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# Wheel People

Newsletter Of The Charles River Wheelmen

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On the roads of New England since 1966

Volume XXVI, Number 4 · April 2000

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## Spring 2000 Introductory Ride Series

WHEN: Six Saturdays: April 8 & 22, May 6 & 20, June 3 & 17

TIME: 9 AM SHARP! Please arrive at least 20 minutes early. Rides depart promptly at 9

PLACE: Nahanton Park, Newton/Needham line

DESCRIPTION: Start the first Spring of the new Millennium right. Come out and ride your bike, meet some interesting people, get some good exercise, learn more about CRW, become street smart, and just generally get INTO IT!

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## The BIG Event May 6, 2000

It's once again time for the Big Event, the largest biennial bicycle and sporting goods tag sale this side of the Charles River.

It will be held Saturday May 6 in the 2nd floor gym of the Hunt Recreation Center at 90 Stow Street in Concord Center (same place as before). Setup at 7:30. The sale starts at 9:30 and ends at 4:00.

Simplified tagging instructions: We need you to register if you are going to sell anything, so we know where to send the check after the Big Event. Registration will be just inside the Hunt gym.

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## CRW Night at Cycle Loft Wednesday, April 19, 7:30PM

Please join us for an open house for CRW members at the Cycle Loft in Burlington. Doors open at 7:30 PM. The Cycle Loft Staff will conduct an introduction to year 2000 bikes, a review of clothing lines from Pearl Izumi and Bellwether, a workshop on shoes, as well as a demonstration of the Computrainer and a tour of the Fit Lab. Special sale items will be offered to CRW member and refreshments will be served.

Please RSVP by April 17 to Jerry Slack (781 272-0870, bike@cycleloft.com) at Cycle Loft OR Jim Sullivan (781-245-1772, james\_sullivan@putnaminv.com)

Directions: From Route 128, just get off at Exit 33A onto Route 3 South in Burlington (headed toward Winchester). Look for the 3-story tower just after the 2nd stoplight, 1/2 mile South of Route 128.

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## The 2000 Boston Brevet Series

The Boston Brevet Series is a set of four long distance randonneuring rides which are also qualifiers for Boston-Montreal-Boston. This year's schedule is as follows:

Event	Distance	Date	Start Time	Time Limit	Fee
200k	125 Mi.	05/20	7:00 am	14 hrs.	\$15
300k	190 Mi.	06/03	4:00 am	20 hrs.	\$20
400k	250 Mi.	06/24	1:00 am	27 hrs.	\$25
600k	375 Mi.	07/22	3:00 am	40 hrs.	\$45

All rides start at the Civil Air Terminal at Hanscom Field in Bedford, MA (plenty of free parking!) All rides except the 200k require sufficient lighting.

Though the rides vary in difficulty, none are easy. Expect about 3000 feet of climbing for each 100k ridden. The 200k goes into southern New Hampshire; the 300k goes into Rhode Island and eastern Connecticut; the 400k goes out to

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## Click . . . Click

**By Ken Hablow**

What a beautiful day for the end of February. I finally got my drive train to go Click . . . Click rather than Click . . . Clunk. A new chain and cleaned and lubricated derailleurs and pulleys make a world of difference. OK, now everything seems to work and I am about ready for the new season.

Ready for what? Well, for one, getting in shape for the CRW centuries. We are one

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A 100%



Affiliated Club

The Charles River Wheelmen is a group of active adult bicyclists which sponsors a year-round program to promote the enjoyment of cycling. During the regular season - early Spring to late Fall - at least two ride loops are available every Sunday, designed to be ridden at your own pace. The Sunday rides, are arrowed in advance, and maps or cue sheets are generally provided. There are

also rides each Saturday and during the week. Our Winter rides program, The Second Season, is more informal; the route and pace are decided by those who show up. We also hold social events and related activities.

CRW is an LAB 100% affiliated club, so our dues include membership in the League Of American Bicyclists. Members receive *Bicycle USA*, the LAB magazine, as well as *WheelPeople*, the Club's newsletter. CRW is also an associated club of the Adventure Cycling Association. Address correspondence to:

**The Charles River Wheelmen - 19 Chase Avenue - West Newton, MA 02465**

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Ann-Marie Starck .....	2002 .....	(617) 923-6409
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	Ted Lewis .....	(781) 279-4909
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**Editorial Policy**



We welcome contributions to this newsletter, but reserve the right to edit articles in any way that we deem appropriate.

We will make every effort to preserve both the style and intent of the author, but we may rewrite an article to fit available space, to clarify ambiguities in the text, and to correct factual errors.

Articles and other materials which appear in *WheelPeople*, unless specifically identified as editorial policy, represent the opinion of the author, and do not represent the opinions of the editors, coordinators, officers, or board of directors of The Charles River Wheelmen, Inc.



**How To Send Us Your Article**

Articles and letters must be received by the 5th of the month to be included in the next issue of *WheelPeople*.

Mail handwritten or typewritten documents or articles on floppy disk to Jack Donohue, 26 Fox Run Road, Bedford, MA 01730. *Note: floppy disks will not be returned.*

Documents produced on computer may be sent electronically via Internet to Jack at JDONOHUE@world.std.com. Your document must be in "text" mode.

Articles submitted to *WheelPeople* may also be published on the CRW web site unless the author instructs otherwise.

**Insurance**

If ride leaders or others have questions about insurance, contact Don Blake at (781) 275-7878. Please do *not* contact the insurance company.

**Advertising Rates**

Half Page	\$65.00	Third Page	\$45.00
Quarter Page	\$35.00	Eighth Page	\$20.00
For more information please contact Marty Weinstock at 617-491-6523 or 617-331-9299			

## CRW BOARD MEETING MINUTES



**Tuesday, March 7**

### In Attendance

Rich Fields, Ann-Marie Starck, Dave Cooper, Rosalie Blum, Barry Nelson, Don Blake, Jim Sullivan, Bob Sawyer, George Eckert, Marty Weinstock, Tom Lynch, Jack Donohue, Cindy Sragg

### Recording Secretary

Cindy Sragg (for Larissa Hordynsky)

The meeting commenced at 7:30 p.m.

Dave Cooper, new Layout Coordinator for Wheelpeople, was introduced.

### Membership

Current:	877
Recurring:	29
New:	7
Expired:	11

### Finance - Don Blake

The negative balance on the Cash Flow Report is due partly to a refused check for an extended trip, and a 100% increase in our phone cost (going from \$20 to \$40). Cash flow this time of year is normally negative.

### Budget - Michael Fisher

We made some adjustments to the budget which will be presented at the April board meeting.

### Government Relations - George Eckert

We are trying to get a free copy (which would save us \$40) of the Mass Highway Department publication on building bike access into highways.

The Concord DPW Chief seems very interested in "Share the Road" and "Bicycle Route" signage for his town. We will take photos of these signs in the Town

of Wayland and present them to him as a model for the Town of Concord.

The Bedford DPW Chief seemed open to the possibility of "Bicycle Route" signage for his town.

The Oprah Winfrey show on the subject of banning bicycles on city streets was cancelled. George suggested that we find a good book on bicycling and send a letter to Oprah suggesting it for her book club.

### Rides - Jim Sullivan

Tod Rodger did a great job of filling the ride calendar. There are presently no open Sunday rides with the exception of November and one in April.

Barry Nelson took the one remaining April Saturday ride.

We are moving the Lexington-Concord ride from April 15th to the week before to avoid military reenactments schedule for those towns over Patriots' Day Weekend.

