

WheelPeople

Newsletter of the Charles River Wheelmen



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On the roads of New England since 1966

Volume XXXIX, Number 9 • September 2015

Water Water Everywhere

When I arrived at Lincoln-Sudbury High School at 6:00 in the morning it was already 70 degrees and my car windows were still steamy. I knew it was going to be a double H day; hot and humid. And so it was. Normally riders sign in and hang around to wait for friends. Not this year. Everyone wanted to get out as early as possible to get in an hour or so before the temperatures really climbed. Rosalie and her crack registration crew opened at 6:30. By 8:00 there were only a few stragglers left in the parking lot.

To the surprise of the organizers there were 660 riders in total, which is quite high given the weather. From Bolton west it never got above 88 but it was above normal humidity.

Water? Did someone say Water? We went through more than I can ever remember. Every year we buy fifty 5 gallon jugs from Polar bev-



You Can Never Drink Too Much

by Ken Hablov

erages. This is the first time we went through almost all 50. This is in addition to the 15 or so 5 gallon jugs we own and fill before the event.

At the Kwik Stop store in East Princeton, where the rides split, we provide free water to the riders and reimburse them for the one gallon bottles we use. This year we paid for over 50 gallons at this one location! The park ranger at the Mt. Wachusett visitors' center told me at 10:00 the

line for the water fountain stretched out of the parking lot into the road. The volunteers at the staffed water stops could not keep up with the demand for ice. Given these conditions I know of only one rider we sagged back to Sudbury from Berlin, and one who called his son to pick him up because he had badly cramped and could not continue. Others had cramps but managed to ride through them.

At the insistence of the town of Princeton we had a much larger police presence this year. Many riders commented as to how much they liked the police on the route. Since I drove at the back of the route I managed to stop and talk to

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CTTC 2015 - Continued from page 1

all the police and got some interesting stories. The morning detail in Bolton was not even a cop – he was a Bolton Game Warden! Still, with blinking blue lights on his car and a uniform of sorts he was still quite effective helping riders with the left turn off Route 117.

There was only one accident we know of. A group was going up one of the hills by the Wachusett Reservoir in West Boylston. The lead riders slowed and the rider behind him touched his rear wheel and went down. He was badly injured. This is an example of a key safety issue when riding in a group; following the rider in front of you too closely.

When the riders returned to Sudbury they were treated (free) to an ice cream truck and a massage tent provided by Joint Ventures with two therapists working out all the stiff joints and cramps. On Monday I received the following email from Andrew Millett of Joint Ventures.

“Thank you so much for having Joint Ventures at the Climb to the Clouds post-ride festivities yesterday. Both Claire and I had a blast speaking to all the riders and helping everyone out.

We look forward to working with you in the future on future events.”

Eric Ferioli is our very dependable bike sweep. About 3:00 I left the Berlin water stop and drove back to see how many riders were still on the road. Going back to Boylston I saw one rider but no Eric. I returned to the water stop and figured we had about 45 minutes before

See the Facebook photo album <https://www.facebook.com/media/set/?set=a.10153268376789230.1073741883.100740914229&type=3&uploaded=2>



the lone rider would appear. We broke down the water stop and left enough supplies to take care of this person. As he came down Sawyer Hill he was followed by Eric. I asked Eric where he was since I never saw him. He said he figured he had enough time to take a twenty minute nap then ride hard to catch the rider. I don't know his name but this rider did the 60 from Bolton for the first time and was very happy even though he was last.

Climb To The Clouds becomes more

how much and what food to buy, organizing the distribution of the food and water, and making sure all the water stops are functioning properly; besides being available to handle on-road emergencies. Rosalie Blum manages the on-site registration. I manage the operational side of the event. As always, a big shout-out to Anthony Laskaris of Cycle Loft for his mechanical support all day long.

Eli Post sent this very nice email, *“I never know when what we do is appreciated, but I wanted to say that I noticed from Ken’s ordeal with Princeton Police to Susan’s ability to fit CTTC in with a family wedding and sibling surgery, not to mention last minute scrambling after we lost two volunteers. We pulled it off and the club has you two to thank.”*

It takes a well oiled team to run this event. See the list of volunteers below.

Here are a few comments we received after the ride.

“I want to express my appreciation for the Climb to the Clouds ride that you and the CRW put on yesterday. It was a

CTTC 2015 - Continued on page. 10

Sunday South Shore Coastal Loop

Times and Routes: 7:30 AM Sharp. Rides of 43 and 55 miles.

Ride Type: Cue Sheet, Arrowed
Description: This ride combines shady, quiet roads with beautiful vistas along some of the most scenic coastline on the South Shore. You'll find that the effort to get up early enough to leave promptly at 7:30 will be paid back by having a great ride with little traffic, and you'll be home in time to cook omelets for Sunday brunch! The SSCL will take place every week, weather permitting.

Both rides go through Rockland, Hingham, Norwell, Scituate, and Cohasset with a coffee stop in Scituate Harbor and include 2nd and 3rd cliff in Scituate. The 43 mile ride is often ridden at a more deliberate pace. The 56-mile ride adds a loop to Pemberton Point in Hull, with its magnificent views of Boston Harbor from under the windmill! Set your alarm. You'll be happy you did.

All rides include a new start that avoids bumpy La-zel downhill, and First Parish

Streets. We are also keeping the glorious new finish that avoids Grove Street.

See our [Facebook](#) Page for more details

Please check the website at 6:30 AM Sunday for any last minute updates.

Links: Facebook Page (<http://www.facebook.com/SundayCoastalLoop>)

Leaders: Andy Brand (<mailto:abrand@alum.rpi.edu>)

Start: Park'n'Ride lot, Rockland (opposite Home Depot) '42.165871, - 70.894654'

Directions: Take 128 or 93 to Route 3 to Exit 14 (Rt. 228) in Rockland. Turn left at the end of the ramp, then left again at the first set of lights, and park in the Park'n'Ride lot. Space unlimited. Please check the website Saturday after 9:30 PM for last minute cancellations.

Note: This ride has changed since last year so print a cue sheet. The ride will start at 7:30.

Cuesheets: [Short and Long Cue Sheet](#)

Ride Information: Short (<http://ridewithgps.com/routes/7452740>),

Long (<http://ridewithgps.com/routes/7452730>)

Get Up 'N Go Adventures

Times and Routes: 10:00 AM for 12-20 miles on mixed terrain, 12mph pace, some offroad

Ride Type: Follow the Leader

Description: Because all the rides take advantage of fire roads, bike paths, and easy off-road trails to avoid traffic, serve as shortcuts, or just for the fun of it, hybrid or mountain bikes are the (highly!!) recommended equipment. Registration required. Rides will be posted to the group email list, and on the GUNGA calendar.

