


Wheel People

Newsletter of The Charles River Wheelmen

On the roads of New England since 1966

Volume XXV, Number 7 • July, 2001

Erv Pfau - 1925 - 2001

-by John Kane

For those of you who recognize the name I'm sure a smile of remembered fellowship broke out on your face as you recalled Erv and how much easier bicycling was when you were a quarter century younger. Unhappily I report that Erv passed away on Sunday, May 27, of pancreatic cancer. For the rest of you, Erv was a CRW member in the 70s, president around 1976 - 1977 and the recipient of the club's Percy Anderson (now Al Lester) Award in 1977.

Erv's greatest bicycling memorial is the strong rides program he and Ed Trumbull developed for the CRW in the four years they were VP of Rides. At the time we only had about 400 members but we had as active a Sunday rides program as we do today with 1000 members. Their scheduling method was strongly centered on "inviting" regular ride participants to lead their own favorite rides. Erv also coined the term "Frostbite Ride" to describe our winter rides based on a similar activity in sailing, another of his interests. Perhaps Erv's biggest joke on CRW riders was his long touted FATONWSOB ride.

His elfish grin teased us for months with the acronym and finally on ride day we found it stood for First Annual Tour of the Northwest Suburbs of Boston. We went through FAT..., SAT..., TAT... and FAT... at least. I know it sounds silly but it had an air of whimsy because of the way Erv publicized it, in spite of that hill in Burlington. A new job took Erv from our area where he had been the Director of the Computer Center at BU to a similar position at Tulane and then he ended up at Colgate where he oversaw the wiring of the campus for the Internet.

Erv enters my thoughts at least a couple of times each winter when I remember that during the 70s it was the fashion for many of us to wear knickers on winter rides but Erv never did. He told me once this was because he had to wear knickers until he was bar mitzvah and he just couldn't bring himself to do so again.

I haven't seen Erv since the 1980 LAW 100th anniversary rally at URI, Kingston, RI but I've thought of him many times since then. I always see him in my mind's eye astride a bike and, the knickers explanation excluded, wearing a grin like he was an 18 year old who had just hidden a cold six-pack behind the garage.

Erv, we still benefit from your work and those of us who knew you miss you, truly.

A Few Good People

We need a few people Sunday, July 15 to help with the 10th anniversary of Climb To The Clouds. We need volunteers for the two water stops and to help with registration in both Concord and Bolton. To volunteer, please contact Ken Hابلow, 781-895-1927 or khablow@kgraphics.com.

Century Committee Meeting

August 9

Join the century committee for it's first meeting of 2001 on Thursday, August 9 at Jack and Susan's house in Bedford. RSVP and directions with Melinda Lyon, melindalyon@juno.com, 978-887-5755. Pizza @ 6:30PM with the meeting @ 7:30PM. This is very informal planning of the fall century in Carlisle. We welcome new members to the century committee!

Successful Spring Sunday

by Melinda Lyon, Century Committee

Sunday May 20 dawned cool and cloudy for our annual North to New Hampshire Spring Century out of Wakefield High School with a forecast for more clouds that day. The cycling gods shone on us though as the sun broke through after the first wave of 100 milers were on the road north. A cool ocean breeze kept the heat off throughout the day. 100 intrepid riders ordered the 100 mile option with 180 others opting for the metric century, 50 or 25 mile routes. Nobody needed a sag ride as all got back under two wheel power for the awesome picnic put out by Tom Lynch-CRW chef extraordinaire. He was assisted by Larissa Hordynsky, Mary O'Brien and Susan Grieb in supplying ravenous bikers with all of the essential riding foods-bananas, bagels, cookies, sandwiches and other goodies. Our usual water supplier

Successful Sunday - continued on page 5

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The Charles River Wheelmen is a group of active adult bicyclists which sponsors a year-round program to promote the enjoyment of cycling. During the regular season - early Spring to late Fall - at least two ride loops are available every Sunday, designed to be ridden at your own pace. The Sunday rides, are arrowed in advance, and maps or cue sheets are generally provided. There are also rides each Saturday and during the week. Our Winter rides program, The Second Season, is more informal; the route and pace are decided by those who show up. We also hold social events and related activities.



CRW members receive *WheelPeople*, the Club's newsletter. CRW is also an associated club of the League of American Bicyclists. Address correspondence to:

The Charles River Wheelmen - 19 Chase Avenue - West Newton, MA 02465

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Steve Kolek	2002	(781) 674-1090
Tod Rodger	2003	(978) 456-8654
Bob Sawyer	2001	(781) 275-6533
Ann-Marie Starck	2002	(508) 877-0178
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	Barbara Bix	(617) 964-8193

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Saturday Rides	Connie Farb	(617) 497-0641
	Cheryl Young	(617) 625-6362
Sunday Rides	Tod Rodger	(978) 456-8654
Winter Rides	Eric Ferioli	(781) 235-4762
Intro Rides	Fred Kresse	(781) 444-1775
Century Committee	Melinda Lyon	(978) 887-5755
Wednesday Fitness and Masters Ride	Dave McElwaine	(781) 821-8643
Wednesday Wheelers	Dick Arsenaault	(781) 272-1771
Wednesday Ice Cream Ride	Gabor Demjen	(781) 237-0602
	Eric Evans	(617) 527-0517
Thursday Fitness Rides	Peter Mason	(781) 646-5106
Friday Rides	Steve and Kate Mashl	(978) 244-0286
Saturday Fitness Rides	Dave McElwaine	(781) 821-8643
	Mark Dionne	(617) 965-5558
Sunday Fitness Rides	Carl Howerton	(781) 837-9777

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Editorial Policy



We welcome contributions to this newsletter, but reserve the right to edit articles in any way that we deem appropriate.

We will make every effort to preserve both the style and intent of the author, but we may rewrite an article to fit available space, to clarify ambiguities in the text, and to correct factual errors.

Articles and other materials which appear in *WheelPeople*, unless specifically identified as editorial policy, represent the opinion of the author, and do not represent the opinions of the editors, coordinators, officers, or board of directors of The Charles River Wheelmen, Inc.



How To Send Us Your Article

Articles and letters must be received by the 5th of the month to be included in the next issue of *WheelPeople*.

Mail handwritten or typewritten documents or articles on floppy disk to Jack Donohue, 26 Fox Run Road, Bedford, MA 01730. *Note: floppy disks will not be returned.*

Documents produced on computer may be sent electronically via Internet to Jack at JDONOHUE@world.std.com. Your document must be in "text" mode.

Articles submitted to *WheelPeople* may also be published on the CRW web site unless the author instructs otherwise.

Insurance

If ride leaders or others have questions about insurance, contact Don Blake at (781) 275-7878. Please do *not* contact the insurance company.

Advertising Rates

Half Page	\$65.00	Third Page	\$45.00
Quarter Page	\$35.00	Eighth Page	\$20.00
For more information please contact Marty Weinstock at 617-491-6523 or 617-331-9299			

CRW BOARD MEETING MINUTES



June 5, 2001

In attendance

Barry Nelson, Cindy Sragg, Ann-Marie Starck, Tod Rodger, Don Blake, Rosalie Blum, Jim Sullivan, Dave VanAmeijden, Steve Kolek, Jack Donohue

Membership

930 - current, 35 - expired, 21 - new, 50 - renewed

Treasurer's Report

We have a healthy balance of \$27,800 in the bank. Of note on the monthly cash flow report, that charge for the volunteer hats finally came through: \$895 for hats, \$125 for logo.

