


Wheel People

Newsletter Of The Charles River Wheelmen

On the roads of New England since 1966

Volume XXIV, Number 2 February, 2000

Bi Bim Bop for bikers!

Join us at the Asian Grill for Japanese or Korean food. Meet at 265 Moody Street in Waltham on Monday, February 7 at 6:15 p.m.. The phone number there is 781-398-1600. Call Barbara by Saturday, February 5 at 617-964- 8193 to RSVP.

The Island and the Continent

February 25, 2000

Come join us for an evening of Tours de France. We will have slides from the 1998 Tour de France stages held in Ireland, and a bit of touring around Ireland afterwards, followed by a few slides from our own 1999 tour in the French Alps.

We will have cheese and crackers, and French Roast coffee. Festivities start at 7 p.m..

Directions: Take Rt. 3 to Exit 29, Route 129. Take 129 West towards Chelmsford.

Portugal and Pizza Slide Show/Pizza Fest

Friday, Feb. 4, 2000

Andy Meyer and Renee LeVerrier will present a slide show of their trip last year to Portugal. Come early, around 6:30, and we'll order some pizza, otherwise 7:30 for the main event. As a special attraction, we're going to have a belated Yankee swap, so bring some bike goodie that you'd like to exchange for another equally precious item. The show will be held at 26 Fox Run Road Bedford. If you're interested in the pizza, call Jack or Susan at 781-275-3991, so we'll know how much to order.

Directions:

From Route 62/Concord: L on Routes 4/225; where 225 bears left to Carlisle, stay straight on Route 4 for about 2 miles, at V in road Route 4 goes left (sign to Chelmsford) bear right on North Road till road bears left, turn R on Springs Road, take 1st R on Fox Run Road, we are #26 on right.

From Route 3: Take Concord Street exit toward Bedford; in 1 mile Technology Park on left, another 1/10 mile road bears R, go L on Springs Road, take 1st R on Fox Run Road, we are #26 on right.

At the four way stop in Chelmsford Center, turn left and follow signs for Rt. 27 South (first right off rotary). Once on 27, take the first right onto High Street, then bear left onto Robin Hill Rd at the fork. About 1 mile later (after climbing at descending the hill), our red cape is on the left, 114 Robin Hill Rd.

Bikers on Skis Tuneup

Thursday, February 10th

"Classic" Technique session

6:00 to 7:15 p.m.

Skate technique session

7:15 to 8:30 p.m.

Would you like to improve your technique for the upcoming "Bikers on Skis" or for other xc skiing this winter? If so, club member Wes DeNering is offering free group ski lessons at the Weston Ski Track on Thursday, February 10th. You will just need to buy a trail pass (and get ski rentals, if you don't have your own). Wes is an experienced (i.e. old) xc ski racer and has been teaching for 4 years.

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We inadvertently omitted Cycle Loft from our list of supporting shops that offer discounts to CRW members in the last issue of Wheel People. Cycle Loft has in fact been a supporter of CRW for many years, is a web site sponsor and generously contributes to our awards banquet. We apologize for the omission.



The Charles River Wheelmen is a group of active adult bicyclists which sponsors a year-round program to promote the enjoyment of cycling. During the regular season - early Spring to late Fall - at least two ride loops are available every Sunday, designed to be ridden at your own pace. The Sunday rides, are arrowed in advance, and maps or cue sheets are generally provided. There are

also rides each Saturday and during the week. Our Winter rides program, The Second Season, is more informal; the route and pace are decided by those who show up. We also hold social events and related activities.

CRW is an LAB 100% affiliated club, so our dues include membership in the League Of American Bicyclists. Members receive *Bicycle USA*, the LAB magazine, as well as *WheelPeople*, the Club's newsletter. CRW is also an associated club of the Adventure Cycling Association. Address correspondence to:

The Charles River Wheelmen - 19 Chase Avenue - West Newton, MA 02465

Editorial Policy



We welcome contributions to this newsletter, but reserve the right to edit articles in any way that we deem appropriate.

We will make every effort to preserve both the style and intent of the author, but we may rewrite an article to fit available space, to clarify ambiguities in the text, and to correct factual errors.

Articles and other materials which appear in *WheelPeople*, unless specifically identified as editorial policy, represent the opinion of the author, and do not represent the opinions of the editors, coordinators, officers, or board of directors of The Charles River Wheelmen, Inc.



How To Send Us Your Article

Articles and letters must be received by the 5th of the month to be included in the next issue of *WheelPeople*.

Mail handwritten or typewritten documents or articles on floppy disk to Jack Donohue, 26 Fox Run Road, Bedford, MA 01730. *Note: floppy disks will not be returned.*

Documents produced on computer may be sent electronically via Internet to Jack at JDONOHUE@world.std.com. Your document must be in "text" mode.

Articles submitted to *WheelPeople* may also be published on the CRW web site unless the author instructs otherwise.

Insurance

If ride leaders or others have questions about insurance, contact Don Blake at (781) 275-7878. Please do *not* contact the insurance company.