Recurring rides: Peter Knox's Tuesday night ride will be publicized in Wheelpeople only - not on the website. This might cut back on the problem of the 30 or so non-CRW members who show up weekly who use this ride as an opportunity to race, ride 3-4 abreast, don't obey traffic lights or street signs, don't sign waivers, etc. Rich Fields thinks that not publicizing it won't work. Racers just somehow know about the ride and word gets around regardless of whether it is publicized or not.

Marty suggested getting the police in the affected communities involved.

This was done to some positive effect when the City of Cambridge was having a similar problem. Police were notified as to the day and time of the ride and were posted at particularly dangerous

crossing on the route. The first time cyclists were pulled over they were given written warnings; the second time they were given fines and a few were arrested. The Board agreed that it was not a bad idea to involve the local police since we need the cooperation of towns to have our rides and this particular group of cyclists were giving CRW a bad reputation.

### Electronic Wheelpeople - Jack Donohue

Only 5 people so far have signed up! The availability of E-Wheelpeople was first advertised in the March issue. Marty suggested we run it again in April.

The advantage of getting E-Wheelpeople is that people get it earlier than by mail. We will also save money. There is no financial incentive for us to sent it both ways (regular mail and e-mail) but the idea is that at first people who have asked for E-Wheelpeople get both and then we phase out the regular mail copy.

### Committees

Social - Recent slideshows were well-attended. "Bikers with Forks" program has been going along well. They average about 15-18 per dinner.

Paris-Brest-Paris Video/Talk - Melinda Lyon's presentation is scheduled for 3/17. The video is in French - we will have an interpreter. It's about an hour long if shown in its entirety - we will instead just see the highlights.

Pricing of dinner for this event: Free for members, \$5 for non members (unless they sign up as members on the spot - we will have applications available at the registration table).

REI Event - Jim will approach REI Events Coordinator.

Rides Committee - Jim is waiting for RSVPs to roll in. 5-6 people seemed amenable to volunteering. Jim asked Jack to send e-mail asking for volunteers once again.

Cycle Loft (Burlington) event - Jim is willing to coordinate a "CRW Night at the Cycle Loft" event, and will approach Jerry Slack, Cycle Loft owner on this.

New England Classic Century Series - Five centuries in five weekends in a row!!! The

*Continued on page 8*

Board meetings are held on the first Tuesday of each month at 7:30 in the Hancock United Church of Christ, 1912 Mass. Ave., Lexington Center.



## April 2000 Recurring Rides Calendar

*These rides are held everyweek unless indicated*

### Tuesday Pace Line Clinic at Nahanton Park

**April 4 to October 31, 2000**

TIME: 6:00 PM SHARP!

DESCRIPTION: A set of organized, cooperative, and friendly pace line clinics designed to demonstrate and practice smooth and safe group riding techniques. Multiple clinics will accommodate different groups at various average speeds. "Attacking", racing, and other aggressive, or disruptive behavior is frowned upon.

ROUTES: Arrowed routes of 19 and 28 miles.

LEADER: Pete Knox (617-731-5944)

START: Nahanton Park, Newton.

DIRECTIONS: Take the Highland St. exit off Rt. 128 toward Needham, take a left at the light onto Hunting Rd, at the next light make another left onto Kendrick St. The park is on your left immediately AFTER crossing the river. Ride leaves from the main parking lot. The City of Newton has requested that we park our cars in the satellite parking lot and not the main lot where the ride starts.

NOTE: Many evenings we will return after sunset. N.B. State law requires a white front light, a red rear light, and ankle reflectors after sunset. Be safe. Be seen.

### Wednesday Wheelers

**TIMES: 10:00 AM**

ROUTES: Distance varies, follow the leader, no cue sheet

DESCRIPTION: A group that enjoys exploring a variety of scenic routes and lunch spots, mostly in the western suburbs but occasionally to the north or south. We stay together, following the leader for the day, while being careful not to drop anyone. (Generally there is no cue sheet handed out.)

The typical ride distance is about 30 miles. The pace is about 15 to 17 mph on the flats, but slows considerably on the hills, so we wind up with a rolling average of about 13 mph.

START: Location Varies

DIRECTIONS: For more information, including the next ride start location, call the ride coordinator Bill Widnall at 781-862-2846 day or early evening or e-mail to [BillWidnall@ibm.net](mailto:BillWidnall@ibm.net).

\*\* CRW's Fitness Rides Program is designed to assist intermediate and advanced riders to improve their skills and learn cooperative paceline riding techniques.

### Saturday Morning Fitness Ride at Nahanton Park

TIMES: 8:30 SHARP!

ROUTES: Arrowed routes of 19, 28 & 42 miles. Cue sheet available.

DESCRIPTION: You will ride scenic rolling roads through Needham, Dover, Sherborn, & Medfield. These rides will be set up to run with or without a leader so be ready to go on time. At 8:30 we're gone. This ride runs all year 'round.

LEADERS: Dave McElwaine (781-821-8643) [[McElwaineD@aol.com](mailto:McElwaineD@aol.com)] or Mark Dionne (617-965-5558) [[mdionne@mediaone.net](mailto:mdionne@mediaone.net)]

START: Nahanton Park, Newton.

DIRECTIONS: Take the Highland St. exit off Rt. 128 toward Needham, take a left at the light onto Hunting Rd, at the next light make another left onto

Kendrick St. The park is on your left immediately AFTER crossing the river. Ride leaves from the main parking lot.

### Sunday Morning Fitness Ride South Shore Coastal Loop

TIMES: 7:00

ROUTES: Arrowed routes of 37 & 50 miles. Maps and cue sheets available in addition.

HIGHLIGHTS: Are you looking for a ride with shady, quiet roads, beautiful scenery and coastline stretches that will get you home by mid morning every Sunday? The SSCL will take place every week, weather permitting. The 37 mile route includes Rockland, Hingham, Norwell, Scituate, and Cohasset with a coffee stop in Scituate Harbor at mile 15. The 50 mile loop includes Hull with an additional brief stop at mile 30 to regroup. Ideal for fast and moderate riders with paceline experience or desire to learn. These rides are set up to run with or without a leader.

LEADERS: Mel Stoler (w) 617-626-9261 (h) 617-277-5180 [Mel.Stoler@state.ma.us](mailto:Mel.Stoler@state.ma.us) and Ted Lewis (h) 781-279-4909

START: Park'n'Ride lot, Rockland

DIRECTIONS: Take Rt. 3 to Exit 14 (Rt. 228) in Rockland. Turn left at end of exit ramp and park in the Park'n Ride lot. You won't regret setting the alarm. Call to confirm. Space unlimited.



# The Rides Calendar

## April 2000

On all CRW rides, please arrive at least 15 minutes before the published ride starting time. It is recommended that you bring pump, patch kit, spare tube, allen wrenches, screwdriver, lock, water bottle, some money, helmet, gloves, and a map.

Call 617-325-BIKE to find out about last minute changes or special announcements.

### MWF Crack O' Dawn ride

*April 1 - Saturday*

TIMES AND ROUTES: 9:30 for approximately 28 miles

RIDE TYPE: Cue sheet and map

LEADERS: Linda and Barry Nelson (617-964-5727)  
BarryNelson@alum.MIT.edu

HIGHLIGHTS: Discover the famous route that attracts 20 - 30 riders every Monday, Wednesday, and Friday at 5:45 AM. The Newton Tab had a feature article last fall about this group of early morning riders, mostly from Newton and Brookline. The route covers the low income neighborhoods of Newton, Weston, Lincoln, and Wayland. The terrain is rolling with one fairly steep (11% grade) hill for just 23 meters.

START: Newton City Hall, 1000 Commonwealth Avenue

DIRECTIONS: From Route 128, take Route 30 (Commonwealth Avenue) East toward Boston for about 3.5 miles. City Hall is on the right, and there is free parking in the carriage lane on the left.