George Eckert has asked that we reimburse part of his expenses for his LAB trip to Washington D.C.; Barry Nelson said we should consider doing this.

Newsletter

The complimentary mail list was reviewed and we deleted defunct shops. We are going to add Grizzly Peak Rider's, California club at Bill Widnall's request. Jack Donohue will send a letter to all bike clubs on the list to see if they want to continue getting mailing and to verify the address.

Rides News

Due to problems with Lexington Schools in getting permission to use their parking lots for ride starts, Sharon McGowan's July 8th Lexington Revolutions Ride will have its ride start at Lexington Common.

Tod Rodger said we have a new opening for 10/21 on the Rides Calendar; he's not concerned as a rain cancellation will most likely come up that will push something else into that slot.

Fall Century

Jack Donohue reported that to let us use their parking lot for the century start, Great Brook Farm will require us to pay one of their staff members for the 3 hours we will need him/her, which we agreed to do.

While Nashoba Valley Winery is no longer an option as a lunch stop for us, Ann-Marie Starck said that Meadowbrook Farm is willing to allow CRW to use their place as a lunch stop. (They have rest rooms, a place to purchase food, baked goods, etc.)

General Ride Stuff

ALL signed waiver forms are supposed to go to Don Blake. Jim Sullivan will get the word out to ride leaders on this.

Video Library

After much discussion about whether or not we should purchase new videos for the CRW video library, it was decided that there was not enough demand for them to do so. Connie Farb may offer our current selection to a local library.

CRW Advocacy Grants

We reviewed Tod Rodger's proposal on this. It had everyone's approval overall, but we agreed that rather than a dollar figure (i.e., \$4,000) we should just refer to a "commitment of funds" - the reason being that while this year we are looking at giving \$4,000 away, next year it could be less, the year after that more, etc. We don't want organizations applying for grant money to think it will always be the same amount. We also want clearer language that we will be reviewing applications for a new recipient each year so that the recipient who gets funding this year will not assume they will get it year after year.

Bicycle Bill of Rights

Paul Schimek, a CRW member and a member of Mass Bike wanted official support

Board Meeting Minutes - continued on page 10

WELCOME NEW MEMBERS

Nadir Ait-Laoussine	Somerville	Dan Fradkin	Lexington	David Perrin	Groton
Catherine Applegate, Tracey Wyatt	Boston	Judith Gallant	Stoughton	Mayer Potashman	Cambridge
Sharon Arkoff	Jamaica Plain	Scott Glennon	Chelmsford	Roxanne Qualls	Cambridge
Stephen Bogue	West Roxbury	Dan Gould	Needham	Nadina Raudales, Raul Raudales	Lowell
Gigi Bruno	Boston	Andrew Gutowski, Francesca Gutowski	Belmont	Maria Ravanis	Littleton
Tami Buhr	Winchester	Steve Hayes	Somerville	Mogens Ravn	Winchester
Christopher Bunker	Somerville	Polly Heiningner	Watertown	Kathleen Regan, Jeff Leshin	Waltham
Chuck Butts	Dorchester	Keith Higgins	Wellesley	Margaret Reilly, Kevin Finnegan	Charlestown
Edwin Calcutt	Randolph	Ray Hyatt	Medford	Deborah Robinson	Needham Heights
Amy Carmusin	Winchester	Michael Kaleel, Linda Mullen	Boston	Laura Simonds	Arlington
Joanne Cayer	Londonderry	Robert & Judy Kanigel	Cambridge	Gary Sirois	Ayer
Arthur Clay	Needham Heights	Stanley Kay	Newton Centre	Grant Sisler	Cambridge
Peter Clifford	Cambridge	David Kindler	Concord	Stacey Teller	Woburn
Adelle & Michael Condon	Allston	Ehab Koronfol	Nashua	Will Todd, Stefka Marinova-Todd	Boston
David Custer	Millis	Michael Long	Rockland	Chris Twardowski	Waltham
Erin Diehm	Newton Corner	Debra Longo	Acton	Stephen Van Ness	Wellesley
Ted Doucette	Medford	Tracey Manzi	Brookline	Holly Vestal	Boston
Peter Dunlop	West Roxbury	Joan Matteuzzi	Somerville	Joyce Walch	Belmont
Nelson Dupere	Brighton	Sal Napoli, Sabrina Napoli	Lexington	Chenchen Wang, Huajin Chen	Malden
David & Melinda Ellett	Norwood	Kirk Nelson, Nancy Lee Nelson	Newton Centre	Heidi Wettach	Brookline
Don Etkin	Lexington	Victoria Nims	Newtonville	Marilyn & Mark Whipple	Milton
Monique Fischer, Ashley Pittman	Cambridge	Lorin Obler	Brighton	Paul Woods	Newton Centre
James Flanagan	Cambridge	Deirdre Owens	Allston		
Beth-Anne Flynn	Boston	Michael Pashall	Natick		
Lina Foster	Winchester				



July 2001

Recurring Rides Calendar

These rides are held every week unless indicated

Wednesday Wheelers

Time: 10:00 AM

Description: A group that enjoys exploring a variety of scenic routes, mostly in the western suburbs but also to the north or south. Occasionally we do an urban exploration. We always include a lunch stop, either during or at the end of the ride. In the winter we may substitute other activities, such as cross-country skiing. We stay together, following the leader for the day, while being careful not to drop anyone. On a rural ride of average hilliness, the pace is 15 to 17 mph on the flats, but slows considerably on the hills, so we wind up with a rolling average of about 13 mph. In fairness to the group, we require that prospective riders be capable of maintaining this pace.

Routes: Locations vary. Distances are typically between 30 and 40 miles.

Start: Location Varies

Directions: The ride coordinator sends ride announcements and ride reports by weekly e-mail. For more information, including the next ride start location, call or e-mail the ride coordinator

Dick Arsenault [RFArsen@aol.com]
781-272-1771 day or early evening.

Wednesday Evening Ice Cream Ride

Time: 6:30PM

Description: Scenic rolling roads through the towns of Wellesley, Weston, and Lincoln at a leisurely pace. Riders of all abilities are encouraged to participate. Bring money for pizza or ice cream after the ride.

Routes: Arrowed rides of approx. 17 & 23 miles

Leaders: Gabor Demjen, 617-266-8114(days) 781-237-0602 (eves); Eric Evans [Eric.Evans@morganstanley.com] 617-478-6559(Days), 617-527-0517(eves)

Start: Former Grossman's Lumber parking lot on Rte. 16 at the Newton Lower Falls/Wellesley town line.

Directions: From Rte. 128, north or south, take Rte. 16 west/Wellesley exit, follow signs to Newton Lower Falls/Wellesley, stay on Rte. 16

for approx. 1/2 mile, just after light look for Grossman's Lumber sign and lot on the right. Ride starts from the parking lot.

Wednesday Fitness and Masters Ride**

Time: 6:00 PM Sharp!

Description: This Fitness Ride offers you the opportunity to ride with others in a paceline format. Groups of not more than six riders will be started at intervals of two minutes. This ride also welcomes masters riders who would like to ride with their peers. We encourage waiting for others to catch up if you happen to become separated. You will ride scenic rolling roads through Needham, Dover, Sherborn, and Medfield. Along the route we pass many historic farms, as well a lovely waterfall on the Charles River. Total climbing for the long route is 1475 feet.