To be informed of upcoming rides, subscribe to the group email list by sending email to: gungaeast+subscribe@googlegroups.com

To register for a ride, email the ride leader. Max. 16 riders per day.

Links: More Information (<http://crw.org/GUNGA>), Calendar (http://crw.org/gunga/html/this_week.php)

Leaders: Jack Donohue (<mailto:jmdonohue@alum.mit.edu>)

Start: Location Varies.

Wednesday Wheelers

Times and Routes: Varies, usually 10:00 AM. Distances are typically between 30 and 40 miles.

Ride Type: Follow the Leader

Description: A group that enjoys exploring a variety of scenic routes, mostly in the western suburbs but also to the north or south. Occasionally we do an urban exploration. We always include a lunch stop, either during or at the end of the ride. In the winter we may substitute other activities, such as cross-country skiing. We stay together, following the leader for the day, while being careful not to drop anyone. On a rural ride of average hilliness, the pace is 15 to 17 mph on the flats, but slows considerably on the hills, so we wind up with a rolling average of about 13 mph. In fairness to the group, we require that prospective riders be capable of maintaining this pace. Non-members of CRW are welcome to ride with us and experience what the Wednesday Wheelers offer. If you like our rides however, and wish to continue to ride with us, we expect you to become a CRW member.

Coordinator: Helen Greitzer (<mailto:helengreitzer@hotmail.com>)

Start: Location Varies.

Directions: The ride coordinator sends ride announcements and ride reports by weekly e-mail. For more information, including the next ride start location, e-mail Helen.

Note: Different leader each week. To become a leader contact Helen.

Wednesday Ice Cream Ride

Times and Routes: 6:30 PM, Arrowed rides of 10, 19.5 and 25 miles.

Ride Type: Cue Sheet, Arrowed

Description: Scenic quiet rolling roads through the towns of Wellesley, Weston and Lincoln, many freshly paved. The long route adds the additional towns of Sudbury and Wayland. Named one of the Ten Best rides by Bicycling Magazine. Ride pace is varied, and ideal for the uninitiated as well as the experienced rider. We like to get together after the ride and have pizza at the Wellesley Hills House of Pizza. Steady rain cancels.

Leaders: Roger Bonomi (mailto:Roger_r_bonomi@Raytheon.com, 617-686-4073), Gabor Demjen (<mailto:gabordemjen@verizon.net>, 781-444-4508 9AM - 10PM), Rudge McKenney (mailto:Rudge_McKenney@verizon.net, 617-332-6242)

Recurring Rides - *Cont. on pg. 4*

Recurring Rides

Start: Saint Johns School Parking Lot on Columbia Street, Wellesley (off Rt 16, Washington Street, in Wellesley). '42.325008, - 71.262467'

Directions: From 128 North or South, Take Rt 16 West approximately 4/10 mi. Columbia Street is on the right, just after the old Grossman's Parking Lot is on the right.

Wednesday Show and Go

Times and Routes: 6:30 PM, rides of 16 and 19 miles.

Ride Type: Cue Sheet, Follow the Leader, GPS

Description: The ride starts at

6:30 sharp and goes on quiet roads through Stow, Harvard, Boxborough; and returns through Acton and Stow. The route is 16 miles with a Harvard hill option of 3 additional miles up Stow Road.

The cue sheets on the RWGPS links below have been vetted for accuracy.

Leaders: Glenn Davis (<mailto:davisgm@comcast.net>)

Start: Brother's Pizza, 275 Cox St, Hudson

Ride Information: 16 mile (<http://ridewithgps.com/routes/7865131>), 19 mile (<http://ridewithgps.com/routes/7865058>)

Thursday Fitness Ride and Pace Line Clinic

Times and Routes: 6:00 PM SHARP Routes of 17, 28 and 34 miles

Ride Type: Cue Sheet, Fitness, Arrowed, GPS

Description: The short and medium rides wind through Bedford, Concord and Carlisle. The long ride of rolling hills adds Westford and Chelmsford. Groups do the fitness ride at 14 to 20+ mph. There will be an introductory pace line clinic to teach safe group riding skills for up to 6 riders. We'll start around 15 mph and pick up the pace as the season progresses. Pace line clinics will be the first Thursday of each month beginning May 7 and ending August 6. Steady rain cancels.

Note – Rides of 20 and 22 miles are also available with short detours.

Leaders: Kathy Horvath (<mailto:kathy.j.horvath@gmail.com>), 781-271-1308 Before 9:00 PM)

Start: LG Hanscom Airfield Parking Lot, 200 Hanscom Drive Bedford, MA

Directions: NOTE: Address is in Bedford, but roads are in Lexington: Rt. 95/128 to Exit 30 B (Route 2A West) Do NOT take Exit for Rt. 4/225 which also says "Hanscom Field". Go on Rt. 2A W for 1.5 miles to

blinking light. Turn right at Airport Road/Hanscom Drive towards Hanscom Field and bear left at fork in 1/2 mile towards Civil Air Terminal. Park at bottom of hill.

Cuesheets: [Cue sheet for all routes](#)

Ride Information:

Long (<http://ridewithgps.com/routes/8759595>),

Medium (<http://ridewithgps.com/routes/8759592>),

Short (<http://ridewithgps.com/routes/8761977>)

Thursday Night Fun Ride

Times and Routes: 6:00PM Start with 24, 29, and 34 Mile Routes

Ride Type: Cue Sheet, Arrowed

Description: The Thursday Night Fun Ride welcomes everyone. Weather permitting; you will ride through the scenic countryside of the small towns of West Bridgewater, Bridgewater and Middleborough. We encourage groups of various speeds riding together and for the last group to wait for ones separated to catch up. This ride will repeat Thursdays through the early fall. **Please bring your lights, and bright clothing is strongly recommended**

Leaders: Wayne Douglas (<mailto:wdouglas5@comcast.net>), 508-245-5228)

Start: Park & Ride, West Bridgewater, MA (near the Charlie Horse Restaurant)

Directions: Take Route 24 to Exit

16B West (Route 106) in West Bridgewater. The Park & Ride parking lot is on your left before the Charlie Horse Restaurant.