BOARD OF DIRECTORS

	Term Expires	
Don Blake	2000	(781) 275-7878
Rosalie Blum	2001	(781) 272-7785
Jack Donohue	2000	(781) 275-3991
Rich Fields	2002	(781) 646-4601
Steve Kolek	2002	(781) 674-1090
Bob Sawyer	2001	(781) 862-6517
Ann-Marie Starck	2002	(617) 923-6409
Marty Weinstock	2000	(617) 491-6523
Bill Widnall	2001	(781) 862-2846

OFFICERS AND COORDINATORS

President	Jack Donohue	(781) 275-3991
Executive Vice President	Barry Nelson	(617) 964-5727
Vice President of Finance	Michael Fisher	(617) 965-2334
Vice President of Publications	Ken Hablow	(781) 647-0233
Vice President of Legal Affairs	Jeanne Kangas	(978) 263-8594
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Insurance Coordinator	Don Blake	(781) 275-7878
Membership Coordinator	David Balzotti	(508) 341-1587
	Sharon Gowan	(617) 489-5682
Information	Tom Lynch	(508) 877-2238
Touring Information	Jacek Rudowski	(617) 361-5273
Publicity Coordinator	Steve Kolek	(781) 674-1090
Merchandise	Ken Hablow	(781) 647-0233
Mileage	Edson Trumbull	(617) 332-8546
Government Relations	George Eckert Jr.	(508) 653-6913
Bike Shop Program	Ed Hoffer	(617) 552-5126
Special Events Coordinator	Adele Ferreira	(617) 628-8757
Volunteer Committee Chair	Linda Nelson	(617) 964-5727
Social Committee Chair	Barbara Bix	(617) 964-8193

RIDE PROGRAM COORDINATORS

Vice President of Rides	Jim Sullivan	(781) 245-1772
Saturday Rides	Barry Nelson	(617) 964-5727
Sunday Rides	Tod Rodger	(978) 456-8654
Winter Rides	Eric Ferioli	(781) 235-4762
Wednesday Wheelers	Bill Widnall	(781) 862-2846
Ride Hosts	Larissa Hordynsky	(617) 527-5620
Friday Rides	David Johnson	(603) 490-7581
Intro Rides	Fred Kresse	(781) 444-1775
Century Committee	Melinda Lyon	(978) 887-5755
Sunday Fitness Rides	Mel Stoler	(617) 277-5180
	Ted Lewis	(781) 279-4909
Tuesday Fitness Rides	Peter Knox	(617) 731-5944
Thursday Fitness Rides	Peter Mason	(781) 646-5106
Saturday Fitness Rides	Dave McElwaine	(781) 821-8643
	Mark Dionne	(617) 965-5558

WHEELPEOPLE STAFF

Copy Editor	Jack Donohue	(781) 275-3991
Production Editors	Andy Meyer	(603) 427 5001
	David Cooper	(781) 483-6960
Advertising	Marty Weinstock	(617) 491-6523

INTERNET STAFF

Web Site		(http://www.crw.org)
Webmaster	Bob Hug	bobhug@mediaone.net
Picture Gallery	David White-lief	whitelief@bwglaw.com
Graphics	Ken Hablow	khallow@khgraphics.com
Map Library	Sharon Gowan	sgowan@bbn.com
E-Mail List		(crw@world.std.com)
Administrator	Jack Donohue	jdonohue@world.std.com

Advertising Rates

Half Page	\$65.00	Third Page	\$45.00
Quarter Page	\$35.00	Eighth Page	\$20.00

For more information please contact Marty Weinstock at 617-491-6523

Board Meeting Minutes



January 4, 2000

Membership Report: 866 current members, with 4 new, 37 renewed, and 19 lapsed memberships. The downward trend continues.

Elections: Welcome to our three new Board members, Rich Fields, Steve Kolek, and Ann-Marie Starck. Jack Donohue was reelected CRW president.

Financial Report: Expenses exceeded income by \$908 in December, but the Club finished \$1,900 in the black for 1999.

Government Relations: The Mass Highway Department recently distributed Building Better Bicycling: A Manual for Improving Community Bicycling

Conditions to all Massachusetts communities. George Eckert will contact Mass Highway for a copy.

Rides Calendar: The calendar is about half full, with vacancies in late summer and fall.

WheelPeople: A new production editor, David Cooper, is replacing Laura Sipser Segel. He will lay out the February issue.

The Board decided to try making the newsletter available on-line to CRW members, with the option of receiving either an electronic or a paper copy. A pilot program will be announced in WheelPeople.

Social Committee: Slide shows have been scheduled for February 4 and 25.

Melinda Lyon will talk about her Paris-Brest-Paris victory on March 17.

Bikers with Forks will chow down on January 6 and February 7.

Web Site Sponsorships: Every sponsor has renewed. The Board decided not to participate in REI's site affiliate program.

Ride Safety: Bob Sawyer pointed out American Specialty Insurance's impractical ride safety checklist in the last issue of LAB Magazine. So far, at least, these are recommendations only, not requirements for insurance. Steve Kolek will look into organizing a first aid/CPR course for CRW members.