Routes: Arrowed routes of 14, 23, or 28 miles. Cue Sheets available. Leaders: Dave McElwaine [McElwaineD@aol.com] (781-821-8643), or Mark Dionne [mdionne@mediaone.net] (617-965-5558), Gerry Goode [WSworked@aol.com] (781-843 6283), Fred Kresse [drz@xpres.net] (781-444-1775), and Siobhan Spillane [siobhansp@aol.com] (617-364-4891)

Start: Saint Sebastian's School at the corner of Greendale Ave. and Great Plane Avenue, Needham.

Directions: From Routes 128/95, take the Great Plain Avenue Exit #18 and head west towards Needham. The school will be immediately on your left. Please park as far from the school buildings as possible. If you can ride to the school, it would be appreciated to minimize the number of cars.

Note: Lights are recommended in early April and late September. This ride will only run in the months during daylight savings time. Coffee at Starbucks in Needham after the ride.

Thursday Fitness Ride at Hanscom Field **

Time: 6:00 PM SHARP!

Description: The short ride winds through

Bedford, Concord, and Carlisle. The long ride of rolling hills adds Westford and Chelmsford. With the help from some other volunteers from CRW, the fitness ride will have people available to lead intro/easy pace group as well as a paceline group.

Routes: Arrowed routes of 16, 26 & 36 miles.

Leaders: Peter Mason [pbmason@mediaone.net] (781-646-5106)

Start: LG Hanscom - General Aviation Airport.

Directions: Rt. 128 to Exit 30B (Rte. A West)-do not take exit for Rt. 4/225 which also says "Hanscom Field" on the sign. Go on 2A West for 1.5 miles until you come to the blinking light. Turn right at Airport Road into Hanscom Field and follow signs for the General Aviation Airport.

Friday TGIF Unwinder

Time: 6:30 PM

Description: Begin the weekend with an evening tour of the pretty back roads of Concord, Carlisle & Acton. The pace is a bit more relaxed than the weekly fitness rides. Dinner afterward if riders are interested — it's NOT a school night!

Routes: 18, 22 and 27 mile rides. Fully arrowed, cue sheet & map. Leaders: Steve and Kate Mashl [smashl@shore.net] (978-244-0286)

Start: The library parking lot of the Bedford Town Hall/High School/Library complex on Routes 4/225/62 in Bedford Center.

Directions: Take 4/225 west from 128 through Bedford Center. Just before Route 62 splits off to the left, you'll see the driveway on the left.

Saturday Morning Fitness Ride at Nahanton Park**

Time: 8:30 SHARP!

Description: You will ride scenic rolling roads through Needham, Dover, Sherborn, & Medfield. These rides will be set up to run with or without a leader so be ready to go on time. At 8:30 we're gone. This ride runs all year 'round.

Routes: Arrowed routes of 19, 28 & 42 miles. Cue sheet available.

Leaders: Dave McElwaine [McElwaineD@aol.com] (781-821-8643) or Mark Dionne [mdionne@mediaone.net] (617-965-5558)
Start: Nahanton Park, Newton.

Directions: Take the Highland St. exit off Rt. 128 toward Needham, take a left at the light onto Hunting Rd, at the next light make another left onto Kendrick St. The park is on your left immediately AFTER crossing the river. Ride leaves from the main parking lot.

** CRW's Fitness Rides Program is designed to assist intermediate and advanced riders to improve their skills and learn cooperative pacerline riding techniques.

Sunday Morning Fitness Ride - South Shore Coastal Loop**

Time: 7:00AM

Description: Are you looking for a ride with shady, quiet roads, beautiful scenery and coastline stretches that will get you home by mid morning every Sunday? The SSCL will take place every week, weather permitting. The 37 mile route includes Rockland, Hingham, Norwell, Scituate, and Cohasset with a coffee stop in Scituate Harbor at mile 15. The 50 mile loop includes Hull with an additional brief stop

at mile 30 to regroup. Ideal for fast and moderate riders with pacerline experience or desire to learn. These rides are set up to run with or without a leader.

Routes: Arrowed routes of 37 and 50 miles. Maps and cue sheets available in addition.

Leaders: Carl Howerton (H) 781-837-9777

Start: Park'n Ride lot, Rockland

Directions: Take Rt. 3 to Exit 14 (Rt. 228) in Rockland. Turn left at end of exit ramp and park in the Park'n Ride lot. You won't regret setting the alarm. Call to confirm. Space unlimited.

Successful Sunday - continued from page 1

is Monadnock Spring and they again helped us out. Bob Feeney of Monadnock Spring not only delivered water for us, he came and did a ride on Sunday. A reformed runner he has seen the light! Thanks to Jim Sullivan for letting us use his home as a water drop off point. Special thanks to his family for putting up with our numerous water fill up runs to their home as Jim was out of town for the day. The fabulous course was set up in 1990 by Melinda Lyon and is still just as nice. It was arrowed by her merry band of arrowers the weekend prior to the event. Thanks to Robye

Lahlum, Tami Buhr, Dave VanAmeijden, Bill Aldrich, Mary O'Brien, Glenn Coffman, Connie Farb and Dean Sturtevant. Registration was handled by Delphi Broughton, and Janet and Don Blake. Don also brought a lot of our CRW caravan of items to the event with his wonderful large borrowed truck. Post registration/sign in volunteers were Arnold Nadler, Gerry Goode, Mary O'Brien, and Bill and Dot Fine. The water stops were staffed by Bill McCarthy, Janet Patterson (their first time-congrats), Susan Grieb and Ted Hamann. The course was meticulously swept by assorted CRW personalities including Dave Jordan, Jack

Donohue, Silas Little, Al Navarro, Pete Mason, Fred Kresse, Eli Post, and Bill and Dot Fine. Assorted essential tasks department headed by Ken Hablow supplied us with cue sheets, portajohns and water bottles among other things. Chris from Cycle Loft was a star mechanic for everyone and even had time to read up on being a new father in his rare spare time. Thanks to Eric Ferioli and Bruce Ingle for a fun flea market side show. And last but not least kudos to our diva of day of event organization Ann Marie Stark without whom which chaos would surely reign upon the world.

The Fifth Annual National

Larz Anderson National Bike Show and Swap

Sunday, August 19th

10a.m.-4p.m.

on the grounds of Larz Anderson Park, Larz Anderson Museum of Transportation
15 Newton Street., Brookline, Massachusetts



The largest all periods bike show of its kind in the USA



An extraordinary festival of cycling...featuring a huge swap meet with vendors from all over the Northeast, with bicycles, parts and literature for sale or trade...displays and clinics by cycling vendors and organizations...an all periods Concours with awards given in 16 categories...A vintage ride...a fun filled festival for young and old alike.

Bicycle Concour Categories include: Antique-Balloon Tyre-Crate Bike-Pre War Track Racer-Vintage Lightweights-Custom Models-HiTech-All voting for the Concour is done by "Popular Choice" voting.

Swap Meet Information

Pre-registration is required - 10'x10' swap spaces are \$25.00 per space - Inquire in advance
For table rental, additional fee required - Spaces are limited on a first come, first served basis.

ADMISSION \$5.00 per person; \$3.00 for students with ID and children under 12 years.

For more information: Call Peter Naiman @ (617)469-4581

email to Hetchinspete@hotmail.com.