### The Bolton Orchards

*April 2 - Sunday*

TIMES AND ROUTES: 10:00 for 35 and 51 miles.

RIDE TYPE: Arrowed (Orange Arrow)

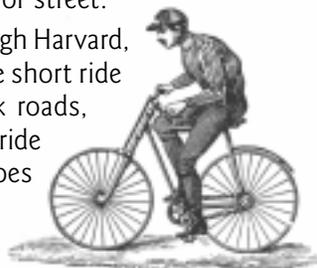
LEADERS: Andy Meyer (603-427-5001) [asm@world.std.com]  
Penny Karr (617-661-9720) [pkarr@world.std.com]

START: XRE Parking Lot, Littleton

Terrain: Rolling Hills

DIRECTIONS: Take Rt. 2 West to exit 39, 1/4 mile west of the I-495 Interchange. Go right on Taylor street. In a half mile, turn left off Foster Street. Take the first right into the XRE parking lot. Drive around the front of the building and to the top of the hill and park near Taylor street.

HIGHLIGHTS: A scenic tour through Harvard, Bolton, Littleton, and Berlin. The short ride features rolling hills, small back roads, and some great views. The long ride features lots more hills, and goes past the Clinton Dam.



### Battle Road Tour

*Saturday, April 8*

TIMES AND ROUTES: 9:00 for 30 miles.

RIDE TYPE: Follow the Leader.

LEADERS: Dick Arsenault (781-272-1771).

START: The Minuteman Statue on Lexington Green in Lexington Center.

DIRECTIONS: From route 128 take Exit #31 east (Rts. 4 & 225) to Lexington Center. Park in the surrounding neighborhoods and bike to the start.

HIGHLIGHTS: We will ride the route the British took on April 19, 1775 when they marched to Concord in search of military supplies, thereby provoking the War of Independence, and their desperate retreat back to Boston. We will stop at twelve major historic sites and the leader will give a reading of what happened at each place. We will pass through Lexington Center about noon and lunch on Lexington Green. Bring your lunch or buy from the stores in the center.

Rain Cancels.

### Old North Andover Ride

*April 9 - Sunday*

TIMES AND ROUTES: 9:30 for 48 and 10:00 for 26.

RIDE TYPE: arrowed (BLUE chevron with a dot).

LEADERS: Jim Sullivan (781-245-1772).

HIGHLIGHTS: The long ride travels through the lakes and farms of No. Andover, Boxford, Topsfield, Ipswich, Georgetown, Groveland, and Haverhill. The lunch stop is in Ipswich. The short ride cuts out Topsfield and Ipswich, with a lunch stop in Boxford Center. Please note that there are no stores in Boxford or anywhere on the short ride.

START: North Andover Green, corner of Andover St. and Massachusetts St., North Andover.

DIRECTIONS: Rt. 93 North to Exit 41, Route 125 North (toward Andover). Bear left where Rt. 125 joins Rt. 114 and take a right before the Bertucci's at the next light. Take a right at the next light and follow to the Green. Park on the left side of the Green only.

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## Two Extra Days for Form 1040

**Saturday - April 15**

Times and Routes: Long ride at 9:00 for 47 miles and Short at 9:20 for 27 miles.

RIDE TYPE: Map & cue sheet

LEADER: Barry Nelson (617-964-5727 before 9 PM) [BarryNelson@alum.MIT.edu]

HIGHLIGHTS: The vagaries of the calendar provide two extra days to prepare your income tax return. Take advantage of the extra time and finish collecting your records after the ride. We take tranquil back roads through Weston, Wayland, Sudbury, and Lincoln. The lunch stop for the short ride is at the DeCordova Museum and Sculpture Park in Lincoln. There is an admission charge for the museum gallery, but the sculpture park is free. See <http://www.decordova.org/>. There is no place to buy food there, so bring your own lunch. The lunch stop for the long ride is in Concord Center, where there are many places to buy food. The long ride adds Acton, Concord, and Carlisle.

START: Auburndale commuter rail station parking lot.

DIRECTIONS: From Route 128 take the Exit for Route 30. Take Route 30 East toward Newton. At the first light bear to the right for Auburn St. The parking lot is on the right just after Woodland Rd.

## Another Side of Carlisle

**April 16 - Sunday**

TIMES AND ROUTES: 9:30 for routes of 62 and 40 miles, 10:00 for a route of ~25 miles.

RIDE TYPE: Arrowed rides of approx. 62, 40 and 25 miles with cue sheet available. Arrow is white with a circle at the bottom.

LEADERS: Rich Fields <richfields@mediaone.net> (781-646-4601)

START: Brighams, Mill St. in Arlington Center

DIRECTIONS: From 128; exit 29A East (Route 2 toward Cambridge. Take Route 2 East to Exit 59 (Route 60). Take left onto Route 60 and go about 1 mile to Mass Ave. in Arlington Center. Take left onto Mass Ave. toward Lexington and go to first traffic light which is Mill St. Entrance to Brighams is on the left down the hill.

HIGHLIGHTS: A scenic ride through the towns surrounding Carlisle including Arlington, Lexington, Bedford, Chelmsford, Acton, Westford, Concord and Lincoln. This terrain of this ride is rolling with a few hills, notably Page Hill in Bedford and Trapelo Rd in Lincoln. This ride should serve as a good tune up for the Spring Century which is only weeks away. The lunch stop will be at the Green in Concord Center, but save lots of space for ice cream at the end of the ride.

## Essex County by land and sea

**Saturday - April 22**

Time and Routes: 10 AM about 53 rolling miles, or 33 mostly flat miles

RIDE TYPE: Arrowed

LEADERS: Adele Ferreira (617-628-8757)

HIGHLIGHTS: Lovely views of ocean, estuaries, and farm land. The long ride covers Topsfield, Ipswich, Hamilton, Wenham, Manchester-by-the-Sea, and Beverly. Short ride misses Topsfield. Lunch is in Manchester. Cranes Beach nearby for after-ride relaxation. Bring lock and/or car and money.

START: Thorpe School, Danvers

DIRECTIONS: From Rte 128 North, take exit 22 West (Middleton). Take right at lights onto Rte 62. Take next right onto State Street. Follow signs with airplanes, veer left at fork, cross intersection onto Burley Street, turn right onto Avon Street. At next right go into Thorpe School.

## Apple Pi Ride

**Sunday - April 23**

TIMES AND ROUTES: 9:30 for 50 miles and 10:00 for 35 miles.

RIDE TYPE: Arrowed (upside down pi)

LEADERS: Jack Donohue & Susan Grieb (781-275-3991 before 9 PM)

HIGHLIGHTS: The short ride goes through Concord, Acton, Littleton, Westford, and Carlisle. The long ride adds Stow and Harvard. The long ride passes an impressive array of apple orchards, while taking in a few hills. Both rides stop for lunch at Bumblebee Park. (no store)

START: Parking lot across from VA Hospital, Springs Road in Bedford.

DIRECTIONS: From 128 Take Rt. 4 north to Bedford Center. Turn right on Springs Rd. Follow signs for VA Hospital / Middlesex Community College. Meet at first parking lot on right.

## Mean Streets: Fenway Plus

**Thursday - April 27**

TIMES AND ROUTES: 6:00 PM, about 10 miles, mixture of streets, alleys, bike paths, steps, sidewalks, and dirt - mountain or hybrid bikes de rigueur.

RIDE TYPE: Urban Evening ATB

LEADER: Charles Hansen H: (617) 734-0720 W: (617) 572-0277

START: BU Metcalf Building, 590 Commonwealth Ave. (At the 'Explosion' sculpture)

DIRECTIONS: Storrow Drive to Kenmore exit. Take Comm. Ave. west to the first traffic light past Kenmore Square and park. Lowlights: Explore the Fens, the Longwood medical complex, and parts of the Jamaicaway and Brookline Village.