Note: Ride begins on April 16

Friday TGIF Unwinder

Times and Routes: 6:00 pm, 18 or 24 mile

Ride Type: Cue Sheet, Map, Arrowed

Description: A club ride that provides something for all tastes. There is usually a fast group riding paceline (18mph+) while others tour at their own speed. The ride winds through the low traffic back roads of Concord, Carlisle, Acton and Chelmsford. This ride is conducive to both the fitness rider and those out to enjoy the scenery. It is a great way to end the work week.

BEGINNERS WELCOME!

There is always a group going out for dinner and/or ice cream after the ride. Bring the fun and bike lights.

Leaders: Alan Cooney (<mailto:alanc256@gmail.com>), 617-293-2244 after 5PM), Ed Glick (<mailto:edglick@alumni.neu.edu>), 978-319-8722 after 4PM)

Start: The library parking lot of the Bedford Town Hall/High School/Library complex on Routes 4/225/62 in Bedford Center, 7 Mudge Way.

Directions: Take 4/225 west from 128 through Bedford Center.

Recurring Rides - *Cont. on pg. 5*



Three generations of CRW jerseys

Recurring Rides

Just before Route 62 splits off to the left, you'll see the blue lights of the police station. Take the driveway left just after the police station and then a quick RIGHT to go behind (west of) the library.

Ride Information: TGIF 24(<http://ridewithgps.com/routes/2591025>), TGIF 18(<http://ridewithgps.com/routes/7527223>)

Q · U · O · T · E

“When man invented the bicycle, he reached the peak of his attainments. Here was a machine of precision and balance for the convenience of man. And (unlike subsequent inventions for man's convenience) the more he used it, the fitter his body became. Here, for once was a product of man's brain that was entirely beneficial to those who used it, and of no harm or irritation to others. Progress should have stopped when man invented the bicycle.”

-- Elizabeth West

Thursday Boston-Dover Loop

Times and Routes: 30 miles starting at 5:30 pm
Ride Type: Cue Sheet, Follow the Leader, GPS
Description: We start at Back Bay Bicycles, 362 Commonwealth Avenue, Boston and cycle out of town through Brookline, Needham to Dover and back through Newton Highlands, Brookline into Boston. This is a “no drop” ride so the group will stay together. Riders are welcome to convene at the Trident Book Store and Café around the corner from BBB on Newbury Street after the ride.

Leaders: Hannah Rossi (<mailto:backbayshop@gmail.com>, 617-247-2336 Daytime)
Start: Back Bay Bicycles, 362 Commonwealth Avenue, Boston
Cuesheets: 30 mile Boston-Dover Loop Map and Cue
Ride Information: 30 mile Boston-Dover Loop (<http://ridewithgps.com/routes/7114698>)

Be sure to check the web site (<http://crw.org/cgi-bin/calendar.pl/?thismonth=yes>) for possible updates or cancellations. 🌐

September Rides



September is Century Month: There are enough centuries in New England during September so that doing them all would wear out even the toughest riders. Close to home, of course is our own Fall Century, which we hope is at the top of your list.

Four Burro Ride (Southboro, Westboro, Marlboro, Northboro) Saturday - September 5

Times and Routes: 9:30 AM for 48, 32 and 20 miles.
Ride Type: Cue Sheet, Arrowed, GPS
Description: This is a rolling ride through some lovely country and town roads that pass by several bodies of water in Southborough, Westborough, Northborough, Marlborough, Hopkinton and Upton. The short ride is mostly north of route 9. The long ride is much more rural and continues through and south of

Hopkinton. Road conditions vary from newly paved to pot-holed to a short stretch of hard packed dirt of the long ride. The short split is at mile 23; the medium at 26. The 20-mile route at 10:00 has a few hills, and is a relaxed pace “follow the leader” ride. All routes are arrowed. Rain cancels.
Leaders: Ann Northup (<mailto:northupa@verizon.net>, 857-231-1435)
Start: Mary Finn School. 60 Richards Road, Southborough
Directions: From #128: Take the Mass Pike west to the second exit, # 12 / Route 9. Go west approximately 2 miles on route 9. Take # 85 south for a mile to the set of lights at Richards Road. Go right on Richards Road to the end. You will see the

school on your left. From # 495: Take # 9 east. When you see the yellow Eagle Leasing Corp. sign at the top of the hill, slow down. Parkerville Road is hidden just after the Kaz sign on the right, .06 miles from # 495. The school is 1 mile on the left. Or, continue on #9 a short distance to # 85 south to Richards Road.
Note: For refreshments it is recommended to stop at Starbucks or Quiznos at the corner of #9 and Breakneck Hill Road or at the Red Barn Cafe next to Angel Nurseries at the corner of School and W. Main on the long ride. There is a water faucet on the left side of the Nipmuc Clubhouse at the corner of Pond and Fiske Hill. Porta Potties are available at the ride start.

On all CRW rides, please arrive at least 15 minutes before the published ride starting time. It is recommended that you bring pump, patch kit, spare tube, allen wrenches, screwdriver, lock, water bottle, some money, helmet, gloves, and a map. You should also carry an ID card, health insurance card, and emergency contact information.

— Helmets required on all CRW rides.

Please be sure to check the website for last minute changes including weather related cancellations.

September Rides

Ride Information:

32-Mile Route (<http://ridewithgps.com/routes/1275092>),
48-Mile Route (<http://ridewithgps.com/routes/1275158>),
20-Mile Route (<http://ridewithgps.com/routes/1368141>)

Berlin Hills

Saturday - September 12

Times and Routes: 9:30 AM for 24 and 34 hilly miles

Ride Type: Cue Sheet, GPS

Description: Bucolic, tree-lined rural roads with very little traffic. The 34-mile route is more hilly and includes several significant climbs, including the always-popular Green Street hill. The 24-mile route, while also hilly, avoids Green Street and is more rolling. Both routes include a 1/2-mile warm-up climb followed immediately by a breezy and fun one-mile downhill run before the split at mile 4.6. The routes merge again nine miles from the end to share several more rolling hills and two additional downhill runs.

Leaders: Chris Summerfield (<mailto:chris@system.com>, 617-864-7327 before 9PM)

Start: Berlin Memorial School, 34 South Street, Berlin, MA 01503

Directions: From I-495, take Exit 26, Route 62 West toward Berlin. After 2 miles, when Route 62 curves sharply to the right in the center of Berlin, turn left onto Linden Street, then left again (around the traffic island) onto South Street. Less than 1/4 mile down South Street, find the Berlin Memorial School driveway on the left. Go down the driveway and completely around the school to the large parking lot behind the school. Do not park in front of the school or near the soccer and recreation fields.