Visit our websites at: www.oldroads.com/show
www.classicrendezvous.com/Events/Larz.htm



July Rides Calendar

On all CRW rides, please arrive at least 15 minutes before the published ride starting time. It is recommended that you bring pump, patch kit, spare tube, allen wrenches, screwdriver, lock, water bottle, some money, helmet, gloves, and a map.

North Shore Coast to Coast

July 1 - Sunday

Times and Routes: 10:00 for approx. 55 and 33 miles.

Ride Type: Arrowed plus cue sheets and maps.

Leader: Arnold Nadler (978-745-9591)

Highlights: The long route takes us from from the coast in Beverly back to the ocean/lower Merrimack River in Newburyport, where we'll have lunch in a waterfront park (a number of places to buy food). The shorter route has lunch in Georgetown. Lots of natural scenery plus historic charm, including the Parsen Capen House built in 1683. Both routes include a few miles on Rt. 1 (1 lane northbound here, good shoulder, light to moderate but fast moving traffic).

Start: Montserrat Commuter RR Station. On Rt.22/Essex St. 1 mile northeast of downtown Beverly.

It's A Long Way From Tipperary

July 7 - Saturday

Times and Routes: 9:30 for distances of 90 and 40 miles, moderately hilly, mostly backroads, some hard-pack dirt

Ride Type: Cue sheets

Leaders: Pamela Blalock and John Bayley (978-256-1169)

Highlights: Passes through towns of Groton, Pepperell, Mason NH, Greenville, Temple, Milford, and Hollis.

Start: Byam School, Maple Road, South Chelmsford MA

Directions: From Boston, take Rte. 2 west to the Concord Circle then west on Route 2A to the traffic light at Route 27. Turn right on Rte 27 and go 5.5 miles to the Kate's Corner Store in South Chelmsford. Turn left on Maple Road. Byam School is .2 miles on the right just opposite the Agway store. By bike, ride past Great Brook Farm in Carlisle, take the first left after the Hart Barn onto Proctor. Follow Proctor to South Chelmsford and cross Rte 27 onto Maple Road.

Lexington Revolutions

July 8 - Sunday

Times and Routes: 9:30 am for 51 mi and 10:00 am for 32 or 18 mi

Ride Type: Arrowed with Map and Cue sheet.

Leader: Sharon Gowan, 617-489-5682, sgowan@bbn.com.

Highlights: Ride beautiful roads of Lexington, Concord, Carlisle, Lincoln, Chelmsford, and Westford. Lunch for the long ride will be at Great Brook Farm in Carlisle where they have ice cream and cows under glass (there will be no lunch stop for short ride). Things to see include The Olde North Bridge, Hanscom Field, horse and dairy farms. There is a surprising hill at the end of the ride so save some energy.

Start: Lexington Green in Lexington Center.

Directions: From route 128 (Route 95) take Exit 31A (Route 4-225 East). Follow Route 4-225 (Bedford Street) about 1.5 miles to Lexington Center. From route 2 West, take Exit 54B (Waltham Street). Follow Waltham Street 1.6 miles to Massachusetts Ave. Turn right onto Massachusetts Ave. From Lexington Center, continue through the center of town. The green is just beyond the Minuteman Statue where the road forks. Public parking is available near the bike path north of Mass. Ave. Please consider riding to the start of this ride.

Stow Country Ride

July 14 - Saturday

Times: 10:00 for 50 miles; 10:30 for 25 miles.

Ride Type: Map and cue sheet

Leader: Jenny Robbins, j.t.robbsin@verizon.net; 781-893-0840 before 9:00 PM. Description: From the Stow Shopping Center, the longer 50-mile ride goes through Boxboro, Harvard, Littleton, Ayer to Groton with a lunch break at the Bagel/sandwich store. Afterwards, the route goes up into Dunstable and back by Lost Lake and Westford. The 25-mile ride loops back from Littleton past the Stow Airport with no official lunch stop. It is a very pretty ride.

Start: Stow shopping center on Route 117. From Rte. 128 take Rte. 2 west to Rte. 62 (7

miles), Rte. 62 west to Rte 117 (5.2 miles). Rte. 117 west to the Stow Shopping Center on the right (Mobile Gas Station on the left). Please park away from the grocery store towards the back of the lot.

Climb to the Clouds

July 15 - Sunday

See page 8 for information.

Mean Streets Harvard Square

July 19 - Thursday

Times and Routes: 6:30 PM, Urban evening ATB, about 10 diverse miles; mountain or hybrid bikes recommended.

Leader: Charles Hansen, H: (617)734-0720, W: (617) 572-0277

Lowlights: We'll explore the Harvard, Radcliffe and Leslie campuses, and whatever streets, alleys and sidewalks we can find connecting them. Ride through a building designed by Le Corbusier!

Start: Weld Boathouse at corner of Memorial Drive and JFK Street. Directions: call leader if you can't figure it out yourself.

Just West of Boston

July 21 - Saturday

Time and Route: 10:00 for 36 miles.

Ride Type: Map and Cue sheet

Leader: Marty Weinstock (617-491-6523)

Highlights: For a start near the city, a particularly large part of this ride is on quiet country roads; there are some high traffic sections. Rolling terrain including Cambridge, Belmont, Lexington, Lincoln, Wayland, Weston, Waltham, and Watertown. Lunch is on the Weston Town Common. Sights of interest include historic houses on Brattle Street, conservation land in Lincoln, and the Charles River Bike Path with river views. After riding the group may go for ice cream or frozen yogurt in Harvard Square.

Start: Cambridge Common by the large statue in the middle.

Directions: Just North of Harvard Square on Massachusetts Ave. Parking is scarce so riders should park in nearby towns and ride to the start.

Quiet Roads North of Boston

July 22 - Sunday

Times and Routes: 9:30AM for 66 miles; 9:50 for 45 miles; 10:10AM for 26 miles Ride Type: Arrowed

Leaders: Bill and Dotty Fine (617-247-3804)

Highlights: The Short ride goes through Reading, Wilmington, N. Reading, Middleton, Lynnfield, and includes Harold Parker State Forest. The Medium ride adds N. Andover, Boxford, and Topsfield. The Long ride adds Groveland, W. Newbury, and Georgetown. Lunch is in Middleton.

Start: REI/Registry of Motor Vehicles, Reading.

Directions: Route 128 to Exit 40; go around rotary to Route 129 West (Salem St.). REI parking lot is third left. Please park away from the stores.

Moose Hill Revisited

July 28 - Saturday

Time and Route: 9:30 AM for 44 miles of mostly gentle rolling hills on a picturesque reprise of a GEAR '98 route.

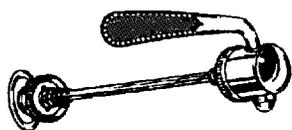
Ride Type: cue sheet

Leaders: John Kohl and Susan Goetcheus, (781) 643-0215 (before 10pm) jtk-smg@kolvir.arlington.ma.us

Highlights: Starting in Wellesley, the route passes through the towns of Wellesley, Needham, Westwood, Norwood, Canton, Sharon, Walpole and Dover, including the scenic Moose Hill Wildlife Sanctuary and by the Kendall Whaling Museum in Sharon.

Start: Parking lot, Wellesley High School on Rice Street.