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## Mean Streets Providence

**Saturday - April 29**

TIMES AND ROUTES: 9:00 AM / 10:00 AM

LEADERS: Charles Hansen (617) 734-0720H  
velotrain@peoplepc.com

DESCRIPTION: Join us for a Mean Streets extended trip! In the spirit of this series of urban exploration rides, we'll cycle the streets, alleys, bike paths and whatever else we find in Providence. We'll also seek out the city's institutions of culture, and spend time in museums on the RISD and Brown campuses. If you've never been to Providence before, it may surprise you with its range of attractions. Meet at the Pillar House restaurant on Rt. 16 in Newton Upper Falls (junction with Rt. 128) at 9 AM for carpooling. Optional start in Providence at 10 AM - call or e-mail for directions. Bring a bike lock; U-type strongly recommended. Lunch will be at a restaurant in Providence. This is an all-day event.



## CRW TRIPS



### Tour of New England

**May 27-29, 2000**

Every year on Memorial Day weekend the CRW runs a three day bike ride through the six New England states. The first day the ride will start in MA and then it goes through RI and CN, back through MA and the ride will end in Brattleboro VT. The second day we ride from Brattleboro to Dover NH. On the third day we return to Braintree MA via ME.

On the first day most of those riding stop for breaks in Uxbridge, Oxford, and we stop for lunch at the country store in Petersham. After cleaning up at the motel in Brattleboro many of the riders walk to the Steak Out restaurant for the all you can eat buffet. On the second day the Stoddard NH fire department runs an all you can eat breakfast that cost \$5. Stoddard is about 8 miles from the motel in Brattleboro. It is on the route to the motel in Dover. On the third day we go from Dover into ME and then down the coast of NH and MA. Upon finishing there is a pizza party in Braintree.

There are two starting points for the ride they are Uxbridge MA (314 miles) and Braintree MA (356 miles).

The cost of the ride will be \$90. The cost includes two nights in a motel (double occupancy), baggage transportation, detailed queue sheets and a party at the end of the ride.

Anyone interested please call Gerry Goode at (781) 843-6283 or e-mail at Wsworked@aol.com.

## Apple Valley Ride

**Sunday - April 30**

TIMES: Long at 9:30; Short at 10:00

RIDE TYPE: Arrowed with Cue Sheet

LEADERS: Peter Brooks, (617-926-5735)

HIGHLIGHTS: Nashoba Valley, Apple blossoms?, Great Brook Farm

START: Commuter Rail Parking Lot, South Lincoln, next to shopping center.

DESCRIPTION: Both rides are rolling, Long ride is 50 miles through Sudbury, Boxborough, Littleton, Carlisle, & Concord. The short ride is 25 miles including Sudbury Maynard, Acton, & Concord.

DIRECTIONS: From 128 take Rt. 2 west to Bedford Rd south to Lincoln Center. (This is the five corner intersection at Trapelo Rd, the library and a big flower pot at the intersection) Continue straight on Lincoln Rd to South Lincoln. The Lincoln Guide Service (bike shop) will be on the left, shopping center on the right. Take the second right into the RR parking lot. If you cross the RR tracks, you just missed it.

### MDDM 2000 - 16th Annual Memorial Day Dash to Montreal

**May 25-29, 2000**

Thursday night stay at a ski lodge (motel option) near Montpelier, Vermont. Friday morning drive to Gordon Landing in the Lake Champlain Islands. Park cars, put gear in sag van, and cycle north through the beautiful Lake Champlain Islands. Ride 77 absolutely flat miles to Montreal, where we stay in the downtown Youth Hostel (couples rooms available). Saturday & Sunday are free days with many options - cycling, cultural and otherwise. Monday ride 73 miles back to the cars on the New York side of the lake, ending with a short ferry ride. NOTE: Although there are no hills, this can be a tough ride due to strong headwinds! \$150 trip fee includes 4 nights lodging, 4 meals, sag support, tour T-shirt and extensive literature. Call for info or to register. Leader: Charles Hansen H: (617) 734-0720 W: (617) 572-0277 E-mail: velotrain@peoplepc.com

### TALCAM - Tour Around Lake Champlain, Adirondacks & Montreal

**July 29 - August 6, 2000**

Join us for our third annual midsummer tour circumnavigating beautiful Lake Champlain, with two nights in downtown Montreal. Starting from Whitehall, NY (the southern tip of Lake Champlain, between Albany and Rutland) we cycle north

on the Vermont side of Lake Champlain, staying close to the shore and generally following the Lake Champlain Bikeways route. After a free day in cosmopolitan Montreal, we return south through the beautiful Lake Champlain Islands and along the New York shore with two days of riding in the Adirondacks and a night in Lake Placid. Daily mileage is usually 60-70 miles; longer options available. Lodging will be in hotels, motels and inns. Cost of \$825 includes lodging, sag van, excellent picnic-style road lunches, five breakfasts, two gourmet dinners, T-shirt, and extensive tour literature. Leader: Charles Hansen H: (617) 734-0720 W: (617) 572-0277 E-mail: velotrain@peoplepc.com

## AYH "Cape in a Day (Plus One)" Century Bicycle Weekend Sat - Sun, Jun 24-25

Join the New England Council of Hostelling International - American Youth Hostels on their annual Cape Cod ride. The trip consists of a century bicycle ride from Boston to N.Truro (120 miles) or Eastham (100 miles) on Saturday, time to tour Provincetown or relax on nearby beaches Sunday morning, and a ferry ride back to Boston late Sunday afternoon. The cost of \$75 includes four meals, lots of snacks, hostel lodg-

ing, sag wagon support for luggage and breakdowns on Saturday, and the ferry. Send full payment (refundable until June 1st) along with name, address, phone #'s and hostel choice (if any) to trip leader Seth Davis, 60 Albemarle Ave., Lexington, MA 02420. For more information, call Shari at (617) 258-1814, or send a self-addressed stamped envelope to the trip leader.

## Cape Cod & Woods Hole Double Century Saturday, July 8, 2000

The Cape Cod Double Century 203 miles, with bailouts at 57, 108, & 164 miles. The route is on scenic, flat, fast, and quiet (mostly) back roads passing through Canton, Easton, Lakeville, Wareham, Woods Hole, Falmouth, Plymouth, Carver, Walpole, Dover, et. al. Perfect for tandems and fixed gears. Registration in the Putterham Circle Golf Course parking lot, Brookline, MA at 4:15 am, and departure at 4:40 am SHARP. Flashers suggested, lights not required. Leader: Pete Knox, (617) 731-5944. Download your cue sheet from the website (<http://www.crw.org>) when it's available or call the leader in advance to reserve a cue sheet.

## Cyber WheelPeople

We've had a number of inquiries over the years as to electronic distribution of WheelPeople. So we've decided to start a trial program for people who would like to receive their WheelPeople electronically instead of hard copy.

If you'd like to try out this method of distribution, send an e-mail to [jdonohue@world.std.com](mailto:jdonohue@world.std.com) from the e-mail address to which you'd like the WheelPeople sent. You will receive an e-mail containing the WheelPeople as a PDF file. You'll need Adobe Acrobat Reader 3.0 or greater to read this attachment. You can download this program from:

<http://www.adobe.com/products/acrobat/readstep.html>

### March Board Meeting - continued from page 3

point of this event is to avoid scheduling conflicts between clubs. This series would give people more opportunities to ride and would give more clubs opportunity to earn money. Rich Fields will follow up and report to the Century Committee.

Bike Month - Marty Weinstock

Earth Day - There will be valet bike parking, Charles Hansen will be doing a flat tire clinic. Should we have a CRW banner out there along with brochures? We should have details on this available in time for the May issue of Wheelpeople.