Note: There is a porta-john at the school and rest rooms at the municipal building nearby.

Ride Information:
24-Mile (<http://ridewithgps.com/routes/9639947>),
34-Mile (<http://ridewithgps.com/routes/9506125>)

Thirty First Annual Gryzboska Circle Ride (SWCCW)

Sunday - September 13

Times and Routes: 10AM for 26, 39 or 56 miles on rolling terrain.

Ride Type: Cue Sheet, Arrowed, GPS

Description: The super short (SS) ride meanders southwest from Framingham to Ashland, Southborough and Hopkinton. The short (S) ride adds Upton. The

long (L) ride adds Uxbridge, Mendon and Northbridge. All rides are rolling. The lunch stop for the short and long rides is in Upton center. The super short ride has no lunch stop. Most of the ride is on residential and rural roads with few traffic lights. Points of interest include Framingham Country Club, Charlie Chan's summer home, Whitehall Lake and State Park, scenic brooks, Upton State Forest, farms, llamas and the Ashland Town Forest. In nice weather this ride can attract over 70 riders. There may be autumn foliage to view.

Leaders: Joe Repole (<mailto:joeecentury@aol.com>, 508-879-6340 Before 8 PM)

Start: Gryboska Circle, 15 Gryzboska Circle, Framingham MA

Directions: From the Mass Pike take Exit 12 and Route 9 East to Temple St. (2nd traffic light). Right on Temple St. to end. (If traveling west on Route 9, take a left on Temple St. from the jug handle). Right at end onto Salem End Rd. First right is Gryzboska Circle. Park on Gryzboska Circle on the odd numbered side of the circle (inside of the circle). The commuter rail leaves South Station at 8:40 AM and arrives in Framingham at 9:41 AM. You are encouraged to ride your bike to the start, however there is ample parking.

Ride Information:

SS (26 Miles) (<http://ridewithgps.com/routes/5946505>),
Short Ride (39 Miles) (<http://ridewithgps.com/routes/5977703>),
Long Ride (55.9 Miles) (<http://ridewithgps.com/routes/6000956>)

Saturday - September 19

No scheduled ride, contact VP of Rides (ridesvp@crw.org) to volunteer to lead a ride.

FALL CENTURY

Sunday - September 20

Times and Routes:

Ride Type:

Description: [Click to see the century web page](#)

Leaders: Eli Post (<mailto:elipost@comcast.net>, 617-306-1838)

Start: Littleton

Directions: [Click](#)

Wachusett Brewery Ride and Tour

Saturday - September 26

Times and Routes: 9:30 for 55 miles, 10:00 for 35 & 20 miles

Ride Type: Cue Sheet, Arrowed, GPS

Description: Enjoy a beautiful rustic ride on mostly quiet country roads in Worcester County. Long ride goes through Westminster, Gardner, Ashburnham and Winchendon. There are some hills and challenging road terrain but you'll be rewarded with some

beautiful views and scenery. Both rides pass the entrance to Mt. Wachusett for anybody interested in adding some elevation. The long ride goes farther north into New Hampshire with some beautiful views of lake Mono-monac. There will be brewery tours and tasting compliments of Wachusett Brewing Company immediately following the ride.

Leaders: Alan Cooney (<mailto:alanc256@gmail.com>, 617-293-2244 after 5PM),
Ed Glick (<mailto:edglick@alumni.neu.edu>, 978-319-8722 after 4PM),
Kathy Horvath (<mailto:kathy.j.horvath@gmail.com>, 781-271-1308 Before 9:00 PM)

Start: Wachusett Brewing Company, 175 State Road East, Westminster, MA

Directions: From I-95/128 take exit 29B to merge onto MA-2 W toward Acton/Fitchburg, turn left onto MA-2 W/Massachusetts 2A W/Concord Turnpike (signs for Littleton/Ayer). At the traffic circle, take the 4th exit onto MA-111 N/MA-2 W/Union Turnpike and continue to follow MA-111 N/MA-2 W. Take exit 27 for Depot Rd toward Narrows Rd. Turn right onto Depot Rd and take the 3rd right onto Massachusetts 2A E/State Rd E and Wachusett Brewing Company will be on the right. Please park in lot behind brewery.

September Rides - *Cont. on pg. 7*

September Rides

Ride Information:

Wachusett Brewery Short
(<http://ridewithgps.com/routes/5509877>),
Wachusett Brewery Med.
(<http://ridewithgps.com/routes/1428619>),

Wachusett Brewery Long
(<http://ridewithgps.com/routes/1428743>)

Al Lester Memorial Ride Saturday - September 26

Times and Routes: 10:00
for 30 or 40 miles

Ride Type: Cue Sheet,
Arrowed, GPS

Description: Al Lester was 31
when he was hit and killed by

a drunk driver while training for Race Across America (RAAM) in 1992. Al was a member of and ride leader for CRW and the old AYH. He led epic tours like TOS-RV-East and Cape in a Day. This is an original route he created as a teenager when he rode from his home in Westwood, where his parents still live. Virginia and

George Lester will be on hand to greet us at the start and meet us at mid-point with snacks. Route goes through Westwood, Sherborn, Dover, Medfield - familiar roads but with a fresh twist. Please join us and you won't be disappointed. Al Lester is a legend and part of CRW history.

Leaders: Ellen Gugel
(<mailto:emgugel@verizon.net>, 508-366-5884), Eric Ferioli (781-235-4762)

Start: Sheehan Elementary School, 541 Pond Street, Westwood, MA

Directions: Take Route I-95 to exit 16B; merge onto Route 109 West (High St) toward Westwood for 3.1 miles to Pond Street and turn left; look for Sheehan School on the left.

Cuesheets: Albert B. Lester Memorial Ride - 30 miles

Ride Information: Albert B. Lester Memorial Ride - 30 Miles (<http://ridewithgps.com/routes/9607784>)

Be sure to check the web site (<http://crw.org/cgi-bin/calendar.pl/?thismonth=yes>) for possible updates or cancellations. ☺

The Charles River Wheelmen Fall Century - Souhegan River Tour

Sunday, September 20, 2015

Event held Rain or Shine

Registrations will be accepted on-line only.
No day of event walk-ins.