Directions: From Rt. 128, take Rt. 16 west/Wellesley exit. Proceed west on Rt. 16 past the intersection with Rt. 9 (at about 1.1 mile), and then past several (2 or 3) traffic lights. After the traffic light at the intersection with Rockland/Forest St., Rice St. is the next left. Turn left on Rice, and after a short distance the High School will be on the left.



Framingham Float

July 29 - Sunday

Times and Routes: 10:00 for 55 miles; 10:30 for 35 miles

Ride Type: Arrowed

Leader: Tom Lynch (508) 877-2238 - tbmwlynch@rcn.com

Highlights: Pleasant, rolling (some say hilly) ride through Metrowest exurbia. After ride pool party at leader's house. Bring swimsuits and towels and lunch. The traditional root beer floats and snacks will be provided.

Start: 16 Carter Drive, Framingham

Directions: From North: From Rte. 128, take Rte. 20 about 8 miles west through Weston, Wayland and Sudbury. At 2nd stop light in Sudbury (Union St. on right, 1776 mall on left) continue 100 yards and turn left at green "Framingham/Nobscot" sign (Nobscot Road). Note: DO NOT TURN at the "Framingham" only sign. Go 2.5 miles to first stop light and turn right on Edmands Road. Go 1.0 miles to top of hill and turn right on Carter Drive. We're #16, about 0.2 miles in at top of hill on left. Park on street but try to leave some space for the neighbors. From South: Take Rte. 9 west to Rte. 30 west exit. Stay right to light and turn right on Edgell Road. Go about 3.5 miles north to first stop light. Turn left onto Edmands Road and follow above directions.

A Sterling Ride From Sudbury

August 4 - Saturday

Times and Routes: 9:30 for 63 miles or 42 miles, and 10:00 for 26 miles. Ride type: arrowed (yellow small letter "b") with cue sheets.

Leader: Mike Byrne, (978) 443-8999; raddad47@aol.com.

Highlights: Long ride circumnavigates Wachusett Reservoir clockwise. Work up an appetite on the Green St. hill, lunch at the Old Stone Church on the shores of the reservoir, work that off on a few more hills in Sterling, followed by an ice cream? Back through Lancaster, Bolton (up one more hill and past the winery), Hudson, Stow & Marlboro. Medium ride avoids the reservoir, going north through Berlin Center (lunch stop), re-joining long route in Bolton. Short ride meanders through some of the less traveled roads of Sudbury, Framingham, Southboro, Marlboro, Hudson & Stow. All rides pass the Farside (Wayside) Inn & Grist Mill going out and back (possible lunch stop on the way back for the short ride).

Start: Ephraim Curtis Middle School, Pratts Mill Rd. (just off Peakham Rd.), Sudbury.

Directions: From Rte. 128 / I-95, take Rte. 20 West (towards Marlboro) thru Weston to Wayland. Turn right in Wayland Center onto Rte. 27 North, go past Wayland Country Club, across Sudbury River and up hill into Sudbury Center (churches, town hall). Stay on Rte. 27 North thru traffic lights (crossing Concord Rd.), then left onto Peakham Rd. (first left after lights). Go straight at first stop sign (Old Lancaster) and turn right at second stop sign (Pratts Mill). Curtis Middle School immediately on right.

Groton County Tour

August 5 - Sunday

Times and Routes: Long ride, 10 AM, 50 miles of rolling terrain with some hills. Short ride, 10:30 AM, 25 miles, few hills.

Ride Type: Arrowed (chevron)

Leader: Jeanne Kangas, (978-263-8594) evening before 9:30 PM. [kangas@ultranet.com]

Party at leader's home after the rides. Hot dogs, chips, soda, and cake.

Highlights: The rides are scenic, through pretty horse and apple country. The short ride passes through Harvard, Littleton, Ayer, and Groton. The long ride adds Pepperell, Dunstable, and Hollis in New Hampshire. Both rides go through scenic Shaker Village in eastern (not hilly) Harvard, and to historic colonial Groton Center, where the short ride can have a pre-lunch snack (get food here) on the Common. The long ride continues through Pepperell, over the covered bridge in East Pepperell, and up to Hollis, New Hampshire, where the rest stop is at a local pizza & ice cream parlor. The long ride returns in a scenic loop through Hollis, Dunstable, and rural Groton, where it joins the short ride in a roller coaster ride through campy Lost Lake. Everyone is invited to the leader's home at 959 Hill Road, Boxborough, only 0.7 mile from the start/finish, after the ride for hot dogs, chips, soda, and cake.

Start: XRE parking lot on Taylor Street, Littleton.

Directions: Take Exit 39 ("Taylor Street - Littleton-Boxborough") off route 2 West. It is just after Rte. 495 cloverleaf. At the end of ramp, go right, up the hill. In 0.5 mile, pass street going left. Next driveway on left goes into lot, visible from street.

CRW Trips

VELO VERMONT 2001

July 20-22, 2001

Join us for this popular weekend of challenging cycling in still beautiful, unspoiled Vermont. We'll be staying at an inn in Warren, Vermont with swimming pool and hot tub. Accommodations are two person units, with bedroom, bathroom, living area, kitchenette and balcony. Saturday and Sunday riders will choose from several routes of 40 to 100+ miles distance. Ride options vary from the Mad King Challenge route, with 9000 vertical feet, and four mountain passes, to a leisurely ride to Ben & Jerry's and maybe a stop at the water hole if it's hot. This is an ideal weekend for couples of differing abilities. All rides go through the best of scenic central Vermont.

Total cost of trip is \$110 per person double occupancy. This includes two nights lodging, two breakfasts, Saturday night happy hour, Saturday evening dinner, and maps. Send full amount by July 1st, with your name, address, phone. Call after that for last minute availability.

Make checks out to CHARLES RIVER WHEEL-

MEN, and send a SASE or email address. We will send out a poop sheet with information a week before the trip.

Leaders:

Jack Donohue & Susan Grieb

26 Fox Run Road

Bedford, MA 01730-1104

E-mail: jdonohue@world.std.com

Phone: 781-275-3991 (before 9 PM)

TALCAM - Tour Around Lake Champlain, Adirondacks & Montreal

July 28 - August 5, 2001

Join us for our fourth annual (and final) mid-summer tour circumnavigating beautiful Lake Champlain, with two nights in downtown Montreal. Starting from Whitehall, NY (the southern tip of Lake Champlain, between Albany and Rutland) we cycle north on the Vermont side of Lake Champlain, staying close to the shore and generally following the Lake Champlain Bikeways route. After a free day in cosmopolitan Montreal, we return south through the beautiful Lake Champlain Islands

and along the New York shore with two days of riding in the Adirondacks and a night in Lake Placid. Daily mileage is usually 60-70 miles; longer options available. Lodging will be in hotels, motels and an inn. Cost of \$850 includes lodging, sag van, excellent picnic-style road lunches, four breakfasts, two dinners, T-shirt, and extensive tour literature. Make checks out to Charles River Wheelmen. Leader: Charles Hansen H: 617-734-0720 W: 617-572-0277 Email: velotrain@peoplepc.com

Wenham, MA to Quebec City

August 11-22, 2001

Join us for the 10th almost annual sag van supported tour through northern New England to French, cosmopolitan, delightful Quebec City. Cycle 50-70 miles/day, plus some longer options, for eight days. En route, experience the full range of New Hampshire's landscapes including the southeast coast, Lake Winnepesaukee, the White Mountains (ice cream at the classic Mt. Washington Hotel?) and the remote, quiet Connecticut Lakes. Also,

The 10th annual



A Century Ride to Mt. Wachusett

Sunday July 15, 2001

60 miles from a remote start

Rides from 45 to 105 miles

*Spend the day touring the apple orchard country of east central Massachusetts.
Magnificent views, mostly country roads, great company!*

START TIMES: **8:00** from Concord Carlisle High School for 105, 90 or 80 miles
9:30 from Nashoba Regional High School, Bolton for 60 or, 45 miles

COST: A **\$5.00** event fee per entrant is payable the day of the event.