Click . . . Click

By Ken Hablow

Oops, a bit of a hill here. OK, we can handle this. A double shift is in order, up one cog on the back and down one chainring on the front.

With today's index shifting and shift levers right up there with the brake levers, this is fairly easy to accomplish. It isn't too bad with bar end shifters either. But back in the days before all this fancy shifting stuff, an accomplished racer had to make a seamless double shift with one hand using down tube shifters.

Over the years the shifting mechanisms we use have become more sophisticated. We have many more gears to choose from, but we still need to manually shift gears to maintain our speed and cadence. So how does this compare with anything to do with CRW? Membership - that's what.

When CRW was first formed there were so few members the names and phone numbers probably resided in each member's head. As the numbers grew the membership list moved to index cards. Whatever was produced in those days for a newsletter or a calendar was probably hand addressed; sort of like pre-index shifting. Then something revolutionary happened - computers. This is akin to the invention of index shifting.

The electronic database was developed. This is like putting all your Rolodex and index cards into an electronic file. One major feature is that these records can be easily sorted. A list can be sorted alphabetically, by zip code, or by a date field. Can't do that too easily with the old index cards. I can remember trying to mix Shimano index levers, a Campy derailleur and a Regina freewheel. It worked, sometimes.

Fast forward to February 1986. This is when CRW's computer wizard, Jack Donohue, took over membership. At that time he inherited an electronic database file. Now, you have to understand one thing about JD; he does not like to do any more work than is necessary and is

Board meetings are held on the first Tuesday of each month at 7:30 in the Hancock United Church of Christ, 1912 Mass. Ave., Lexington Center.

A New CRW Tour Reports web page

by Andy Meyer

A few years ago, when we were planning a tour through Italy, we spent a lot of time poring over maps and guidebooks deciding what we wanted to see, and where we wanted to go. While the guidebooks helped with the overall goals, the experience of other cyclists was incredibly valuable when we wanted to know what was possible with bikes. We visited numerous web sites, and sent out

queries to various newsgroups. After days of searching, we did find some interesting facts that helped us on our trip. Knowing how many CRW members travel, take pictures, and write about their tours, I figured it would be nice to collect the stories in one place on the web as a general reference. This would make

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The Rides Calendar

February, 2000

On all CRW rides, please arrive at least 15 minutes before the published ride starting time. It is recommended that you bring pump, patch kit, spare tube, allen wrenches, screwdriver, lock, water bottle, some money, helmet, gloves, and a map.

Call 617-325-BIKE to find out about last minute changes or special announcements.

Recurring Rides

These rides are held every week unless indicated



Wednesday Wheelers

TIMES: 10:00 AM

Routes: Distance varies, follow the leader, no cue sheet

DESCRIPTION: A group that enjoys exploring a variety of scenic routes and lunch spots, mostly in the western suburbs but occasionally to the north or south. We stay together, following the leader for the day, while being careful not to drop anyone. (Generally there is no cue sheet handed out.) The typical ride distance is about 30 miles. The pace is about 15 to 17 mph on the flats, but slows considerably on the hills, so we wind up with a rolling average of about 13 mph.

START: Location Varies

DIRECTIONS: For more information, including the next ride start location, call the ride coordinator Bill Widnall at 781-862-2846 day or early evening or e-mail to BillWidnall@ibm.net.

Thursday French Picnic Rides

TIMES: 10:30 AM

DESCRIPTION: Join us for a mild paced 20-30 mile ride through the New England country side and stop for a classic French picnic in beautiful spots. Silver, crystal, and table cloth are a must. This ride is not for brown baggers. Call Scott Chamberlain (508-785-0214) for ride starting point. The ride goes rain or shine.



Saturday Morning Fitness Ride at Nahanton Park

TIMES: 8:30 SHARP!

Routes: Arrowed routes of 19, 28 & 42 miles. Cue sheet available.

DESCRIPTION: You will ride scenic rolling roads through Needham, Dover, Sherborn, & Medfield. These rides will be set up to run with or without a leader so be ready to go on time. At 8:30 we're gone.

This ride runs all year 'round.

LEADERS: Dave McElwaine (781-821-8643) [McElwaineD@aol.com] or Mark Dionne (617-965-5558) [mdionne@mediaone.net]

START: Nahanton Park, Newton.

DIRECTIONS: Take the Highland St. exit off Rt. 128 toward Needham, take a left at the light onto Hunting Rd, at the next light make another left onto Kendrick St. The park is on your left immediately AFTER crossing the river. Ride leaves from the main parking lot.

** CRW's Fitness Rides Program is designed to assist intermediate and advanced riders to improve their skills and learn cooperative paceline riding techniques.

CRW Bike Hotline
(617) 325- BIKE

Bridges of Sudbury

February 6 - Sunday

TIMES: 10:30

RIDE TYPE: Map and/or Cue Sheet

LEADERS: Eric Ferioli (781-235-4762)

HIGHLIGHTS: Ride meanders across 8 of the 10 bridges across the Sudbury River. Towns include Concord, Sudbury, Wayland, and Lincoln. Lunch stop will be in Concord center after the ride.