Join The Charles River Wheelmen on one of three beautiful and very scenic tours of 100, 62 and 50 miles. All rides go through Groton, Pepperell and Dunstable. The century route travels on back roads to Lunenburg then north along the Souhegan River to Wilton NH and back through Brookline NH.

START LOCATION Littleton, MA

CHECK-IN 7:00 – 8:30 AM for all rides - start ride after check-in

NOTE: This ride is **ADVANCE REGISTRATION ONLY!** The ride will be limited to 500 riders, and you must register to participate. You will **NOT** be able to pay at the start.

COST CRW members **\$15.00**
Non-members **\$25.00**

Register early, and be certain you have a place in the ride.

Registration will be CLOSED Friday September 18, 12 noon or when we reach our limit of 500 riders

- Fully arrowed routes with CRW precision, with a map and cue sheet for each ride.
- Water & food stops on all routes
- After ride refreshments for returning riders

Helmets required on all CRW rides

REGISTER ONLINE at
<http://www.crw.org/CenturyRF.php?event=f>



Below is a letter to the editor of the Melrose Free Press from CRW member Diane Mutchler:

As one who enjoys road cycling, I read with interest your July 2, 2015 “What are Sharrows and Shark’s Teeth?” article (<http://melrose.wickedlocal.com/article/20150705/NEWS/150709294/0/SEARCH>). With thousands of miles on my bike each year, I was totally unaware of the meaning of Sharrows and Shark’s Teeth.

My love for road cycling began about 5 years ago at the age of 54. I admit that at that time I couldn’t imagine looking like “all those other females” on a road bike, you know – spandex shorts, squirrel-style handlebars, bright-colored jerseys, and gloves. Well, that’s me! And I’m having such fun, and excellent fitness, on two wheels. Last month I cycled from Melrose to Provincetown, Cape Cod in one day, averaging 15 mph. Had a ball!

I forwarded your article to my two cycling clubs – North Shore Cyclists, and Charles River Wheelmen. The following are comments from three seasoned members:

“Sharrows are a great start, but only a start. What’s needed is education and enforcement of them. Hopefully the culture will change so that being careless towards bikers won’t be accept-

able. The culture about smoking in public and use of seatbelts has changed dramatically, but the holdouts are, and still will be – a challenge. Cyclists, use the sharrows but still be extremely cautious of distracted (or disinterested) drivers. Signs by themselves don’t change bad behavior.” S.T.

“These symbols appear to indicate there are cyclists in the area. Cars passing should be at least 3 feet from the cyclist, but most drivers don’t know. Drivers certainly don’t know that the markings mean that cyclists can take 11 feet from the curb. And, if drivers don’t know, it is dangerous to assume that the markings create an entitlement for bike riders.” F.H.

“I have seen these markings, but I had no idea what they meant. Good to know!” C.S.

As a safe and law abiding cyclist, walker and driver of an automobile, I have concluded that in today’s lawless society, the rules of the road are often ignored. And, I’ve witnessed some police ignoring them as well. Many people do not want to be told what to do. It is pretty much a “do your own thing” society. Cars and bikes rolling through STOP signs – this has become the norm.

Enforcement of the laws and rules of the road must take place. Citizens who choose to get behind the wheel of a car



should obey the stop signs, the traffic signals, the speed limits. Cyclists and walkers should be law abiding as well. But, from my daily observations, this is often not the case. So I can’t help but wonder, “If the majority of people are rolling through stop signs, and speeding, why should I think they will pay attention to sharrows and shark’s teeth?”

Since reading your article, I have been in touch with Steve Leibman, Chairman of the Melrose Pedestrian and Bicycle Committee. I found Mr. Leibman’s responses to my concerns very helpful. I’d like to share them with you:

“Hi Diane: The ‘Sharrows and Shark’s Teeth’ article ran in the paper partly because there are many (including myself) who share your concern that these symbols may be unfamiliar and merit some explanation. Though isolated examples of sharrows have been around for two decades, they really only started becoming commonplace after their inclusion in the 2009 edition of the Manual on Uniform Traffic Control Devices (the nationally-accepted standard for road design). Articles like these are one component of building a common understanding that at least makes the meaning clear. In addition, I hold out hope that by explaining the reasons for particular

rules, we increase the likelihood that users of the road will be motivated to follow them.

“In your personal communication to me, your principal concerns were around the Highlands project and the following elements recently added to Franklin Street:

1. The sharrows. It’s worth noting that every road has implicit sharrows. People on bicycles are always entitled to use the road (with rare exceptions such as interstate highways), often need more lateral space than one might expect, and should be passed by faster traffic only when safe to do so. Sharrows are useful as reminders to people on bikes that they should travel in the same direction as traffic, and should position themselves far enough away from parked cars and the curb to stay safe. They also serve as reminders to drivers that cyclists are directed to behave in that manner.

2. The curb bumpouts. Your concern was that these stick out into the road, pushing cyclists further into traffic. The position taken by the Ped/Bike Committee is that pedestrian safety on Franklin Street is of paramount concern, and that curb bumpouts are an effective

Sharrows - Continued on page. 9

Sharrows - *Continued from page 8*

means of shortening the crossing distance and calming traffic. When placed adjacent to parallel parking, they don't affect the line of travel taken by cyclists, but when placed in isolation, such as on the curve across from Vinton Street, they could pose a hazard. For such locations, the Committee suggested alternate measures, such as a raised crosswalk, that were ultimately not chosen.

"Speaking on behalf of the Ped/Bike Committee, while I have quibbles with the choices for some of the design elements in the Highlands project, overall it's a notable improvement for all modes of transportation, and the City should be commended for taking the initiative to apply for and win the MassWorks grant that funded it."

Thank you, Steve Leibman. This is important and helpful information. I'll close with the comment from S.T. of North Shore Cyclists: "Sharrows are a great start, but only a start. What's needed is education and enforcement. Cyclists, use the sharrows but still be extremely cautious. Signs by themselves don't change bad behavior."

Sincerely,
Diane Mutchler



Blacked Out

by Eli Post

"Blacked out" can mean wasted and not aware of what you are doing, or in this case to obscure something completely so that it cannot be seen or read.

We mark the roads to facilitate navigation, and our "arrowed" rides are probably our best known and appreciated service to our members, not to mention the general riding public. New England's roads are as charming as they get but working your way through multiple turns is more elegant when you are freed from the tyranny of the

cue sheet and can execute a turn without stopping to check.

