I'd have to fix that as soon as I got back. It was on that tour that I learned it was possible to cycle with three broken spokes for quite a while. Twice. Heck, I still had 33 good ones (or if not good, at least not yet broken), that's over 90%.

Letters to the Editor

Dear Editor:

Today I received a copy of Wheelpeople, which has the month as May, 1998, though it has the June 2nd Board Meeting Minutes. In the minutes it says I resigned as WebMaster and Board Member. It doesn't say I withdrew my Sag support for Gear98 and Climb to the Clouds or that we canceled our CRW membership.

Many of you know the web site "suddenly" went off-line. The Board of Directors and Gear98 web sites, all club e-mail addresses, Board of Directors (BOD), Gear98, MassTandem/T-BONE and RideLeader e-mail lists also went off-line. All of those and the main web site were host, administered and maintained on my servers, by me, at no cost to CRW. Providing these services involved a considerable expense in equipment, software, 3rd party services and time.

In January, '98 the Board of Directors agreed to allow me to place selective advertising on the web sites to help offset some of the costs. Over the next 5 months advertising generated \$70 in revenues. In March Marty Weinstock decided the advertising agreement was not to the benefit of CRW and proceeded to solicit the BOD to break the agreement. Based upon the agreement I had already

upgraded hardware and installed ISDN (\$300 setup fee) and \$120 per month. Instead of honoring the agreement, Weinstock proposed the club didn't need the services I provided for "free" and wanted the web site moved to a "real" ISP. How is it that the club won't pay 1st class postage so newsletters get to people on time, but it can pay for web site hosting?

In the next month and a half I spent a great deal of time debating the issue, in particular via e-mail with Jack Donohue, that it got to the point where I was spending more time dealing with CRW than time spent working. I finally put my foot down in late April, stating that if the BOD would not honor the agreement, I would shutdown and turn the web sites over to whoever wanted them. On top of that, for more than a month I had put up with abuse from Pamela Blalock regarding the listing of her Velo NH ride. Pamela wanted wording used that I and the BOD agreed was not desirable in the web site. On the club e-mail list, Pamela publicly insinuated that I provided other organizations with inaccurate ride information and that I wasn't doing my "job" if I didn't verify with ride leaders, all the ride information that went into the web sites. I always thought that was the job of the ride coordinators.

The final straw came in May when I learned Jack Donohue told at least one club member that I was using the CRW web sites to pay for my toys (computers). Why Jack had an issue is beyond me. In the past year, the BOD purchased a scanner and copies of software for Jack. I have never received a penny from the BOD. In five years CRW has never paid for paint, after ride parties, gas for Sag support, the two servers, software and ISDN line used for the CRW Web sites and e-mail, or any other expense.

Since we quit, club members have called with stories they have heard as to what happened to the web sites. The only thing that happened is that Marty, Jack, and Pamela made being involved with CRW unpleasant and a major hassle. For two months, I repeatedly said that if it kept up I would pull the plug and quit. If not for them, the web sites and e-mail would still be running. Mary Anne and I take our responsibilities and agreements very seriously, but we have no desire to be involved with an organization that can not be trusted to honor it's agreements or in which members are allowed to be abusive to other members without repercussion.

Yours Truly,
Paul and Mary Anne Cronk

Welcome New Members

Michael Bordogna	Shrewsbury
Suzanne Brazeau	West Boylston
Claire Eilertsen	Norfolk
Willie Jones	Boston
Ronald Leong	Westboro
Kelly Lynch	Waltham
Laurel Mayhew	Amherst
John Murray	Randolph
Harry Parsekian	Watertown
Janell Scannell	Brighton
Adam Solomon & Mary Gaughan	Brookline