The meeting was concluded at 9:45 p.m.

The next board meeting is on April 4th at 7:30 p.m.

### Spring 2000 Introductory Ride Series - continued from page 1

These rides are for CRW newcomers or for anyone who is getting back to bike riding or who just wants to start off the season with a more casual ride. We do a scenic, essentially flat 19 - mile route in Needham and Dover. The focus is on group riding skill, safety, general cycling technique and good old fun. We generally break into smaller groups so that everyone can ride at their own comfort level. And after the ride we hang out at Starbucks.

You do not have to be a club member to participate, but EVERYONE must wear a helmet. Feel free to call any of the ride leaders with questions.

Leaders: Eli Post (617-547-6778 / [elipost@mediaone.net](mailto:elipost@mediaone.net))  
Fred Kresse (781-444-1775 / [drz@xpres.net](mailto:drz@xpres.net))  
Jenny Craddock (617-332-4098 / [jenny\\_craddock@newton.mec.edu](mailto:jenny_craddock@newton.mec.edu))  
Beth McLaughlin (617-542-2319 / [elizabeth.mclaughlin@fmr.com](mailto:elizabeth.mclaughlin@fmr.com))

And occasional Special Guest leaders.

Directions: From Rt. 128 take Exit 19B (Highland Ave.) toward Needham. At the very first light, turn left onto Hunting Rd. At the next light, turn left again and cross over Rt. 128. Go barely 1/2 a mile, cross the Charles River and make an IMMEDIATE left into the Nahanton Park lot. We'll see you there. C'mon down!



## Celebrate The Rites of Spring with CRW Sunday May 21, 2000

Event held Rain or Shine or SNOW

Join The Charles River Wheelmen on one of four beautiful routes on slightly rolling rural roads through the Merrimack Valley of northeastern Massachusetts and southern New Hampshire. Our 100 mile ride will take you through Exeter and Hampton Falls, NH. The other routes travel through such towns as Boxford, Groveland and Topsfield. All routes pass through the Harold Parker State Forest.

**START -** Wakefield High School, Rte 129 & Farm Street, 1 mi. east of Wakefield Ctr.  
*Take Rte 128 to the Rte 129 exit, #40. Follow signs for 129 East for 1 1/2 miles to the center. Follow 129 east as it turns left. Approx. 1 mile past the center turn right onto Farm Street. The High School is 1/4 mile on the left.*

**TIMES -** 7:30 - 100 miles *Full Century*  
9:30 - 62 & 50 miles *Metric & Half Century*  
10:30 - 25 miles *Quarter Century*  
*Please arrive at least 1/2 hour prior to the start for a mandatory pre-ride meeting. All riders are required to register and sign our liability waiver.*

**COST -** Pre-registration: CRW members - **\$8.00** Non members - **\$10.00**  
*Refunds available until May 14, 2000*  
Day of the event: CRW members - **\$12.00** Non members - **\$15.00**

- Fully arrowed routes with CRW precision with a map and cue sheet for each ride
- Water & food stops on the longer routes
- CRW water bottle for all entrants
- Technical and mechanical support by **Cycle Loft**  
*Please arrive at least 45 minutes early if you want your bike checked before a ride*
- After ride gala including our usual array of food & general camaraderie.
- CRW jerseys and T-shirts will be available for purchase

**For Position Only**  
This page to be replaced with attached pdf ad

### PRE-REGISTRATION FORM

*This form must be received by May 14, 2000*

*There are no confirmations sent, once this form is mailed you are automatically registered.*

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

State & Zip \_\_\_\_\_

Which Ride do you intend to complete:  100  62  50  25

CRW Member - \$8.00  Non Member - \$10.00

Please include your check made out to CRW and mail with this completed form to:

**CRW Century, Jack Donohue, 26 Fox Run Rd., Bedford MA 01730**

Total Enclosed

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**Click . . . Click** - continued from page 1

of the few clubs that holds an organized spring century, not to mention Climb To The Clouds in July and our Souhegan River Ride fall century in September. What great events. Just show up, pay your money at the registration table, pick up a map and cue sheet, a quick trip to the Porta-John, then off on a well arrowed route. If you are on the century there are two staffed water and food stops. At the spring and fall events there is a well stocked food table waiting for you when you return. You hang around to socialize a while then go home in time to take a nap before a well deserved dinner. All this while a crew of CRW volunteers is cleaning up and probably will not leave the site until after 6:00 PM. Some of these volunteers were there at 6:00 in the morning - all to ensure you enjoy a well run event.

Way back in January (a month ago) the discussions started to be sure the Rides Committee, the Board of Directors, and the Century Committee all agree on the predetermined dates we usually use for these century events. The PR notices have been sent out to the publications that list these events. The company we use for rental of the Porta-Johns has already scheduled our three events. Permits have been obtained for use of the various facilities. Cycle Loft has already agreed to provide tech support. All this in January, wow, are we organized! All that is left is the planning.

It was not always so "cookie cutter." There was a time, when one person was totally responsible for each century event, sort of a major Sunday ride with a heck of a lot more responsibility. So in 1993 we formed the Century Committee to spread out the workload and responsibilities. Susan Grieb bellied up to the task of the first chair of this committee and did a great job for several years. Granted, the events that are repeated every year become easier, but there is still a lot of planning and work to be done. We need to be sure we have arranged for all the facilities, including the sites for the water stops; and obtained the necessary permits. The water bottles we give out need to be ordered far enough in advance to be sure we have them in time for the event.

Then we need to organize the volunteer workers. As luck would have it, many of the people you see working at the century events have been loyal enough to CRW to do this year after year, some for over 10 years, now. This is a strong commitment, but we still need more people to assist with these events.

When we use a repeating route, which we have for several years, the maps and cue sheets are simply repeated from an old set of masters. If we use a new route, then it is a major job to create a complete set of masters for the four routes, 100, 62, 50 and 25.

Then we need to recruit people to repaint all the arrows. This is usually done in sections over several days by a few different people. It is imperative to check the route the day before and touch up arrows that may have been paved over, or make corrections due to construction. I once followed a paving truck with a can of paint on a Friday before Climb To The Clouds.

Last May, the Saturday before the century, Ann-Marie and I had to touch up a bunch of arrows that were badly deteriorated. We rode the route carrying cans of paint. Last September, while out riding part of the route on Saturday, I noticed a road that was going to be closed on Sunday. I was out at 6:00 AM with my trusty can of yellow paint routing a detour. Well, you get the idea.

And where would we be without Ann-Marie's relentless energy and her total commitment to being our resident "day of the event coordinator?" Can you remember a century without her? There is the dedicated group of women who are up before all of us to set up registration. Rosalie Blum, Janet Blake and Delphie Broughton have been doing this for about as long as Ann-Marie has, maybe longer.

Supplying food is a major portion of our planning. We have enjoyed the services of Monadnock Spring Water for several years, but even so, we need to be sure the CRW water jugs are available and someone has to be sure they are filled with water. Bagels and bananas have to be ordered a week or so in advance and SOMEONE needs to pick them up and deliver them to the site by 7:00 AM. This usually involves two more volunteers. In more recent years, Tom Lynch has taken on a one-person task to supply real food for your return, rather than the stash of peanut butter and cheese doodles we used to serve. (We still need the cheese doodles for Jack, though.) Tom orders the food based on the number of people we think will attend, picks it all up, brings it to the site and prepares it, then makes sure we do not run out. At the end of the day, he picks up all the leftovers. Quite a bit of work and a strong commitment to CRW for one person.

A small item, the tables and chairs we use, need to be ordered, delivered to the site, packed up at the end of the day and returned. Lately, Don Blake has taken on this task. Personally, I think he just likes driving a truck twice a year. But Don does get the job done.