START: Concord-Carlisle High School

DIRECTIONS: Rt. 2 to Rt. 126 North (the opposite direction from Walden Pond). The high school is at the bottom of the hill on the left.

Winter Without Discontent

February 13 - Sunday

TIMES: 10:30

RIDE TYPE: Map and/or Cue Sheet

LEADERS: Eric Ferioli (781-235-4762)

HIGHLIGHTS: In February, the road to contentment includes a stop at Mike Hanauer's home for a post-ride party (781-862-5927). Bring something to share with your fellow former malcontents.

START: Lexington Common

DIRECTIONS: Meet at the Minuteman Statue at the intersection of Rt. 4, Rt. 225, and Bedford Street.

Post Valentine Blues Day Ride

February 20 - Sunday

TIMES: 10:30

RIDE TYPE: Map and/or Cue Sheet

LEADERS: John Goeller (508-429-2832)

HIGHLIGHTS: A tour of the suburbs of Milford.

START: Holliston High School

DIRECTIONS: Take either Rt. 16 or Rt. 126 to the intersection of both in Holliston. Follow the combined routes (Washington St.) approximately 3/4 mile. Take a right on Hollis St. (Just past the town hall and church). Holliston High is approximately 3/4 mile on the left.

Chilly, Hilly and Hot Chili

February 27 - Sunday

TIMES: 10:30 for routes of about 20 and 30 miles

RIDE TYPE: Winter ride over hilly terrain - cue sheet and map

LEADERS: Harry Wolfson <HarryWolfson@LL.MIT.EDU> (617-484-6063 before 9:30 PM)

HIGHLIGHTS: A hilly ride including Belmont Hill (twice), Trapelo Rd & Bedford Rd in Lincoln, and Page Hill Rd in Bedford (30

mile option) plus a few smaller climbs. The route is a great hill training ride in the summer, but turns into a "let's see how fat & slow we got over the winter" ride when the last Sunday in February rolls around ;-). I am constantly amazed at the folks who do this ride in a fixed gear - more power to them! Party at Harry and Denise's house afterwards with hot chili.

Notes: Please RSVP for party before Feb. 22. This is a hilly ride, especially for winter. Please make sure your bike & body are ready before coming.

START: Payson Park Playground; Payson Rd & Elm St; Belmont

DIRECTIONS: Payson Rd is off Belmont St., between Belmont Wheelworks and Harvard Square. From 128: exit 28 East - Trapelo Rd towards Belmont. Go about 5 1/2 miles until Trapelo Rd merges into Belmont St. (just past Brighams) Take 2nd left onto Payson Rd. The park is 2 blocks up, on the right. (Contact Harry for directions from the city.)

The 2nd Quadrennial CRW Leap Day Ride

February 29 - Tuesday

TIMES: 10:30 A.M.

RIDE TYPE: Map and/or Cue Sheet

LEADERS: Jim Merrick (617-361-2051) jmerrick@bpl.org

START: Hyde Park Shopping Plaza, Hyde Park (Boston)

DIRECTIONS: The plaza is on Hyde Park Ave., halfway between Forest Hills and Cleary Square, near the intersection of Hyde Park and Metropolitan Avenues. Park behind the supermarket by Metropolitan Ave.

HIGHLIGHTS: Who could pass up an extra day to ride in 2000? Join us for a special Leap Day ride through the Arnold Arboretum, the Blue Hills, Stony Brook, and Neponset River Reservations.

Bruce's Birthday Ride

March 5 - Sunday

TIMES: 10:30

RIDE TYPE: Map and/or Cue Sheet

LEADERS: Bruce Ingle (508 877 1045 — please don't call after 8 PM; ingle@gis.net)

HIGHLIGHTS: The short ride is 20 miles and 1160 feet of climbing through Framingham, Sherborn, Holliston, Hopkinton and Ashland. The long ride is 35 miles with 2010 feet of climbing and adds Millis and Medway. Post-ride party at Bruce's house. START: Framingham Center Green at Edgell Rd and Rt. 9.

DIRECTIONS: From the east: Take Rt. 9 west. Approximately 1 mile past junction of Rts. 9 and 126 bear right at the Staples/Walgreen's plaza. Take a right at first traffic light onto Edgell Rd. The green is on your left. From the west: Take Rt. 9 east. Approximately 2 1/2 miles past the Sheraton Tara hotel bear right at Framingham State College Exit. Take a left at first traffic light onto Edgell Rd and cross over Rt. 9. The Green is on your left.