Unfortunately from time to time our hard work is undone by a construction crew or an irate home owner who takes exception to a road marking outside his or her door. The photo shows a black spot where an arrow used to be. Fortunately we saw it before the ride and no harm done but it is another reminder that you have to be alert and check the cue sheet periodically if something seems amiss. ☀

Impromptu Rides

by Jack Donohue

I was riding alone one Saturday, and passed several groups of riders with people I knew. It occurred to me that we might be able to use the CRW Twitter account to connect riders on an ad hoc basis. We could create a special hash tag, #crwadhocrides for the purpose. Say you decided you wanted to do a ride at 10am. You would tweet something like:

"#crwadhocrides Meet Bedford Depot, today, 10AM for 30mile ride, Concord, Carlisle, 15mph pace, lunch stop at Ferns"

You might even be able to squeeze in a RideWithGps link, but remember you only have 140 characters, so you can't wax too eloquent.

Everyone who follows @CRWwheelmen, the CRW Twitter account, would be notified, as well as people who search on the hashtag.

We encourage you to try it out. If this becomes a popular way for people to hook up for rides, we may consider enhancing it. ☀

Time to Get on Board

The CRW board consists of nine members and, together with the other officers, is responsible for running the club. If you have strong feelings about how things should be done, or are interested in helping the club, run for the board. Board members are required to attend bi-monthly meetings where CRW issues are discussed and voted on. Board members may optionally participate in other activities or committees within the club. Any club member is eligible to apply for the post. To

run for a board position, send a statement of candidacy to editor@crw.org or: Jack Donohue 26 Fox Run Road Bedford, MA 01730. E-mail is preferred, or typed hard copy. The statement should be no more than 100 words, introducing yourself and your bicycling interests, and stating your reasons for seeking the board position. Statements must be received by October 5, for the November issue of WheelPeople. The top three candidates will receive three year terms starting in January. ☀

CTTC 2015 - Continued from page 2

great ride, well run, and well organized. I know a lot of route planning and coordination with various towns needs to take place, as well as finding good people who volunteer their time. So again, thank you and your associates for putting on a great ride!"

"Thanks to you and all the volunteers for making the ride possible and work as smoothly as it does. "

"My wife and I did the Climb to the Clouds ride yesterday. I want to congratulate the Club for terrific planning and fabulous support. On a beastly hot day, the water stop staffs did a fabu-

lous job. In an obviously challenging situation, each stop was well-staffed and ran efficiently with everything the riders needed. Supplying water must have been a huge challenge, and staff members worked hard and with alacrity. Unlike previous years, even the riders appeared to behave themselves and appeared to listen to club warnings not to clog the streets. We greatly appreciate the club's work. We are so very thankful for CRW's work and so pleased to be members. Please extend our thanks to everyone who had a role in planning the ride."

Volunteers:

Sudbury Registration: Craig Pasek, Mel Prenovitz, Rosalie Blum, Stanly Kay, Elizabeth Wicks

Bolton Registration: Mike Hanauer, Edie Baxter, Jacque Smith, Chris Summerfield

Sterling water stop: Mike Byrne, Merle Adelman, Susan Sabin, Don Mannes

Berlin water stop: AJ Gemperline, Nina Siegel, Duane Roth, Rick Lawrence

Acton water stop: Joan Laxson, Ilkka Suvanto, Janet Miller

After ride in Sudbury: Eli Post, Ron Marland, Francine Sparks

Food: Merle Adelman, John Allen, David Hennessey

Supply distribution: Bill Haynes

On road support: Sally Fuller, Susan Grieb, Ken Hablow Anthony Laskaris

Bike sweep: Eric Ferioli

Arrowing: Ken Hablow, Larry Kernan, Dom Jorge, Bernie Flynn

After ride volunteer party: Mike Hanauer, Elizabeth Wicks, Rosalie Blum, Janet Miller, Joan Laxson, Ilkka Suvanto, Jan Hablow



to the Letters Editor

My wife and I did the Climb to the Clouds ride yesterday. I want to congratulate the Club for terrific planning and fabulous support. On a beastly hot day, the water stop staffs did a fabulous job. In an obviously challenging situation, each stop was well-staffed and ran efficiently with everything the riders needed. Supplying water must have been a huge challenge, and staff members worked hard and with alacrity. Unlike previous years, even the riders appeared to be-

have themselves and appeared to listen to club warnings not to clog the streets. We greatly appreciate the club's work. We are so very thankful for CRW's work and so pleased to be members. Please extend our thanks to everyone who had a role in planning the ride.

Sincerely,
Donald and Mary Yacovone
(by email)

Other Trips

Labor Day Weekend in the White Mountains

Fri.-Mon., September 4-7, 2015

Biking in the beautiful White Mountains of NH. Daily rides ranging from 30-60 mi. on rolling to hilly terrain. Stay at comfy ski lodge. Cost of \$165 including three nights lodging, three breakfasts, two dinners. Lodging is bunk rooms with shared bath, supply your own bedding.

Check here:
<http://crw.org/trips/laborday/rooms.php>
for room availability and to register.

Leaders: Jack Donohue (jmdonohue@alum.mit.edu) and Susan Grieb (slgrieb@comcast.net, 781-879-9523 before 9PM)

This is an Appalachian Mountain Club trip.



by Jack Donohue

For those of you who were wondering, yes, there is life after retirement, and so far it's pretty good. A few years ago, I was thinking of going part time, when my company came out with a program they called "Transition to Retirement" which I dubbed "Old and In the Way." The gist of it was you could work 3 day weeks at 70% pay, but you absolutely had to leave at the end of 2013. This was exactly what I was looking for so I signed up immediately.

A three day work week allowed me to discover some other groups who rode on weekdays. My friend Pamela was then running Tuesday rides from Ride Studio Cafe in Lexington, and since they mostly came out my way, I would join them en route. Then there was another related group known as "Free as in Beer" for obscure reasons that did similar rides.

So when full retirement finally came, I already had my riding partners set up. I was going to stick it out to the end of 2013, but Susan wisely convinced me to put aside my greed and retire in June.

When I rode with these groups, I did have to adapt my riding style a bit. In the old days, I used to do most of my non-club rides with Ken. I was a charter member of Team Hablow, which over the years has seen quite a number of people come and go.