DIRECTIONS:

Concord: Rt. 2 to the route 126 intersection. This is the intersection for Walden Pond.

Heading West on Rt. 2, turn right at the first traffic light past Concord Subaru at Crosby Corner. There is a sign for the District Court house.

Heading East on Rt. 2 turn left at the sixth light past the Concord circle.

The High School is at the bottom of the hill on the left.

Mass Turnpike to exit 14, "Route 128/95". Route 128/95 North to the Route 2 exit heading West. Or Mass Turnpike to Rte 495 North to Rte 2 east.

Bolton: Nashoba Regional High School is 2 1/2 miles West of Rt. 495 on Rt. 117 on the right at Green Road.

Mass Turnpike to the Route 495 exit, go North, then take the Rt. 117 exit West for 2 1/2 miles.

ROUTES: The long rides from each start point include a climb up the mountain. All routes join together in Lancaster.

The 35 & 80 return from Sterling. The 45 & 90 mile routes go to East Princeton. The 106 & 58 mile routes continue to Mt. Wachusett. All rides return along the Wachusett Reservoir passing through West Boylston & Boylston. We ride through Berlin back to Bolton with a stop at Berlin Orchard. The route back to Concord passes along the high ridge in Harvard. All routes are mostly on back country roads, fully arrowed, and a map is supplied.

TERRAIN: All routes are hilly. The long rides from each start point includes a one mile climb at a steady 9% grade and the mountain access road itself. From Concord the total vertical for the long ride is 5,500 feet and from Bolton it is 3,500 feet. The other routes are very hilly but no mountain climb.

SUPPORT: Bananas, bagels & water will be available at the start points and at two staffed points along the routes, including a stop at Berlin Orchard. There are convenience stores located in most towns. Water is available at the visitors center at Mt. Wachusett.

INFO: For this ride only: Ken Hablo, (781) 895-1927, after 8:30 AM and before 9:00 PM — or khablow@khgraphics.com

On the web @ www.crw.org

northeast MA to Newburyport, southwest Maine, Vermont's Northeast Kingdom and Quebec's upper Appalachians. We'll enter Canada at the highest border crossing east of the Rockies. Lots of hills, but also plenty of rolling and flat terrain. Three nights are on lakes. New this year: After Day Five, a layover day at Back Lake, NH to hike, swim, go boating, bike, look for moose, etc. We'll arrive in Quebec City on Sunday and leave Wednesday morning. Time to play tourist and enjoy the city's great restaurants, plus opportunities for hiking and more bicycling.

Price of \$975 includes 11 nights lodging, one more than last year, in comfortable inns, motels and hotels, with 2 persons/room. Also 7-10 breakfasts, lunch food on 8 riding days, 3 dinners, sag van support, return transportation to our start point, 12 days off-street parking, cue sheets, maps and T-shirt.

Leader, Arnold Nadler, 978-745-9591, ardnadler@aol.com. Co-leaders: Chris Cassels, 781-259-4396 and Jack Vergados, 508-799-0377.

Estrie Explorer

August 31 - September 3, 2001

The Eastern Townships of Quebec, known in French as Estrie, are little visited by American cyclists but provide a wealth of great riding opportunities. Estrie is the area just north of the Vermont border and was largely settled by Tories fleeing the American Revolution, and it is still the most English-oriented of Quebec's many regions. We'll be staying at the Hotel Cheribourg resort near Mont Orford Parc and just outside the lively town of Magog, which has excellent freeway access from the US (~ 4 hours from Boston). There will be several options for rides available, generally in the 50-80 mile range, although shorter (and longer) alternates can be worked out. The featured ride on Sunday will be a challenging 80-mile loop around Lake Memphremagog to Newport, Vermont and return, with excellent scenery. There is also an extensive mountain bike network in the park. The \$195 fee includes three nights lodging, three American breakfasts, one four-course dinner at our hotel, cue sheets, an excellent bilingual cycling map of the region and a Magog-Orford area map. This is a Charles River Wheelmen (www.crw.org) trip. Contact for info or to register. Leader: Charles Hansen H: (617) 734-0720 W: (617) 572-0277 Email: velotrains@peoplepc.com

Bovine Lite Bicyclists Over Vermont in Near Ecstasy

September 14-16, 2001

Join us for a weekend version of BOVINE. See the beginning of fall colors at the higher elevations. We'll stay at the classic Capitol Plaza Hotel in downtown Montpelier, VT, across the street from the state capitol. Good restaurants nearby, including the Culinary Institute. Enjoy rides of approx. 30 to 60 miles in scenic Vermont on Saturday and Sunday, plus an option to cycle in New York's Adirondacks. \$130 includes two nights lodging with two persons/room, lunch food on Saturday and Sunday, and cue sheets and maps.

Leader: Arnold Nadler, 978-745-9591, ardnadler@aol.com.

Co-leader: Iva Kazda, 781-646-9344.

Other TRIPS

Three State-Two Country Bike Tour

Labor Day Weekend

*Thursday August 30, 2001 to Monday
September 3, 2001*

Explore the Great North Woods on the return of the popular trip. Arrive anytime during the afternoon of Aug. 30th at Gorham's Royalty Inn and enjoy the amenities of an outdoor pool, or the indoor pool, Jacuzzi and health club. Friday morning, we cycle off to the Colebrook Country Club where we will be staying Fri, Sat, and Sunday evenings. Our luggage will be transported to our rooms in Colebrook from the Royalty Inn on Friday morning. From Colebrook we can enjoy superb cycling into Vermont and southern Quebec, as well as hike, canoe, kayak, and golf. We return to Gorham, and our vehicles, on Labor Day Monday. The bicycles should be in good condition since there are no shops to service them once we leave Gorham. Cyclists must be able to negotiate a minimum of a 60 mile ride to Colebrook on Friday and a similar ride back on Monday over moderately hilly terrain. Price for the trip is \$209.00 and includes the following:

- overnight lodging at the Royalty Inn
- 3 nights lodging at the Colebrook Country Club
- 4 buffet breakfasts

- 2 dinners
- free golf in Colebrook after 5 PM
- luggage transport to/from Gorham-one piece per person please!
- use of clubhouse and showers upon return to Gorham
- all taxes and gratuities.

I can make arrangements for people who wish to join us in Colebrook on Friday afternoon until Monday morning.

To register or for more information, contact leader steve Blum 508-366-0818 or steve2@charter.net.

"Tandem Bicyclists of New England (T-BONE) Rides

This is a series of rides for tandemists, details on the rides can be obtained from the T-BONE web site:

<http://members.home.net/wwwtbone>

A mailing list for impromptu rides, and discussion can be joined from this web site.

For information on how to obtain a printed copy of the season's rides, call Linda or Bob Harvey, 603-898-5285.