Seventh Annual **Bikers on Skis**

February 18-21, 2000

Try your hand at gliding instead of rolling. This cross country skiing weekend at a comfortable B&B in the Northern White Mountains, features gourmet food and a hot tub to soothe aching muscles apres ski. We'll visit ski touring centers at Bretton Woods and the Balsams, and try some back country skiing in the Zealand Falls area. Skiers of all abilities welcome. Downhill skiers can join us and ski Bretton Woods. If there's no snow bring your hiking boots and/or mountain bike — we will not be stopped. The trip spans the three day President's Day weekend. Cost of \$170 for the weekend includes three nights lodging, three breakfasts, two dinners.

To register send the a check for the full amount made out to Charles River Wheelmen and a stamped self-addressed envelope or e-mail address to:

Bikers on Skis
c/o Jack Donohue
26 Fox Run Road
Bedford, MA 01730-1104

Registration fee nonrefundable after this date unless we can find someone to take your place.

For more information, you can contact the leaders:
Susan Grieb and Jack Donohue
(781) 275-3991 (before 9 PM)
jdonohue@world.std.com

Government Relations

by George Eckert

Recently one of our members from Mendon, Gerry Campbell, received a very nice response to a letter he sent to Kevin J. Sullivan (Secretary of the Massachusetts Executive Office of Transportation and Construction) requesting safety improvements for bicyclists.

Secretary Sullivan's response dated: 12/17/1999

Dear Mr. Campbell:

I am writing in response to your recent letter regarding bicycle improvements. The Massachusetts Highway Department (MassHighway) has been actively working to improve the bicycling environment, through numerous initiatives.

Mass Highway recently distributed Building Better Bicycling: A Manual for Improving Community Bicycling Conditions to all the Commonwealth's communities. This manual is available at your town's Superintendent of Public Works office. It contains state-of-the-practice design guidance for both on and off-road bicycle facilities, including current MassHighway engineering directives on roadway shoulders to increase bicycle operational space and signs to increase the awareness of bicyclists on the road. MassHighway is also planning a state-wide bicycle education and safety conference next year [2000]

to promote bicycle safety both on and off the roadway system, and a "Share the Road" program to promote increased cooperation between bicyclists and motorists.

Thank you for your letter suggesting ways to improve bicycling conditions in Massachusetts. I appreciate your interest in this important transportation issue.

Sincerely,

[Signed]

Kevin J. Sullivan
Secretary

Thank you to Secretary Sullivan for his thoughtful reply to Gerry's concerns about biking in Massachusetts. I urge each of you to inquire at your individual town's Superintendent of Public Works office for the publication Building Better Bicycling: A Manual for Improving Community Bicycling Conditions. Your requests alone should alert DPW superintendent to the fact that we have over 1000 road-users who are whose safety, health, and enjoyment rely upon having our streets well-designed, properly-constructed, and well-maintained. Please let me know your impression of the guide, as well as your experiences with you local DPW.



Click . . . Click - continued from page 3

basically very intelligent. People with these two attributes will always find a simple way to accomplish a complicated task. So Jack set out to write himself a computer program to handle all the needs of our membership. This is the same program we still use in 2000 with very few modifications from the original version, just enough to accomplish new tasks.

The bottom line - once a year you receive a renewal notice in the mail. When you send in your check, probably to someone you never heard of, you then receive back a membership card with a form letter welcoming you back. New members receive a different letter. Then a while later you receive a letter and a membership card from LAB. And not to be overlooked, you receive your WheelPeople every month with a computer generated mail label. Jack did all these tasks himself, God bless him. As membership grew this was merely incrementally more work every year, which no one really notices. But when Jack decided to take over WheelPeople copy editor and turn membership over to someone else, we discovered there was really a lot more work than one person should do. We divided up the Membership responsibilities and found volunteers to work on each area as an individual job.

The membership database is currently maintained by Dave Balzotti, who now resides in Hubbardston. Since we have close to 900 members (it has been over 1,000), and we have a normal turnover of 200-250 per year, this means Dave needs to make a lot of entries. Renewals are fairly easy since all he need do is change the renew date once he receives your check. However, all the information for new members needs to be added, provided he can read the handwriting. Keep in mind, during the summer months this can easily get to over 200 entries a month.

On a monthly basis, Dave sends two lists to Sharon Gowan, one of renewing members and one of new members. Sharon then sends out the appropriate letters with the membership cards. At the same time, these lists are forwarded to Don Blake, our treasurer, who forwards them to LAB with an appropriate check for your LAB membership. Every month.

Remember above I mentioned we could sort the database by date? Well, here are two applications Jack devised to ease the burden:

About the 15th of every month Dave sends a copy of the current membership database to the mail house we use to mail WheelPeople. This is sorted first by renew date and then by zip code. So, if you are more than one month late in renewing, you are dropped from the WheelPeople mailing list, automatically.

Usually twice a year, the names are again sorted by renew date, then alphabetically. Mail labels are printed with the renew date on the labels. About the 1st of every month, Sharon Gowan mails out a stack of presorted renewal reminder cards.

Interestingly, Dave's work is all computer data entry and Sharon's work is all by hand; applying labels, stuffing envelopes, affixing postage stamps, sorting and mailing.