A Ken ride would be a 60ish mile journey into Hablow country. I would follow Ken blindly, knowing I would be in for a nice ride. Ken rides were rather spartan. Definitely not a smell the roses kind of ride, the only acceptable reason for getting off

your bike was to pee, or scarf

down a power bar. The two were often coordinated so as not to spend excessive time off the bike. I was generally a spectator at the power bar feast, since I could never seem to remember to pack one in my jersey, despite the fact that I had a whole box of them whose sell by date was probably somewhere around the turn of the century.

When I started riding with these other groups, I was introduced to a strange concept, stopping for lunch. This involved getting off your bike for more than two minutes, and having a sit down meal. At first I resisted the idea, why would anyone want to stop riding

just to eat? But I finally succumbed to peer pressure, and discovered that it was quite pleasant and actually made the rest of the ride easier. Especially since my meal was always accompanied by a giant cup of coffee, since caffeine is the drug of choice for the non-competitive cyclist. I experienced renewed energy after feeding and quaffing my caffeine fix.

Pamela has moved west, so the RSC rides are no more, but the Free as in Beer group is still going strong. Ken has

even started leading rides for this group, and has started including a token lunch stop. He hasn't completely abandoned the old ways, since he sometimes guilts the crew into blowing off lunch, but there are photographs of Ken seen indoors and eating.

Then there are the Wednesday Wheelers. I don't ride with them too often, since I generally ride to the ride, and their ride starts are usually too far away. The Wheelers begat a similar ride on Thursdays hosted by the Nashoba Valley

Pedalers. Their rides start even further West, so I rarely participate, unless I'm leading the ride and can pick a convenient start point.

If that weren't enough, I'm also involved with the GUNGA rides, lead rides for the AMC bike committee, and have started a ride series for seniors based out of the Bedford Council on Aging.

So in retirement, I find my dance card is pretty full. I actually have to plot the week carefully to maximize my riding opportunities. ☺

Jack's Back Pages - Find past "Little Jack's Corner" articles on the CRW website at <http://crw.org/ljackc/> and through the web site menu: Information > Fun > Little Jack's Corner

NewMembers

Frank Andronaco	Lexington	Julie McIntosh	Boston
Joel Angiolillo	Weston	Catarina Nogueira	Somerville
Deborah Carleton	Scituate	Neb Obradovic	Marblehead
Sara Carnahan	Providence, RI	Jim Paradis	Brookline
Kiran Chinnayakanahalli	West Roxbury	Tim & Gretchen Parker	Rockport
Sonia Connaughton	Bedford	Gary Patronek, Joseph Donlavey	Roslindale
Mark Conti	Franklin	Nancy Paz	Medford
Doug Cornelius	West Newton	Richard Pearson	Natick
Jay DiMare	Hopkinton	Drew Peterson	Somerville
Chip Donovan	Holliston	David Reddick	Boston
Susan Edwards	Pepperell	Inette Rex	East Taunton
Connie Esenther	Medford	Robert Riethmiller	Newton Center
Greg & Amanda Green	Burlington	Rodolfo Ruiz	Newton
Barbara Heller	Concord	Cathleen Russell	Arlington
Jonathan Johnson	Attleboro	John Sheehan	Wakefield
Tracey Johnson	Boston	Marcus Springer	Boston
Merlijn Kaaij	Boston	Dean Sturtevant	Boston
Melissa (Missy) Keesler	Auburndale	Anton Tokranov, Andrea Weber	Cambridge
Gary Kimball	Hull	Lei Wang	Somerville
Alan Krupp	Auburndale	Joel & Joel Weddig	Waltham
Alan Lazar	West Roxbury	Amy Wolfe	Chestnut Hill
Ryan Le	North Easton	Wendell Yee	Lexington
David McCay	Southborough	Jonathan Zarkower	Framingham

July Mileage

144155

Name	Miles	M	C	K	Name	Miles	M	C	K
Don Fraser	5867	-	-	-	Joseph Tavilla	1548	-	-	-
Bruce Ingle	5831	7	6	2	Michael McLean	1525	2	1	-
Jack Donohue	5809	-	-	3	Marc Cohen	1455	3	-	-
Chris Roberts	5806	6	4	1	Steve Cohen	1442	1	3	-
Richard Taylor	4984	7	7	2	Cynthia Snow	1398	1	-	-
Bob Wolf	4263	4	1	-	Bill Hanson	1350	-	-	-
Bernie Flynn	4127	4	2	1	Rudge McKenney	1234	1	-	-
Douglas Cohen	4071	1	-	-	Arne Buck	1221	2	1	-
Ken Hablow	4005	4	1	-	Joseph Hagan	1206	3	1	-
Clyde Kessel	3976	5	3	1	John Allen	1150	2	-	-
Pamela Blalock	3541	5	-	-	Jean Orser	1090	2	-	-
Carlo Innocenti	3484	4	3	-	John Springfield	1045	-	1	-
Steve Robins	3330	-	-	1	Gabor Demjen	1035	2	-	-
Cynthia Zabin	3306	-	-	-	Butch Pemstein	1009	1	-	-
David Cooper	3222	5	2	-	Ed Hoffer	972	-	-	-
Erik Husby	2916	-	-	-	Pete Knox	962	-	-	-
Samuel Leadholm	2880	3	-	-	Jeffery Luxenberg	940	-	-	-
Dawn Michelle	2856	-	1	-	Mike Hanauer	859	-	-	-
Irving Kurki	2810	5	-	-	Scott Tyler	833	-	-	-
Peter Sousounis	2745	3	3	-	Gregory Ascrizzi	777	3	2	-
Dom Jorge	2703	3	-	-	A J Gemperline	757	-	-	-
Walter Frank	2631	2	-	-	Mike Byrne	545	-	-	-
Martin Estner	2568	-	-	-	John Kane	408	-	-	-
Harry Wolf	2533	-	-	-	Eric Sansone	319	-	-	-
Larry Delaney	2495	4	2	-					
David Wean	2462	1	-	-					
Diane Mutchler	2163	4	3	-					
Lisa Weissmann	2126	2	-	-					
Joel Bauman	2091	3	-	-					
Bruce Larson	2085	4	2	-					
Paul Greco	2068	-	-	-					
Alan Cantor	2012	4	2	-					
Neal Schuster	1977	3	-	-					
Fred Newton	1975	-	-	-					
Frank Aronson	1860	4	3	-					
Joe Repole	1857	6	7	-					
Henry Marcy	1826	1	-	-					
Mark Druy	1814	2	1	-					

Mileage Table Explained

Miles are year-to-date totals. The M column indicates the number of months the rider reported completing a metric century. The C column shows the number of months with a hundred mile century, and the K column is the number of months with 1000 or more miles.