ST. THOMAS U.S. VIRGIN ISLANDS VACATION RENTAL

*Ideal for thawing out in the winter, or
working on your tan anytime!*

One bedroom condo (w/additional queen size hide-a-bed in living room) located at Mahogany Run Golf Course. 400 feet up on hill overlooking Peterborg Peninsula and Hans Lollik Island. Quiet and secluded with awesome 180 degree ocean view.

Five minutes from world renowned beach at Magens Bay (Slick Willy & Hillary's favorite). Golf course open to public. Easy access by car to other beaches, resorts, tennis clubs, snorkeling, sailing, jet skis, windsurfing, deep sea fishing, sailing, swilling rum, shopping and ferries to St. John or the British Virgin Islands (Tortola, Jost vanDyke, Virgin Gorda, etc.)

For info & photo tour see "Blue Moon" under "Vacation Rentals" at www.suzannemabe.com. For more photos/info, availability & CRW discount, call Mike Byrne (978) 443-8999 or e-mail raddad47@aol.com

Little Jack's Corner - by Jack Donohue



I've decided that sewups are not for me. There are a few bikie things I haven't experienced, the three that come to mind are sewups, rollers, and

fixed gears (if you don't count riding Harry's around in the Bedford library parking lot).

Dedicated sewup users describe them with a fervor bordering on a religion. So I've been lusting after them for many years. The first impediment of course is the cost. Sewups can cost as much as car tires, and I was surprised to hear that people don't actually sew them up any more, when the go pssst, you throw them out. Now I hear some grumbling from the old school in the background, if you were a real man, you'd

sew them up when they go flat. This for me is another impediment. Now I'm a liberated sort of guy, not averse to sewing, but I'm much too lazy to do any sewing by hand. If you can't use a machine, it don't get sewed. I think it would be a bit dodgy trying to repair my Vittorias with the old Singer. So sewing up is out, and a flat means big bucks. The aficionados assure me that you actually get fewer flats with sewups, since they are not prone to pinch flats. So, considering that and the fact that the Donohue purse strings have been loosening up a bit in my old age, the possibility of sewups is not entirely ruled out on cost alone.

The clincher (no pun intended) to the sewup story is what happens when you do get a flat. As I understand it, you have to get out your spare sewup, and your spare glue and smear glue all over the rim so that it will stay on. This is a difficult enough proposition in the comfort of your own house, but trying to do it on the road

in the pouring rain would be another thing altogether. I am reminded of the tube patching glue I have been wont to carry around for years that when the time comes to actually use it, the solvent has long since evaporated, and if there is in fact any remaining glue it has the consistency of used chewing gum. I suspect that sewup glue would fare equally poorly. In the unlikely event that I do manage to apply said glue and coerce the tire onto the rim, then we have to worry about whether the glue is applied properly or not. I gather this process is also somewhat of an art, and if you blow it, your fine sewup tire rolls off the rim, usually at high speed, with dire consequences.

So to recap, I can go to great additional expense and aggravation, add new ways to achieve painful FDGBs, for benefits that might not even be all that evident to me (we're not talking the princess and the pea, here). I think I'll pass.

A Quiet Retreat



Step back and experience the charm of an authentic New England Bed & Breakfast Inn on the Island of Martha's Vineyard Open April 29th - November 3rd

The Arbor Inn

222 Upper Main Street
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www.mvy.com/arborinn

Board Meeting Minutes - continued from page 3

from CRW for the Bicycle Bill of Rights for a vote that was going to take place on Wednesday, 6/6 - the day after our Board Meeting. We all agreed that we needed more time to review the bill before we could do this and what he was asking was just too much of a rush. For the time being we declined his request to throw our support to this issue, but if given a reasonable amount of time for review, we may reconsider this in the future.

The meeting adjourned at 8:45PM.

PLEASE NOTE: There will be no Board Meeting in July; the next time we meet will be August.

Respectfully submitted,
Cindy Sragg, Club Secretary

Board meetings are held on the first Tuesday of each month at 7:30 in the Hancock United Church of Christ, 1912 Mass. Ave., Lexington Center.

CLASSIFIED ADS

CRW members may submit ads at no charge. Submit the copy to the editor as described on page 2.

For Sale: Marinoni Turismo bike, 19" custom Columbus SLX frame w/Mavic pro 700c rims, Ultegra derailleurs, Avid V brakes, Shimano 9 speed index shifters, Shimano ATB pedals, Ultegra crankset, \$1500. Call Dana 781-641-0585.

May Mileage Totals

0 5 4 6 8 4

Name	Miles	M	C	K
Melinda Lyon	5273	3	2	3
Pamela Blalock	4009	2	2	2
Jack Donohue	3655	-	-	1
Tod Rodger	3405	4	2	2
John Bayley	3311	2	2	2
Irving Kurki	3113	5	1	1
Robin Schulman	2818	2	-	1
Bruce Ingle	2501	1	-	-
Avram Baskin	2501	3	2	-
Mike Kerrigan	2280	2	2	-
Peter Brooks	1931	4	1	-
Joe Repole	1862	5	5	-
Ken Hablow	1569	1	1	-
Dick Arsenault	1462	1	-	-
Cynthia Snow	1457	2	-	-
Kevin Patton	1435	2	1	-
Glenn Ketterle	1385	-	-	-

Name	Miles	M	C	K
Gabor Demjen	1231	1	-	-
Marc Baskin	1100	-	-	-
Doug Cohen	1095	-	-	-
Bruce Gelin	950	1	1	-
Elaine Stansfield	869	1	1	-
Jim Goldman	805	-	-	-
Jim Broughton	704	-	-	-
John Allen	693	-	-	-
John Kane	428	-	-	-
Jeff Luxenberg	425	-	-	-
John Springfield	413	-	-	-
Elisse Ghitelman	370	-	-	-
Dave VanAmeyden	361	2	-	-
Susan Grieb	270	-	-	-
Phyllis Mays	228	-	-	-
Ed Trumbull	227	-	-	-
Randy Hencke	223	1	-	-

Name	Miles	M	C	K
Tracy Ingle	93	-	-	-
Jared Luxenberg	89	-	-	-
Rosalie Blum	85	-	-	-
Jacob Allen	52	-	-	-
Sara Luxenberg	6	-	-	-

Mileage Table Explained

Miles are year-to-date totals. The M column indicates the number of months the rider reported completing a metric century. The C column shows the number of months with a hundred mile century, and the K column is the number of months with 1000 or more miles.

Report mileage by the fifth of each month to: Ed Trumbull, 19 Chase Avenue, West Newton, MA 02465 (617) 332-8546.

Tour of New England Report

by Gerry Goode

More than thirty riders braved the elements this past Memorial Day weekend and took to the roads for the 26th Tour of New England. At the start of the ride the weather cooperated. Ten of the riders started at 05:00 in Braintree. Thirteen additional riders joined them as they cycled through Medfield MA. Another nine riders left from their homes and cycled to Brattleboro. It was cloudy but dry until the majority of the riders reached Northfield MA. With only thirty miles to go the skies unloaded. The riders were happy but wet when they reached the motel in Brattleboro.

The second day also started off dry. All of the riders started riding by 07:30. They all stopped at the Spofford fire station and enjoyed the annual breakfast put on by the town. The skies opened and the rain came down, heavy at times, on four different occasions during the day. The rain did not seem to dampen the spirit of the riders. The motel we stayed at in Dover NH had an indoor pool and a hot tub. Many of the riders spent some time in the hot tub after their challenging ride.