Right now we have three people doing essentially five distinct jobs relative to maintaining the CRW membership. This amounts to many hours a month and several nights every week to keep up. The trick is to not let the amount of work get ahead of you or you become CRW Road Kill. Volunteers working in your behalf so you can enjoy the benefits of membership in CRW.

The system works very well, sort of like making that double shift with your state-of-the-art Campy Ergo 10 speed system. All YOU care about is that it works when YOU need it to.

New Tour Web Page - continued from page 3

is simpler for other members as they plan their next trip, avoiding the days of searching and querying.

With that in mind, we have a new part of the CRW web site specifically for tour reports. There are already a couple of tours highlighted, and that will grow with time and input.

This is the place to share your great experiences with a touring company, what you discovered going solo, or to show off your photography skills. By contributing your story, this new web page can also be a place for others to get some ideas about where to go on tour, details about certain areas, or to get a local reference on a touring company.

You can visit this page from the CRW web site <http://www.crw.org>, under the heading "Just for Fun," "Tour Reports."

If you have a story to contribute, it can be anything from a brief description to a full article. If you can write the article, we can create a page for you (or you can create your own if you prefer). We can scan your prints or slides, and put it all together. Contact Andy at: (603) 427-5001 or asm@asm.nu for more details.



Little Jack's Corner by Jack Donohue



Let's get one thing straight — I don't like bicycle commuting in winter. I don't like bicycle commuting at all, but given the choices for getting myself to work, it's the lesser of several evils. Driving a car into Cambridge is a fate worse than death, and life is definitely too short to commute from my house by public transportation. This would involve a bit of cycling anyway to even get to a T-stop, and by the time I'm all dressed up and already stinky, I might as well just keep on going rather than inflicting myself on my fellow passengers. But winter ups the ante with dark, cold, snow and ice. This presents the ever present danger of FDGB (fall down, go boom). Maneuvering the slippery stuff with two wheels requires a degree of skill I don't possess, and I can't re-

member a winter when I didn't become one with the pavement at some point, usually several.

The nice thing about my present job is that it's easy for me to work at home. I have vowed that being the veteran of countless FDGB of yore, at the slightest hint of snow I was staying home. But I really don't want to abuse the privilege, so I plan to stay home only when it's clearly foolish for me to do otherwise. Unfortunately, this is not always a black and white decision. Case in point, a while ago, the weatherpeople started talking about maybe some snow. By the end of the evening they had whipped themselves into a forecasting frenzy, predicting the next thing to the blizzard of '78. So I was ready to hunker down and work at home. I got up at the usual time expecting to see mounds of snow in the driveway. Actually, there was no snow at all. So I figured I'd go in, at least for a little while. First snowflake,

I'm outta there. Next was the choice of bike. I was thinking of taking the road bike, but the voice of reason was saying, "bozo, later today, you'll be waist deep in snow, you really don't want a road bike for that." So I took the mountain bike, reasoning that if I left before the snow got too deep, it'd be fine. Actually I was somewhat looking forward to cruising home on the bike path with an inch or two of new snow. I'd stay until noon, anyway, come what may, and then find my way home on my trusty fat tire bike. Of course, perhaps even worse than riding skinny tires in snow is riding a mountain bike on dry pavement. Which is what I ended up doing since there was in fact NO snow at all. So there was a lot of whining on the way home, since the old mountain bike is a LOT more work than the road bike. At least I hadn't mounted the studded front tire yet, that would really have not been fun.

CRW Cycling Jersey

Fieldsensor

\$55

On the web at
www.crw.org
click on "merchandise"

CRW T-Shirt

100% cotton

\$10

Sizes: Small, Medium, only comparable to European sizes 2,3

6 color GEAR 98 T-shirts available, yellow, L & XL

\$10 or 2 for **\$15.00**

Sizes: Medium, Large, X-Large
Colors: Yellow & Apricot

Name _____

Address _____

City State Zip _____

Telephone _____

Quantity _____ Size(s) _____

Specify T-Shirt or jersey
Add \$3.00 postage for each order.

Mail your check made out to CRW and this order form to:
Ken Hablow, 35 Longmeadow Rd., Weston MA 02493
Please include your phone number
For info: (781) 647-0233 - or - khblow@khgraphics.com