Ann-Marie takes on the task of recruiting and scheduling the constantly changing band of people who check in the riders. She also recruits those who are kind enough to stay to the bitter end to clean up the mess that is left. When she goes into recruiting mode, if you do not want to be tagged, do not even think of making eye contact with her.

And then there are the volunteers at the rest areas who, keep the food supplied, the water jugs full, pump all that water, then clean up before they close the station. These are people who volunteer not to ride that day and work for the club, principally for your enjoyment.

So, what have I missed? One thing missing is you. That's right, volunteering for any one of these three events is a great way to get involved and pay back the club for all the great events you have attended over the years. One person who has volunteered for Climb To The Clouds several years now told me he just likes seeing all the pain when riders come into the Berlin Orchards water stop. Whatever your pleasure. But without all these wonderful, dedicated volunteers we would not have these fun events.

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# Rally Round the League

The League of American Bicyclists invites you to three National Rallies of Cyclists next summer. Kick off cycling's next millennium riding in Pennsylvania, Minnesota and Washington State.

## **The Covered Bridge Rally**

**June 2-5, 2000**

**Bloomsburg University  
Bloomsburg, Pennsylvania**

**by The Susquehanna Bicycle Racing Team**

Welcome to scenic central Pennsylvania! Twenty-two picturesque covered bridges await you in Columbia County, site of the League of American Bicyclists' Covered Bridge Rally. Though only three hours from Philadelphia, Baltimore, and New York City, you will feel as though you have been transported to a different time and tempo as you explore the charms of Bloomsburg and the surrounding countryside.

Numerous excellent rides have been designed to showcase our many covered bridges. We have modified the course of the annual Covered Bridge Classic, which features 14 covered bridges in 75 miles, to suit riders of all levels. Regardless of the distance you choose to ride, we guarantee you will visit at least one covered bridge per day— usually more.

If you love a challenging century, you won't want to miss this Rally! Our southern route encompasses six covered bridges and a bison ranch, and our northern route travels to seven covered bridges, scenic Rickett's Glen State Park, and the Montour Preserve natural recreation area. The northern routes will enable all distance riders to visit several bridges, including East and West Paden, the only twin covered bridges in the United States.

The hills aren't the only roller coasters in the area. Knoebels, Pennsylvania's oldest amusement park and home to one of the top 10 roller coasters in the world, is within cycling distance of Bloomsburg University. Admission to the park is free, and rides are pay-as-you-go. It is a great place to take the kids for an afternoon of entertainment.

We think you will enjoy cycling in Columbia County and exploring our town as much as we do, so come join us for four days of cycling fun at the Covered Bridge Rally!

## **The Minnesota Lakes & Rivers Rally**

**June 30-July 3, 2000**

**University of St. Thomas  
St. Paul, Minnesota**

**by The Twin Cities Cycling Club**

The Twin Cities area awaits your exploration. Whatever type of bicycling you enjoy, we have it here. The wide variety of

topography, scenery, and places to bike ensure great rides for all types of riders. Twin Cities Cycling Club members have designed rides you will never forget. It's all here for you at the League's Minnesota Lakes & Rivers Rally— don't miss it!

Explore river bluffs and lowlands along the Mississippi, Minnesota, and St. Croix rivers that offer awesome vistas both on and off-road. You will cycle to historic sites, beautiful lakes and beaches, and graceful neighborhoods. You can even follow in the tire tracks of a Victorian high wheeler on a cycle-tou of Victorian St. Paul!

Want hills? We have plenty, courtesy of the last glacier some 10,000 years ago, and they can challenge the strongest hill-climbers. We have flat rides too, courtesy of the same glacier. Minneapolis and St. Paul are filled with lakes and wetlands connected by smooth roads with wide shoulders and an extensive system of bicycle paths.

Want solitude? Our maps and cue sheets have excellent detail and routes are clearly marked, so you can opt to strike out on your own and ride at your own pace. Sag vehicles will patrol the routes. If you prefer companionship, ride departures throughout the day will enable you to connect with local and visiting cyclists. Our club members are eager to ride with you and show you their favorite sights.

Check out the excitement of track-biking at the National Sports Center Foundation in Blaine, where tours and try outs of the all-wooden velodrome will be offered. Join the "Mountain Biking for Absolute Beginners" clinic hosted by Quality Bicycle Products and the Minnesota Off-Road Cyclists, cruise many of the 200 miles of local paved bicycle paths, or join local riders on challenging trails. Pit yourself against the clock at a time trial sponsored by the Youth Cycling League, or join the Gopher Wheelmen racing club for a fast-paced training ride.

## **Cascades to the Coast Rally**

**August 18-21, 2000**

**Western Washington University  
Bellingham, Washington**

**by The Mt. Baker and Skagit Bicycle Clubs**

The Mt. Baker Bicycle Club and the Skagit Bicycle Club invite you to their Pacific Northwest paradise. The League's Cascades to the Coast Rally in Bellingham is the perfect way to begin or continue exploring the Pacific Northwest. Nestled in the foothills of the Cascade Mountains, Bellingham is a small, scenic town overlooking the San Juan Islands. Just 45 miles

*Continued on page 12*

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**League of American Bicyclists Rallies** - continued from page 11

south of Vancouver and 85 miles north of Seattle, this area provides ready access to country lanes, rolling farmland, and spectacular coastal vistas.

If it is hills you seek, you will find them. After all, snowcapped Mt. Baker (5,140') is only 58 miles away. If you prefer flat to rolling rides, you will find those, too, along our many lakes, rivers, and bays. And islands? We've got islands! On the optional day trip to San Juan Island, you can explore on roads with wide shoulders, wander through shops, galleries, and restaurants, or take a whale watching cruise. You can pedal along the coast and take a six-minute ferry ride to the tranquil beaches and quiet country roads of Lummi Island. Samish Island boasts spectacular views, produce stands, and fresh oysters, crab, and other shellfish. Samish is reached via scenic Chuckanut Drive, which rolls along the bay shore, offering vistas of the San Juan Islands and numerous picnic spots and hiking trails.

We welcome you to explore our communities, starting with the historic areas of downtown Bellingham and Fairhaven, both convenient to the University. Our routes will lead you to the Dutch farm community of Lynden, the coastal town of LaConner, the pioneer heritage sites of Ferndale, and the appropriately named Bay View, home to the Padilla Bay Shore Trail and Interpretive Center.

Begin your vacation in Seattle, joining riders from the Cascade Bicycle Club (CBC) for a Century to the Rally on Thursday, August 17. Round out your vacation with five days of cycling along the Columbia River from the coast to the mountains with the CBC's Ride Around Washington. Don't miss the fun!

For further information on the League's 2000 Rallies, visit [www.bikeleague.org](http://www.bikeleague.org) or call (202) 822-1333.

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## **WBOS EarthFest on April 22nd Welcomes Cyclists**

### **MassBike to Provide Valet Bicycle Parking at Esplanade Event**

The Earth Day Network <[www.earthday.net](http://www.earthday.net)> is organizing a series of events around the world to build awareness for the need to wisely use the Earth's natural resources. Earth Day 2000 will be celebrated in Boston on April 22nd at the WBOS EarthFest on the Charles River Esplanade. Expect to see musical acts performing all day long and hundreds of earth-friendly exhibitors lining the banks of the Charles.

MassBike, working with WBOS, the event's major sponsor, will make the event more accessible to cyclists by providing free, secure bicycle parking all day. Just bring your bike over to the corral and you'll be given a claim ticket for your bike by a MassBike volunteer.