June Mileage Totals

0	7	8	6	5	8
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	Miles	M	C	K		Miles	M	C	K
Jack Donohue	6175	-	-	4	Jim Broughton	1528	-	-	-
Peter Knox	5502	5	6	2	Jim Goldman	1475	-	-	-
Lee Howard	3847	3	1	1	Robert Comeau	1385	6	4	-
Gerald Goode	3671	-	-	1	Doug Cohen	1280	-	-	-
Mel Stoler	3581	6	5	-	Kitty Farago	1254	-	-	-
Bruce Ingle	3518	3	2	1	John Kane	1037	-	-	-
Larry Alford	3476	5	3	-	Jim Merrick	917	1	-	-
Rich Fields	3264	6	2	-	Mike Hanauer	913	-	-	-
Robin Schulman	2878	2	1	-	Irving Kurki	812	-	-	-
Ken Hallow	2775	4	1	-	John Springfield	722	-	2	-
Glenn Ketterle	2761	1	-	-	Harry Wolf	685	-	-	-
Bill Widnall	2453	3	2	-	Jeff Luxenberg	664	-	-	-
Joe Repole	2402	6	6	-	Ed Trumbull	620	-	-	-
David Wean	2391	1	-	-	Tracy Ingle	434	-	-	-
Gabor Demjen	2349	5	1	-	Susan Grieb	362	-	-	-
Bob Sawyer	2320	1	-	-	Phyllis Mays	308	-	-	-
Peter Brooks	2281	3	3	-	George Caplan	227	-	-	-
Dick Arsenault	2238	3	1	-	Jared Luxenberg	62	-	-	-
Joe Marcal	2163	1	-	-	Sara Luxenberg	34	-	-	-
Ken Hjulstrom	1950	-	-	-	Julia Wean	27	-	-	-
Ed Hoffer	1891	-	-	-	Emily Wean	26	-	-	-

**CRW Bike
Hotline
(617) 325-BIKE**

Extended trips continued from page 9

mile routes. \$8.00 for the 25 mile route - Registrations postmarked by August 21 will include a T-shirt.

Registration form can be downloaded from the NVP website at www.ultranet.com/~nvp, or send a Self Addressed Stamped Envelope to: NVP Century PO Box 2398 Acton, Ma. 01720 to have a form mailed to you.

Riders can call the NVP phone at (978)-266-1NVP the night before the event for weather-related cancellation information. NOTE: All riders are required to wear helmets and will be required to sign a release form.

Mileage Table Explained

Miles are year-to-date totals. The M column indicates the number of months the rider reported completing a metric century. The C column shows the number of months with a hundred mile century, and the K column is the number of months with 1000 or more miles.

Report mileage by the fifth of each month to: Ed Trumbull, 19 Chase Avenue, West Newton, MA 02165 (617) 332-8546.

Someone called in miles of 688 and I confused his name with a later call. Pleas accept my apology for this stumble. Call again for may and I will try to rectify this.

Ed Trumbull

Hiram Hostel Bike Weekend

**Hiram, ME
Sept. 25-27**

Stay in the wonderful South Hiram home hostel and enjoy two days of intermediate (40-60 rolling miles), scenic cycling at a gorgeous time of year up north. This is the most beautiful hostel in New England, and one of the nicest in the whole country. We'll cook our own meals - est. cost is \$40-50. Trip limited to 10 people, one couple/family room available. Leader: Charles Hansen (617) 734-0720 (h), (617) 572-0277 (w), chansEn@jhancock.com

Granite State Wheelmen 25th Annual Tri-State Seacoast Century Weekend

September 26-27

Hampton Beach State park is the headquarters for this route going into Massachusetts and Maine, along the coastline as much as practical. Registration is \$15 prior to September 1 and \$20 afterward. For more information and a registration form, check out the GSW website at WWW.geocities.com/Colosseum/loge/9605 or contact Century Coordinator Dave Topham (603-898-9926).

LOCAL CYCLING ROUTES

Bike book in cue sheet format that fits into a map holder!!! Beautiful challenging rides through Ashland, Dover, Framingham, Holliston, Hopkinton, Natick, Newton, Sherborn, Sudbury, Wayland, and Wellesley. For more info or to order, see web page: www.ultranet.com/~bikebook