December Mileage Totals

3 0 6 8 3 2

	Miles	M	C	K		Miles	M	C	K		Miles	M	C	K
Melinda Lyon	16930	9	11	9	Ed Hoffer	5090	-	1	-	John Loring	823	-	-	-
Jack Donohue	13355	-	-	8	Glenn Ketterle	5067	2	-	-	Jamie King	754	-	-	-
Bruce Ingle	13103	11	6	8	Dick Arsenault	4952	5	2	-	Jim Broughton	674	-	-	-
John Bayley	12536	11	9	6	Lee Howard	4836	-	-	-	Ed Trumbull	548	-	-	-
Mike Kerrigan	12086	7	7	5	Doug Cohen	4769	3	1	1	Rosalie Blum	320	-	-	-
Pamela Blalock	11243	11	9	5	Joe Marcal	4297	4	1	-	Jared Luxenberg	307	-	-	-
Martin Estner	10810	12	11	6	Ken Hjulstrom	3888	-	-	-	Tracy Ingle	259	-	-	-
Gerald Goode	10668	-	-	5	Marc Baskin	3701	4	1	-	Emily Wean	208	-	-	-
Robin Schulman	9378	8	7	4	Ted Hamann	3332	-	-	-	Jacob Allen	150	-	-	-
Paul Corriveau	9002	9	6	5	Bill Hanson	3103	2	-	-	Julia Wean	141	-	-	-
Peter Knox	8921	9	9	4	Ed Foster	3096	5	2	-	Sara Luxenberg	63	-	-	-
Mel Stoler	8762	12	12	3	Gabor Demjen	3001	3	2	-					
Rich Fields	8219	11	7	3	Jim Goldman	2741	2	-	-					
Jean Orser	7840	9	6	4	Susan Grieb	2635	-	-	-					
Jerry Campbell	7803	-	-	-	Mike Hanauer	2256	-	-	-					
Ken Hablow	7795	9	8	3	John Kane	2109	-	-	-					
Irving Kurki	6187	8	5	-	Nancy Butler	1976	1	1	-					
Joe Repole	5872	12	12	-	Dave VanAmeijden	1608	-	-	-					
Bill Widnall	5821	12	12	-	Harry Wolf	1534	-	-	-					
Dave Jordan	5679	-	-	-	Jacek Rudowski	1438	2	-	-					
Bob Sawyer	5654	4	1	-	John Springfield	1398	-	4	-					
Debbie Kirchwey	5450	12	12	-	Phyllis Mays	1330	-	-	-					
Kitty Farago	5217	2	1	-	Jim Merrick	1200	1	-	-					
Jerry Green	5215	4	1	-	Jeff Luxenberg	1162	-	-	-					
Peter Brooks	5215	9	7	-	Elisse Ghitelman	1058	-	-	-					
Joan Laxson	5150	-	-	-	John Allen	1043	-	-	-					
David Wean	5115	2	-	-	George Caplan	939	-	-	-					

Mileage Table Explained

Miles are year-to-date totals. The M column indicates the number of months the rider reported completing a metric century. The C column shows the number of months with a hundred mile century, and the K column is the number of months with 1000 or more miles.

Report mileage by the fifth of each month to: Ed Trumbull, 19 Chase Avenue, West Newton, MA 02465 (617) 332-8546.

WheelPeople History

Twenty Five Years Ago

Ralph Galen plans a ride to the International Bike Show starting at 5 PM in Cambridge, expecting to arrive in NYC 24 hours later.

Howard Moore writes about some of his trips around New England in the '30s and '40s riding a fixed gear.

Ten Years Ago

Bob Sawyer tries to drum up interest in bicycle commuting. A foray of letters to editor on the pros and cons of riding with a Walkman.

Five Years Ago

Ken Hablow describes the pleasures of cycling in Vermont. Curiously enough, his article starts with "Here is it the end of December, the temperatures are still

in the 50s, and no snow - yet!" Deja vu all over again. The first (and last) annual Tour de Brew is advertised.

Interesting to note that in compiling the 5 and 10 year histories, my stack of WheelPeople from 1995-2000 is nearly twice as high as that from 1990-1995. We must have lots more good stuff to say (also, since we went to bulk mailing, we could afford the luxury of larger issues without additional expense).



Welcome New Members

Jay Ambrosion	Syosset
Bruce Carey	Stow
Elena Catarau	Winchester
Kevin Furrow	Marlborough

Ski Tuneup - continued from page 1

The limit for each lesson is 10 people. You can sign up for both or one of the two by e-mail or by phone. (A second session may be scheduled if enough people are interested.)

Directions: From the intersection of Rt. 128 & Rt. 30: take route 30 heading west. Turn left at the 2nd set of lights onto Park Road. The ski track is 1/2 mile down the road on the left.

e-mail: WDeNering@JHancock.com
phone: 508-881-9117

THESE FINE BIKE SHOPS OFFER DISCOUNTS TO CRW MEMBERS

- Ace Wheelworks**
145 Elm St., Somerville (617) 776-2100
- Back Bay Cycles**
333 Newbury St., Boston (617) 247-2336
- Belmont Wheelworks**
480 Trapelo Rd., Belmont (617) 489-3577
- Bicycle Bill**
253 North Harvard St., Allston (617) 783-5636
- Bicycle Classics**
36 Park Street, Medfield (508) 359-1941
- Bicycle Exchange at Porter Square**
2067 Mass. Ave., Cambridge (617) 864-1300
- Bicycle Workshop**
259 Mass. Ave., Cambridge (617) 876-6555
- Bike Express**
96 N. Main St., Randolph (800) 391-2453
- Bikeway Source**
111 South Road, Bedford (781) 275-7799
- Broadway Bicycle School**
351 Broadway, Cambridge (617) 868-3392
- Burlington Cycle Fitness**
330 Cambridge St., Burlington (781) 272-8400
- Chelmsford Cyclery**
7 Summer St., Chelmsford (978) 256-1528
- Community Bicycle Supply**
496 Tremont St., Boston (617) 542-8623
- Cycle Loft**
28 Cambridge St., Burlington (781) 272-0870
- Dedham Cycle and Leather**
403 Washington St., Dedham (781) 326-1531
- Farina Cycle**
61 Galen St., Watertown (617) 926-1717
- Fat Dog Pro Shop**
940 High St., Westwood (781) 251-9447
- Ferris Wheels Bicycle Shop**
64 South St., Jamaica Plain (617) 522-7082