MassBike is launching this valet parking service to encourage greater bike readership to public events, taking a cue from similar successful services offered by both the San Francisco and Maine Bicycle Coalitions. MassBike will also be offering helmet fit-checking, tire inflations, and test rides on folding and recumbent bikes.

MassBike encourages town bicycle committees to plan an Earth Day ride to the Esplanade. MassBike will provide town committees with a suggested route and accompanying map free of charge

Anyone wishing to help out on Earth Day at the bike corral or the MassBike tent should contact MassBike at 617-542-2453 or [bikexec@massbike.org](mailto:bikexec@massbike.org).

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**The Big Event** - continued from page 1

Please use tags, not tape or stickers. When an item is sold, we remove the tag for inventory. We have free tags. On one side of the tag, write the asking price and any pertinent info (size, condition, etc.). On the other side, write "CRW", and your name. It's a good idea to tag everything before bringing it to the Hunt Center, the first couple hours tend to be busy. The CRW tables will be on the right front side of the Hunt gym. Sales of bicycles (not parts) will be held outside in the basketball court to the left of the Hunt Center. The Big Event gets 15% of the selling price, to defer costs. At the end of the day, it is the responsibility of the seller to pick up any of their unsold items.

There will also be bike rides from Concord Common that day at 11:00 and 1:00. We could use some ride leaders to lead those rides. Arrowing will already be done and cue sheets provided. All you have to do is lead.

There is limited parking at the Hunt Center, so if you are going to do the rides, you will probably want to park at the municipal lot on Keyes Rd. (1st R off Main St. when going west from town common).

Directions: Go west on Main St. from town common, take 2nd L onto Sudbury Rd., take L onto Stow St. The Hunt Center is the 3rd large building on the R.

For more info, other tagging ideas, or to volunteer, call Eric Ferioli at 781-235-4762. If you call and someone other than myself answers, please try again later. Best time to call is 9:00 PM to midnight.



**2000 Boston Brevet** - continued from page 1

the Connecticut River Valley; and the 600k goes through the Berkshires to New York and back. This years schedule is designed to help riders peak for Boston-Montreal-Boston (1200k, 750 Mi., 90 hour limit), August 17-20.

All rides are supported with checkpoints every 40 to 60 miles. Checkpoints are stocked with water and a variety of food (fruit, sandwich makings, cookies, etc.). Bags will be transported to and from some checkpoints on the longer rides. A "real" meal is provided late on the first day of the 600k and spartan sleeping accommodations will also be available.

For more information, contact:

Dave Jordan  
Boston Brevet Series  
PO Box 2682  
Woburn, MA 01888-1282  
(781) 674-5319

or see our web page:  
<http://www.gis.net/~bbs/>

or send e-mail:  
[dmj@exceloncorp.com](mailto:dmj@exceloncorp.com)



**WELCOME NEW MEMBERS**

Steven Belanger	Worcester
Elizabeth Carroll	Concord
John Coffey	Northboro
James Geib	Watertown
Paul Giguere	Chelmsford
Nancy Haff	Westboro
Jonathan Hart	Winthrop
James Kilpela	Wareham
Mark Libenson	Wellesley
Amanda Nourse	Brighton
William O'Brien	East Bridgewater
Richard Recchio	Easton
Ruth & Frederick Stavis	West Newton

**THE BIG EVENT**

**BICYCLES BICYCLE PARTS SPORTING GOODS  
SPORTING GOODS TAG SALE**



**SATURDAY, MAY 6, 2000  
HUNT RECREATION CENTER  
90 STOW STREET  
CONCORD CENTER**

**BICYCLING**

**CUE SHEETS/MAPPED RIDES  
& 11:00 AM 12 MILES  
1:00 PM 20 MILES  
35 MILES**

**BUY AND SELL 9<sup>30</sup> AM TO 4 PM  
ITEM TAGGING FOR SELLERS AT 7:30 AM**

**FREE TO PUBLIC**

**ALL ARE WELCOME TO BUY OR SELL**

**SPONSORED BY YOUR LOCAL BICYCLE CLUBS**

## Little Jack's Corner *by Jack Donohue*



I was passing a rider with a kid seat and I realized that with a suitable choice of accessories you could ameliorate

or aggravate the general dislike felt for cyclists by the average motorist. Basically, cyclists are looked at as creatures from the planet Zenon, and to the extent you can fool the motorist into thinking you're just like them, they will be more favorably disposed.

Here are some examples (+ points mean sweetness and light, - points mean you're on your way to becoming a hood ornament):

Kid seat ..... + 5 points  
Kid seat with actual kid .. + 10 points  
Kid seat with inflatable kid + 9 points  
(also useful when driving and trying to get into the carpool lane)

Bikes not Bombs tee shirt .... -5 points  
"I may be slow but I'm in front of you" sticker ..... - 10 points  
Lycra skin suit ..... -4 points  
Flannel shirt and cutoff jeans ..... + 4 points  
Darth Vader style helmet ..... -3 points  
Baseball cap turned backwards ..... + 3 points  
Disk wheels ..... -2 points  
Trainer wheels ..... +2 points  
Aero bars ..... -3 points  
Drop bars turned upside down ..... + 3 points  
Clipless pedals and shoes .... -3 points  
Hightop sneakers ..... + 3 points  
And for sheer shock value we have:  
Tandem ..... + 5 points  
Tandem with kid trailer .... + 10 points  
(adjust appropriately for kid, inflatable, etc.)

We do have some articles whose positive or negative value is debatable.

Milk crate on your rack

This shows you're not one of those Lycra clad weirdos but a normal Joe (or Jane) just trying to schlep themselves and their stuff around. On the other hand, you could be interpreted as a pinko hippy degenerate who's too cheap to support our economy by buying proper panniers, but would rather rip off corporate America (i.e., the Hood milk company).

Attache case style panniers

This shows you're part of the work force, not some useless ne'er-do-well who's out riding his bike while honest folks are going to their dead end jobs to earn a living. On the other hand, your three piece cycling suit may not endear you to the pickup truck drivers, while the Lexus drivers will scorn you as being a disgrace to the breed.

### **ATTENTION BIKERS / HIKERS / SKIERS / SNOWSHOERS**

#### **OWN A PIECE OF AUTHENTIC VERMONT!**

Just 3 1/2 hours from Boston, five miles from Burke Mountain (fantastic cross country and downhill skiing, and miles of mountain biking trails) in the unspoiled Northeast Kingdom of Vermont. A turn of the century historic sugarhouse converted to year-round use, with separate bedroom, bath, loft and open kitchen/living room. In addition, a huge two story passive solar 10 year old building, with a workshop/garage on the first floor, and an apartment above awaiting your finishing touch! Separate utilities, you can live in one and rent out the other! Easily accessible, it includes 10 acres, a gorgeous stream with cedar sauna, sugar woods with walking trails, and established perennial and vegetable gardens. Low taxes, great views, and friendly neighbors complete the picture. \$120,000. Call Walter or Joan McNeil at 1-800-769-2788 anytime.

### **CLASSIFIED ADS**

CRW members may submit ads at no charge. Submit the copy to the editor as described on page 2.

For Sale

Univega Via Chrisma hybrid/touring bike, 58 cm butted cromoly frame, 21 low gears, forks have lowrider mounts. Excellent condition, \$225

New Trek Matrix mountain tires, 26x2.1, Z Axis folding tires, \$15 each.

Eric Ferioli, 781-235-4762, 9 PM - midnight

For Sale

CANNONDALE Road, 53cm, prof. tuned, superb cond., \$550. Little Old Lady looking to upgrade to T 700 or better

CANNONDALE MT Bike, F500, 17", "new cond", Orig. \$850. Asking \$650.

PEUGEOT Marseille, Student/ Women size, Great body needs tuning \$125

Contact Nancy Haff (508-616-9549) before 9 or NJHaff@aol.com.