Report mileage by the 3rd of each month on the website at <http://crw.org/mileage/mileage.htm> or email mileage@crw.org



CRW members receive WheelPeople, the Club's newsletter. CRW is also an associated club of the League of American Bicyclists.

Address correspondence to:
The Charles River Wheelmen -
26 Fox Run Road
Bedford, MA 01730

Editorial Policy

We welcome contributions to this newsletter, but reserve the right to edit articles in any way that we deem appropriate.

We will make every effort to preserve both the style and intent of the author, but we may rewrite an article to fit available space, to clarify ambiguities in the text, and to correct factual errors.

Articles and other materials which appear in WheelPeople, unless specifically identified as editorial policy, represent the opinion of the author, and do not

represent the opinions of the editors, coordinators, officers, or board of directors of The Charles River Wheelmen, Inc.

How To Send Us Your Article

Articles and letters must be received by the 5th of the month to be included in the next issue of WheelPeople.

Send copy electronically to editor@crw.org. Your document should be plain ASCII text, formatting will not be preserved. If the article can't be emailed, send a typewritten or handwritten ver-

sion to: Jack Donohue

26 Fox Run Road, Bedford, MA 01730

Articles submitted to WheelPeople or parts thereof may also be published on the CRW web site unless the author instructs otherwise.

Insurance

If ride leaders or others have questions about insurance, contact Ken Hablow at 781-257-5268. Please do not contact the insurance company.

BOARD OF DIRECTORS

Term Expires

John Allen	2016	781-891-9307
Mike Byrne	2017	508-788-7120
Connie Farb	2017	978-443-4993
Bernie Flynn	2017	617-968-3506
Helen Greitzer	2016	508-878-6988
Ken Hablow	2016	781-257-5268
Stanley Kay	2015	617-928-3677
Erik Sobel	2015	857-636-0900
Bob Wolf	2015	781-259-8529

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Vice President of Publications	Ken Hablow	781-257-5268
Vice President of Legal Affairs	Butch Pemstein	617-969-6574
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Safety Coordinator	Frank Hubbard	508-376-6265

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	Susan Grieb	781-879-9523

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Wednesday Fitness and Masters Ride	Charlie Dow	617-543-4826
	Ken Milne	508-458-5621
Wednesday Wheelers	Helen Greitzer	508-878-6988
Wednesday Ice Cream Ride	Gabor Demjen	781-444-4508
	Roger Bonomi	617-686-4073
	Rudge McKenney	617-332-6242
Thursday Fitness Rides	Kathy Horvath	781-271-1308
Thursday Night Fun Ride	Wayne Douglas	508-245-5228
	Conrad Kauffman	617-833-8638
Friday Rides	Alan Cooney	617-293-2244
	Ed Glick	978-250-1883
	Kathy Horvath	781-271-1308
Sunday Fitness Rides	Andy Brand	617-247-9770

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	David Cooper	781-483-6960
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E-Mail List		
Administrator	Erik Sobel	857-636-0900

These fine bike shops offer discounts to CRW members

Ace Wheelworks

145 Elm St., Somerville..... 617-776-2100

Adi's Bike World

1754 Centre Street, West Roxbury..... 617-325-2453

ATA Cycles

93 Thoreau St., Concord 978-369-5960

Back Bay Bicycles

362 Commonwealth Avenue, Boston..... 617-247-2336

Belmont Wheelworks

480 Trapelo Rd., Belmont 617-489-3577

Bicycle Exchange at Porter Square

2067 Massachusetts Ave, Cambridge 617-864-1300

Bikeway Source

111 South Road, Bedford..... 781-275-7799

Broadway Bicycle School

351 Broadway, Cambridge..... 617-868-3392

C K Bikes

1 Still River Road, Harvard..... 978-844-7539

Cambridge Bicycle

259 Massachusetts Avenue, Cambridge..... 617-876-6555

Centre Ski and Bike

1239 Washington Street, West Newton 617-332-0300

Chelmsford Cyclery

30 Chelmsford St., Chelmsford 978-256-1528

Community Bicycle Supply

496 Tremont St., Boston..... 617-542-8623

Cycle Loft

28 Cambridge St., Burlington..... 781-272-0870

Dedham Bike

403 Washington St., Dedham 781-326-1531

Farina Cycle

61 Galen St., Watertown..... 617-926-1717

Ferris Wheels Bicycle Shop

66 South St., Jamaica Plain 617-524-2453

Frank's Bicycle Barn

123 Worcester Tpke, Westboro..... 508-366-1770

Frank's Spoke 'N Wheel

119 Boston Post Rd., Sudbury 978-443-6696

887 Main St., Waltham 781-894-2768

Grace Bicycles

1574 Washington Street, Holliston 508-429-9177

Harris Cyclery

1353 Washington St., West Newton..... 617-244-1040

JRA Cycles

229 Salem St, Medford..... 781-391-3636

Landry's Bicycles

1210 Boston Providence Trnprk (Rte 1), Norwood . 781-440-0310

790 Worcester St. (Route 9), Natick 508-655-1990

276 Turnpike Road, Westboro..... 508-836-3878

890 Commonwealth Avenue, Boston..... 617-232-0446

44 Granite Street, Braintree 781-519-6306

66 Needham St., Newton 617-527-0967

Marblehead Cycle

25 Bessom St., Marblehead..... 781-631-1570

Papa Wheelies Bicycle Shop

653 Islington Street, Portsmouth..... 603-427-2060

Quad Cycles

1043 Massachusetts Ave, Arlington..... 781-648-5222

Sheldonville Bicycle Repair

277A Hancock Street, Wrentham 508-384-0665

Southampton Bicycle Center

247 College Hwy., Southampton 800-527-9784

Superb Bicycle

842 Beacon Street, Boston..... 617-236-0752

Travis Cycles

1 Oak St., Taunton 508-822-0396

722 N. Main St., Brockton 508-586-6394

Urban AdvenTours

103 Atlantic Ave, Boston 617-670-0637



**DON'T THROW IT AWAY
RECYCLE IT!**

Thanks to Mark Sevier for his inflatable-boat hanger made with no-longer-inflatable tubes.

If you have an interesting way of recycling your worn out bike parts send us a photo.