- Frank's Bicycle Barn**
123 Worcester Tpk, Westborough (508) 366-1770
- Frank's Spoke 'N Wheel**
119 Boston Post Rd., Sudbury (978) 443-6696
877 Main St., Waltham (781) 894-2768
- Harris Cyclery**
1355 Washington St., W. Newton (617) 244-1040
- International Bicycle Center**
89 Brighton Ave., Allston (617) 783-5804
66 Needham St., Newton (617) 527-0967
- Landry's Cycling and Fitness**
151 Endicott St., Danvers (978) 777-3337
574 Washington St., Easton (978) 230-8882
303 Worcester Rd., Framingham (508) 875-5158
1 Oak Street, Westborough (508) 836-3878
- Marblehead Cycle**
25 Bessom St., Marblehead (781) 631-1570
- National Ski and Bike**
102 Washington St., So. Attleboro (508) 761-4500
- Northeast Bicycles**
102 Broadway, Rt. 1, Saugus (781) 233-2664

- Peter White Cycles**
666 Mass. Ave., Acton (978) 635-0969
- Pro Cycles**
458 Main St., Melrose (781) 662-2813
- St. Moritz**
475 Washington St., Wellesley (781) 235-6669
- Ski Market, Ltd.**
Auburn, 322 South Bridge St. (508) 832-8111
Boston, 860 Commonwealth Ave. (617) 731-6100
Braintree, 400 Franklin St. (781) 848-3733
Burlington, CrossRoads Ctr. (781) 272-2222
Danvers, Endicott Plaza (978) 774-3344
Framingham, 686 Worcester Rd. (508) 875-5253
- Town and Country Bicycle**
67 North St., Medfield (508) 359-8377
- Travis Cycles**
1 Oak St., Taunton (508) 822-0396
722 N. Main St., Brockton (508) 586-6394
- Two For The Road**
Georgetown Plaza, Georgetown (978) 352-7343
- Wakefield Schwinn**
16 Albion Rd., Wakefield (781) 245-2342

Charles River Wheelmen
19 Chase Avenue
West Newton, MA 02465

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Join The Charles River Wheelmen

Charles River Wheelmen (CRW) dues include membership in the League of American Bicyclists (LAB). Do NOT make payments to LAB directly.
In consideration of being permitted to participate in any way in the Charles River Wheelmen (CRW) sponsored bicycling activities, I for myself, my personal representatives, assigns, heirs, and next of kin:
1. acknowledge, agree and represent that I understand the nature of bicycling activities and that I am qualified to participate in such activities. I further acknowledge that the Activities will be conducted over public roads and facilities open to the public during the Activities and upon which hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity.
2. fully understand that: (a) Bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and the risk of death; (b) these risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activities, the conditions in which the activities take place, or the negligence of the other participants designated below; (c) there may be other risks and social or economic losses either not known to me or not readily foreseeable at the time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation in the Activities;
3. hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless CRW, the League of American Bicyclists (LAB), their representatives, administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Activities take place (each considered one of the participants herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the participants or otherwise, including negligent rescue operations.
I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance notwithstanding shall continue in full force and effect.

Date _____ Date of Birth _____

Signature(s) _____

Name(s) _____

Address _____

Phone (eve.) _____ (day) _____

We sometimes allow bicycle-related companies the use of our membership list.

Check this box if you don't want to receive mailings from these companies.

We publish an annual member directory that is available only to club members. Check this box if you don't want your name, address and home phone number on this list.

CRW Membership Fees*	1 year	2 years	3 years
Individual	\$35	\$67	\$99
Household	\$40	\$76	\$112

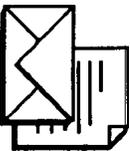
Additional contributions to CRW (\$1, \$5, ...) are greatly appreciated!

*Contact David Balzotti, 617 576-9878 if you are an LAB life member.

Make check or money order payable to Charles River Wheelmen and send completed form and membership fees to David Balzotti, 53 Dogwood Road North, Hubbardston, MA 01452

I'd like to help with the activities checked below. Please have someone contact me:

- Ride Leader Publicity Legislative Action
- Safety Membership Newsletter
- Host a postride party Special Events
- Other _____



Renewal or Change of Address?

Don't miss a single issue of WheelPeople! Send your renewal or change of address to our Membership Coordinator:

David Balzotti, 53 Dogwood Road North, Hubbardston, MA 01452