# February Mileage Totals

# 1 9 5 4 6



## Mileage Table Explained

Miles are year-to-date totals. The M column indicates the number of months the rider reported completing a metric century. The C column shows the number of months with a hundred mile century, and the K column is the number of months with 1000 or more miles.

Report mileage by the fifth of each month to: Ed Trumbull, 19 Chase Avenue, West Newton, MA 02465 (617) 332-8546.

	Miles	M	C	K		Miles	M	C	K
Larry Dolinsky	1947	2	-	-	Joe Marcal	337	-	-	-
Bruce Ingle	1663	2	-	-	Gerald Goode	291	-	-	-
Joan Dolinsky	1397	2	-	-	Marc Baskin	281	-	-	-
Irving Kurki	1392	-	-	-	John Allen	197	-	-	-
Martin Estner	1221	2	2	-	Ted Hamann	172	-	-	-
Jack Donohue	1159	-	-	-	Dick Arsenault	164	-	-	-
John Bayley	1001	2	-	-	Jim Broughton	135	-	-	-
Pamela Blalock	956	2	-	-	Jeff Luxenberg	131	-	-	-
Melinda Lyon	926	-	-	-	Ken Hablow	117	-	-	-
David Wean	729	-	-	-	Mike Kerrigan	112	-	-	-
Tod Rodger	690	1	-	-	Jim Merrick	107	-	-	-
Ed Hoffer	684	-	-	-	Susan Grieb	94	-	-	-
Joe Repole	610	2	2	-	Ed Trumbull	94	-	-	-
Peter Brooks	537	-	-	-	John Kane	90	-	-	-
Bill Widnall	497	2	2	-	Elisse Ghitelman	50	-	-	-
Avram Baskin	492	-	-	-	Richard Lynch	29	-	-	-
Bob Sawyer	452	-	-	-	Jared Luxenberg	23	-	-	-
Glenn Ketterle	396	-	-	-	Tracy Ingle	9	-	-	-
Peter Knox	377	-	-	-	Emily Wean	5	-	-	-

## CRW Cycling Jersey

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Please include your phone number  
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## THESE FINE BIKE SHOPS OFFER DISCOUNTS TO CRW MEMBERS

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- Back Bay Cycles**  
333 Newbury St., Boston (617) 247-2336
- Belmont Wheelworks**  
480 Trapelo Rd., Belmont (617) 489-3577
- Bicycle Bill**  
253 North Harvard St., Allston (617) 783-5636
- Bicycle Classics**  
36 Park Street, Medfield (508) 359-1941
- Bicycle Exchange at Porter Square**  
2067 Mass. Ave., Cambridge (617) 864-1300
- Bicycle Workshop**  
259 Mass. Ave., Cambridge (617) 876-6555
- Bike Express**  
96 N. Main St. Randolph (800) 391-2453
- Bikeway Source**  
111 South Road, Bedford (781) 275-7799
- Broadway Bicycle School**  
351 Broadway, Cambridge (617) 868-3392
- Burlington Cycle and Fitness**  
330 Cambridge St., Burlington (781) 272-8400
- Chelmsford Cyclery**  
7 Summer St., Chelmsford (978) 256-1528
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- Cycle Loft**  
28 Cambridge St., Burlington (781) 272-0870
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403 Washington St., Dedham (781) 326-1531
- Farina Cycle**  
61 Galen St., Watertown (617) 926-1717
- Fat Dog Pro Shop**  
940 High St., Westwood (781) 251-9447
- Ferris Wheels Bicycle Shop**  
64 South St., Jamaica Plain (617) 522-7082

- Frank's Bicycle Barn**  
123 Worcester Tpk, Westborough (508) 366-1770
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119 Boston Post Rd., Sudbury (978) 443-6696  
877 Main St., Waltham (781) 894-2768
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1355 Washington St., W. Newton (617) 244-1040
- International Bicycle Center**  
89 Brighton Ave., Allston (617) 783-5804  
66 Needham St., Newton (617) 527-0967
- Landry's Cycling and Fitness**  
151 Endicott St., Danvers (978) 777-3337  
574 Washington St., Easton (978) 230-8882  
303 Worcester Rd., Framingham (508) 875-5158  
1 Oak Street, Westborough (508) 836-3878
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25 Bessom St., Marblehead (781) 631-1570
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102 Washington St., So. Attleboro (508) 761-4500
- Northeast Bicycles**  
102 Broadway, Rt. 1, Saugus (781) 233-2664

- Peter White Cycles**  
666 Mass. Ave., Acton (978) 635-0969
- Pro Cycles**  
458 Main St., Melrose (781) 662-2813
- St. Moritz**  
475 Washington St., Wellesley (781) 235-6669
- Ski Market, Ltd.**  
Auburn, 322 South Bridge St. (508) 832-8111  
Boston, 860 Commonwealth Ave. (617) 731-6100  
Braintree, 400 Franklin St. (781) 848-3733  
Burlington, CrossRoads Ctr. (781) 272-2222  
Danvers, Endicott Plaza (978) 774-3344  
Framingham, 686 Worcester Rd. (508) 875-5253
- Town and Country Bicycle**  
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- Travis Cycles**  
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Charles River Wheelmen  
19 Chase Avenue  
West Newton, MA 02465

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## Join The Charles River Wheelmen

Charles River Wheelmen (CRW) dues include membership in the League of American Bicyclists (LAB). Do NOT make payments to LAB directly.  
In consideration of being permitted to participate in any way in the Charles River Wheelmen (CRW) sponsored bicycling activities, I for myself, my personal representatives, assigns, heirs, and next of kin:  
1. acknowledge, agree and represent that I understand the nature of bicycling activities and that I am qualified to participate in such activities. I further acknowledge that the Activities will be conducted over public roads and facilities open to the public during the Activities and upon which hazards of traveling are to be expected. I further, agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity.  
2. fully understand that: (a) Bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and the risk of death; (b) these risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activities, the conditions in which the activities take place, or the negligence of the other participants designated below; (c) there may be other risks and social or economic losses either not known to me or not readily foreseeable at the time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation in the Activities;  
3. hereby release, discharge, govern not to sue, and agree to indemnify and save and hold harmless CRW, the League of American Bicyclists (LAB), their representatives, administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activities take place (each considered one of the participants herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the participants or otherwise, including negligent rescue operations.  
I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance notwithstanding shall continue in full force and effect.

Date \_\_\_\_\_ Date of Birth \_\_\_\_\_

Signature(s) \_\_\_\_\_

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

Phone (eve.) \_\_\_\_\_ (day) \_\_\_\_\_

We sometimes allow bicycled-related companies the use of our membership list.

Check this box if you don't want to receive mailings from these companies.

We publish an annual member directory that is available only to club members. Check this box if you don't want your name, address and home phone number on this list.

CRW Membership Fees *	1 year	2 years	3 years
Individual	\$35	\$67	\$99
Household	\$40	\$76	\$112

Additional contributions to CRW (\$1, \$5, ...) are greatly appreciated!

\*Contact David Balzotti, 617 576-9878 if you are an LAB life member.

Make check or money order payable to Charles River Wheelmen and send completed form and membership fees to David Balzotti, 53 Dogwood Road North, Hubbardston, MA 01452

I'd like to help with the activities checked below. Please have someone contact me:

- Ride Leader  Publicity  Legislative Action
- Safety  Membership  Newsletter
- Host a post-ride party  Special Events
- Other \_\_\_\_\_



### Renewal or Change of Address?

Don't miss a single issue of WheelPeople! Send your renewal or change of address to our Membership Coordinator:

David Balzotti, 53 Dogwood Road North, Hubbardston, MA 01452