On the third day the roads were dry as we walked to breakfast. When we started our journey home it was getting cloudy. By the time most of the riders were in Maine there

was a light sprinkle. The rain only lasted a short time and when we reached the lunch stop in Georgetown the sun was out. The riders braved one last downpour as they reached Concord. Considering all the rain we received the spirit of the riders was great when the ride was completed. Many of the riders came back to my house in Braintree after the ride. They consumed many pizzas, cokes, and other snacks. At the end of the night some of the riders were eating pancakes. They deserved it after riding 392 miles in less than perfect conditions. The last of the riders left at 11:15 in the evening. Fourteen of the riders did the tour for the first time. The rest were seasoned veterans. Three former CRW presidents joined us this year. They were Lindy and Jamie King along with John Springfield. The King's were given time off from their home-making duties. They are the proud parents of two small children. John Springfield rode "the bike," which he wrote about in an earlier WheelPeople publication. It was great to see them on the tour.

Four states were represented on this year's tour. Two of the riders were from Ohio. Three hailed from Connecticut. Eight of the riders called New York their home. The rest of the riders resided in Massachusetts.

Mel Stoler completed the whole tour on his fixed gear bicycle. Mel is planning on doing the whole Boston Brevet series and

BMB on his fixed gear bike. That will be quite a feat. We should all think about Mel the next time we complain about going up and down steep hills. He climbs without shifting and descends without coasting. We all wish him well on his cycling goals. Steve Gobron completed the tour this year. Steve was one of the riders on the 1st Tour of New England. I forgot to ask Steve if they had gears on their bikes back then.

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Understanding the needs of a cyclist, enhance your performance, eliminate back and neck pain



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- Belmont Wheelworks**
480 Trapelo Rd., Belmont (617) 489-3577
- Bicycle Bill**
253 North Harvard St., Allston (617) 783-5636
- Bicycle Exchange at Porter Square**
2067 Mass. Ave, Cambridge (617) 864-1300
- Bike Express**
96 N. Main St., Randolph (800) 391-2453
- Bikeway Cycle and Sport**
3 Bow Street, Lexington (781) 861-1199
- Bikeway Source**
111 South Road, Bedford (781) 275-7799
- Broadway Bicycle School**
351 Broadway, Cambridge (617) 868-3392
- Burlington Cycle**
428 Boston Rd., Billerica (978) 671-0800
- Cambridge Bicycle**
259 Mass. Ave, Cambridge (617) 876-6555
- Chelmsford Cyclery**
7 Summer St., Chelmsford (978) 256-1528
- Community Bicycle Supply**
496 Tremont St., Boston (617) 542-8623
- Cycle Loft**
28 Cambridge St., Burlington (781) 272-0870
- Dedham Cycle and Leather**
403 Washington St., Dedham (781) 326-1531
- Farina Cycle**
61 Galen St., Watertown (617) 926-1717
- Ferris Wheels Bicycle Shop**
64 South St., Jamaica Plain (617) 522-7082
- Frank's Bicycle Barn**
123 Worcester Tpke, Westborough (508) 366-1770

- Frank's Spoke 'N Wheel**
119 Boston Post Rd., Sudbury (978) 443-6696
877 Main St., Waltham (781) 894-2768
- Harris Cyclery**
1355 Washington St., W. Newton (617) 244-1040
- Harvard Square Bicycles**
36 J.F.K. Street, Cambridge (617) 441-3700
- International Bicycle Center**
89 Brighton Ave, Allston (617) 783-5804
66 Needham St., Newton (617) 527-0967
- Landry's Bicycles**
151 Endicott St., Danvers (978) 777-3337
574 Washington St., Easton (508) 230-8882
303 Worcester Rd., Framingham (508) 875-5158
1 Oak Street, Westborough (508) 836-3878
- Marblehead Cycle**
25 Bessom St., Marblehead (781) 631-1570
- National Ski and Bike**
102 Washington St., So. Attleboro (508) 761-4500
- Northeast Bicycles**
102 Broadway, Rt. 1, Saugus (781) 233-2664
- Peter White Cycles**
666 Massachusetts Ave, Acton (978) 635-0969

- Pro Cycles**
669 Main St., Wakefield (781) 246-8858
- Quad Cycles**
1346 Mass. Ave, Arlington (781) 648-5222
- Ski Market, Ltd.**
322 South Bridge St., Auburn (508) 832-8111
860 Commonwealth Ave, Boston (617) 731-6100
400 Franklin St., Braintree (781) 848-3733
CrossRoads Ctr., Burlington (781) 272-2222
Endicott Plaza, Danvers (978) 774-3344
686 Worcester Rd., Framingham (508) 875-5253
- St. Moritz**
475 Washington St., Wellesley (781) 235-6669
- Town and Country Bicycle**
67 North St., Medfield (508) 359-8377
- Travis Cycles**
7 Oak St., Taunton (508) 822-0396
722 N. Main St., Brockton (508) 586-6394
- Two For The Road**
Georgetown Plaza, Georgetown (978) 352-7343
- Wild Women Outfitters**
397 Massachusetts Ave, Arlington (781) 641-5776

Charles River Wheelmen
19 Chase Avenue
West Newton, MA 02465

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BOSTON, MA

Join The Charles River Wheelmen

In consideration of being permitted to participate in any way in the Charles River Wheelmen (CRW) sponsored bicycling activities, I for myself, my personal representatives, assigns, heirs, and next of kin:

1. acknowledge, agree and represent that I understand the nature of bicycling activities and that I am qualified to participate in such activities; I further acknowledge that the Activities will be conducted over public roads and facilities open to the public during the Activities and upon which hazards of traveling are to be expected; I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity;
2. fully understand that: (a) Bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and the risk of death; (b) these risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activities; the conditions in which the activities take place, or the negligence of the other participants designated below; (c) there may be other risks and social or economic losses either not known to me or not readily foreseeable at the time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation in the Activities;
3. hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless CRW, their representatives, administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activities take place (each considered one of the participants herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the participants or otherwise, including negligent rescue operations.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance notwithstanding shall continue in full force and effect.

Date _____ Date of Birth _____

Signature(s) _____

Name(s) _____

Address _____

Phone (eve.) _____ (day) _____

email _____

We sometimes allow bicyclist-related companies the use of our membership list.
 Check this box if you don't want to receive mailings from these companies.

We publish an annual member directory that is available only to club members. Check this box if you don't want your name, address and home phone number on this list.

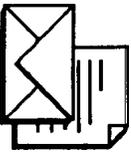
CRW Membership Fees	1 year	2 years	3 years
Individual	\$20	\$38	\$55
Household	\$25	\$48	\$70

Additional contributions to CRW (\$1, \$5, ...) are greatly appreciated!

Make check or money order payable to Charles River Wheelmen and send completed form and membership fees to Sharon Gowan, 504 School St., Belmont, MA 02478

I'd like to help with the activities checked below. Please have someone contact me:

- Ride Leader Publicity Legislative Action
- Safety Membership Newsletter
- Host a postride party Special Events
- Other _____



Renewal or Change of Address?

Don't miss a single issue of WheelPeople! Send your renewal or change of address to our Membership Coordinator:
Sharon Gowan, 504 School Street, Belmont, MA 02478